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RECOMMENDED FIRST AID KIT CONTENTS

Content Description	Quantity
Multipurpose scissors	1
Tweezers	1
Disposable gloves (large or extra-large)	4 pairs
Safety glasses or goggles	1
Bandage strips	20
Medical tape	1 roll
Sterile eye pads	2
Sterile gauze pads (4"x4")	6
Sterile trauma pads (5"x9")	2
Sterile trauma pads (8"x10")	1
Roll of gauze (2" wide)	2 rolls
Roll of gauze (4.5" wide)	2 rolls
Elastic roller bandage 4" wide	1 roll
Elastic roller bandage 6" wide	1 roll
Sealed moist antibiotic towelettes (hand wipes)	12
Emergency Mylar blanket	1
CPR mask or face shield	1
Triangular bandages	2
Disposable instant-activating cold packs	2
Biohazard waste bag (3.5 gallon capacity)	2
Emergency eye wash bottle (4oz or larger)	1
List of important local emergency telephone numbers, including police, fire department, EMS, and poison center.	1
Optional recommended supplies:	
Flashlight with extra batteries	1
Resealable plastic quart size bags (for ice, storage, etc.)	2
<p>Note: Individual work groups may need to customize the contents of the first aid kit to be prepared for emergencies that may be specific to their work activities. For assistance with customization contact Risk & Safety Services.</p>	