December

Dick Eardley Senior Center 690 Robbins Rd **Boise, ID 83702** PH:208-608-7580

TTY: 711

Monday-Friday 9 a.m. - 5 p.m. cityofboise.org/seniorcenter



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off M. F 9 - 11 a.m. M, T, F 2 - 5 p.m.









*These programs require advanced registration. Please call 208-608-7580

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Treats by Borchers Insurance 7 am Winter Activity Guide registration 10:30-11:30 am Longevity Stick 12:30-3:30 pm Lunch Club* 1-2 pm Fit and Fall Proof begins for residents 10:30-11:45 am Tech Lecture: DoorDash Food Delivery

1-4 pm Mexican Train 1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qiqong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.* Treats by Life Care Centers of America for Treasure Valley and Boise

1-4 pm Euchre 1-4 pm Mahjong **Treats by Summers Funeral Home** 7 am Winter Activity Guide registration begins for non-residents 10 am-12 pm Cribbage

10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12-12:30 pm Pop-Up Library 12:15 pm NFL Pick'Em with Don 1-5 pm Canasta

Treats by Serengeti Care 10-11 am BINGO 10-11:30 am Chat-n-Chew

11 am-12 pm Generation Exchange* 11 am Music: Cheatgrass 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas

1-4 pm Bridge 5-10 pm Boise Little Theatre Sherlock Carol*

10 am-2 pm Pinochle 11:30 am Senior Goldmine 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 1-5 pm Sawtooth Winery* 2-5 pm Intro to Pinochlé

10:30 am-1:30 pm Basque Christmas Market*

Sun 7

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Treats by Arbor Valley of Cascadia

9 am-2 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 10:30-11:45 am Tech Lecture: Amazon Shopping 11:00 am-12:00 pm Stop The Bleed*

1-3 pm Christmas Movie/Silent Auction* 1-4 pm Mexican Train

1-4 pm Bridge 1:30-2:30 pm Tai Chi & Qigong Int.* 2:30-3:30 pm Tai Chi & Qigong Beg.* 10:30-11:30 am Longevity Stick 11 am-12:00 pm Housing 101 with Paige Doyle 1-2 pm Fit and Fall Proof

1-4 pm Euchre 1-4 pm Mahjong

2:45-5pm Idaho State Museum*

Treats by The Cottages

10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga*

11 am-12 pm Welcome Tour* 12:15 pm NFL Pick'Em with Don 1-5 pm Canasta

Treats by Edgewood Healthcare

10

17

24

10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Big Dave Walter

11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas

1-2:30 pm Pencil Drawing Class* 1-4 pm Bridge

Birthday Cake by Connect Health 10-11:30 am Widow/Widower Support* 10 am-2 pm Pinochle 11-11:45 am Meditation for Optimal Health*

11:30 am Music: Cattywampus 12 pm Birthday Friday 1-2 pm Fit and Fall Proof 2-5 pm Intro to Pinochle 4:30-8:45 pm Holiday Lights*

11

18

25

4-10 pm Holiday Hop*

Treats by Copper Falls Hospice 9 am-2 pm Nail & Foot Care of Boise

with Sandy* (208-747-5797) 10:30-11:45 am Tech Lecture: Facebook Marketplace

11:30 am Music: David Ladines 1-4 pm Mexican Train

Treats by Senior Helpers 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof

1-4 pm Euchre 1-4 pm Mahjong 4:30-8:45 pm Holiday Lights 2*

1-4 pm Euchre

1-4 pm Mahjong

16

23

30

10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet

10:30-11:30 am Gentle Yoga*
11:00 am-12:30 pm Pet Therapy Visit
11 am Music: Big Dave Walter 11 am-1 pm Legal Counsel*

12 pm Christmas Meal 12:15 pm NFL Pick'Em with Don 1-5 pm Canasta

10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-3 pm Rummikub

11 am Music: Sing-a-long Bluegrass with the B-team 11:30 am-12 pm Origami: Sun & Tree* 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Papercraft: Poinsettia* 1-4 pm Bridge

4:30-7:30 pm Winter Garden aGlow*

Treats by Brookdale Independent Living 10 am-2 pm Pinochle

10:30 am-12 pm In the Moment Improv Theater* 11:00 am-5 pm Idaho City Hot Springs* 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof

2-5 pm Intro to Pinochle

Treats by Heatherwood Senior Living 10:30-11:45 am Tech Lecture: Using Instagram 11:00 am-12:00 pm Book Club*

11 am Music: Kathy McFadden & Friends

1-4 pm Mexican Train 1-4 pm Bridge

1-4 pm Bridge

10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet

LUNCH WILL BE SERVED AT 12 PM

CLOSING AT 2 PM FOR CHRISTMAS EVE CLOSED FOR CHRISTMAS

CLOSED

Treats by Idaho Home Health & Hospice 10:30-11:45 am Tech Lecture: Selling Online

1-4 pm Mexican Train 1-4 pm Bridge

10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof

10:30-11:30 am Longevity Stick

12:15 pm NFL Pick'Em with Don 1-2 pm Fit and Fall Proof

11 am-12:30 pm Blood Pressure Clinic

1-4 pm Euchre 1-4 pm Mahjong

10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet

11:45 am New Years Eve Lunch Countdown 12:15 pm NFL Pick'Em with Don

> **CLOSING AT 2 PM FOR NEW YEAR'S EVE**



Join us for a Christmas Meal Wednesday, December 17, 12 p.m.

Note: Regular lunch rates apply.

Dick Eardley Senior Center Newsletter

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