



September 2020 Menu

(Substitutions may be necessary without advanced notice.)

Mon	Tue	Wed	Thu	Fri
	1 Sweet & Sour Pork Rice Oriental Veggies Pears Wheat Bread Milk	2 Chicken Salad Pasta Salad Fruit Cocktail Wheat Bread Milk Soup (sites only)	3 Polish Sausage with Sauerkraut Baked Beans Dilled Carrots Orange Wheat Bun / Milk	4 Fiesta Chicken Refried Beans Mixed Veggies Citrus Salad Tortilla Milk
7  CLOSED NO MEALS SERVED	8 Crunchy Tuna Casserole Winter Blend Veggies Stewed Tomatoes Wheat Roll Milk	9 Pesto Alfredo Spaghetti with Sausage Broccoli Carrots Green Salad French Bread / Milk	10 Honey Mustard Chicken Salad Cottage Cheese Peaches V8 Juice Breadstick / Milk	11 BBQ Bacon Cheeseburger Roasted Potatoes Green Beans Green Salad Wheat Bun Milk
14 French Toast Sticks Berry Sauce Eggs Sausage Links Banana Milk	15 Citrus Salmon Wild Rice Spring Blend Veggies Pineapple Wheat Bread Milk	16 Cilantro Lime Chicken with Black Beans & Brown Rice Garden Blend Veggies Spiced Apples Tortilla Milk	17 Mediterranean Chickpea Salad Mandarin Oranges Cottage Cheese Breadstick Milk	18 Lasagna Peas & Onions Zucchini Green Salad French Bread Milk
21 Swedish Meatballs Brown Rice Broccoli Cauliflower Wheat Bread Milk	22 Beans & Ham Potatoes Brussels Sprouts Juice Cornbread Milk	23 Meatloaf / Gravy Mashed Potatoes Beets Spinach Salad with Nuts & Berries Wheat Roll / Milk	24 Cheesy Cod Brown Rice Snap Peas White Bean Salad Peaches Wheat Bread / Milk	25 Chicken & Wild Rice Casserole Stewed Tomatoes Pears Bread Milk 
28 Sicilian Chicken Herb Pasta Carrots Green Salad Wheat Roll / Milk	29 Philly Steak Sandwich Roasted Potatoes Cascade Veggies Pears & Cottage Cheese Hoagie Roll / Milk	30 Breaded Fish Ranch Beans Peas Coleslaw Wheat Bread / Milk		