

# March

**Dick Eardley Senior Center**  
**690 Robbins Rd**  
**Boise, ID 83702**  
**PH:208-608-7580**

**TTY: 711**  
**Monday-Friday 9 a.m. - 5 p.m.**  
[cityofboise.org/seniorcenter](http://cityofboise.org/seniorcenter)



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room  
M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off  
Mondays & Fridays  
9-11 a.m. and 2-5 p.m.



Thrft Store & Craft Boutique  
M-F, 10 a.m. - 2 p.m.



Lobby Sponsor  
Kelly Svevad  
Senior Living Advisor  
Healing Homestead  
Wednesdays  
10:30 a.m. - 1:30 p.m.



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>Treats by Borchers Insurance</b> <span style="float:right">2</span>  10 am-12 pm Living Well with Diabetes*  10:30-11:45 am Tech Lecture:  Passwords, Passkeys &amp; More  1-4 pm Mexican Train  1-4 pm Bridge</p>	<p><b>Treats by Life Care Centers of America for Treasure Valley and Boise</b> <span style="float:right">3</span>  9 am-2 pm AARP Tax Preparation  10:30-11:30 am Longevity Stick  12:30-4 pm Wassmuth Center*  1-2 pm Fit and Fall Proof  1-4 pm Euchre  1-4 pm Mahjong</p>	<p><b>Treats by Summers Funeral Home</b> <span style="float:right">4</span>  10 am-12 pm Cribbage  10 am-12 pm Happy Hookers  Knit &amp; Crochet  10:30-11:30 am Gentle Yoga*  12-12:30 pm Pop-Up Library  12:15 pm Name That Tune  <b>12:30-1:30 pm Post-Lunch Music:</b>  <b>Ross Miller-Classic 1960's Folk</b>  1-5 pm Canasta</p>	<p><b>Treats by Serengeti Care</b> <span style="float:right">5</span>  9 am-3 pm AARP Tax Preparation  10-11 am BINGO  10-11:30 am Chat-n-Chew  <b>11 am Music: Cheatgrass</b>  11 am-3 pm Rummikub  11:30 am-12:30 pm Drumming Divas  1-4 pm Bridge</p>	<p><span style="float:right">6</span>  10 am-2 pm Pinochle  <b>11:30 am Senior Goldmine</b>  12:30-2 pm Senior Social at Library!  1-2 pm Fit and Fall Proof  2-3 pm Senior Line Dancing*  2-5 pm Intro to Pinochle  2:15-3 pm <b>Boise Raks International Dance Show</b></p>
<p><b>Treats by Arbor Valley of Cascadia</b> <span style="float:right">9</span>  9 am-2 pm Nail &amp; Foot Care of Boise with Sandy* (208-747-5797)  10 am-12 pm Living Well with Diabetes*  10:30-11:45 am Tech Lecture: Airbnb  1-4 pm Mexican Train  1-4 pm Bridge  1:30-2:30 pm Tai Chi &amp; Qigong Int.*  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">10</span>  9 am-2 pm AARP Tax Preparation  9 am-12 pm Ada County Circuit Breaker  9 am-12:30 pm Warhawk Air Museum*  10:30-11:30 am Longevity Stick  <b>11 am Music: Mike Rutledge-Good Old-time Sing-a-long</b>  1-2 pm Fit and Fall Proof  1-4 pm Euchre  1-4 pm Mahjong</p>	<p><span style="float:right">11</span>  <b>Treats by The Cottages</b>  10 am-12 pm Cribbage  10 am-12 pm Happy Hookers  Knit &amp; Crochet  10:30-11:30 am Gentle Yoga*  11 am-12 pm Welcome Tour*  12:15 pm Name That Tune  1-5 pm Canasta</p>	<p><span style="float:right">12</span>  <b>Treats by Edgewood Healthcare</b>  9 am-3 pm AARP Tax Preparation  10-11 am BINGO  10-11:30 am Chat-n-Chew  11 am-12:30 pm Blood Pressure Clinic  11 am-3 pm Rummikub  <b>11 am Music: Big Dave Walter</b>  11:30 am-12:30 pm Drumming Divas  12:30-2 pm Paperfolding for Tremor Prevention &amp; Fine Motor Skill Devel.  1-4 pm Bridge</p>	<p><span style="float:right">13</span>  <b>Birthday Cake by Connect Health</b>  10-11:30 am Widow/Widower Support*  10 am-2 pm Pinochle  11-11:45 am Meditation for Optimal Health*  11 am-5pm Idaho City Hot Springs*  12 pm Birthday Friday  1-2 pm Fit and Fall Proof  2-3 pm Senior Line Dancing*  2-5 pm Intro to Pinochle</p>
<p><span style="float:right">16</span>  <b>Treats by Heatherwood Senior Living</b>  9 am-4 pm AARP Safe Driving Class*  10:30-11:45 am Tech Lecture:  iPhone Notes App  1-2 pm Planning Ahead: Advanced Directives*  1-4 pm Mexican Train  1-4 pm Bridge  1:30-2:30 pm Tai Chi &amp; Qigong Int.*  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">17</span>  <b>Treats by Senior Helpers</b>  9 am-2 pm AARP Tax Preparation  10:30-11:30 am Longevity Stick  <b>12 pm St. Patrick's Day Meal</b>  1-2 pm Fit and Fall Proof  1-4 pm Euchre  1-4 pm Mahjong  <p style="text-align:center"><b>HAPPY ST. PATRICK'S DAY!</b></p> </p>	<p><span style="float:right">18</span>  <b>Treats by St. Alphonsus/Encompass Health</b>  10 am-12 pm Cribbage  10 am-12 pm Happy Hookers  Knit &amp; Crochet  10:30-11:30 am Gentle Yoga*  <b>11 am Music: Big Dave Walter</b>  11 am-1 pm Legal Counsel*  12:15 pm Name That Tune  1-5 pm Canasta</p>	<p><span style="float:right">19</span>  <b>Treats by Harrison's Hope Hospice</b>  9 am-3 pm AARP Tax Preparation  10-11 am BINGO  10-11:30 am Chat-n-Chew  11 am-3 pm Rummikub  <b>11 am Music: Sing-a-long Bluegrass with the B-team</b>  11:30 am-12:30 pm Drumming Divas  1-4 pm Bridge</p>	<p><span style="float:right">20</span>  <b>Treats by Brookdale Independent Living</b>  10 am-2 pm Pinochle  12:30-2 pm Senior Social at Library!  1-2 pm Fit and Fall Proof  2-3 pm Growing Old Ain't for Sissies*  2-3 pm Senior Line Dancing*  2-5 pm Intro to Pinochle  5-10 pm Boise Little Theatre:  Austenprov*</p>
<p><span style="float:right">23</span>  <b>Treats by Idaho Home Health &amp; Hospice</b>  9 am-2 pm Nail &amp; Foot Care of Boise with Sandy* (208-747-5797)  10:30-11:45 am Tech Lecture:  Google Docs  <b>11 am Music: Kathy McFadden &amp; Friends</b>  1-4 pm Mexican Train  1-4 pm Bridge  1:30-2:30 pm Tai Chi &amp; Qigong Int.*  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">24</span>  <b>Treats by Care Patrol</b>  9 am-2 pm AARP Tax Preparation  9 am-12 pm Ada County Circuit Breaker  9 am-3:30 pm Celebration Park*  10:30-11:30 am Longevity Stick  1-2 pm Fit and Fall Proof  1-4 pm Euchre  1-4 pm Mahjong</p>	<p><span style="float:right">25</span>  10 am-12 pm Cribbage  10 am-12 pm Happy Hookers  Knit &amp; Crochet  10:30-11:30 am Gentle Yoga*  12:15 pm Name That Tune  1-5 pm Canasta</p>	<p><span style="float:right">26</span>  <b>Treats by Copper Falls Hospice</b>  9 am-3 pm AARP Tax Preparation  10-11 am BINGO  10-11:30 am Chat-n-Chew  11 am-12:30 pm Blood Pressure Clinic  11:00 am-12:30 pm Pet Therapy Visit  <b>11 am Music: David Ladines</b>  11 am-3 pm Rummikub  11:30 am-12 pm Origami: Sea Otter &amp; Jelly Fish*  11:30 am-12:30 pm Drumming Divas  12:30-2 pm Papercraft: Multipurpose Case*  12:30-3:30 pm Lunch Club*  1-4 pm Bridge</p>	<p><span style="float:right">27</span>  <b>Treats by Oasis Senior Advisors</b>  10 am-2 pm Pinochle  10-11:30 am Widow/Widower Support*  10:30 am-12 pm In the Moment Improv Theater*  1-2 pm Fit and Fall Proof  2-3 pm Senior Line Dancing*  2-4 Free Movie Day*  2-5 pm Intro to Pinochle  <b>7-8 pm Radio Days</b></p>
<p><span style="float:right">30</span>  10:30-11:45 am Tech Lecture:  Tech Q&amp;A with Tina  11 am-12 pm Book Club*  1-4 pm Mexican Train  1-4 pm Bridge  1:30-2:30 pm Tai Chi &amp; Qigong Int.*  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">31</span>  9 am-2 pm AARP Tax Preparation  10:30-11:30 am Longevity Stick  1-2 pm Fit and Fall Proof  1-4 pm Euchre  1-4 pm Mahjong  <b>4:30-5:15 pm Capitol City Mulligan Swing Band*</b></p>	<p><b>March 20<sup>th</sup> is the first day of Spring</b></p> 		

\*These programs require advanced registration. Please call 208-608-7580