


Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-4pm Mexican Train 1-5pm Bridge 2-5pm Walk Your Socks Off	9-11am Walk Your Socks Off 10am-12pm Living Well with Chronic Pain (until Sept 12)* 10:30-11:30am Longevity Stick 1-2pm Fit and Fall Proof 1-4pm Euchre 1-4pm Mahjong 2-4pm Arts & Crafts Social 2-5pm Walk Your Socks Off	9-11:30am Teddy Bear Factory (not meeting 9/6) 10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 10:30-11:45am Computer Practice* 1-3pm Acrylics Social Group 1-5pm Canasta	10-11am BINGO 10-11:30am Chat-n-Chew 11:30a-12:30p Drumming Divas 1-4pm Rummikub 1-5pm Bridge 2-3pm Tai Chi & Qigong Int* 3-4pm Tai Chi & Qigong Beg*	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off


September, 2023


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	Billiards Room* is open 9am-5pm Monday-Friday.			1 12pm Senior Goldmine Visit
4 CLOSED FOR LABOR DAY	5 10:30-11:45am Tech Workshop: Smartphone Camera Uses* 1-5pm Bridge	6 12-12:30pm Pop-Up Library 12:15 NFL Seniors Pick'em	7 1-2:30pm Senior Entrepreneurs*	8 9am-4pm AARP Driver Class* 10-11:30am Welcoming Widows* 11:15-11:45am Meditation* 12:00pm Birthday Friday 1-5pm Art in the Park*
11 9am-4pm Foot Clinic (Blue Bird, Call 208-336-9898 for appt.)* 10:30-11:45am Tech Lecture: Managing Your Privacy* 11am-1pm Legal Counsel* 12 pm Lunch & Learn: ICOA	12 10-11am Collette Travel Presentation* 10:30-11:45am Tech Workshop: Connect to the Internet* 11am-12pm Housing 101	13 11am Welcome Tour & Lunch* 12:15 NFL Seniors Pick'em	14 11am-12:30pm Blood Pressure Clinic 12:15-4pm Bee Farm Tour*	15 11am-12pm Food for Life* 1-3pm Soul Collage* 2-3pm Ask the Doc*
18	19 12:30-4:30pm Emmett Fruit Farm*	20 12:15 NFL Seniors Pick'em	21 12pm Lunch & Learn: End-of-Life Doulas 4-6pm Autumn Jamboree*	22 10-11:30am Welcoming Widows* 2-5:30pm Wine Tasting- Dude DeWalt*
25 11am-12pm Book Club*	26 11am-1pm Legal Counsel* 5-9:30pm Farm to Fun*	27 12:15 NFL Seniors Pick'em	28 11am-12:30pm Pet Therapy Visit 11am-12:30pm Blood Pressure Clinic	29 9:45am-1:30pm Birds of Prey* 10:30am-12pm Travel the World w/ Marian Herz*

Dick Eardley Boise Senior Center

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm

Thrift Store & Craft Boutique Hours: Monday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580.

