

 [Facebook.com/BPRAdVentureProgram](https://www.facebook.com/BPRAdVentureProgram)

[cityofboise.org/adaptive-recreation](https://www.cityofboise.org/adaptive-recreation)



ADVENTURE SURVEY

Help us improve the AdVenture Program by filling out our very short survey at: [surveymonkey.com/r/adventure_feedback](https://www.surveymonkey.com/r/adventure_feedback)

Don't have internet access? Call us at 208-608-7681 to fill out the survey over the phone with Sonya.



PLAN YOUR ENTIRE SUMMER!

This Newsletter highlights the available Adaptive Recreation programs held in July and August. View the Boise Parks and Recreation Summer 2022 Activity Guide for a full list of our summer program offerings. Visit www.cityofboise.org/Adaptive-Recreation to view the Activity Guide or call 208-608-7680 to learn more. Advanced registration is required for all activities, please call 208-608-7680 or visit [cityofboise.org](https://www.cityofboise.org) to enroll (scholarships cannot be applied to online registrations). We hope to see you this summer!

SAVE THE DATE FOR FALL REGISTRATION!

Monday, August 15 for Boise City Residents

Wednesday, August 17 for Non-Residents

The Fall Activity Guide will be posted online at [cityofboise.org/Adaptive-Recreation](https://www.cityofboise.org/Adaptive-Recreation) approximately one week before registration opens.



DANCE ABILITY

Explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance. This program is for participants age 12 and older.

Location: Fort Boise Community Center

Date (Wednesdays):	Time:	Cost:	Activity #:
July 13-Aug 24	3-4 p.m.	\$33.20	400538-03
	4-5 p.m.		400538-04



DINE & DECORATE

Get creative with AdVenture! We will eat takeout and then create a themed arts and crafts project.

Location: Dick Eardley Senior Center

Date (Tuesdays):	Time:	Cost:	Activity #:
June 28: 4th of July	5:30-8 p.m.	\$31	400545-02
July 19: Painting			400545-03
August 9: Tie Dye			400545-04



CERAMICA AND LUNCH

Get creative painting a piece of pottery from Ceramica and then eat takeout lunch. We will stay at the Senior Center for this activity. This activity is for participants age 16 and older.

Location: Dick Eardley Senior Center

Date (Saturday):	Time:	Cost:	Activity #:
August 6	10 a.m.-12:30 p.m.	\$31	400744-03

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Don't have internet access? Call us at 208-608-7681 to fill out the survey over the phone with Sonya.





NEW! **EVENING IN THE PARK**

Join us for a leisurely walk exploring a park followed by a picnic dinner. The dinner provided will be pre-made sandwiches, chips, fruit and cookies. Meet at Fort Boise Community Center and then we will drive to a different park each night. This program is for participants age 16 and older.

Location: Fort Boise Community Center

Date (Mondays):	Time:	Cost:	Activity #:
Aug 15: Kristin Armstrong Park	5:30-8 p.m.	\$21	400202-04
Aug 22: Ann Morrison Park			400202-05

LADIES' NIGHT

Ladies, we have a fun pizza and movie night planned just for the gals! This activity is for participants ages 18 and up.

Location: Dick Eardley Senior Center

Date (Tuesday):	Time:	Cost:	Activity #:
Aug 2	5:30-8:30 p.m.	\$21	400228-01

DINNER AND A MOVIE

Enjoy dinner and a movie at these fun, social evenings! We will have takeout dinner and watch a movie at the Community Center. During dinner, we will decide as a group which movie (rated G to PG-13) to watch. This activity is for participants age 18 and older.

Location: Dick Eardley Senior Center

Date (Fridays):	Time:	Cost:	Activity #:
July 8: Idaho Pizza Co*	5:30-8:30 p.m.	\$23.50	400203-03
July 15: Jimmy Johns*			400203-04
July 22: Panda Express*			400203-05
Aug 5: Qdoba*			400203-06
Aug 12: Idaho Pizza Co*			400203-07
Aug 26: Panda Express*			400203-08

**Food takeout location subject to change.*

ADAPTIVE ICE SKATING

This program is designed to give individuals with disabilities the opportunity to develop their ice skating skills. Students will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Various days and times available. Call 208-608-7718 to learn more and to register.

OH NO, THE ACTIVITY IS FULL!

The AdVenture Program offers a large variety of programs year-round, and registration for summer activities began in April. Due to this, the following summer activities are full. However, if you are interested in these programs, please call 208-608-7680 to be added to the waiting list (at no charge). If a spot opens, we will call you and you can decide if you want to enroll. We do our best to accommodate those who are on the waiting list. View the activity descriptions and dates for these programs in the Boise Parks and Recreation Activity Guide available at cityofboise.org/Adaptive-Recreation or pick up a copy at Fort Boise Community Center.

AdVenture Programs in July & August that are full:

- Adaptive Art
- Adaptive Bike Rides
- Adaptive Bike Ride & Picnic
- Adaptive Fitness Classes
- Adaptive Swimming Lessons
- Baseball Game & Dinner
- Botanical Garden Tour & Lunch
- Games & Dinner in the Park
- Guys Night
- Mini Golf & Dinner
- Music Night & Dinner
- Social Clubs (Wednesday, Thursday and Friday)

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Friday Social Club 6:30-9 p.m. DESC	2
3	4 Independence Day No Programs	5 Adaptive Art 5-6 p.m. FBCC	6 Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	7 Thursday Social Club 6-8:30 p.m. DESC	8 Dinner & Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	9
10 Goalball FULL	11 Adaptive Art 4:30-5:30 p.m. FBCC	12 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Art 5-6 p.m. FBCC Guys Night 5:30-8:30 p.m. DESC Adaptive Swimming Lessons 5:30-6:15 p.m. Borah Pool Wheelchair Basketball 6-8 p.m. FBCC	13 Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC Dutch Oven Class FULL Wednesday Social Club 6-8:30 p.m. MNCC	14 Adaptive Swimming Lessons 5:30-6:15 p.m. Borah Pool Wheelchair Rugby 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. DESC	15 Dinner & Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	16 Games & Dinner at Park 5:30-8 p.m. KAMP
17	18 Adaptive Art 4:30-5:30 p.m. FBCC	19 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Art 5-6 p.m. FBCC Adaptive Swimming Lessons 5:30-6:15 p.m. Borah Pool Dine & Decorate-Painting 5:30-8 p.m. DESC Wheelchair Basketball 6-8 p.m. FBCC	20 Adaptive Bike Ride 9-10:30 a.m. KAMP Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	21 Baseball Game & Dinner 5:30-9:30 p.m. DESC Adaptive Swimming Lessons 5:30-6:15 p.m. Borah Pool Wheelchair Rugby 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. DESC	22 Dinner & Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	23 Ceramics & Lunch 10 a.m.-12:30 p.m. DESC
24 / 31	25 Adaptive Art 4:30-5:30 p.m. FBCC	26 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Art 5-6 p.m. FBCC Music Night & Dinner 5:30-8 p.m. DESC Wheelchair Basketball 6-8 p.m. FBCC	27 Adaptive Bike Ride 9-10:30 a.m. KAMP Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	28 Wheelchair Rugby 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. DESC	29 Zoo & Dinner 3-6 p.m. ZOO Friday Social Club 6:30-9 p.m. DESC	30

ABBREVIATION KEY & ADDRESSES

KALB – Kathryn Albertson Park, 1001 S. Americana Blvd.
 DESC – Dick Eardley Senior Center, 690 Robbins Rd.
 FBCC – Fort Boise Community Center, 700 Robbins Rd.
 JDP – Julia Davis Park, 355 Julia Davis Dr
 KAMP – Kristin Armstrong Municipal Park, 500 S. Walnut St.
 MNCC – Morley Nelson Community Center, 7701 W. Northview St.
 WCC – Whitney Community Center, 1609 S. Owyhee St.
 ZOO – Zoo Boise, 355 Julia Davis Dr.

ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz
 208-608-7680
 TDD/TTY 800-377-3529

AdVentureProgram@cityofboise.org
Cityofboise.org/adaptive-recreation

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at cityofboise.org/adaptive-recreation



PARKS AND RECREATION

AUGUST 2022

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>Adaptive Art 4:30-5:30 p.m. FBCC</p>	<p>2</p> <p>Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Ladies Night 5:30-8:30 p.m. DESC</p> <p>Wheelchair Basketball 6-8 p.m. FBCC</p>	<p>3</p> <p>Adaptive Bike Ride 9-10:30 a.m. KAMP</p> <p>Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>4</p> <p>First Thursday & Dinner 5:30-8:30 p.m. JDP</p> <p>Wheelchair Rugby 6-8:30 p.m. FBCC</p> <p>Thursday Social Club 6-8:30 p.m. DESC</p>	<p>5</p> <p>Dinner & Movie 5:30-8:30 p.m. DESC</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>6</p> <p>Ceramica & Lunch 10 a.m.- 12:30 p.m. DESC</p>
7	<p>8</p> <p>Adaptive Art 4:30-5:30 p.m. FBCC</p>	<p>9</p> <p>Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Dine & Decorate 5:30-8 p.m. DESC</p> <p>Wheelchair Basketball 6-8 p.m. FBCC</p>	<p>10</p> <p>Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>11</p> <p>Zoo & Dinner 3-6 p.m. ZOO</p> <p>Wheelchair Rugby 6-8:30 p.m. FBCC</p> <p>Thursday Social Club 6-8:30 p.m. DESC</p>	<p>12</p> <p>Botanical Garden Tour & Lunch 10 a.m.-1:30 p.m. FBCC</p> <p>Dinner & Movie 5:30-8:30 p.m. DESC</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>13</p>
14	<p>15</p> <p>Fall Registration Opens For Boise City Residents</p> <p>Adaptive Art 4:30-5:30 p.m. FBCC</p> <p>Evening in the Park 5:30-8 p.m. FBCC</p>	<p>16</p> <p>Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Music Night & Dinner 5:30-8 p.m. DESC</p> <p>Wheelchair Basketball 6-8 p.m. FBCC</p>	<p>17</p> <p>Fall Registration Opens For Everyone</p> <p>Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>18</p> <p>Wheelchair Rugby 6-8:30 p.m. FBCC</p> <p>Thursday Social Club 6-8:30 p.m. DESC</p>	<p>19</p> <p>Mini Golf & Dinner 5:30-9 p.m. DESC</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>20</p> <p>Adaptive Bike Ride & Picnic 9-11:30 a.m. KAMP</p>
21	<p>22</p> <p>Adaptive Art 4:30-5:30 p.m. FBCC</p> <p>Evening in the Park 5:30-8 p.m. FBCC</p>	<p>23</p> <p>Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Wheelchair Basketball 6-8 p.m. FBCC</p>	<p>24</p> <p>Adaptive Bike Ride 6-7:30 p.m. KAMP</p> <p>Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>25</p> <p>Wheelchair Rugby 6-8:30 p.m. FBCC</p> <p>Thursday Social Club 6-8:30 p.m. DESC</p>	<p>26</p> <p>Dinner & Movie 5:30-8:30 p.m. DESC</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>27</p> <p>Games & Dinner at Park 5:30-8 p.m. KAMP</p>
28	<p>29</p>	<p>30</p> <p>Baseball Game & Dinner 5:30-9:30 p.m. DESC</p>	<p>31</p> <p>Adaptive Bike Ride 6-7:30 p.m. KAMP</p>			

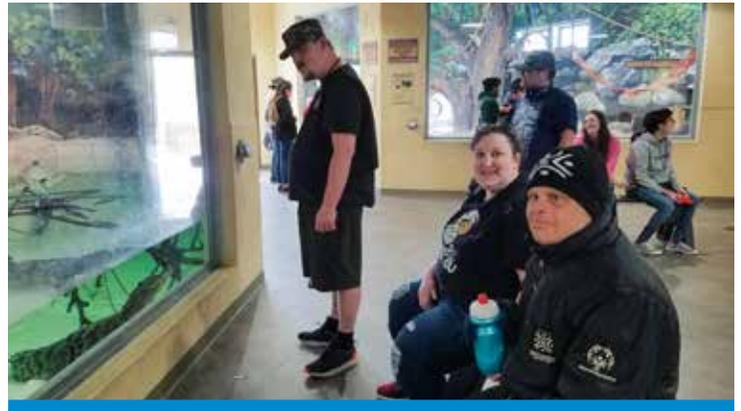


VOLUNTEER SPOTLIGHT

MAY & JUNE

Thank you for volunteering with the AdVenture Program!

Alexia Flores	Joy Sigurdson
Ally Mauck	Julia Zickefoose
Andrea Palmer	Kari Sandstrom
Angelo Quilici	Karyn Wright
Avery Simpson	Katie Bertram
Brooklyn Smith	Kelly Goulet
Cody Smith	Kerry Heslop
Crystal Castro	Leanne Thurston
Danielle Janes	Lilia Coleman
Daron Heslop	Logan Fettic
Deb Alu	Madison Pardy
Devin Davis	Maren Hollister
Drew Martin	Patrick Monahan
Greg Salazar	Paul Consalvo
Hailey Graves	Randy Geile
Ian D'Souza	Ryder Bordner
Ian George	Spencer Heslop
Jack Dennis	Steve Doud
Jamison Ray	Steven Lacombe
Jeff Jack	Taylor Devereux
Jeff Sparks	Trevor Cole
Jim and Mary Slater	Victoria Williams
Josh Reynolds	Viviana Ochoa



ZOO AND DINNER

Check out the cool animals at Zoo Boise! After our trip to the Zoo, we will socialize over dinner in the park. This activity is for participants age 16 and older and will be held outdoors. Participants must be able to stay with the group.

Location: Julia Davis Park

Date:	Time:	Cost:	Activity #:
Friday, July 29	3-6 p.m.	\$26.50	400757-02
Thursday, Aug 11			400757-03



FIRST THURSDAY AND DINNER

Enjoy First Thursday with AdVenture. We will eat takeout dinner in the park, explore a museum, walk around town and grab some dessert! Please note that all AdVenture programs are alcohol free. This activity will meet across the parking lot from the front entrance of the Zoo at the Agriculture Pavilion. This program is for participants age 18 and older.

Location: Julia Davis Park

Date (Thursday):	Time:	Cost:	Activity #:
Aug 4	5:30-8:30 p.m.	\$28.50	400726-02



CUSTOMIZED ACTIVITIES FOR GROUPS

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific need and goals. For more information, please contact Emily at 208-608-7687.

Activities Can Include:

- Pottery and Art Classes on Fridays (Access to the Arts)
- Adaptive Yoga
- Outdoor Adventures (Hiking, Disc Golf, Bike Fair, etc.)
- And more!

BOISE PARKS AND RECREATION AdVenture SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter and the Boise Parks and Recreation Activity Guide. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends/family.



WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. This program is for individuals age 18 and older however teens may enroll if accompanied by an adult. Participants can enroll after the session has started at a pro-rated fee or pay a \$5 drop-in/day.

Location: Fort Boise Community Center

Date:	Time	Cost	Activity #
Thursdays, June 2-Aug 25*	6-8:30 p.m.	\$45.28	400706-03

*No practice July 7



WHEELCHAIR BASKETBALL

Come play wheelchair basketball. The first hour is designed for beginning and intermediate players and the second hour will be more competitive. You do not have to have a disability to play, wheelchairs are provided. Youth under 18 are welcome but must be accompanied by an adult. Participants can enroll after the session has started at a pro-rated fee or pay a \$5 drop-in/day.

Location: Fort Boise Community Center

Date:	Time:	Cost:	Activity #:
Tuesdays, May 31-Aug 23*	6-8 p.m.	\$38.92	400708-01

*No practice July 5



WILDERNESS WITHIN REACH FLY-IN FOR VETERANS

This rare and cool opportunity is for Veterans who have a physical disability that affects their mobility (those who use a wheelchair, walker, AFO braces, prosthetics etc.) and one friend/family member. We will fly in small aircrafts into the Frank Church Wilderness and spend two nights relaxing and exploring at the remote Flying B Ranch. Our cabins are very accommodating but are not completely ADA accessible and the small planes cannot accommodate power wheelchairs (please call 208-608-7681 for specifics). Many thanks to the Flying B Ranch, the Idaho Aviation Foundation and the pilots for making this unique experience possible. At the request of the pilots, priority is given to Veterans with physical disabilities who have not previously gone on a Wilderness Within Reach Fly-In trip. Each individual needs to enroll and pay the trip fee. Register early by calling 208-608-7681; this fun trip fills up fast!

Location: Meet at Jackson Jet Center

Date and Time:	Cost:	Activity #:
7:30 a.m. Tues, Sept 6 to mid-day Thurs, Sept 8	\$47	400742-01



CITY of BOISE
PARKS AND RECREATION
DEPARTMENT
P.O. Box 500 | Boise, Idaho 83701-0500

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MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

**DON'T WAIT,
REGISTER NOW!
CALL: 208-608-7680**

In order to provide the best possible service to our participants, we require advance registration for all of our programs. To sign up for any of the programs you see in this newsletter please come in or call Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at cityofboise.org/adaptive-recreation. Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

FINANCIAL SCHOLARSHIPS AVAILABLE

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail activities@cityofboise.org.

TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center or park where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Valley Regional Transit has a variety of transportation resources including Access Bus, SCRIP Taxi vouchers and bus service. Call 208-345-7433 or visit valleyregionaltransit.org to learn more.

