

APRIL

Dick Eardley Senior Center

690 Robbins Rd

Boise, ID 83702

PH:208-608-7580

TTY: 711

Monday-Friday 9 a.m. - 5 p.m.

cityofboise.org/senior center



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room
M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off
M, F 9 - 11 a.m.
M, T, F 2 - 5 p.m.



Thrift Store & Craft Boutique
M-F, 10 a.m. - 2 p.m.



Lobby Sponsor
Kelly Svevad
Senior Living Advisor
Healing Homestead
Wednesdays
10:30 a.m. - 1:30 p.m.



PARKS AND RECREATION

*These programs require advanced registration.
Please call 208-608-7580

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1	2	3
		10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12:15 Name That Tune with Don Smart 1-5 pm Canasta	Treats by Serengeti Care 9 am-3pm AARP Tax Preparation 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Cheatgrass 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge	10-11 am Veterans Coffee 10 am-2 pm Pinochle 11:30 am Senior Goldmine 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3 pm Senior Line Dancing* 2-5 pm Intro to Pinochle
6	7	8	9	10
10:30-11:45 am Tech Lecture: Hosting on Zoom 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*	Treats by Life Care Centers of America for Treasure Valley and Boise 9 am-3pm AARP Tax Preparation 10:30 am-4:30 pm Givens Hot Springs* 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by The Cottages 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am-12 pm Welcome Tour* 12-12:30 pm Pop-Up Library 1-5 pm Canasta	Treats by Edgewood Healthcare 9 am-3pm AARP Tax Preparation 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Big Dave Walter 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Paper Folding for Tremor Prevention & Fine Motor Skill Devel.* 1-4 pm Bridge	Birthdays by Connect Health 10-11:30 am Widow/Widower Support* 10 am-2 pm Pinochle 11-11:45 am Meditation for Optimal Health* 11:30 am Music: Cattywampus 12 pm Birthday Friday 1-2 pm Fit and Fall Proof 2-3 pm Senior Line Dancing* 2-5 pm Intro to Pinochle
13	14	15	16	17
Treats by Arbor Valley of Cascadia 9 am-2 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 10:30-11:45 am Tech Lecture: iPhone Contacts App 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*	10:30-11:30 am Longevity Stick 11 am Music: Mike Rutledge-Good Old-time Sing-a-long 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by St. Alphonsus/ Encompass Health 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am Music: Big Dave Walter 11 am-1 pm Legal Counsel* 1-5 pm Canasta	Treats by Harrison's Hope Hospice 9:30 am-1 pm Birds of Prey* 10-11 am BINGO 10-11:30 am Chat-n-Chew 11:15 am Music: Sing-a-long Bluegrass with the B-team 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge	Treats by Brookdale Independent Living 10 am-2 pm Pinochle 1-2 pm Fit and Fall Proof 2-3 pm Growing Old Ain't for Sissies* 2-3 pm Senior Line Dancing* 2-5 pm Intro to Pinochle 4-5 pm Bae's Brothers Origami School* 4:45-10 pm Theater & Dinner*
20	21	22	23	24
Treats by Heatherwood Senior Living 9 am-4 pm AARP Smart Driver* 10:30-11:45 am Tech Lecture: Downloads & Uploads 1-4 pm Mexican Train 1-4 pm Bridge	Treats by Senior Helpers 10:30 am-12 pm Senior Health & Resource Fair and Drug Take-Back Event presented by LEARN Idaho & Boise Police 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 1-2:30 pm Conversations, Crafts, & Cultural Sites* 1-5 pm Canasta	Treats by Copper Falls Hospice 9:30 am-2:30 pm Bruneau Hike* 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am Music: David Ladines 11:30 am-12 pm Origami* 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Intermediate Papercraft* 1-4 pm Bridge	Treats by Oasis Senior Advisors 10-11:30 am Widow/Widower Support* 10 am-2 pm Pinochle 12:30-3:30 pm Lunch Club* 1-2 pm Fit and Fall Proof 2-3 pm Senior Line Dancing* 2-4 pm Free Movie Day* 2-5 pm Intro to Pinochle
27	28	29	30	
Treats by Idaho Home Health & Hospice 9 am-2 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 10:30-11:45 am Tech Lecture: Lyft "Silver" Rideshare 11 am Music: Kathy McFadden & Friends 11 am-12 pm Book Club* 1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.*	10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 2-3 pm Music Performance: Ross Miller* 1-5 pm Canasta	Treats by Care Patrol 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-12:30 pm Pet Therapy Visit 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge 2:15-4 pm Foothills Nature Walk*	