






# May 2025 Menu

(Substitutions may be necessary without advanced notice.)

MON	TUES	WED	THUR	FRI	
 <p><b>MEALS ON WHEELS</b></p> <p>CONTACT US (208) 321-0031 www.metromealsonwheels.net</p>		<p>HAPPY</p>  <p><i>Mother's Day</i></p>		<p>1</p> <p><b>Chicken Penne Alfredo</b> Broccoli / Mixed Veggies Mixed Fruit Breadstick / Milk</p>	<p>2</p> <p><b>Cranberry Meatballs w/ Brown Rice</b> Green Beans / Parslied Cauliflower / Tropical Fruit Baci Roll / Milk</p>
<p>5</p> <p><b>Cheese Enchilada</b> Steamed Corn Refried Beans Mixed Fruit Milk</p>	<p>6</p> <p><b>Chef's Salad</b> Garbanzo Bean Salad Pears Baci Roll / Milk</p>	<p>7</p> <p><b>Orange Chicken w/ Brown Rice</b> California Veggies / Sugar Snap Peas / Tropical Fruit 9 Grain Bread / Milk</p>	<p>8</p> <p><b>Chili Macaroni</b> Fire Roasted Corn &amp; Black Beans / Salsa Baby Carrots / Pineapple 9 Grain Bread / Milk</p>	<p>9</p> <p><b>Breaded Chicken Breast</b> Mashed Potatoes w/ Gravy Green Beans Peaches WW Roll / Milk</p> 	
<p>12</p> <p><b>BBQ Cheeseburger w/ WW Bun</b> Red Roasted Potatoes / Peas Fresh Fruit Milk</p>	<p>13</p> <p><b>Chicken Salad Sandwich</b> Three Bean Salad Potato Salad Tropical Fruit Milk</p>	<p>14</p> <p><b>Roast Pork w/ Mushroom Gravy</b> Scalloped Potatoes / Peas &amp; Pearl Onions / Applesauce WW Roll / Milk</p>	<p>15</p> <p><b>Spaghetti w/ Meat Sauce</b> Parslied Cauliflower Sugar Snap Peas Garden Salad French Bread / Milk</p>	<p>16</p> <p><b>Monterey Chicken</b> Red Roasted Potatoes Chateau Veggies Mixed Fruit Cornbread / Milk</p>	
<p>19</p> <p><b>Ham &amp; Swiss Sandwich</b> Coleslaw Red Skin Potato Salad Fresh Fruit Milk</p>	<p>20</p> <p><b>Country Fried Steak w/ Country Gravy</b> Mashed Potatoes Stewed Tomatoes / Banana 9 Grain Bread / Milk</p>	<p>21</p> <p><b>Chicken Mushroom &amp; Noodle Casserole</b> Broccoli / Garden Salad Applesauce WW Roll / Milk</p>	<p>22</p> <p><b>Smothered Pork Chop</b> Rice Pilaf / Corn Cascade Veggies / Pears Breadstick Milk</p> 	<p>23</p> <p><b>Salisbury Steak w/ Mashed Potatoes &amp; Gravy</b> Chateau Veggies Pineapple Tidbits WW Roll / Milk</p>	
<p>26</p>  <p><b>MEMORIAL DAY</b></p> <p><b>OFFICE CLOSED</b> <b>NO MEALS DELIVERED</b></p>	<p>27</p> <p><b>Polish Sausage w/ Sauerkraut</b> Red Roasted Potatoes Mixed Veggies / Banana WW Bun / Milk</p>	<p>28</p> <p><b>Roast Beef w/ Mashed Potatoes &amp; Gravy</b> Beets / Garden Salad 9 Grain Bread / Milk</p>	<p>29</p> <p><b>Lemon Baked Fish w/ Rice Pilaf</b> Dilled Carrots / Peas Mandarin Oranges WW Roll / Milk</p>	<p>30</p> <p><b>Sicilian Chicken w/ Buttered Noodles</b> Italian Veggies Pears French Bread / Milk</p>	