

Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-4pm Bridge 2-4pm Walk Your Socks Off	10:30-11:30am Longevity Stick 1-2pm Fit and Fall Proof 2-3pm Open Craft Workshop	9-11:30am Teddy Bear Factory 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 1-3pm Acrylics Social Group 1-4pm Canasta 1:15-2pm Intro to Zumba*	10-11am BINGO 10-11:30am Chat-n-Chew 11:30a-12:30p Drumming Divas 1-3pm Watercolors w/ Teresa* 1-4pm Bridge 3-4pm Tai Chi & Qigong Int*	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 1-4pm Intro to Pinochle 2-4pm Walk Your Socks Off



MAY, 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11am-11:45am Boise Beginnings Video 1-2:30pm Julia Davis Park*	3 2-3pm Craft Workshop: Rock Painting*	4 11:20-12pm Adopt-a-Student 12-12:30pm Pop-Up Library 1-2:30pm Ann Morrison Park*	5	6 11:45am Mother's Day Celebration 12pm Senior Goldmine Visit
9 9am-12pm Foot Clinic by Stonebridge* - call 208-344-9228 11am-11:45am Boise Beginnings Video 1-2:30pm Kathryn Albertson Park*	10 10:30am-12pm Tech Lecture Series: Online Health Resources 11am-12pm Housing 101 12-12:30pm Serve Our Seniors Day	11 11am Welcome Tour & Lunch* 11:20a-12pm Adopt-a-Student 1-2:30pm Esther Simplot Park*	12 10-11:30 Chat-n-Chew: Monterey Bay 12pm Lunch & Learn: Dating as a Surviving Partner 1-2pm Cut the Crap Declutter Club	13 11:45am Birthday Friday
16	17 ~ ELECTION DAY 9:45-10:15am Meditation 11am-1pm Legal Counsel* 2-3p Craft Workshop: Mini Flower Pots*	18	19 10-11:30 Chat-n-Chew: Gatekeeper 10am-1pm Kuna Senior Center Visit	20 11am-12pm Food for Life: Plant-Based Diet* 1-2pm May Flowers with Sherri*
23 11am-12pm Book Club	24 10:30am-12pm Tech Lecture Series: Smartphone Photography	25 1-3pm Bethine Church Trail*	26 9:30a-12pm Monarch Butterfly Conserv.* 10:30am-12pm Blood Pressure Clinic 11am-12:30pm Pet Therapy Visit 12-1pm Lunch & Learn: Healthcare 1-2pm Cut the Crap Declutter Club	27
30 Closed for Memorial Day	31			Billiards Room* is open 9am-4pm Monday-Friday. 

Dick Eardley Boise Senior Center

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-4pm

Thrift Store & Craft Boutique Hours: Tuesday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580.



PARKS AND RECREATION