

March

Dick Eardley Senior Center
690 Robbins Rd
Boise, ID 83702
PH:208-608-7580

TTY: 711
Monday-Friday 9 a.m. - 5 p.m.
cityofboise.org/seniorcenter



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room
M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off
Mondays & Fridays
9-11 a.m. and 2-5 p.m.



Thrift Store & Craft Boutique
M-F, 10 a.m. - 2 p.m.



Lobby Sponsor
Kelly Svevad
Senior Living Advisor
Healing Homestead
Wednesdays
10:30 a.m. - 1:30 p.m.



*These programs require advanced registration. Please call 208-608-7580

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Treats by Borchers Insurance 2 10 am-12 pm Living Well with Diabetes* 10:30-11:45 am Tech Lecture: Passwords, Passkeys & More 1-4 pm Mexican Train 1-4 pm Bridge</p>	<p>Treats by Life Care Centers of America for Treasure Valley and Boise 3 9 am-2 pm AARP Tax Preparation 10:30-11:30 am Longevity Stick 12:30-4 pm Wassmuth Center* 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong</p>	<p>Treats by Summers Funeral Home 4 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12-12:30 pm Pop-Up Library 12:15 pm Name That Tune 12:30-1:30 pm Post-Lunch Music: Ross Miller-Classic 1960's Folk 1-5 pm Canasta</p>	<p>Treats by Serengeti Care 5 9 am-3 pm AARP Tax Preparation 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Cheatgrass 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge</p>	<p>6 10 am-2 pm Pinochle 11:30 am Senior Goldmine 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3 pm Senior Line Dancing* 2-5 pm Intro to Pinochle 2:15-3 pm Boise Raks International Dance Show</p>
<p>Treats by Arbor Valley of Cascadia 9 9 am-2 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 10 am-12 pm Living Well with Diabetes* 10:30-11:45 am Tech Lecture: Airbnb 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*</p>	<p>10 9 am-2 pm AARP Tax Preparation 9 am-12 pm Ada County Circuit Breaker 9 am-12:30 pm Warhawk Air Museum* 10:30-11:30 am Longevity Stick 11 am Music: Mike Rutledge-Good Old-time Sing-a-long 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong</p>	<p>11 Treats by The Cottages 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am-12 pm Welcome Tour* 12:15 pm Name That Tune 1-5 pm Canasta</p>	<p>12 Treats by Edgewood Healthcare 9 am-3 pm AARP Tax Preparation 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11 am Music: Big Dave Walter 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Paperfolding for Tremor Prevention & Fine Motor Skill Devel. 1-4 pm Bridge</p>	<p>13 Birthday Cake by Connect Health 10-11:30 am Widow/Widower Support* 10 am-2 pm Pinochle 11-11:45 am Meditation for Optimal Health* 11 am-5pm Idaho City Hot Springs* 12 pm Birthday Friday 1-2 pm Fit and Fall Proof 2-3 pm Senior Line Dancing* 2-5 pm Intro to Pinochle</p>
<p>Treats by Heatherwood Senior Living 16 9 am-4 pm AARP Safe Driving Class* 10:30-11:45 am Tech Lecture: iPhone Notes App 1-2 pm Planning Ahead: Advanced Directives* 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*</p>	<p>17 Treats by Senior Helpers 9 am-2 pm AARP Tax Preparation 10:30-11:30 am Longevity Stick 12 pm St. Patrick's Day Meal 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong HAPPY ST. PATRICK'S DAY!</p>	<p>18 Treats by St. Alphonsus/Encompass Health 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am Music: Big Dave Walter 11 am-1 pm Legal Counsel* 12:15 pm Name That Tune 1-5 pm Canasta</p>	<p>19 Treats by Harrison's Hope Hospice 9 am-3 pm AARP Tax Preparation 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-3 pm Rummikub 11 am Music: Sing-a-long Bluegrass with the B-team 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge</p>	<p>20 Treats by Brookdale Independent Living 10 am-2 pm Pinochle 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3 pm Growing Old Ain't for Sissies* 2-3 pm Senior Line Dancing* 2-5 pm Intro to Pinochle 5-10 pm Boise Little Theatre: Austenprov*</p>
<p>Treats by Idaho Home Health & Hospice 23 9 am-2 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 10:30-11:45 am Tech Lecture: Google Docs 11 am Music: Kathy McFadden & Friends 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*</p>	<p>24 Treats by Care Patrol 9 am-2 pm AARP Tax Preparation 9 am-12 pm Ada County Circuit Breaker 9 am-3:30 pm Celebration Park* 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong</p>	<p>25 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12:15 pm Name That Tune 1-5 pm Canasta</p>	<p>26 Treats by Copper Falls Hospice 9 am-3 pm AARP Tax Preparation 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-12:30 pm Blood Pressure Clinic 11:00 am-12:30 pm Pet Therapy Visit 11 am Music: David Ladines 11 am-3 pm Rummikub 11:30 am-12 pm Origami: Sea Otter & Jelly Fish* 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Papercraft: Multipurpose Case* 12:30-3:30 pm Lunch Club* 1-4 pm Bridge</p>	<p>27 Treats by Oasis Senior Advisors 10 am-2 pm Pinochle 10-11:30 am Widow/Widower Support* 10:30 am-12 pm In the Moment Improv Theater* 1-2 pm Fit and Fall Proof 2-3 pm Senior Line Dancing* 2-4 Free Movie Day* 2-5 pm Intro to Pinochle 7-8 pm Radio Days</p>
<p>30 10:30-11:45 am Tech Lecture: Tech Q&A with Tina 11 am-12 pm Book Club* 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*</p>	<p>31 9 am-2 pm AARP Tax Preparation 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong 4:30-5:15 pm Capitol City Mulligan Swing Band*</p>	<p>March 20th is the first day of Spring</p>		