

# March

**Dick Eardley Senior Center**  
**690 Robbins Rd**  
**Boise, ID 83702**  
**PH:208-608-7580**

**TTY: 711**  
**Monday-Friday 9 a.m. - 5 p.m.**  
[cityofboise.org/seniorcenter](http://cityofboise.org/seniorcenter)



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room  
 M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off  
 Mondays & Fridays  
 9-11 a.m. and 2-5 p.m.



Thrft Store & Craft Boutique  
 M-F, 10 a.m. - 2 p.m.



Lobby Sponsor  
 Kelly Svevad  
 Senior Living Advisor  
 Healing Homestead  
 Wednesdays  
 10:30 a.m. - 1:30 p.m.



\*These programs require advanced registration. Please call 208-608-7580

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>Treats by Borchers Insurance</b> <span style="float:right">2</span>                  10 am-12 pm Living Well with Diabetes*                  10:30-11:45 am Tech Lecture:                  Passwords, Passkeys &amp; More                  1-4 pm Mexican Train                  1-4 pm Bridge</p>	<p><b>Treats by Life Care Centers of America for Treasure Valley and Boise</b> <span style="float:right">3</span>                  9 am-2 pm AARP Tax Preparation                  10:30-11:30 am Longevity Stick                  12:30-4 pm Wassmuth Center*                  1-2 pm Fit and Fall Proof                  1-4 pm Euchre                  1-4 pm Mahjong</p>	<p><b>Treats by Summers Funeral Home</b> <span style="float:right">4</span>                  10 am-12 pm Cribbage                  10 am-12 pm Happy Hookers                  Knit &amp; Crochet                  10:30-11:30 am Gentle Yoga*                  12-12:30 pm Pop-Up Library                  12:15 pm Name That Tune  <b>12:30-1:30 pm Post-Lunch Music:</b>                  Ross Miller-Classic 1960's Folk                  1-5 pm Canasta</p>	<p><b>Treats by Serengeti Care</b> <span style="float:right">5</span>                  9 am-3 pm AARP Tax Preparation                  10-11 am BINGO                  10-11:30 am Chat-n-Chew  <b>11 am Music: Cheatgrass</b>                  11 am-3 pm Rummikub                  11:30 am-12:30 pm Drumming Divas                  1-4 pm Bridge</p>	<p><span style="float:right">6</span>                  10 am-2 pm Pinochle  <b>11:30 am Senior Goldmine</b>                  12:30-2 pm Senior Social at Library!                  1-2 pm Fit and Fall Proof                  2-3 pm Senior Line Dancing*                  2-5 pm Intro to Pinochle                  2:15-3 pm <b>Boise Raks International Dance Show</b></p>
<p><b>Treats by Arbor Valley of Cascadia</b> <span style="float:right">9</span>                  9 am-2 pm Nail &amp; Foot Care of Boise with Sandy* (208-747-5797)                  10 am-12 pm Living Well with Diabetes*                  10:30-11:45 am Tech Lecture: Airbnb                  1-4 pm Mexican Train                  1-4 pm Bridge                  1:30-2:30 pm Tai Chi &amp; Qigong Int.*                  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">10</span>                  9 am-2 pm AARP Tax Preparation                  9 am-12 pm Ada County Circuit Breaker                  9 am-12:30 pm Warhawk Air Museum*                  10:30-11:30 am Longevity Stick  <b>11 am Music: Mike Rutledge-Good Old-time Sing-a-long</b>                  1-2 pm Fit and Fall Proof                  1-4 pm Euchre                  1-4 pm Mahjong</p>	<p><span style="float:right">11</span>  <b>Treats by The Cottages</b>                  10 am-12 pm Cribbage                  10 am-12 pm Happy Hookers                  Knit &amp; Crochet                  10:30-11:30 am Gentle Yoga*                  11 am-12 pm Welcome Tour*                  12:15 pm Name That Tune                  1-5 pm Canasta</p>	<p><span style="float:right">12</span>  <b>Treats by Edgewood Healthcare</b>                  9 am-3 pm AARP Tax Preparation                  10-11 am BINGO                  10-11:30 am Chat-n-Chew                  11 am-12:30 pm Blood Pressure Clinic                  11 am-3 pm Rummikub  <b>11 am Music: Big Dave Walter</b>                  11:30 am-12:30 pm Drumming Divas                  12:30-2 pm Paperfolding for Tremor Prevention &amp; Fine Motor Skill Devel.                  1-4 pm Bridge</p>	<p><span style="float:right">13</span>  <b>Birthday Cake by Connect Health</b>                  10-11:30 am Widow/Widower Support*                  10 am-2 pm Pinochle                  11-11:45 am Meditation for Optimal Health*                  11 am-5pm Idaho City Hot Springs*                  12 pm Birthday Friday                  1-2 pm Fit and Fall Proof                  2-3 pm Senior Line Dancing*                  2-5 pm Intro to Pinochle</p>
<p><b>Treats by Heatherwood Senior Living</b> <span style="float:right">16</span>                  9 am-4 pm AARP Safe Driving Class*                  10:30-11:45 am Tech Lecture:                  iPhone Notes App                  1-2 pm Planning Ahead: Advanced Directives*                  1-4 pm Mexican Train                  1-4 pm Bridge                  1:30-2:30 pm Tai Chi &amp; Qigong Int.*                  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">17</span>  <b>Treats by Senior Helpers</b>                  9 am-2 pm AARP Tax Preparation                  10:30-11:30 am Longevity Stick  <b>12 pm St. Patrick's Day Meal</b>                  1-2 pm Fit and Fall Proof                  1-4 pm Euchre                  1-4 pm Mahjong  <p style="text-align:center"><b>HAPPY ST. PATRICK'S DAY!</b></p> </p>	<p><span style="float:right">18</span>  <b>Treats by St. Alphonsus/ Encompass Health</b>                  10 am-12 pm Cribbage                  10 am-12 pm Happy Hookers                  Knit &amp; Crochet                  10:30-11:30 am Gentle Yoga*  <b>11 am Music: Big Dave Walter</b>                  11 am-1 pm Legal Counsel*                  12:15 pm Name That Tune                  1-5 pm Canasta</p>	<p><span style="float:right">19</span>  <b>Treats by Harrison's Hope Hospice</b>                  9 am-3 pm AARP Tax Preparation                  10-11 am BINGO                  10-11:30 am Chat-n-Chew                  11 am-3 pm Rummikub  <b>11 am Music: Sing-a-long Bluegrass with the B-team</b>                  11:30 am-12:30 pm Drumming Divas                  1-4 pm Bridge</p>	<p><span style="float:right">20</span>  <b>Treats by Brookdale Independent Living</b>                  10 am-2 pm Pinochle                  12:30-2 pm Senior Social at Library!                  1-2 pm Fit and Fall Proof                  2-3 pm Growing Old Ain't for Sissies*                  2-3 pm Senior Line Dancing*                  2-5 pm Intro to Pinochle                  5-10 pm Boise Little Theatre:                  Austenprov*</p>
<p><b>Treats by Idaho Home Health &amp; Hospice</b> <span style="float:right">23</span>                  9 am-2 pm Nail &amp; Foot Care of Boise with Sandy* (208-747-5797)                  10:30-11:45 am Tech Lecture:                  Google Docs  <b>11 am Music: Kathy McFadden &amp; Friends</b>                  1-4 pm Mexican Train                  1-4 pm Bridge                  1:30-2:30 pm Tai Chi &amp; Qigong Int.*                  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">24</span>  <b>Treats by Care Patrol</b>                  9 am-2 pm AARP Tax Preparation                  9 am-12 pm Ada County Circuit Breaker                  9 am-3:30 pm Celebration Park*                  10:30-11:30 am Longevity Stick                  1-2 pm Fit and Fall Proof                  1-4 pm Euchre                  1-4 pm Mahjong</p>	<p><span style="float:right">25</span>                  10 am-12 pm Cribbage                  10 am-12 pm Happy Hookers                  Knit &amp; Crochet                  10:30-11:30 am Gentle Yoga*                  12:15 pm Name That Tune                  1-5 pm Canasta</p>	<p><span style="float:right">26</span>  <b>Treats by Copper Falls Hospice</b>                  9 am-3 pm AARP Tax Preparation                  10-11 am BINGO                  10-11:30 am Chat-n-Chew                  11 am-12:30 pm Blood Pressure Clinic                  11:00 am-12:30 pm Pet Therapy Visit  <b>11 am Music: David Ladines</b>                  11 am-3 pm Rummikub                  11:30 am-12 pm Origami: Sea Otter &amp; Jelly Fish*                  11:30 am-12:30 pm Drumming Divas                  12:30-2 pm Papercraft: Multipurpose Case*                  12:30-3:30 pm Lunch Club*                  1-4 pm Bridge</p>	<p><span style="float:right">27</span>  <b>Treats by Oasis Senior Advisors</b>                  10 am-2 pm Pinochle                  10-11:30 am Widow/Widower Support*                  10:30 am-12 pm In the Moment Improv Theater*                  1-2 pm Fit and Fall Proof                  2-3 pm Senior Line Dancing*                  2-4 Free Movie Day*                  2-5 pm Intro to Pinochle  <b>7-8 pm Radio Days</b></p>
<p><span style="float:right">30</span>                  10:30-11:45 am Tech Lecture:                  Tech Q&amp;A with Tina                  11 am-12 pm Book Club*                  1-4 pm Mexican Train                  1-4 pm Bridge                  1:30-2:30 pm Tai Chi &amp; Qigong Int.*                  2:30-3:30 pm Tai Chi &amp; Qigong Beg.*</p>	<p><span style="float:right">31</span>                  9 am-2 pm AARP Tax Preparation                  10:30-11:30 am Longevity Stick                  1-2 pm Fit and Fall Proof                  1-4 pm Euchre                  1-4 pm Mahjong  <b>4:30-5:15 pm Capitol City Mulligan Swing Band*</b></p>	<p>March 20<sup>th</sup> is the first day of <b>Spring</b></p>		