



AdVenture is happy to announce our fall programs! This Newsletter highlights the classes and activities in September and October, but you can also register for the entire fall (September-December) at this time. View the entire list of fall programs in the Fall Activity Guide at [cityofboise.org/Adaptive-Recreation](http://cityofboise.org/Adaptive-Recreation). Many of our programs welcome people under the specified age range, however, an adult may need to sign up with them. Please call 208-608-7680 to learn more.

Anyone wishing to use a scholarship to help pay for classes will need to apply for the new year (September 2021-August 2022), please submit your application before you register for activities. Applications may take two weeks to process. Applications can be found at [cityofboise.org/Adaptive-Recreation](http://cityofboise.org/Adaptive-Recreation) or call 208-608-7680 to learn more.

The safety of our participants, volunteers and staff are our top priority. We will do the utmost to provide a safe environment for activities. At this time face coverings are required for all indoor programs and physical distancing is required at all programs; we follow CDC and CDH recommendations and requirements may change at any time. Please note that programs could be altered or canceled due to COVID-19 restrictions and safety precautions.

Advanced registration is required for all activities, to learn more or to enroll, please call 208-608-7680 or visit [cityofboise.org/parks](http://cityofboise.org/parks) (please note, scholarships cannot be applied to online registrations). We hope to see you soon!

## FALL REGISTRATION BEGINS ON:

Monday, August 23 for Boise City Residents | Wednesday, August 25 for Non-Residents.

### CUSTOMIZED ACTIVITIES FOR GROUPS

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific needs and goals. For more information, please contact Emily at 208-608-7687.

Activities Can Include:

- Pottery/Art Classes on Fridays (Access to the Arts)
- Adaptive Bike Fair
- Outdoor Adventures (Hiking, Snowshoeing, Cycling, etc.)
- And More

### ADAPTIVE ART CLASS

This is the perfect class for participants with disabilities who want to explore several different forms of art ranging from pottery, drawing, painting and much more! The fee includes instruction and supplies. This program is for participants of all skill levels age 15 and older.

**Location:** Fort Boise Community Center | **Cost:** \$41.50

Date:	Time:	Activity #:
Mondays, September 20-October 25	4:15-5:30 p.m.	100539-01
Saturdays, September 25-October 30	10-11:15 a.m.	100539-02
Mondays, November 1-December 13*	4:15-5:30 p.m.	100539-03
Saturdays, November 6-December 18*	10-11:15 a.m.	100539-04

\*No classes November 22 or 27

### ADVENTURE WALKING CLUB

We will meet at the park and take a leisurely walk for just over an hour. The club is designed for individuals with disabilities who enjoy being outdoors, getting exercise and who can stay with the group. The club will be held rain or shine.

**Location:** Kathryn Albertson Park (1001 S Americana Blvd) | **Cost:** \$22.75

Date:	Time:	Activity #:
Tuesdays, September 14-October 12	5:45-7 p.m.	100800-01



## ADAPTIVE YOGA CLASS

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. This class is designed for individuals who have disabilities, and our instructor is great at adapting the yoga poses for people of all abilities. This program is for participants age 15 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$37

Date (Mondays):	Time:	Activity #:
September 20-October 25	5:30-6:30 p.m.	100753-01
November 1-December 13*	5:30-6:30 p.m.	100753-02

\*No class November 22

## ADAPTIVE FITNESS

This is a great opportunity to get fit in a supportive and fun environment. We will work on stretching, band workouts and aerobic activity. Classes are structured for different levels of ability. The 4 p.m. class will focus on more advanced techniques and students must be capable of following two-step directions. This activity is for participants age 15 and older.

**Location:** Fort Boise Community Center

Date (Tuesdays and Thursdays):	Time:	Cost:	Activity #:
September 21-October 28	3-4 p.m.	\$44.15	100728-01
September 21-October 28	4-5 p.m.	\$44.15	100728-02
November 2-December 16*	3-4 p.m.	\$40.50	100728-03
November 2-December 16*	4-5 p.m.	\$40.50	100728-04

\*No class November 11, 23 or 25



## DANCE ABILITY

Explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance. This program is for participants age 12 and older.

**Location:** Fort Boise Community Center | **Cost:** \$28.60

Date (Wednesdays):	Time:	Activity #:
September 22-October 27	3-4 p.m.	100538-01
September 22-October 27	4:15-5:15 p.m.	100538-02
November 3-December 15*	3-4 p.m.	100538-03
November 3-December 15*	4:15-5:15 p.m.	100538-04

\*No class November 24



## ADAPTIVE MUSIC CLASS

Learn about music in this fun, hands on class! Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This class is designed for individuals who have disabilities age 12 and older and no music experience is needed.

**Location:** Dick Eardley Senior Center

Date (Thursdays):	Time:	Cost:	Activity #:
September 23-October 28	4:30-5:30 p.m.	\$28.60	100764-01
September 23-October 28	5:45-6:45 p.m.	\$28.60	100764-02
November 4-December 16*	4:30-5:30 p.m.	\$24	100764-03
November 4-December 16*	5:45-6:45 p.m.	\$24	100764-04

\*No class November 11 or 25

# SOCIAL CLUBS

These clubs are ideal social opportunities for adults with disabilities. Activities may include games, art, pizza and a movie and more! Members of the club will have the opportunity to work on money management and may need to bring \$2-\$7 for each day to cover activity costs. Prior to the start of the club, a detailed schedule and fee break down will be available. Register early, these clubs fill up fast!

### WEDNESDAY SOCIAL CLUB (AGES 18+)

**Location:** Morley Nelson Community Center | **Time:** 6-8:30 p.m.

Date (Wednesdays):	Cost:	Activity #:
September 8-October 20	\$78	100320-01
October 27-December 15*	\$78	100320-02

\*No Club November 24

### THURSDAY SOCIAL CLUB (AGES 18+)

**Location:** Whitney Community Center | **Time:** 6-8:30 p.m.

Date (Thursdays):	Cost:	Activity #:
September 9-October 21	\$78	100300-01
October 28-December 16*	\$67	100300-02

\*No Club November 11 or 25

### FRIDAY SOCIAL CLUB (AGES 18-32)

**Location:** Dick Eardley Senior Center | **Time:** 6:30-9 p.m.

Date (Fridays):	Cost:	Activity #:
September 10-October 22	\$78	100310-01
October 29-December 17*	\$78	100310-02

\*No Club November 26

## DINNER AND A MOVIE

Enjoy dinner and a movie at these fun, social evenings! We will have takeout dinner and watch a movie at the Senior Center. During dinner we will decide which movie (rated G to PG-13) to watch. This activity is for participants age 18 and older. Please see the Activity Guide for additional fall dates.

**Location:** Dick Eardley Senior Center | **Cost:** \$23.50

Date (Fridays):	Time:	Activity #:
September 10	5:30-8:30 p.m	100203-01
September 24	5:30-8:30 p.m	100203-02
October 8	5:30-8:30 p.m	100203-03
October 22	5:30-8:30 p.m	100203-04
October 29	5:30-8:30 p.m	100203-05
November 5	5:30-8:30 p.m	100203-06

## ZOO AND DINNER

Check out the cool animals at Zoo Boise! After our trip to the Zoo, we will socialize over dinner in the park. This activity will be held outdoors and participants must be able to stay with the group. This activity is for participants age 16 and older.

**Location:** Zoo Boise | **Cost:** \$26.50

Date:	Time:	Activity #:
Tuesday, September 7	3-6 p.m.	100757-01
Friday, October 15	3-6 p.m.	100757-02



## CERAMICA AND LUNCH

Get creative painting a piece of pottery from Ceramica and then eat takeout lunch at the Community Center. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$31

Date (Saturdays):	Time:	Activity #:
September 11	10 a.m.-12:30 p.m	100744-01
November 13	10 a.m.-12:30 p.m	100744-02
December 4	10 a.m.-12:30 p.m	100744-03



## DINE AND DECORATE

Get creative with AdVenture! We will eat dinner at the Community Center and then create an arts and crafts project; see the variety of themes below. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$31 | **Time:** 5:30-8 p.m.

Date:	Theme:	Activity #:
Monday, September 13	Decorate and plant a flowerpot	100545-01
Tuesday, October 19	Halloween décor	100545-02
Tuesday, November 9	Harvest décor	100545-03
Tuesday, December 14	Winter painting	100545-04

NEW

## MUSIC NIGHT AND DINNER

We have a super fun music night planned! We will make our own instruments, play drums and other percussion instruments, sing along to music videos and socialize over takeout dinner. This activity is for participants age 18 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$31

Date:	Time:	Activity #:
Tuesday, September 14	5:30-8 p.m.	100546-01

## VOLUNTEER SPOTLIGHT – SUMMER 2021

*Thank you for volunteering with AdVenture!*

Beverly Pray	Kelly Odell
Brinley Hollstrom	Kerry Heslop
Chad Coleman	Kyme Graziano
Chad Hilmo	Mario Edwards
Christine Walsh	Mary Slater
Daron Heslop	Max Flom
Emily Romero	Nick Clark
Gage Alves	Parker Archuleta
Gretchen Smith	Rebecca Kalinich
Jacob Arnold	Sami Milburn
Jacob Gibson	Skylar Luna
Jeff Jack	Sonia Galaviz
Jeff Sparks	Teresa Johnson
Jenny Simison	Wendy Meguess
Jim Slater	

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC	2	3	4
5	6 <b>Labor Day</b>	7 <b>Zoo &amp; Dinner</b> 3-6 p.m. ZOO	8 <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	9 <b>Thursday Social Club</b> 6-8:30 p.m. WCC	10 <b>Dinner &amp; A Movie</b> 5:30-8:30 p.m. DESC <b>Friday Social Club</b> 6:30-9 p.m. DESC	11 <b>Adaptive Bike Fair</b> <b>Free! Drop-In From</b> 10 a.m.-2 p.m. FBCC <b>Ceramica &amp; Lunch</b> 10 a.m.-12:30 p.m. DESC <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC
12	13 <b>Dine &amp; Decorate</b> 5:30-8 p.m. DESC	14 <b>Music Night</b> 5:30-8 p.m. DESC <b>Walking Club</b> 5:45-7 p.m. ALB	15 <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC <b>Adaptive Bike Ride</b> 5:30-7 p.m. KAMP <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	16 <b>Mini Golf &amp; Dinner</b> 5:30-9 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	17 <b>Idaho Museum &amp; Lunch</b> 10 a.m.-1 p.m. JDP <b>Foothills Hike &amp; Dinner</b> 5-7:30 p.m. DESC <b>Friday Social Club</b> 6:30-9 p.m. DESC	18 <b>Bike Ride &amp; Picnic</b> 9:30 a.m.-12 p.m. KAMP <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC <b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC <b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC
19	20 <b>Adaptive Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 5:30-6:30 p.m. DESC	21 <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Walking Club</b> 5:45-7 p.m. ALB	22 <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Adaptive Bike Ride</b> 5:30-7 p.m. KAMP <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	23 <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Adaptive Music</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	24 <b>Old Pen &amp; Lunch</b> 11:30 a.m.-2:30 p.m. Eagle Rock Park <b>Dinner &amp; A Movie</b> 5:30-8:30 p.m. DESC <b>Friday Social Club</b> 6:30-9 p.m. DESC	25 <b>Adaptive Art</b> 10-11:15 a.m. FBCC <b>No Rugby – Tournament</b> <b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC <b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC <b>Bocce &amp; Dinner</b> 5-7:30 p.m. KAMP
26	27 <b>Adaptive Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 5:30-6:30 p.m. DESC	28 <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Walking Club</b> 5:45-7 p.m. ALB	29 <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Adaptive Bike Ride</b> 5:30-7 p.m. KAMP <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	30 <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Adaptive Music</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC		

## ABBREVIATION KEY & ADDRESSES

ALB – Kathryn Albertson Park, 1001 S. Americana Blvd.  
 DESC – Dick Eardley Senior Center, 690 Robbins Rd.  
 FBCC – Fort Boise Community Center, 700 Robbins Rd.  
 JDP-Julia Davis Park, 700 S Capitol Blvd, Boise, ID 83702  
 KAMP – Kristin Armstrong Municipal Park, 500 S. Walnut St.  
 MNCC – Morley Nelson Community Center, 7701 W. Northview St.  
 WCC – Whitney Community Center, 1609 S. Owyhee St.  
 ZOO – Zoo Boise, 355 Julia Davis Dr.

## ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz  
 208-608-7680  
 TDD/TTY 800-377-3529

[AdVentureProgram@cityofboise.org](mailto:AdVentureProgram@cityofboise.org)  
[Cityofboise.org/adaptive-recreation](http://Cityofboise.org/adaptive-recreation)

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at [cityofboise.org/adaptive-recreation](http://cityofboise.org/adaptive-recreation)



**PARKS AND RECREATION**

# OCTOBER 2021

facebook.com/bpradventureprogram | cityofboise.org/adaptive-recreation

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>1</p> <p><b>Mini Golf &amp; Dinner</b> 5:30-9 p.m. DESC</p> <p><b>Friday Social Club</b> 6:30-9 p.m. DESC</p>	<p>2</p> <p><b>Bike Ride &amp; Picnic</b> 9:30 a.m.-12 p.m. KAMP</p> <p><b>Adaptive Art</b> 10-11:15 a.m. FBCC</p> <p><b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC</p> <p><b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC</p> <p><b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC</p>
	<p>4</p> <p><b>Adaptive Art</b> 4:15-5:30 p.m. FBCC</p> <p><b>Adaptive Yoga</b> 5:30-6:30 p.m. DESC</p>	<p>5</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Walking Club</b> 5:45-7 p.m. ALB</p>	<p>6</p> <p><b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC</p> <p><b>Dance Ability</b> 3-4 p.m. FBCC</p> <p>4:15-5:15 p.m. FBCC</p> <p><b>Adaptive Bike Ride</b> 5-6:30 p.m. KAMP</p> <p><b>Wednesday Social Club</b> 6-8:30 p.m. MNCC</p>	<p>7</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Adaptive Music</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p><b>Thursday Social Club</b> 6-8:30 p.m. WCC</p>	<p>8</p> <p><b>Birds of Prey Trip</b> 12-5 p.m. DESC</p> <p><b>Dinner &amp; A Movie</b> 5:30-8:30 p.m. DESC</p> <p><b>Friday Social Club</b> 6:30-9 p.m. DESC</p>	<p>9</p> <p><b>Ext. Bike Ride &amp; Picnic</b> 9:30 a.m.-1:30 p.m. KAMP</p> <p><b>Adaptive Art</b> 10-11:15 a.m. FBCC</p> <p><b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC</p> <p><b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC</p> <p><b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC</p> <p><b>Game Night &amp; Dinner</b> 5:30-8 p.m. DESC</p>
	<p>11</p> <p><b>Adaptive Art</b> 4:15-5:30 p.m. FBCC</p> <p><b>Adaptive Yoga</b> 5:30-6:30 p.m. DESC</p>	<p>12</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Walking Club</b> 5:45-7 p.m. ALB</p>	<p>13</p> <p><b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC</p> <p><b>Dance Ability</b> 3-4 p.m. FBCC</p> <p>4:15-5:15 p.m. FBCC</p> <p><b>Adaptive Bike Ride</b> 5-6:30 p.m. KAMP</p> <p><b>Wednesday Social Club</b> 6-8:30 p.m. MNCC</p>	<p>14</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Adaptive Music</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p><b>Corn Maze &amp; Dinner</b> 5-9 p.m. DESC</p> <p><b>Thursday Social Club</b> 6-8:30 p.m. WCC</p>	<p>15</p> <p><b>Zoo &amp; Dinner</b> 3-6 p.m. ZOO</p> <p><b>Friday Social Club</b> 6:30-9 p.m. DESC</p>	<p>16</p> <p><b>Adaptive Art</b> 10-11:15 a.m. FBCC</p> <p><b>Corn Maze &amp; Lunch</b> 11 a.m.-3 p.m. DESC</p> <p><b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC</p> <p><b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC</p> <p><b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC</p>
	<p>18</p> <p><b>Adaptive Art</b> 4:15-5:30 p.m. FBCC</p> <p><b>Adaptive Yoga</b> 5:30-6:30 p.m. DESC</p>	<p>19</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Dine &amp; Decorate</b> 5:30-8 p.m. DESC</p>	<p>20</p> <p><b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC</p> <p><b>Dance Ability</b> 3-4 p.m. FBCC</p> <p>4:15-5:15 p.m. FBCC</p> <p><b>Adaptive Bike Ride</b> 5-6:30 p.m. KAMP</p> <p><b>Wednesday Social Club</b> 6-8:30 p.m. MNCC</p>	<p>21</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Adaptive Music</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p><b>Thursday Social Club</b> 6-8:30 p.m. WCC</p>	<p>22</p> <p><b>Pottery Lunch &amp; Zoo</b> 9 a.m.-3 p.m. FBCC</p> <p><b>Dinner &amp; A Movie</b> 5:30-8:30 p.m. DESC</p> <p><b>Friday Social Club</b> 6:30-9 p.m. DESC</p>	<p>23</p> <p><b>Adaptive Art</b> 10-11:15 a.m. FBCC</p> <p><b>Pumpkin Carving &amp; Lunch</b> 10 a.m.-2 p.m. DESC</p> <p><b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC</p> <p><b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC</p> <p><b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC</p>
	<p>25</p> <p><b>Adaptive Art</b> 4:15-5:30 p.m. FBCC</p> <p><b>Adaptive Yoga</b> 5:30-6:30 p.m. DESC</p>	<p>26</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p>	<p>27</p> <p><b>Wheelchair Rugby</b> 12-2:30 p.m. FBCC</p> <p><b>Dance Ability</b> 3-4 p.m. FBCC</p> <p>4:15-5:15 p.m. FBCC</p> <p><b>Wednesday Social Club</b> 6-8:30 p.m. MNCC</p>	<p>28</p> <p><b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p><b>Adaptive Music</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p><b>Thursday Social Club</b> 6-8:30 p.m. WCC</p>	<p>29</p> <p><b>Dinner &amp; A Movie</b> 5:30-8:30 p.m. DESC</p> <p><b>Friday Social Club</b> 6:30-9 p.m. DESC</p>	<p>30</p> <p><b>Adaptive Art</b> 10-11:15 a.m. FBCC</p> <p><b>No Rugby - Tournament</b> <b>Wheelchair Basketball Skills</b> 4:15-5:15 p.m. FBCC</p> <p><b>Wheelchair Basketball</b> 5:30-7:30 p.m. FBCC</p> <p><b>Halloween Party</b> 5:30-8 p.m. DESC</p>



# ADAPTIVE CYCLING WITH ADVENTURE

Join us for a group bike ride along the Greenbelt. Bring your own bike or use one of our adaptive handcycles, adult trikes, recumbent trikes, or tandem trikes (bike reservations are on a first-come first-served basis, call Sonya at 208-608-7680 to learn more about our bike options and to reserve your cycle). These bike rides are designed as supervised group rides and are not bike riding lessons however, proper trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist.

At this time, masks are required while staff assist riders onto their bikes but are not required while we are spaced out on the bike ride (this is subject to change). Due to COVID-19 safety and physical distancing, tandem bike riders who ride with AdVenture staff must wear a mask. Please call 208-608-7681 if you have any questions. These rides are for participants age 16 and older unless accompanied by an adult.

## ADAPTIVE BIKE FAIR – FREE

**Saturday, September 11 at Fort Boise Community Center**

**Drop-in from 10 a.m.-2 p.m.**

Not sure what type of bike will work for you? Tryout a variety of adaptive cycles at our bike fair! This is a great time to learn about adaptive cycles and discover what type works for you. Drop in between 10 a.m.-2 p.m. to try the cycles. All ages and ability levels are welcome; youth under age 18 must attend with an adult. Please bring a mask and a helmet if you own one (we will have helmets available to borrow).

*To receive event updates please register for this free activity by calling 208-608-7680, Activity Number: 100759-01.*

## ADAPTIVE BIKE RIDE:

Join us for an hour-long group bike ride along the Greenbelt.

**Location:** Kristin Armstrong Municipal Park | **Cost:** \$6.75

Date (Wednesdays):	Time:	Activity #:
September 15	5:30-7 p.m.	100737-01
September 22	5:30-7 p.m.	100737-02
September 29	5:30-7 p.m.	100737-03
October 6	5-6:30 p.m.	100737-04
October 13	5-6:30 p.m.	100737-05
October 20	5-6:30 p.m.	100737-06

## ADAPTIVE BIKE RIDE AND PICNIC

Join us for a 1-hour (approx.) group bike ride along the Greenbelt followed by a prepackaged picnic lunch.

**Location:** Kristin Armstrong Municipal Park | **Cost:** \$14.75

Date (Saturdays):	Time:	Activity #:
September 18	9:30 a.m.-12 p.m.	100738-01
October 2	9:30 a.m.-12 p.m.	100738-02

## EXTENDED ADAPTIVE BIKE RIDE AND PICNIC

Join us for a 2 hour (approx.) group bike ride along the Greenbelt followed by a prepackaged picnic lunch.

**Location:** Marianne Williams Park | **Cost:** \$17.25

Date:	Time:	Activity #:
Saturday, October 9	9:30 a.m.-1:30 p.m.	100743-01



## MINI GOLF AND DINNER

Join us for a fun evening socializing over takeout dinner at the Community Center and then head to play mini golf at Wahooz. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$28

Date:	Time:	Activity #:
Thursday, September 16	5:30-9 p.m.	100720-01
Friday, October 1	5:30-9 p.m.	100720-02

## IDAHO STATE MUSEUM AND LUNCH

Explore the history of our great state at the Idaho State Museum and then eat takeout lunch together in the park. This activity is for participants age 16 and older.

**Location:** Julia Davis Park | **Cost:** \$33

Date:	Time:	Activity #:
Friday, September 17	10 a.m.-1 p.m.	100742-01

## FOOTHILLS HIKE & DINNER

Socialize over dinner and then go on a relaxed hike in the beautiful Boise Foothills. Please wear sturdy hiking or athletic shoes, the foothills trails can be rocky and uneven. This activity is for participants age 16 and older who can stay with the group.

**Location:** Dick Eardley Senior Center | **Cost:** \$23.50

Date:	Time:	Activity #:
Friday, September 17	5-7:30 p.m.	100620-01

## OLD PENITENTIARY TOUR AND LUNCH

Join us for takeout lunch in the park and then go on a tour of the historic and fascinating Old Idaho Penitentiary. This activity is for participants age 18 and older.

**Location:** Eagle Rock Park | **Cost:** \$28

Date:	Time:	Activity #:
Friday, September 24	11:30 a.m.-2:30 p.m.	100575-01

## BOCCE AND DINNER

Try out the fun and relaxed sport of Bocce in the park! We will also eat takeout dinner in the park. This activity is for participants age 16 and older.

**Location:** Kristin Armstrong Municipal Park | **Cost:** \$24

Date:	Time:	Activity #:
Saturday, September 25	5-7:30 p.m.	100716-01

## BIRDS OF PREY TRIP

Learn about the local birds of prey and if the weather allows, watch the flight show at the World Center for Birds of Prey. Before checking out the birds we will socialize over takeout lunch at the Community Center.

**Location:** Dick Eardley Senior Center | **Cost:** \$32.50

Date:	Time:	Activity #:
Friday, October 8	12-5 p.m.	100530-01

## GAME NIGHT AND DINNER

It's game night at with AdVenture! We will play board games, BINGO, shuffleboard and much more. We will also eat pizza and make ice cream sundaes! This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$20

<b>Date (Saturdays):</b>	<b>Time:</b>	<b>Activity #:</b>
October 9	5:30-8 p.m.	100510-01
November 6	5:30-8 p.m.	100510-02



## CORN MAZE ADVENTURE

Navigate your way through an elaborate maze cut through a local corn field. Before taking a journey through the corn maze we will eat takeout at the Senior Center. Participants must be able to stay with the group or attend with someone to assist who also enrolls.

**Location:** Dick Eardley Senior Center | **Cost:** \$34

<b>Date:</b>	<b>Time:</b>	<b>Activity #:</b>
Thursday, October 14	5-9 p.m.	100515-01
Saturday, October 16	11 a.m.-3 p.m.	100515-02

## POTTERY LUNCH AND ZOO TRIP

Create a unique pottery piece, have takeout lunch and then take a trip to the Zoo. Participants must be able to stay with the group. This activity is for participants age 16 and older.

**Location:** Fort Boise Community Center | **Cost:** \$32.50

<b>Date:</b>	<b>Time:</b>	<b>Activity #:</b>
Friday, October 22	9 a.m.-3 p.m.	100561-01

## PUMPKIN CARVING AND LUNCH

Join us for a fall pumpkin day! We will pick out the perfect pumpkin, eat lunch and then get creative carving our pumpkins. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$32

<b>Date:</b>	<b>Time:</b>	<b>Activity #:</b>
Saturday, October 23	10 a.m.-2 p.m.	100525-01

## HALLOWEEN PARTY

Celebrate Halloween by having a pizza dinner, tie-dyeing and carving a pumpkin. Fee includes: T-shirt for tie-dyeing, pizza dinner and a pumpkin for carving. Participants are welcome wear costumes! This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center | **Cost:** \$26

<b>Date:</b>	<b>Time:</b>	<b>Activity #:</b>
Saturday, October 30	5:30-8 p.m.	100522-01

# BOISE PARKS AND RECREATION AdVenture SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends and family.

## ADAPTIVE CYCLING

AdVenture offers many adaptive bike rides and participants can use one of our adaptive cycles (handcycles, recumbent trikes, tandems etc.) or bring their own. Please see page 4 for dates or call 208-608-7680 to learn more.

## NEW WHEELCHAIR BASKETBALL – SKILLS AND DRILLS

Learn how to play wheelchair basketball. Beginners and experts ages eight and older are welcome at this wheelchair basketball skills development class. You do not have to have a disability to play, basketball wheelchairs are provided. Please register for the session, drop-in is not available.

**Location:** Fort Boise Community Center | **Time:** 4:15-5:15 p.m.

<b>Date (Saturdays):</b>	<b>Cost:</b>	<b>Activity #:</b>
September 18-October 30	\$23.15	100780-01
November 6-December 18*	\$19.75	100780-02

\*No class November 27

## WHEELCHAIR BASKETBALL

Come play pick-up wheelchair basketball. The first hour is designed for beginning and intermediate players and the second hour will be more competitive. You do not have to have a disability to play, wheelchairs are provided. Youth under 18 are welcome but must be accompanied by an adult. **Please register for this session, drop-in is not available this fall.**

**Location:** Fort Boise Community Center | **Time:** 5:30-7:30 p.m.

<b>Date (Saturdays):</b>	<b>Cost:</b>	<b>Activity #:</b>
September 18-October 30	\$23.15	100708-01
November 6-December 18*	\$19.75	100708-02

\*No Basketball on November 27

## WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. This program is for individuals age 18 and older however teens may enroll if accompanied by an adult.

**Location:** Fort Boise Community Center

<b>Date:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Activity #:</b>
Wednesdays, Sept. 8-Oct. 27	12-2:30 p.m.	\$30.50	100706-01
Saturdays, Sept. 11- Oct. 23*	1:15-3:45 p.m.	\$23.15	100706-02
Wednesdays, Nov. 3-Dec. 15*	12-2:30 p.m.	\$23.15	100706-03
Saturdays, Nov. 6-Dec. 18*	1:15-3:45 p.m.	\$23.15	100706-04

\*No Rugby September 25, November 24 or 27



**CITY of BOISE**  
 PARKS AND RECREATION  
 DEPARTMENT  
 P.O. Box 500 | Boise, Idaho 83701-0500

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## MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

**DON'T WAIT,  
 REGISTER NOW!  
 CALL: 208-608-7680**

In order to provide the best possible service to our participants, we require advance registration for all of our programs. To sign up for any of the programs you see in this newsletter please come in or call Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at [cityofboise.org/adaptive-recreation](http://cityofboise.org/adaptive-recreation). Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

## WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

## FINANCIAL SCHOLARSHIPS AVAILABLE

Boise Parks and Recreation offers percentage based financial scholarship to qualified youth, seniors and adults with disabilities. To find out if you qualify for a scholarship, apply in advance at Fort Boise Community Center or download the form at [cityofboise.org/Adaptive-Recreation](http://cityofboise.org/Adaptive-Recreation). Scholarship applications may take up to two weeks to process so turn your form in before you wish to register for programs. Please call 208-608-7680 or e-mail [activities@cityofboise.org](mailto:activities@cityofboise.org) for more information.

## DONATIONS WELCOME!

Scholarship monies are raised from fundraising and individual donors. If you would like to donate to this wonderful program, we could use your assistance. All donations to this program are tax deductible. Please send your donations to the AdVenture Heritage Fund, Boise Parks and Recreation, 700 Robbins Road, Boise, Idaho 83702. You can also donate with a credit card by calling 208-608-7680. Your support in providing recreation opportunities for others is greatly appreciated!

## TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center or park where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Valley Regional Transit has a variety of transportation resources including the fixed route bus system, SHIP and ACCESS paratransit service. Call 208-345-7433 or visit [valleyregionaltransit.org](http://valleyregionaltransit.org) to learn more.

