


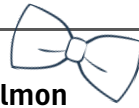






June 2026 Menu

(Substitutions may be necessary without advanced notice.)

MON	TUES	WED	THUR	FRI
1 Chili Topped Baked Potato w/ Cheese Baby Carrots Corn Tropical Fruit Baci Roll Milk	2 Orange Chicken Brown Rice California Veggies Peas Fresh Fruit 9 Grain Bread Milk	3 Ham Salad on Ciabatta Red Skin Potato Salad Garbanzo Bean Salad Banana Milk 	4 Garlic Parmesan Chicken Wings Baby Carrots Roasted Potatoes Green Salad 9 Grain Bread Milk	5 Shepherd's Pie Steamed Corn Broccoli & Cauliflower Peaches WW Roll Milk
8 Chicken Tenders Scalloped Potatoes Broccoli Tropical Fruit Baci Roll Milk 	9 Roast Pork w/ Mushroom Gravy Sweet Potatoes Green Peas Applesauce WW Roll Milk	10 Cheesy Taco Pasta Chuckwagon Veggies Green Salad Scalloped Apples Cornbread Milk	11 Tuna Salad Sandwich Potato Salad Three Bean Salad Banana Milk	12 Stuffed Chicken Rice Pilaf Baby Carrots Green Beans Pineapple Tidbits WW Roll Milk
15 Baked Ham w/ Pineapple Ranch Mashed Potatoes Baby Carrots Applesauce Baci Roll Milk	16 Honey Mustard Chicken Salad Pickled Beets Scalloped Apples Baci Roll Milk	17 Bacon Cheeseburger Red Roasted Potatoes Green Peas Pears Milk 	18 Country Fried Steak w/ Gravy Sweet Potatoes Stewed Tomatoes Banana 9 Grain Bread Milk	19 Chicken Penne Alfredo Capri Veggies Green Salad Peaches French Bread Milk
22 Lemon Dill Salmon Brown Rice Sunshine Carrots Peas Mandarin Oranges WW Roll Milk 	23 Roast Beef w/ Brown Gravy Mashed Potatoes Steamed Corn Green Salad 9 Grain Bread Milk	24 Sweet Thai Chicken Rice Pilaf Broccoli Asian Veggies Fresh Fruit Roll Milk 	25 BBQ Pulled Pork Sandwich Baked Beans Baby Carrots Fresh Orange Milk	26 Swedish Meatballs Bow Tie Noodles Green Beans Cauliflower Tropical Fruit Baci Roll Milk
29 Salisbury Steak Sweet Potatoes Chateau Veggies Fresh Fruit WW Roll Milk	30 Spaghetti w/ Meat Sauce Steamed Corn Peas Green Salad French Bread Milk 			 MEALS on WHEELS CONTACT US (208) 321-0031 www.metromealsonwheels.net