

Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30-11:30am Storytime Writing Group*	10:30-11:30am Longevity Stick* 1-2pm Fit and Fall Proof	9-11:30am Teddy Bear Factory 10am-12pm Happy Hookers Knit & Crochet* 10:30-11:30am Gentle Yoga** 1-3pm Paint/Craft Social Group* 1-4pm Canasta*	10-11am BINGO 10-11:30am Chat-n-Chew* 11:30a-12:30p Drumming Divas* 3-4pm Tai Chi & Qigong	1-2pm Fit and Fall Proof



December 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Billiards Room* is open 9am-12pm & 1-4pm Monday-Friday. Registration is required.		1 10-11:30am Winter Scam Jam Web. 12-12:30pm Pop-Up Library	2 2-3pm The Donner Party of 1846*	3 11:30am Senior Goldmine Visit 2pm BSU Nurses' Presentation
6 1-2pm Write Your Own Obituary	7 1-3pm Ugly Christmas Sweaters*	8 10-11:30am Winter Scam Jam Web 11am Welcome Orientation & Tour	9 10:30am-12pm Blood Pressure Clinic 1-3pm Movie: European Christmas*	10 11:45am Birthday Friday 12:45-2:45pm Birdhouse Craft with Sherri*
13 9am-12pm Foot Clinic by Stonebridge**—call 208-344-9228 1p-2:30pm Watercolors with Teresa*	14 11am-12pm Housing 101 2-3pm Candy Cane Wreath Craft	15 10-11:30am Winter Scam Jam Web	16 12:00pm Holiday Meal 1-2pm Robbins Road Holiday Sing-a-Long	17 11am Food for Life Online: Avoiding Holiday Weight Gain**
20 11a-12pm Book Club* 1-1:30pm Seated Meditation	21 10am-12pm Legal Counsel**	22	23 10:30am-12pm Blood Pressure Clinic 1-3pm Movie: Christmas Vacation*	24 CLOSED FOR CHRISTMAS
27	28	29	30	31 The Senior Center will close at 2pm for New Year's Eve

Dick Eardley Boise Senior Center

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-4pm

* These programs require registration for each visit. Call up to 7 days in advance, 208-608-7580.

** These programs/series require registration. Call anytime, 208-608-7580.

