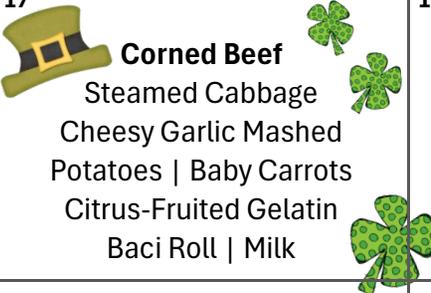




# March 2026 Menu

(Substitutions may be necessary without advanced notice.)



MON	TUES	WED	THUR	FRI	
<p>2</p> <p><b>Sherry Mushroom Chicken</b> Bowtie Noodles California Veggies Sugar Snap Peas   Pears 9 Grain Bread   Milk</p>	<p>3</p> <p><b>Chili, Cheese Topped Baked Potato</b> Brussels Sprouts Mixed Veggies   Green Salad Baci Roll   Milk</p> 	<p>4</p> <p><b>BBQ Chicken Wings</b> Baked Beans Chuckwagon Veggies Coleslaw   Cornbread Milk</p>	<p>5</p> <p><b>Chicken Enchilada Pasta</b> Fire-roasted Corn &amp; Black Beans   Baby Carrots Pineapple Tidbits 9 Grain Bread   Milk</p>	<p>6</p> <p><b>Garlic Herb Pollock</b> Rice Pilaf   Green Beans Broccoli &amp; Cauliflower Peaches WW Roll   Milk</p>	
<p>9</p> <p><b>Breaded Chicken Breast</b> Mashed Potatoes w/ Country Gravy Broccoli   Tropical Fruit Baci Roll   Milk</p>	<p>10</p> <p><b>Roast Pork w/ Mushroom Gravy</b> Sweet Potatoes   Peas &amp; Pearl Onions   Applesauce WW Roll   Milk</p>	<p>11</p> <p><b>Spaghetti w/Meat Sauce</b> Parslied Cauliflower Sunshine Carrots Green Salad French Bread   Milk</p>	<p>12</p> <p><b>Salisbury Steak w/Gravy</b> Mashed Potatoes Chateau Veggies Banana   WW Roll Milk</p>	<p>13</p> <p><b>Mustard Dill Salmon</b> Brown Rice Broccoli   Green Beans Pineapple Tidbits WW Roll   Milk</p>	
<p>16</p> <p><b>Monterey Chicken</b> Brown Rice &amp; Quinoa Corn   Key West Veggies Mixed Fruit   Cornbread Milk</p>	<p>17</p>  <p><b>Corned Beef</b> Steamed Cabbage Cheesy Garlic Mashed Potatoes   Baby Carrots Citrus-Fruited Gelatin Baci Roll   Milk</p>	<p>18</p> <p><b>Alpine Burger</b> Red Roasted Potatoes Green Peas Banana Milk</p>	<p>19</p> <p><b>Broccoli Rice w/Ham Casserole</b> Cascade Veggies Green Salad   Pears Breadstick Milk</p>	<p>20</p> <p><b>Cheese Manicotti</b> Capri Veggies Green Salad   Pears French Bread Milk</p>	
<p>23</p> <p><b>Roast Beef w/Gravy</b> Mashed Potatoes Beets   Peaches 9 Grain Bread Milk</p>	<p>24</p>  <p><b>Honey Dijon Chicken</b> Campanelle Noodles Three Bean Salad   Pears Key West Veggies French Bread   Milk</p>	<p>25</p> <p><b>Polish Sausage w/ Sauerkraut</b> Red Roasted Potatoes Mixed Veggies   Banana WW Bun   Milk</p>	<p>26</p> <p><b>Cranberry Meatballs</b> Rice Pilaf Green Beans   Green Salad Parslied Cauliflower Baci Roll   Milk</p>	<p>27</p> <p><b>Lemon Baked Fish</b> Long Grain &amp; Wild Rice Dilled Carrots   Peas Mandarin Oranges WW Roll   Milk</p>	
<p>30</p> <p><b>Pork Riblet Sandwich</b> Potato Wedges Italian Veggies Fresh Orange Milk</p>	<p>31</p> <p><b>Country Fried Steak w/Gravy</b> Mashed Potatoes Stewed Tomatoes Fresh Fruit 9 Grain Bread   Milk</p>	 			 <p><b>MEALS ON WHEELS</b> CONTACT US (208) 321-0031 <a href="http://www.metromealsonwheels.net">www.metromealsonwheels.net</a></p>