

December 2021 Menu

(Substitutions may be necessary without advanced notice.)

Mon	Tue	Wed	Thu	Fri
		1 Turkey Florentine Snap Peas Peaches 9-Grain Bread Milk	2 Beans & Ham Roasted Potatoes Malibu Veggies Green Salad Cornbread / Milk	3 Meatloaf / Gravy Mashed Red Potatoes Beets Roll Milk
6 Mushroom Swiss Chicken Wheat Penne Pasta Broccoli & Cauliflower Green Salad Wheat Bread Milk	7 Lemon Herb Cod Rice Pilaf Carrots Coleslaw Rye Bread Milk	8 Beef Stew Brussels Sprouts Spiced Apples Three Bean Salad Cornbread Milk	9 Chicken & Dumplings Succotash Pears Graham Crackers Milk	10 Salisbury Steak / Gravy Mashed Potatoes Peas & Onions Wheat Roll Milk
13 Sausage Rice Skillet Baby Carrots Broccoli Wheat Roll Milk	14 Fiesta Chicken Mexican Rice Green Beans Mandarin Oranges Tortilla Milk	15 Swedish Meatballs Egg Noodles Cascade Veggies Baby Lima Beans Wheat Bread Milk	16 CHRISTMAS MEAL Baked Ham Scalloped Potatoes Peas & Carrots Holiday Dessert Baci Roll / Milk	17 Herb Salmon Brown Rice Broccoli 9-Grain Bread Milk (CHRISTMAS MEAL at Kuna & Star)
20 Tuna Casserole Stewed Tomatoes Carrots Wheat Bread Milk	21 Spaghetti with Meat Sauce Snap Peas Pears Spinach Salad French Bread / Milk	22 Pork Roast / Gravy Mashed Potatoes Capri Veggies Applesauce What Roll Milk	23 Senior Center staff will prepare lunch today! Soups, salad, bread cookies, milk	24 CHRISTMAS HOLIDAY CLOSED NO MEALS SERVED
27 Chicken Bacon Ranch Casserole Spring Blend Veggies Pears Wheat Bread Milk	28 Mongolian Beef  Brown Rice Stir Fry Veggies Mandarin Broccoli Salad Wheat Bread / Milk	29 Veggie Lasagna Capri Veggies Peaches Green Salad French Bread / Milk	30 Stuffed Fish Wild Rice Broccoli Coleslaw Wheat Bread / Milk	31 Polish Sausage with Sauerkraut Roasted Potatoes Sunshine Carrots Bun / Milk