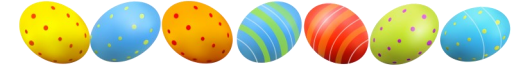


Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-5pm Bridge 2-5pm Walk Your Socks Off	10:30-11:30am Longevity Stick 12:30-1:15pm Intro to Zumba* 1-2pm Fit and Fall Proof 1-4pm Euchre 2-4pm Arts & Crafts Social	9-11:30am Teddy Bear Factory 10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 1-3pm Acrylics Social Group 1-5pm Canasta	10-11am BINGO 10-11:30am Chat-n-Chew 11:30a-12:30pm Drumming Divas 1-5pm Bridge 2-3pm Tai Chi & Qigong Int.* 3-4pm Tai Chi & Qigong Beg.* (Tai Chi Classes 4/13-5/19/23)	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off



# April, 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>Thrift half-off clothing sale all week!</b>	<b>4</b> 9am-2pm AARP Tax Aide 9:45-11:45am Idaho Capitol Tour*	<b>5</b> 11:45a-12:45pm Pop-Up Library, Games! 12:45-4:30pm Falconry Archives*	<b>6</b> 9am-2pm AARP Tax Aide 12:30-4pm Americans and the Holocaust*	<b>7</b> 12pm Goldmine Friday Fun Fest!*
<b>10</b> 10:30-11:45am Tech Lecture: MyChart*	<b>11</b> 9am-2pm AARP Tax Aide 10:30-11:45am Tech: Intro to Digital Culture* 10:30am-1pm Boise WaterShed Tour* 11am-12pm Housing 101 11am-1pm Legal Counsel*	<b>12</b> 10:30am-12pm Spring Health Fair & Drug Take-Back Event 11am Welcome Tour & Lunch*	<b>13</b> 9am-2pm AARP Tax Aide 1-3:30pm Fire Ecology*	<b>14</b> 10-11:30am Welcoming Widows* 11:15-11:45am Meditation* 12pm Birthday Friday
<b>17</b> 10:30-11:45am Tech Lecture: Google Maps* <b>Summer Activity Guide Registration begins for Boise residents!</b>	<b>18</b> 9:15-10:15am Walk with Ease* 10:30-11:45am Tech: Intro to Digital Culture*	<b>19</b> 1-4:30pm Hat Ranch Winery* <b>Summer Activity Guide Registration begins for non-residents!</b>	<b>20</b> 9:15-10:15am Walk with Ease* 1:15-2:30pm NASA Presentation*	<b>21</b> 9:15-10:15am Walk with Ease* 11am-12pm Food for Life: How Foods Fight Diabetes*
<b>24</b> 10:30-11:45am Tech Lecture: Protecting Your Personal Info Online 11am-12pm Book Club*	<b>25</b> 9am-1pm Phosphorus Removal Tour* 9:15-10:15am Walk with Ease* 10:30-11:45am Tech: Intro to Digital Culture* 11am-1pm Legal Counsel*	<b>26</b> 12:-1pm Lunch & Learn: What is Transitional Care? 12:30-3pm Powerful Tools for Caregivers*	<b>27</b> 9:15-10:15am Walk with Ease* 11am-12pm Pet Therapy: Joann with Taco & Patches 11am-12:30pm Blood Pressure Clinic 11:30am-4:30pm Ferry Museum*	<b>28</b> 9a-4pm AARP Driving Class* 9:15-10:15am Walk with Ease* 10-11:30am Welcoming Widows*



**Billiards Room**  
Open M-F 9am-5pm



**Thrift Store & Craft Boutique**  
Open M-F 10am-2pm

## Dick Eardley Boise Senior Center

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | [seniorcenter.cityofboise.org](http://seniorcenter.cityofboise.org) | Monday-Friday 9am-5pm

\* Registration required. Call to sign up and for information on any related costs. 208-608-7580.



PARKS AND RECREATION