






December 2025 Menu

(Substitutions may be necessary without advanced notice.)



MON	TUES	WED	THUR	FRI
1 Sicilian Chicken Buttered Noodles Italian Veggies / Pears French Bread Milk	2 Swedish Meatballs Rice Pilaf / Green Beans Parslied Cauliflower Tropical Fruit / Baci Roll Milk	3 Chicken Tenders Red Roasted Potatoes Chateau Veggies / Peaches  Baci Roll Milk	4 Country Fried Steak w/Gravy Mashed Potatoes Stewed Tomatoes Green Salad / 9 Grain Bread Milk	5 Polish Sausage Sauerkraut / Baked Beans Mixed Veggies / Banana Milk
8 Meatloaf Potatoes Au Gratin Chateau Veggies / Peaches WW Roll Milk 	9 Chicken Florentine Pasta Italian Veggies Green Peas / Green Salad French Bread Milk	10 Roast Pork w/Mushroom Gravy Sweet Potatoes Honey Carrots / Applesauce WW Roll	11 Salmon Bearnaise Brown Rice Mixed Veggies / Sliced Beets Spinach Salad WW Roll	12 Cilantro Lime Chicken Rice Pilaf Black Beans / Capri Veggies Scalloped Apples 9 Grain Bread 
15 Orange Chicken Rice Pilaf Baby Carrots / Asian Veggies Pears / WW Roll Milk	16 Potato Breakfast Casserole Sausage Links Spiced Apples / Banana 9 Grain Bread Milk 	17 HOLIDAY MEAL Baked Ham Sweet Potatoes Green Bean Casserole Applesauce / WW Roll Milk Holiday Dessert	18 Chicken Cheese Steak Sandwich Baked Beans / Coleslaw Chuckwagon Veggies Milk	19 Cheesy Fish Rice Pilaf Parslied Cauliflower Baby Carrots Fresh Orange / WW Roll Milk
22 Breaded Chicken Breast Mashed Potatoes w/Gravy Broccoli Fresh Fruit / Baci Roll Milk	23 Roast Beef w/Brown Gravy Butternut Squash Green Peas / Green Salad 9 Grain Bread Milk	24 BBQ Bacon Cheeseburger Red Roasted Potatoes Carrots Banana Milk	25  CLOSED NO MEALS SERVED OR DELIVERED	26  CLOSED NO MEALS SERVED OR DELIVERED
29 Spaghetti w/Meat Sauce Broccoli & Cauliflower Green Beans / Applesauce French Bread Milk	30 Baked Potato Chili, Cheese, Sour Cream Chuckwagon Veggies Broccoli / Baci Roll Milk	31 Lemon Baked Fish Brown Rice Dilled Carrots / Green Peas Mandarin Oranges WW Roll / Milk	1  CLOSED NO MEALS SERVED OR DELIVERED	 MEALS on WHEELS CONTACT US (208) 321-0031 www.metromealsonwheels.net