



Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 9:15-10:15am Walk w/ Ease* 1-4pm Mexican Train 1-5pm Bridge 2-5pm Walk Your Socks Off	9-11am Walk Your Socks Off 9am-2pm AARP Tax Preparations 10:30-11:30am Longevity Stick 10:30-11:45am Tech Learners* 1-2pm Fit and Fall Proof 1-4pm Euchre 1-4pm Mahjong 2-5pm Walk Your Socks Off	10am-12pm Teddy Bear Factory 10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10am-12pm Living Well w/ Diabetes* 10:30-11:30am Gentle Yoga* 1-3pm Acrylics Social Group 1-5pm Canasta 2-3pm Tai Chi & Qigong Int* 3-4pm Tai Chi & Qigong Beg*	9am-2pm AARP Tax Preparations 10-11am BINGO 10-11:30am Chat-n-Chew 11a-3pm Rummikub 11:30a-12:30p Drumming Divas 1-5pm Bridge	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off




February, 2024




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Billiards Room* is open 9am-5pm Monday-Friday.		1 5:30-9pm Amano*	2 9:15-10:15am Walk w/ Ease* 10a-3pm Red Cross Blood Drive* 11am-12pm Food for Life: Healthy Heart* 11:30am Senior Goldmine Visit
5 9:15-10:15am Walk w/ Ease* 10:30-11:45am Tech Lecture: Beginner - Online Fraud & Scams*	6 9:30-11:45am Idaho State Capitol* 10:15am Shuttle Adopt-a-Student*	7 9:15-10:15am Walk w/ Ease* 12-12:30pm Pop-Up Library	8 11am-12:30pm Blood Pressure Clinic 11am-5pm Idaho City Hot Springs* 12pm Lunch & Learn: Don't Be Scared, Be Prepared 1-3pm Paper Craft: Valentines*	9 9:15-10:15am Walk w/ Ease* 10-11:30am Welcoming Widows 11:15-11:45am Seated Meditation* 12pm Birthday & Football Friday
12 9am-1pm Foot Clinic (Blue Bird, Call 208-336-9898 for appt.)* 9am-4pm AARP Driver Safety** 9:15-10:15am Walk w/ Ease* 10:30-11:45am Tech Lecture: Beginner-Google Maps*	13 9am-12pm Ada County Circuit Breaker 11am-12pm Housing 101 11am-1pm Legal Counsel* 12pm Fat Tuesday Celebration	14 9:15-10:15am Walk w/ Ease*	15 12pm Lunch & Learn: Protect Yourself from Fraud & Scams 5-9pm Amano*	16 9:15-10:15am Walk w/ Ease* 2-5:30pm Winery: 3 Horse*
19 CLOSED FOR PRESIDENTS' DAY 	20 10:15am Shuttle Adopt-a-Student* 1-5pm Bridge	21 1-2pm Ask the Doc*	22 8:40am-5:15pm Elk Herd Sleigh Ride* 11am-12:30pm Blood Pressure Clinic	23 10-11:30am Welcoming Widows
26 9am-4pm AARP Driver Safety** 10:30-11:45am Tech Lecture: Zoom* 11am-12pm Book Club*	27 9am-12pm Ada County Circuit Breaker 11am-1pm Legal Counsel*	28 1:30-2:30pm Declutter Club*	29 10:30am-2pm Steelheads Tour* 12pm Lunch & Learn: End-of-Life Doulas	

Dick Eardley Boise Senior Center
 690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm
Thrift Store & Craft Boutique Hours: Monday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580.

