


Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-4pm Mexican Train 1-5pm Bridge 2-5pm Walk Your Socks Off	9-11am Walk Your Socks Off 9am-2pm AARP Tax Preparations (through 4/11) 10:30-11:30am Longevity Stick 10:30-11:45am Tech LEARNers* 1-2pm Fit and Fall Proof 1-4pm Euchre 1-4pm Mahjong 2-5pm Walk Your Socks Off	10am-12pm Teddy Bear Factory 10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* til 4/24 1-3pm Acrylics Social Group 1-5pm Canasta 2-3pm Tai Chi & Qigong Int* 3-4pm Tai Chi & Qigong Beg* (Tai Chi 4/10-5/24)	9am-2pm AARP Tax Preparations (through 4/11) 10-11am BINGO 10-11:30am Chat-n-Chew 11a-3pm Rummikub 11:30a-12:30p Drumming Divas 1-5pm Bridge	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off



April, 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 7am - Summer Activity Registration Begins for Residents by calling 208-608-7680 (For Non-Residents, it begins on Wednesday, April 3rd)	2	3 12-12:30pm Pop-Up Library 12pm Lunch & Learn: Navigating Long-Term Care 1:15-4:30pm So Ready To Laugh*	4 3:30-5pm One Stone Student-led Activities	5 11:30am Senior Goldmine Visit 2-3pm How Exercise Benefits Brain Health*
8 10:30-11:45am Tech Lecture: Antivirus & Malware Removal* Thrift Store half-off sale all week!	9 11am-12pm Housing 101 11am-1pm Legal Counsel*	10 11am-12pm Welcome Tour* 12:15pm "Remember When" Trivia with Don 1:30-2:30pm Declutter Club*	11 10-11:30am Chat-n-Chew with Mike Fritz: "What to See & Do in Idaho" 11am-12:30pm Blood Pressure Clinic 1-3pm Paper Craft: April Flowers*	12 10-11:30am Widow/Widower Support 10a-2pm Bag-a-Deal in Thrift Store 11:15-11:45am Seated Meditation* 12pm Birthday Friday
15 9am Casino Night Ticket Sales Start 9am-2pm Foot Clinic (Blue Bird, Call 208-336-9898 for appt.)* 10:30-11:45am Tech Lecture: Intro to Estate Planning*	16 10:30am-12pm Spring Health & Resource Fair with LEARN Idaho—Sign up in advance for Vaccinations*	17 10:30-11:45am Tech LEARNers* 12:15pm "Remember When" Trivia with Don	18	19 10:30am-12pm Story Story Night Writing Workshop* 11am-12pm Food for Life: Plant-Based Meal Planning* 2-3pm Recreating Memories*
22 9am-4pm AARP Driver Safety* 10:30-11:45am Tech Lecture: Exploring & Downloading Apps*	23 10:30am-12pm Creative Journaling: The Story of You* 11am-1pm Legal Counsel*	24 12:15pm "Remember When" Trivia with Don	25 10am-12:30pm Lucky Peak Dam Tour* 11am-12pm Learn to use e-Books* 11am-12:30pm Blood Pressure Clinic 11am-12:30pm Pet Therapy Visit 12pm Lunch & Learn: Fair Housing Issues	26 10-11:30am Widow/Widower Support 10:30am-12pm Earth, Solar System & Beyond* 2-3pm Recreating Memories* 2-7:30pm Y Knot Winery*
29 9am-2pm Foot Clinic - Blue Bird* 11am-12pm Book Club* 10:30-11:45am Tech Lecture: Finding Info Online*	30		Billiards Room* is open 9am-5pm Monday-Friday. 	

Dick Eardley Boise Senior Center
 690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm
Thrift Store & Craft Boutique Hours: Monday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580.

