

Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-5pm Bridge 2-5pm Walk Your Socks Off	10:30-11:30am Longevity Stick 1-2pm Fit and Fall Proof 1-4pm Euchre 2-4pm Arts & Crafts Social	9-11:30am Teddy Bear Factory 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 1-3pm Acrylics Social Group 1-5pm Canasta	10-11am BINGO 10-11:30am Chat-n-Chew 11:30a-12:30pm Drumming Divas 1-5pm Bridge 1-5pm Hand & Foot 2-3pm Tai Chi & Qigong Int.* 3-4pm Tai Chi & Qigong Beg.* (Tai Chi classes 11/3 & 10)	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof



November, 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10am-3pm Swan Falls Dam* 10:30am-12pm Computer Essentials*	2 10:30am-12pm Computer Open Lab* 12-12:30pm Pop-Up Library	3 11:15am-12pm Adopt-A-Student*	4 12pm Senior Goldmine Visit 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off
7	8 Election Day 10:30am-12pm Computer Essentials* 11am-12pm Housing 101 11:30-12:30pm BSU Nursing Potluck	9 10:30am-12pm Computer Open Lab* 11am Welcome Tour & Lunch* 12pm Lunch & Learn: Mended Hearts	10 9am-12pm SHIBA Open Enrollment 10:30am-12pm Blood Pressure Clinic 11:45am Veterans Day Celebration 1-3:30pm Yanke Motor Museum*	11 CLOSED FOR VETERANS DAY 
14	15 9:45-10:15am Meditation* 10-11am Wake Up Tone Up!* 10:30am-12pm Computer Essentials* 10:30am-1:30pm Idaho Anne Frank Memorial*	16 10:30am-12pm Computer Open Lab* 4:30-7:30pm Highlands Hollow Brewery*	17 9:30am-3:30pm Idaho City Hot Springs* 11:15am-12pm Adopt-A-Student* 12pm Thanksgiving Meal	18 11am-12pm Food for Life: How Foods Fight Diabetes* 12pm Birthday Friday
21	22 Thrift Store & Craft Boutique Closed	23 Thrift Store & Craft Boutique Closed	24 CLOSED FOR THE THANKSGIVING HOLIDAY	25 CLOSED FOR THE THANKSGIVING HOLIDAY 
28 9am-4pm AARP Driver Safety Course* 11am-12pm Book Club*	29 10am-12pm BSU Nursing Presentation 11am-1pm Legal Counsel*	30		 Billiards Room* is open 9am-5pm Monday-Friday.

Dick Eardley Boise Senior Center
 690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm
 Thrift Store & Craft Boutique Hours: Tuesday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580.



PARKS AND RECREATION