



AdVenture is happy to announce our fall programs!

This Newsletter highlights the classes and activities in September and October, but you can also register for the entire fall (September-December) at this time. View the entire list of fall programs in the Fall Activity Guide at cityofboise.org/Adaptive-Recreation. Many of our programs welcome people under the specified age range, however, an adult may need to sign up with them.

Please call 208-608-7680 to learn more.

FALL REGISTRATION BEGINS

Monday, August 15 for Boise City Residents

Wednesday, August 17 for Non-Residents

Advanced registration is required for all activities, to learn more or to enroll, please call 208-608-7680 or visit cityofboise.org/parks (please note, scholarships cannot be applied to online registrations).

We hope to see you soon!

Financial Assistance

Boise Parks and Recreation offers financial scholarships to qualified youth, seniors and adults with disabilities. To find out if you qualify to receive a scholarship, which will help pay for a class or activity, apply in advance at Fort Boise Community Center. Anyone wishing to use a scholarship to help pay for classes will need to apply for the new year (September 2022-August 2023), please submit your application before you register for activities. Applications may take two weeks to process. Applications can be found at cityofboise.org/Adaptive-Recreation or call 208-608-7680 to learn more.

Donations Welcome

We rely on donations so that we can offer scholarships to adults with disabilities who have financial difficulties. Please send tax-deductible donations to the AdVenture Heritage Fund, Boise Parks and Recreation, 700 Robbins Road, Boise, Idaho 83702. Thank you, your support is greatly appreciated!

ADAPTIVE YOGA CLASS

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. This class is designed for individuals who have disabilities, and our instructor is great at adapting the yoga poses for people of all abilities. This program is for participants age 15 and older.

Location: Dick Eardley Senior Center

Date (Mondays):	Time:	Cost:	Activity #:
Sept 19-Oct 24	5:30-6:30 p.m.	\$41.50	100753-01
Oct 31-Dec 12*			100753-02

*No class November 21.

ADAPTIVE ART CLASS

This is the perfect class for participants with disabilities who want to explore several different forms of art ranging from pottery, drawing, painting and much more! The fee includes instruction and supplies. This program is for participants of all skill levels age 15 and older.

Location: Fort Boise Community Center

Date:	Time:	Cost:	Activity #:
Mondays, Sept 19-Oct 24	4:15-5:15 p.m.	\$43	100539-01
Tuesdays, Sept 20-Oct 25	5-6 p.m.		100539-02
Saturdays, Sept 24-Oct 29	10-11 a.m.		100539-03
Mondays, Oct 31-Dec 12*	4:15-5:15 p.m.		100539-04
Tuesdays, Nov 1-Dec 13*	5-6 p.m.		100539-05
Saturdays, Nov 5-Dec 17*	10-11 a.m.		100539-06

*No class November 21, 22 and 26.



SOCIAL CLUBS

These clubs are ideal social opportunities for adults with disabilities. Activities may include games, field trips, pizza and a movie and more! Members of the club will have the opportunity to work on money management and may need to bring \$2-\$7 for each day to cover activity costs. Prior to the start of the club, a detailed schedule and fee break down will be available. Register early, these clubs fill up fast!

TUESDAY SOCIAL CLUB (AGES 18+)

Location: Dick Eardley Senior Center

Date (Tuesdays):	Time:	Cost:	Activity #:
Sept 6-Oct 18	6-8:30 p.m.	\$80.50	100330-01
Oct 25-Dec 13*			100330-02

*No club November 22.

WEDNESDAY SOCIAL CLUB (AGES 18+)

Location: Morley Nelson Community Center

Date (Wednesdays):	Time:	Cost:	Activity #:
Sept 7-Oct 19	6-8:30 p.m.	\$80.50	100320-01
Oct 26-Dec 14*			100320-02

*No club November 23.

THURSDAY SOCIAL CLUB (AGES 18+)

Location: Whitney Community Center

Date (Thursdays):	Time:	Cost:	Activity #:
Sept 8-Oct 20	6-8:30 p.m.	\$80.50	100300-01
Oct 27-Dec 15*			100300-02

*No club November 24.

FRIDAY SOCIAL CLUB (AGES 18-32)

Location: Dick Eardley Senior Center

Date (Fridays):	Time:	Cost:	Activity #:
Sept 9-Oct 21	6:30-9 p.m.	\$80.50	100310-01
Oct 28-Dec 16*		\$69.15	100310-02

*No club November 11 and 25.

DANCE ABILITY

Explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance. This program is for participants age 12 and older.

Location: Fort Boise Community Center

Date (Wednesdays):	Time:	Cost:	Activity #:
Sept 21-Oct 26	3-4 p.m.	\$29.50	100538-01
Sept 21-Oct 26	4-5 p.m.		100538-02
Nov 2-Dec 14*	3-4 p.m.		100538-03
Nov 2-Dec 14*	4-5 p.m.		100538-04

*No class November 23.

ADAPTIVE FITNESS

This is a great opportunity to get fit in a supportive and fun environment. We will work on stretching, band workouts and aerobic activity. Classes are structured for different levels of ability. The 4 p.m. class will focus on more advanced techniques and students must be able to follow two-step directions. This activity is for participants age 15 and older.

Location: Fort Boise Community Center

Date (Tues and Thurs):	Time:	Cost:	Activity #:
Sept 20-Oct 27	3-4 p.m.	\$45	100728-01
Sept 20-Oct 27	4-5 p.m.		100728-02
Nov 1-Dec 15*	3-4 p.m.		100728-03
Nov 1-Dec 15*	4-5 p.m.		100728-04

*No class November 22 and 24.

ADAPTIVE MUSIC CLASS

Learn about music in this fun, hands on class! Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This class is designed for individuals who have disabilities age 12 and older and no music experience is needed.

Location: Dick Eardley Senior Center

Date (Thursdays):	Time:	Cost:	Activity #:
Sept 22-Oct 27	4:30-5:30 p.m.	\$29.50	100764-01
Sept 22-Oct 27	5:45-6:45 p.m.		100764-02
Nov 3-Dec 15*	4:30-5:30 p.m.		100764-03
Nov 3-Dec 15*	5:45-6:45 p.m.		100764-04

*No class November 24.

BIRDS OF PREY TRIP

Learn about the local birds of prey and if the weather allows, watch the flight show at the World Center for Birds of Prey. Before checking out the birds we will socialize over takeout lunch at the Community Center.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Activity #:
Friday, Sept 23	12-5 p.m.	\$33.50	100530-01

CERAMICA AND LUNCH

Get creative painting a piece of pottery from Ceramica and then eat takeout lunch at the Community Center. This activity is for participants age 16 and older.

Location: Dick Eardley Senior Center

Date (Saturdays):	Time:	Cost:	Activity #:
Sept 24	10 a.m.-12:30 p.m.	\$32	100744-01
Nov 12	10 a.m.-12:30 p.m.		100744-02
Dec 3	10 a.m.-12:30 p.m.		100744-03

CORN MAZE ADVENTURE

Navigate your way through an elaborate maze cut through a local corn field. Before taking a journey through the corn maze we will eat takeout at the Senior Center. Participants must be able to stay with the group or attend with someone to assist who also enrolls.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Activity #:
Friday, Oct 14	5-9 p.m.	\$35	100515-01
Saturday, Oct 15	11 a.m.-3 p.m.		100515-02

DANCING AND DESSERT

Join AdVenture at two separate Arc Inc. dances. In October, dress up in your best costume for the Halloween Dance and in December, celebrate the holiday season at the Holiday Ball. Before the dance we will go out for dessert.

Location: Fort Boise Community Center

Date (Fridays):	Time:	Cost:	Activity #:
Oct 28	5:30-9:30 p.m.	\$20	100710-01
Dec 9	5:30-9:30 p.m.		100710-02

DINE AND DECORATE

Get creative with AdVenture! We will eat dinner at the Community Center and then create an arts and crafts project; see the variety of themes below. This activity is for participants age 16 and older.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Theme	Activity #:
Wednesday, Oct 26	5:30-8 p.m.	\$32	Halloween Décor	100545-01
Wednesday, Nov 9	5:30-8 p.m.		Harvest Décor	100545-02
Monday, Dec 12	5:30-8 p.m.		Gingerbread Houses	100545-03
Saturday, Dec 17	10 a.m.-12:30 p.m.		Winter Painting	100545-04

CUSTOMIZED GROUP ACTIVITIES

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific need and goals.

Activities Can Include:

- Pottery and Art Classes on Fridays (Access to the Arts)
- Adaptive Yoga
- Outdoor Adventures (Hiking, Disc Golf, Bike Fair, etc.)
- And more!

For more information, please contact Emily at 208-608-7687.

ADAPTIVE CYCLING WITH ADVENTURE

Join us for a group bike ride along the Greenbelt. Bring your own bike or use one of our adaptive handcycles, adult trikes, recumbent trikes, or tandem trikes (bike reservations are on a first-come first-served basis, call 208-608-7680 to learn more about our bike options and to reserve your cycle). These bike rides are designed as supervised group rides and are not bike riding lessons however, proper trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist. These rides are for participants age 16 and older unless accompanied by an adult.

ADAPTIVE BIKE FITTING

Not sure what adaptive cycle will work for you during an AdVenture program group ride? Schedule an adaptive bike fitting with one of our Adaptive Recreation staff. During this 30-45 minute session, we can show you a variety of adaptive cycles that are part of our fleet. View information and photos of our fleet online at cityofboise.org/Adaptive-Recreation. Please note, we do not sell bikes, this is for educational purposes only. Bike fittings cost \$5 per person and must be scheduled in advance by calling 208-608-7681 (schedule is limited). You can also attend our free adaptive bike fair that is held annually in May.

ADAPTIVE BIKE RIDE:

Join us for a group bike ride along the Greenbelt.

Location: Kristin Armstrong Municipal Park

Date (Wednesdays):	Time:	Cost:	Activity #:
Sept 7	5:30-7 p.m.	\$7	100737-01
Sept 14	5:30-7 p.m.		100737-02
Sept 21	5:30-7 p.m.		100737-03
Sept 28	5:30-7 p.m.		100737-04
Oct 5	5-6:30 p.m.		100737-05
Oct 12	5-6:30 p.m.		100737-06
Oct 19	5-6:30 p.m.		100737-07

ADAPTIVE BIKE RIDE AND PICNIC

Join us for a group bike ride along the Greenbelt followed by a prepackaged picnic lunch.

Location: Kristin Armstrong Municipal Park

Date (Saturdays):	Time:	Cost:	Activity #:
Sept 10	9:30 a.m.-12 p.m.	\$18	100738-01
Oct 1	9:30 a.m.-12 p.m.		100738-02



SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	2
4	5 Labor Day Holiday	6 Wilderness Fly-In 7:30 a.m. Jackson Jet Ctr. Tuesday Social Club 6-8:30 p.m. DESC	7 Wilderness Fly-In Adaptive Bike Ride 5:30-7 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC	8 Wilderness Fly-In Thursday Social Club 6-8:30 p.m. WCC	9 Old Pen Tour & Lunch 11:30 a.m.-2:30 p.m. FBCC Mini Golf & Dinner 5:30-9 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	10 Bike Ride & Picnic 9:30 a.m.-12 p.m. KAMP Wheelchair Rugby 1:15-3:45 p.m. FBCC Wheelchair Basketball-Skills & Drills 4:15-5:15 p.m. FBCC Wheelchair Basketball 5:30-7:30 p.m. FBCC
11	12 Evening in the Park 5:30-8 p.m. FBCC	13 Tuesday Social Club 6-8:30 p.m. DESC	14 Adaptive Bike Ride 5:30-7 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC	15 Thursday Social Club 6-8:30 p.m. WCC	16 Dinner & Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	17 Wheelchair Rugby 1:15-3:45 p.m. FBCC Wheelchair Basketball-Skills & Drills 4:15- 5:15 p.m. FBCC Wheelchair Basketball 5:30-7:30 p.m. FBCC Games & Dinner at the Park 5-7:30 p.m. KAMP
18	19 Adaptive Art 4:15-5:15 p.m. FBCC Adaptive Yoga 5:30-6:30 p.m. DESC	20 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Art 5-6 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	21 Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Bike Ride 5:30-7 p.m. KAMP Wednesday Social Club 6-8:30 p.m. DESC	22 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	23 Birds of Prey Trip 12-5 p.m. DESC Dinner & Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	24 Adaptive Art 10-11 a.m. FBCC Ceramica & Lunch 10 a.m.-12:30 p.m. DESC Wheelchair Rugby 1:15-3:45 p.m. FBCC Wheelchair Basketball-Skills & Drills 4:15- 5:15 p.m. FBCC Wheelchair Basketball 5:30-7:30 p.m. FBCC
25	26 Adaptive Art 4:15-5:15 p.m. FBCC Adaptive Yoga 5:30-6:30 p.m. DESC Evening in the Park 5:30-8 p.m. FBCC	27 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Art 5-6 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	28 Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Bike Ride 5:30-7 p.m. KAMP Wednesday Social Club 6-8:30 p.m. DESC	29 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	30 Idaho Museum & Lunch 10 a.m.-1 p.m. JDP Mini Golf & Dinner 5:30-9 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	

ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz
208-608-7680
TDD/TTY 800-377-3529

AdVentureProgram@cityofboise.org
Cityofboise.org/adaptive-recreation

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at cityofboise.org/adaptive-recreation

ABBREVIATION KEY & ADDRESSES

DESC – Dick Eardley Senior Center, 690 Robbins Rd.
FBCC – Fort Boise Community Center, 700 Robbins Rd.
JDP – Julia Davis Park, 355 Julia Davis Dr
KAMP – Kristin Armstrong Municipal Park, 500 S. Walnut St.
MNCC – Morley Nelson Community Center, 7701 W. Northview St.
WCC – Whitney Community Center, 1609 S. Owyhee St.
ZOO – Zoo Boise, 355 Julia Davis Dr.



PARKS AND RECREATION

OCTOBER 2022

facebook.com/bpradventureprogram | cityofboise.org/adaptive-recreation

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1 Adaptive Art 10-11 a.m. FBCC</p> <p>Bike Ride & Picnic 9:30 a.m.- 12 p.m. KAMP</p> <p>Wheelchair Rugby 1:15-3:45 p.m. FBCC</p> <p>Wheelchair Basketball- Skills & Drills 4:15- 5:15 p.m. FBCC</p> <p>Wheelchair Basketball 5:30-7:30 p.m. FBCC</p>
2	<p>3 Adaptive Art 4:15-5:15 p.m. FBCC</p> <p>Adaptive Yoga 5:30-6:30 p.m. DESC</p> <p>Evening in the Park 5:30-8 p.m. FBCC</p>	<p>4 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Tuesday Social Club 6-8:30 p.m. DESC</p>	<p>5 Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Bike Ride 5-6:30 p.m. KAMP</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>6 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 pm DESC</p> <p>Thursday Social Club 6-8:30 p.m. WCC</p>	<p>7 Zoo & Dinner 3-6 p.m. ZOO</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>8 Adaptive Art 10-11 a.m. FBCC</p> <p>Foothills Hike & Lunch 10 a.m.-12:30 p.m. DESC</p> <p>Wheelchair Rugby 1:15-3:45 p.m. FBCC</p> <p>Wheelchair Basketball- Skills & Drills 4:15- 5:15 p.m. FBCC</p> <p>Wheelchair Basketball 5:30-7:30 p.m. FBCC</p>
9	<p>10 Adaptive Art 4:15-5:15 p.m. FBCC</p> <p>Adaptive Yoga 5:30-6:30 p.m. DESC</p> <p>Evening in the Park 5:30-8 p.m. FBCC</p>	<p>11 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Tuesday Social Club 6-8:30 p.m. DESC</p>	<p>12 Dance Ability 3-4 p.m. FBCC 4- 5 p.m. FBCC</p> <p>Adaptive Bike Ride 5-6:30 p.m. KAMP</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>13 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p>Thursday Social Club 6-8:30 p.m. WCC</p>	<p>14 Corn Maze Adventure 5-9 p.m. DESC</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>15 Adaptive Art 10-11 a.m. FBCC</p> <p>Corn Maze Adventure 11 a.m.-3 p.m. DESC</p> <p>Wheelchair Rugby 1:15-3:45 p.m. FBCC</p> <p>Wheelchair Basketball- Skills & Drills 4:15- 5:15 p.m. FBCC</p> <p>Wheelchair Basketball 5:30-7:30 p.m. FBCC</p>
16	<p>17 Adaptive Art 4:15-5:15 p.m. FBCC</p> <p>Adaptive Yoga 5:30-6:30 p.m. DESC</p>	<p>18 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Tuesday Social Club 6-8:30 p.m. DESC</p>	<p>19 Dance Ability 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Bike Ride 5-6:30 p.m. KAMP</p> <p>Wednesday Social Club 6-8:30 p.m. MNCC</p>	<p>20 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p>Thursday Social Club 6-8:30 p.m. WCC</p>	<p>21 Pottery, Lunch & Zoo 9 a.m.- 3 p.m. FBCC</p> <p>Dinner & Movie 5:30-8:30 p.m. DESC</p> <p>Friday Social Club 6:30-9 p.m. DESC</p>	<p>22 Adaptive Art 10-11 a.m. FBCC</p> <p>Pumpkin Carving & Lunch 10 a.m.-2 p.m. DESC</p> <p>Wheelchair Rugby 1:15-3:45 p.m. FBCC</p> <p>Wheelchair Basketball- Skills & Drills 4:15- 5:15 p.m. FBCC</p> <p>Wheelchair Basketball 5:30-7:30 p.m. FBCC</p>
23	<p>24 Adaptive Art 4:15-5:15 p.m. FBCC</p> <p>Adaptive Yoga 5:30-6:30 p.m. DESC</p>	<p>25 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Art 5-6 p.m. FBCC</p> <p>Tuesday Social Club (Session 2) 6-8:30 p.m. DESC</p>	<p>26 Dance Ability 3-4 p.m. FBCC 4 -5 p.m. FBCC</p> <p>Dine & Decorate 5:30-8 p.m. DESC</p> <p>Wednesday Social Club (Session 2) 6-8:30 p.m. MNCC</p>	<p>27 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC</p> <p>Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC</p> <p>Thursday Social Club (Session 2) 6-8:30 p.m. WCC</p>	<p>28 Dancing & Dessert 5:30-9:30 p.m. FBCC</p> <p>Dinner & Movie 5:30-8:30 p.m. DESC</p> <p>Friday Social Club (Session 2) 6:30-9 p.m. DESC</p>	<p>29 Adaptive Art 10-11 a.m. FBCC</p> <p>Wheelchair Rugby 1:15-3:45 p.m. FBCC</p> <p>Wheelchair Basketball- Skills & Drills 4:15- 5:15 p.m. FBCC</p> <p>Wheelchair Basketball 5:30-7:30 p.m. FBCC</p> <p>Halloween Party 5-7:30 p.m. DESC</p>
30	<p>31 Adaptive Art (Session 2) 4:15-5:15 p.m. FBCC</p> <p>Adaptive Yoga (Session 2) 5:30-6:30 p.m. DESC</p>					

DINNER AND A MOVIE

Enjoy dinner and a movie at these fun, social evenings! We will have takeout dinner and watch a movie at the Senior Center. During dinner we will decide which movie (rated G to PG-13) to watch. This activity is for participants age 18 and older. Please see the Activity Guide for additional fall dates.

Location: Dick Eardley Senior Center

Date (Fridays):	Time:	Cost:	Activity #:
Sept 16	5:30-8:30 p.m.	\$25	100203-01
Sept 23			100203-02
Oct 21			100203-03
Oct 28			100203-04
Nov 4			100203-05
Nov 18			100203-06
Dec 9			100203-07
Dec 16			100203-08

EVENING IN THE PARK

Join us for a leisurely walk exploring a park followed by a picnic dinner. The dinner provided will be pre-made sandwiches, chips, fruit and cookies. Meet at Fort Boise Community Center and then we will drive to a different park each night. This program is for participants age 16 and older.

Meeting Location: Fort Boise Community Center

Date (Mondays):	Park:	Time:	Cost:	Activity #:
Sept 12	Marianne Williams Park	5:30-8 p.m.	\$22	100202-01
Sept 26	Julia Davis Park			100202-02
Oct 3	Esther Simplot Park			100202-03
Oct 10	Kristin Armstrong Park			100202-04

FOOTHILLS HIKE & LUNCH

Go on a relaxed hike in the beautiful Boise Foothills and socialize over lunch. This activity is for participants ages 16 and older. Please wear sturdy hiking or athletic shoes, the foothills trails may be uneven.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Activity #:
Saturday, Oct 8	10 a.m.-12:30 p.m.	\$25	100620-01

GAMES & DINNER AT THE PARK

Try out the fun and relaxed sport of Bocce, Disc Golf and more at the park! We will also socialize over takeout dinner in the park. This program is for participants age 16 and older.

Location: Kristin Armstrong Municipal Park

Date:	Time:	Cost:	Activity #:
Saturday, Sept 17	5-7:30 p.m.	\$26	100716-01

HALLOWEEN PARTY

Celebrate Halloween by having a pizza dinner, tie-dyeing and carving a pumpkin. Fee includes: tie-dyeing, pizza dinner and a pumpkin for carving. Participants are welcome wear costumes! This activity is for participants age 16 and older.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Activity #:
Saturday, Oct 29	5-7:30 p.m.	\$29	100522-01

IDAHO STATE MUSEUM AND LUNCH

Explore the history of our great state at the Idaho State Museum and then eat takeout lunch together in the park. This activity is for participants ages 16 and older.

Location: Julia Davis Park

Date:	Time:	Cost:	Activity #:
Friday, Sept 30	10 a.m.-1 p.m.	\$34	100742-01

MINI GOLF AND DINNER

Join us for a fun evening socializing over takeout dinner at the Community Center and then head to play mini golf at Wahooz. This activity is for participants ages 16 and older.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Activity #:
Friday, Sept 9	5:30-9 p.m.	\$29	100720-01
Friday, Sept 30			100720-02

POTTERY LUNCH AND ZOO TRIP

Create a unique pottery piece, have takeout lunch and then take a trip to the Zoo. Participants must be able to stay with the group. This activity is for participants age 16 and older.

Location: Fort Boise Community Center

Date:	Time:	Cost:	Activity #:
Friday, Oct 21	9 a.m.-3 p.m.	\$33	100561-01

PUMPKIN CARVING AND LUNCH

Join us for a fall pumpkin day! We will pick out the perfect pumpkin, eat lunch and then get creative carving our pumpkins. This activity is for participants age 16 and older.

Location: Dick Eardley Senior Center

Date:	Time:	Cost:	Activity #:
Saturday, Oct 22	10 a.m.-2 p.m.	\$33.50	100525-01

OLD PENITENTIARY TOUR AND LUNCH

Join us for takeout lunch in the park and then go on a tour of the historic and fascinating Old Idaho Penitentiary. This activity is for participants age 18 and older.

Location: Fort Boise Community Center

Date:	Time:	Cost:	Activity #:
Friday, Sept 9	11:30-2:30 p.m.	\$29	100575-01

ZOO AND DINNER

Check out the cool animals at Zoo Boise! After our trip to the Zoo, we will socialize over dinner in the park. This activity will be held outdoors, and participants must be able to stay with the group. This activity is for participants ages 16 and older.

Location: Zoo Boise

Date:	Time:	Cost:	Activity #:
Friday, Oct 7	3-6 p.m.	\$27.50	100757-01

VOLUNTEER SPOTLIGHT SUMMER 2022

Thank you for volunteering with the AdVenture Program!

Andy Mehl
Hailey Shingler
James Debenham
Jeff Blood
Jeff Sparks
Joy Bartschi
Kari Sandstrom

Michael McCarthy
Randy Geile
Sonia Galaviz
Steve Doud
Dean Scholmer
Paul Consalvo

BOISE PARKS AND RECREATION AdVenture SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends and family.



WHEELCHAIR BASKETBALL – SKILLS AND DRILLS

Learn how to play wheelchair basketball. Beginners and experts ages eight and older are welcome at this wheelchair basketball skills development class. You do not have to have a disability to play, basketball wheelchairs are provided. Please register for the session, drop-in is not available.

Location: Fort Boise Community Center

Date (Saturdays):	Time:	Cost:	Activity #:
September 10-October 29	4:15-5:15 p.m.	\$27	100780-01
November 5-December 17*	4:15-5:15 p.m.	\$20.50	100780-02

*No class November 26.

ADAPTIVE CYCLING

AdVenture offers many adaptive bike rides and participants can use one of our adaptive cycles (handcycles, recumbent trikes, tandems etc.) or bring their own. Please see page 3 for dates or call 208-608-7680 to learn more.



WHEELCHAIR BASKETBALL

Come play pick-up wheelchair basketball. The first hour is designed for beginning and intermediate players and the second hour will be more competitive. You do not have to have a disability to play, wheelchairs are provided. Youth under 18 are welcome but must be accompanied by an adult.

Location: Fort Boise Community Center

Date (Saturdays):	Time:	Cost:	Activity #:
September 10-October 29	5:30-7:30 pm	\$27	100708-01
November 5-December 17*	5:30-7:30 pm	\$20.50	100708-02

WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. This program is for individuals age 18 and older, however teens may enroll if accompanied by an adult.

Location: Fort Boise Community Center

Date (Saturdays):	Time:	Cost:	Activity #:
September 10- October 29	1:15-3:45 p.m.	\$31.25	100706-01
November 5-December 17*		\$23.65	100706-02

*No Rugby November 26.



CITY of BOISE
PARKS AND RECREATION
DEPARTMENT
 P.O. Box 500 | Boise, Idaho 83701-0500
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MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

DON'T WAIT, REGISTER NOW! CALL: 208-608-7680

In order to provide the best possible service to our participants, we require advance registration for all of our programs. To sign up for any of the programs you see in this newsletter please come in or call Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at cityofboise.org/adaptive-recreation. Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!



WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

FINANCIAL SCHOLARSHIPS AVAILABLE

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail activities@cityofboise.org.

TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center or park where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Valley Regional Transit has a variety of transportation resources including Access Bus, SCRIP Taxi vouchers and bus service. Call 208-345-7433 or visit valleyregionaltransit.org.

ADVENTURE SURVEY

Help us improve the AdVenture Program by filling out our very short survey at:

[surveymonkey.com/r/adventure_feedback](https://www.surveymonkey.com/r/adventure_feedback)

Don't have internet access? Call us at 208-608-7681.