



March 2026 Menu

(Substitutions may be necessary without advanced notice.)



MON	TUES	WED	THUR	FRI	
<p>2</p> <p>Sherry Mushroom Chicken Bowtie Noodles California Veggies Sugar Snap Peas Pears 9 Grain Bread Milk</p>	<p>3</p> <p>Chili, Cheese Topped Baked Potato Brussels Sprouts Mixed Veggies Green Salad Baci Roll Milk</p> 	<p>4</p> <p>BBQ Chicken Wings Baked Beans Chuckwagon Veggies Coleslaw Cornbread Milk</p>	<p>5</p> <p>Chicken Enchilada Pasta Fire-roasted Corn & Black Beans Baby Carrots Pineapple Tidbits 9 Grain Bread Milk</p>	<p>6</p> <p>Garlic Herb Pollock Rice Pilaf Green Beans Broccoli & Cauliflower Peaches WW Roll Milk</p>	
<p>9</p> <p>Breaded Chicken Breast Mashed Potatoes w/ Country Gravy Broccoli Tropical Fruit Baci Roll Milk</p>	<p>10</p> <p>Roast Pork w/ Mushroom Gravy Sweet Potatoes Peas & Pearl Onions Applesauce WW Roll Milk</p>	<p>11</p> <p>Spaghetti w/Meat Sauce Parslied Cauliflower Sunshine Carrots Green Salad French Bread Milk</p>	<p>12</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Chateau Veggies Banana WW Roll Milk</p>	<p>13</p> <p>Mustard Dill Salmon Brown Rice Broccoli Green Beans Pineapple Tidbits WW Roll Milk</p>	
<p>16</p> <p>Monterey Chicken Brown Rice & Quinoa Corn Key West Veggies Mixed Fruit Cornbread Milk</p>	<p>17</p> <p> Corned Beef Steamed Cabbage Cheesy Garlic Mashed Potatoes Baby Carrots Citrus-Fruited Gelatin Baci Roll Milk</p>  	<p>18</p> <p>Alpine Burger Red Roasted Potatoes Green Peas Banana Milk</p>	<p>19</p> <p>Broccoli Rice w/Ham Casserole Cascade Veggies Green Salad Pears Breadstick Milk</p>	<p>20</p> <p>Cheese Manicotti Capri Veggies Green Salad Pears French Bread Milk</p>	
<p>23</p> <p>Roast Beef w/Gravy Mashed Potatoes Beets Peaches 9 Grain Bread Milk</p>	<p>24</p> <p>Honey Dijon Chicken Campanelle Noodles Three Bean Salad Pears Key West Veggies French Bread Milk</p> 	<p>25</p> <p>Polish Sausage w/ Sauerkraut Red Roasted Potatoes Mixed Veggies Banana WW Bun Milk</p>	<p>26</p> <p>Cranberry Meatballs Rice Pilaf Green Beans Green Salad Parslied Cauliflower Baci Roll Milk</p>	<p>27</p> <p>Lemon Baked Fish Long Grain & Wild Rice Dilled Carrots Peas Mandarin Oranges WW Roll Milk</p>	
<p>30</p> <p>Pork Riblet Sandwich Potato Wedges Italian Veggies Fresh Orange Milk</p>	<p>31</p> <p>Country Fried Steak w/Gravy Mashed Potatoes Stewed Tomatoes Fresh Fruit 9 Grain Bread Milk</p>	 			 <p>MEALS ON WHEELS CONTACT US (208) 321-0031 www.metromealsonwheels.net</p>