


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-4pm Mexican Train 1-4pm Bridge 2-5pm Walk Your Socks Off 5:30-7:30pm Senior Bocce League*	10am-12pm Living Well with Chronic Pain* 10:30-11:30am Longevity Stick 1-2pm Fit and Fall Proof 1-4pm Euchre 1-4pm Mahjong 2-5pm Walk Your Socks Off	10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 1-5pm Canasta	9:30-10:30am Tai Chi & Qigong Int.* 10-11am BINGO 10-11:30am Chat-n-Chew 10:30-11:30am Tai Chi & Qigong Beg.* 11am-12:30pm Mobile Market 11am-3pm Rummikub 11:30am-12:30pm Drumming Divas 1-4pm Bridge	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off



August, 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards Room is open 9am-5pm, Monday-Friday 				1 10am-3pm Red Cross Blood Drive* 11:30am Senior Goldmine 12:30-2pm Senior Social at Library!
4 10:30-11:30am Collette Travel Meeting* 10:30-11:45am Tech Lecture: Scam Awareness	5 10am-12pm Bocce*	6 12-12:30pm Pop-Up Library	7 8:30am-12:30pm Fruit Picking – Peaches* 9am-1pm Craft Supply & Fabric Sale	8 10-11:30am Widow/Widower Support* 12pm Birthday Friday 12:30pm Lunch Club*
11 9am-2pm Nail & Foot Care of Boise with Sandy* - call to schedule appointment (208-747-5797) 10:30-11:45am Tech Lecture: How to Use AI on a Smartphone	12 11am-12pm Housing 101 with Paige Doyle	13 11am-12pm Welcome Tour*	14 11am-12pm Advanced Funeral Planning* 11am-12:30pm Blood Pressure Clinic 1-2:30pm Pencil Drawing Class* 1-5pm Sandy Point Picnic*	15 10:30am-12pm In the Moment Improv Theater* 12:30-2pm Senior Social at Cole/Ustick Library! 1:30-4:30pm Winery-Dude DeWalt*
18 9am-4pm AARP Smart Driver*	19 12-4pm Western Idaho Fair*	20 11am-1pm Legal Counsel*	21 10-11:30am Life Transitions* 11:30am-12pm National Senior Citizens Day 12:30-4pm Basque Museum* 1:30-5pm Basque Museum*	22 10-11:30am Widow/Widower Support*
25 9am-2pm Nail & Foot Care of Boise with Sandy* - call to schedule appointment (208-747-5797) 10:30-11:45am Tech Q&A With Tina 11am-12pm Book Club*	26 8:30am-5:30pm Payette Lake Cruise*	27	28 11am-12:30pm Pet Therapy Visit 11am-12:30pm Blood Pressure Clinic 11:30am-12pm Origami: Firefly & Whale 12:30-2pm Papercraft: Lucky Pouch*	29 10:30-11:45am Andy Runton, Boise Comic Arts* 6:30-10pm Spirit of Boise*

Dick Eardley Boise Senior Center


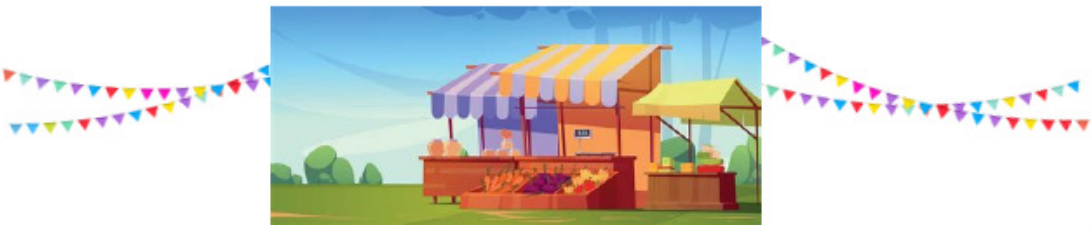




690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm

Thrift Store & Craft Boutique Hours: Monday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580

August 2025 Menu

(Substitutions may be necessary without advanced notice.)

MON	TUES	WED	THUR	FRI
 MEALS on WHEELS CONTACT US (208) 321-0031 www.metromealsonwheels.net				1 Monterey Chicken Spanish Rice Chateau Veggies / Corn Mixed Fruit Cornbread / Milk
4  Chicken Cordon Bleu Roasted Potatoes Peas & Pearl Onions Peaches French Bread / Milk	5 Swedish Meatballs Bowtie Noodles Green Beans Parslied Cauliflower Tropical Fruit Baci Roll / Milk	6 Baked Ham w/ Pineapple Sweet Potatoes Baby Carrots Applesauce Baci Roll / Milk	7 Chicken Club Pasta Salad Broccoli Sunflower Salad Garbanzo Bean Salad Banana WW Roll / Milk	8 Meatloaf Ranch Mashed Potatoes Chateau Veggies Green Salad WW Roll / Milk
11 Spaghetti w/ Meat Sauce Corn / Sugar Snap Peas Fresh Fruit French Bread / Milk	12 Herb Crusted Salmon Long Grain Wild Rice Broccoli & Cauliflower Green Beans / Green Salad WW Roll / Milk	13 Roast Pork w/ Brown Gravy Sweet Potatoes Honey Carrots Applesauce WW Roll / Milk	14 Chicken Mushroom Piccata Rice Pilaf Italian Veggies Green Peas Fresh Orange Baci Roll / Milk 	15 BBQ Pulled Chicken Sandwich Baked Beans Chuckwagon Veggies Coleslaw Milk
18 Lemon Baked Fish Brown Rice Dilled Carrots / Green Peas Mandarin Oranges WW Roll / Milk	19 Baked Potato w/Chili, Cheese & Sour Cream Broccoli Scalloped Apples Baci Roll / Milk 	20 Tuna Salad Sandwich Potato Salad Three Bean Salad Peaches Milk	21 Alpine Burger Red Roasted Potatoes Sugar Snap Peas Fresh Fruit Milk	22 Orange Chicken Rice Pilaf Baby Carrots / Asian Veggies Spinach Salad WW Roll / Milk
25 Breaded Chicken Breast County Gravy Scalloped Potatoes Broccoli / Applesauce Baci Roll / Milk	26  Cowboy Pasta Salad Lemon Dill Carrot Salad Beets Banana Breadstick / Milk	27 Roast Beef w/ Mushroom Gravy Mashed Potatoes Green Beans / Green Salad 9 Grain Bread / Milk	28 Sweet & Sour Chicken Rice Pilaf Asian Veggies / Baby Carrots Fresh Fruit WW Roll / Milk	29 Country Fried Steak & Gravy Mashed Potatoes Stewed Tomatoes Pineapple Tidbits 9 Grain Bread / Milk