


Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-5pm Bridge 1-5pm Mexican Train* 2-5pm Walk Your Socks Off	9-11am Walk Your Socks Off 10:30-11:30am Longevity Stick 1-2pm Fit and Fall Proof 1-4pm Euchre 1-5pm Mahjong 2-4pm Arts & Crafts Social 2-5pm Walk Your Socks Off	9-11:30am Teddy Bear Factory 10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 12:15 Wednesday Trivia 12:30-3pm Tools for Caregivers* 1-3pm Acrylics Social Group 1-5pm Canasta	9:30-10:30am Tai Chi & Qigong Int* 10-11am BINGO 10-11:30am Chat-n-Chew 10:30-11:30am Tai Chi & Qigong Beg* 11:30a-12:30p Drumming Divas 1-5pm Bridge 1-5pm Rummikub	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off



## JUNE, 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Billiards Room*</b> is open 9am-5pm, Monday-Friday 		1	2 12pm Senior Goldmine Visit
5 10:30-11:45am Tech: Computer Essentials *	6 10:30-11:45am Tech Workshop: Finding Info Online	7 12-12:30pm Pop-Up Library	8 11am-12:30pm Blood Pressure Clinic 12-1pm Lunch & Learn: Senior Services State Plan 12:30-3pm Erma Hayman House*	9 10-11:30am Welcoming Widows 12:00pm Birthday Friday 3:30-6pm Payette Brewery Tour*
12 9:15-10:15am Walk With Ease* 10:30-11:45am Tech: Computer Essentials * 10:30-11:45am Travel Talk w/ Denise	13 9am-3:30pm Bruneau Sand Dunes* 10:30-11:45am Tech Workshop: Staying Safe Online* 11am-12pm Housing 101 11am-1pm Legal Counsel*	14 9:15-10:15am Walk With Ease* 11am Welcome Tour & Lunch*	15 9:30-11am Hyatt Hidden Lakes* 11am-12:30pm Blood Pressure Clinic 1-5pm Babby Farms*	16 9:15-10:15am Walk With Ease* 12pm Father's Day Celebration 1-3pm Soul Collage* 1:45-4pm Historical Trolley Tour* 5:00pm Casino Night Ticket Deadline
19 <b>The Senior Center is Closed for JUNETEENTH</b>	20 9am-2pm Bogus Basin Nature Hike* 1-5pm Bridge	21 9:15-10:15am Walk With Ease*	22 8:30am-4:30pm Hagerman Fossil Beds* 11am-12:30pm Blood Pressure Clinic 11am-12:30pm Pet Therapy Visit <b>6-9pm Casino Night Dinner &amp; Dance*</b>	23 9am-4pm AARP Driver Safety Class 9:15-10:15am Walk With Ease* 10-11:30am Welcoming Widows 11:15am Kick Your Cravings"
26 9:15-10:15am Walk With Ease* 11am-12pm Book Club*	27 11am-1pm Legal Counsel* 10am-12:30pm Paddleboard Class* 1-2pm Collette Travel Presentation*	28 9:15-10:15am Walk With Ease*	29 11am-12pm Pet Therapy Visit	30 9:15-10:15am Walk With Ease* 5:30-10pm Boise Hawks Game Night*

### Dick Eardley Boise Senior Center

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | [seniorcenter.cityofboise.org](http://seniorcenter.cityofboise.org) | Monday-Friday 9am-5pm

\* Registration required. Call to sign up and for information on any related costs. 208-608-7580.

