Activity Guide

FALL 2023

REGISTER FOR CLASSES STARTING AT 7AM ON:
AUGUST 14
RESIDENTS
AUGUST 16
NON-RESIDENTS

SCHOLARSHIPS AVAILABLE: CITYOFBOISE.ORG/SCHOLARSHIPS
Activity Guide
FALL 2023

OUR MISSION STATEMENT
Parks and Recreation Department’s mission is to enhance Boise’s quality of life by working in partnership with the community to foster and support citizen well being and healthy community environments.

ACTIVITY GUIDE
The Activity Guide is published three times a year in December (Winter/Spring), in April (Summer) and in August (Fall) by Parks and Recreation Department, 1104 Royal Blvd., Boise, Idaho 83706, 208-608-7600, cityofboise.org/parks. Contents ©2023 Parks and Recreation Department, all rights reserved. Printed in Boise, Idaho.

FEES, CHARGES & CLASS TIME DISCLAIMER
Fees set in this activity guide are subject to approval by the Boise City Council. Fees are subject to change at any time by resolution of the council without additional notice except as required by Idaho Code. Prices include sales tax when applicable. In the event of an error, omission or misprint in this guide, please refer to the fees and charges that were approved by the Boise City Council. Class times are subject to change. Boise Parks and Recreation Department reserves the right to cancel activities due to lack of registration.

REFUND & CANCELLATION POLICY
Please see page 67 for the Refund and Cancellation Policy.

LEGALESE
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: 202-690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.
“Offering affordable, quality programming is at the heart of what we do here at Boise Parks and Recreation. We’re also committed to increasing recreation opportunities for kids and adults of all abilities — and that means making important improvements to our playgrounds, trails and other facilities with all users in mind. Thank you for your support as we create a city for everyone!”

—Doug Holloway, Director
ART – ADULT/CHILD

ART START
AGES 2.5-5 + ADULT Preschoolers will be introduced to all kinds of fun art projects using a variety of materials such as clay, paint, textiles, pastels and more.

ART DO-IT-TOGETHER
AGES 5-7 + ADULT Come have artistic fun with your child! Create one-of-a-kind clay sculptures, make a colorful batik project, draw with pastels and paint with watercolors.

CLAY CLASS FOR CREATIVE KIDS
AGES 2.5-5 + ADULT Have fun making plates, figures, vases and wall hangings. Students will decorate and glaze their one-of-a-kind clay creations.

HOLIDAY CRAFTS
AGES 2.5-5 + ADULT Use a variety of materials to create extra-special holiday crafts that your family will cherish for years to come.

STORIES THAT COME ALIVE
AGES 2.5-5 + ADULT Bring your child to the Art Center for fun activities that include art projects centered around special stories for children.

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**ART START**

**Tu 10-10:45AM**
- Sept 26-Oct 31

**Th 9-9:45AM**
- Sept 28-Nov 2

**ART DO-IT-TOGETHER**

**W 4:15-5:15PM**
- Sept 27-Nov 1

**CLAY CLASS FOR CREATIVE KIDS**

**Tu 9-9:45AM**
- Sept 26-Oct 31

**Tu 10-10:45AM**
- Nov 21-Dec 5

**Tu 11-11:45AM**
- Nov 21-Dec 5

**STORIES THAT COME ALIVE**

**Th 10-10:45AM**
- Sept 28-Nov 2

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**ALL MATERIALS ARE PROVIDED. FEES INCLUDE BOTH ADULT/GUARDIAN AND CHILD.**

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**Holiday Crafts**
**CAMPS**

**GEARLINGS MOUNTAIN BIKE CAMP – Beginner**

**AGES 4-5** Learn about bike basics, brakes, gears, how to communicate and explore the feel of riding on dirt trails. We will learn how to maneuver up and down hills using assistants with a TowWhee if needed. Participants must be able to ride a bike, no Strider style bikes allowed without pedals.

**PRESCHOOL OPEN GYM (DROP-IN PLAY)**

**AGES 5 & UNDER + ADULT** Preschoolers will love playing with balls, gym scooters and age-appropriate gym equipment in the Fort Boise Community Center gym.

**ENVIRONMENTAL EDUCATION**

**BOISE OUTDOOR PRESCHOOL – FLC & BUGS**

**AGES 3-5** Immerse your child in the outdoors (FLC) or garden (BUGS) environment. Preschoolers will explore the surrounding ecosystem, learn through a STEM-based curriculum and develop cognitive, motor, and emotional skills. We spend most of our class time outside, but have access to an indoor facility if needed. Program runs August 28, 2023-May 17, 2024. Registering for Outdoor Preschool will reserve your spot and commit your child to the program for the full school year. You will be billed monthly. Children must be bathroom independent and out of diapers. An email will be sent to parents with more information before the start date.

**EXPLORE NATURE – Adult/Child**

**AGES 3-6 + ADULT** Join your child for an exploration in nature! We will go on a short hike and participate in a craft, game or other activity at our outdoor facility. Children should dress for the weather and be accompanied by an adult. Fee includes child and adult.

**GROW TOGETHER GARDENING – Adult/Child**

**AGES 2-4 + ADULT** Spend a morning in our garden exploring the natural world with your little ones. Instructors will facilitate activities and garden tasks that will have you and your child working and learning together. Cost includes adult and child.

**LITTLE GARDENERS PRESCHOOL DROP-OFF**

**AGES 3-5** These 3-hour drop-off sessions focus on seasonal gardening and encourage exploration, creativity and healthy eating. Hands-on outdoor activities include garden activities, science experiments, story time, craft projects, bug catching and more.

**STORY TRAIL ADVENTURE – Adult/Child**

**AGES 3-6 + ADULT** We invite you and your preschooler to join us to walk our ¼ mile trail and read a story together. Afterwards each child can get creative with our story-related craft. Children should dress for the weather and be accompanied by an adult.

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**REGISTER FOR CLASSES STARTING AT 7AM:**

cityofboise.org/parks

**AUGUST 14** (Residents)

**AUGUST 16** (Non-residents)

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**Enrollment**

**AGE | CLASS | DAY | TIME | DATE | LOCATION | FEE | ACTIVITY#**

| 2-4 + Adult | GROW TOGETHER GARDENING – Adult/Child | Sa | 10-11:30AM | Sept 16 | BUGS | $7.25 | 124003-01
| 3.5-5 | BOISE OUTDOOR PRESCHOOL – FLC | Tu-Th | 9AM-12PM | Aug 29-Sept 21 | Foothills LC | $259 | 425060-01
| | | 1-4PM | | | | 425060-02
| 3.5-5 | BOISE OUTDOOR PRESCHOOL – BUGS | Tu-Th | 9AM-12PM | Aug 29-Sept 21 | BUGS | $259 | 424013-01
| 3.5-5 | LITTLE GARDENERS PRESCHOOL DROP-OFF | F | 9AM-12PM | Sept 1-22 | BUGS | $87 | 124001-01
| | | | Sept 29-Oct 20 | | | 124001-02
| 3-6 + Adult | EXPLORE NATURE – Adult/Child | Sa | 10-11:30AM | Sept 23 | Foothills LC | $7.25 | 125965-01
| 3-6 + Adult | STORY TRAIL ADVENTURE – Adult/Child | F | 12-30-2PM | Sept 8 | Foothills LC | $7.25 | 125010-01

*No class Sept 4
**GOLF**

**GOLF LESSONS**

AGES 4-6 Classes will cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level from beginner to advanced. Clubs will be provided for the students during class time.

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<tr>
<th>AGE</th>
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<th>LOCATION</th>
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<tr>
<td>4-6</td>
<td>GOLF LESSONS – Quail Hollow</td>
<td>Tu-Th</td>
<td>9:30-10:30AM</td>
<td>Sept 12-14</td>
<td>Quail Hollow</td>
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<td>Oct 10-12</td>
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<td>GOLF LESSONS – Warm Springs</td>
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<td>Sept 12-14</td>
<td>Warm Springs</td>
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**HOMESCHOOL ADVENTURES**

**HOMESCHOOL ZOO**

AGES 5-6 The Homeschool Zoo program series provides a unique learning experience for students schooled at home. The course consists of classroom discussion, laboratory activities, animal encounters and specialized zoo tours. Classes will align with Idaho State Science Standards and focus on topics and principles based on grade level. Themes will emphasize looking at animal groups and taxonomy, adaptations, habitats and ecology. Each individual household must register their child for the class. Kids only! Please bring a small snack for a 15-minute break during class.

**WATERSHED HOMESCHOOL DAYS**

6+ & ADULT Calling all homeschools! The WaterShed offers FREE programs catered to children. The event will take place outdoors at the Boise River, unless inclement weather. Pre-register thru the Eventbrite link found on our event calendar at boisewatershed.org.

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<tbody>
<tr>
<td>5-6</td>
<td>HOMESCHOOL ZOO – Biotic/Abiotic Factors</td>
<td>Tu</td>
<td>9-11AM</td>
<td>Sept 26</td>
<td>Zoo Boise</td>
<td>$14*</td>
<td>130550-01</td>
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<tr>
<td>5-6</td>
<td>HOMESCHOOL ZOO – Animal Necessities</td>
<td>W</td>
<td>9-11AM</td>
<td>Oct 4</td>
<td>Zoo Boise</td>
<td>$14*</td>
<td>130550-02</td>
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<tr>
<td>5-6</td>
<td>HOMESCHOOL ZOO – Enviro Problem Solvers</td>
<td>W</td>
<td>9-11AM</td>
<td>Nov 1</td>
<td>Zoo Boise</td>
<td>$14*</td>
<td>130550-03</td>
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<tr>
<td>6+ &amp; Adult</td>
<td>BOISE WATERSHED HOMESCHOOL DAY – Boise River Water Testing</td>
<td>Tu</td>
<td>1:30PM</td>
<td>Sept 12</td>
<td>Boise WaterShed</td>
<td>FREE</td>
<td>N/A</td>
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</table>
Experience the unique spaces that inspired American artist, James Castle, with a variety of in-person and online opportunities exploring Castle’s unique creative spaces, contemporary and historical exhibitions, along with talks and tours.

More at jamescastlehouse.org

Looking for a fun outdoor experience for your 3½ - 5 year old? Come tour the Foothills Learning Center (FLC) and Boise Urban Garden School (BUGS) to learn about our preschool programs.

SET UP A TOUR
FOOTHILLS | FLC-Parks@cityofboise.org | 208-608-7810
BUGS | BUGS@cityofboise.org | 208-972-8630

BACK TO SCHOOL with the Library!

Programs like School Age Fun, Read to a Therapy Dog, and Family Storytime

Homework help resources with worksheets, videos, and educational games

Books for school and for fun!

BoisePublicLibrary.org

IN THE KNOW
CITY OF BOISE

SIGN UP TODAY
Our weekly email features news, information about services, upcoming events, important meetings and ways you can get involved in making Boise a city for everyone.

cityofboise.org/in-the-know
ICE HOCKEY/ ICE SKATING

PROGRAMS

Hockey Learn to Play

An annual membership from USA HOCKEY is required for all participants. Go to USAHockey.com to purchase your annual USA HOCKEY Membership before enrolling.

Idaho IceWorld will provide hockey rental equipment for a one-time equipment rental fee of $35. This rental fee will be charged per child, one time for the duration of their participation in the Hockey Learn to Play program. This fee will be assessed at the time the equipment is picked up or assigned. Helmet and stick must be provided by skater.

The focus and goal of the Hockey Learn to Play curriculum is to teach beginner hockey players the fundamentals of skating. It is important for these developing players to become comfortable on the ice, learn the basic hockey stance, stride, knee bend, use of edges and how to hold a stick before moving into a 6U or 8U full hockey curriculum. Players need to be able to participate in class independently from adult. Scholarships are available.

HOCKEY LEARN TO PLAY 1 (H1)

AGES 4-7

Players will learn how to sit on ice and stand up, proper stance, march forward, forward two-foot glide, dip, squat, scooter pushes, T-push, forward swizzles, snowplow stop and backwards skating. Full equipment required. Helmet must be provided by skater. No sticks allowed.

HOCKEY LEARN TO PLAY 2 (H2)

Prerequisite: Hockey Learn to Play 1 (H1)

AGES 4-7

Players will learn backward stance, skating forward using full strides, forward one-foot glides, backward hustle, backward swizzles, glide turns and moving snowplow stops. Full equipment required. Helmet and stick must be provided by skater.

HOCKEY LEARN TO PLAY 3 (H3)

Prerequisite: Hockey Learn to Play 2 (H2)

AGES 4-7

Players will learn one-foot snowplow stop, introduce hips with ¼ turn twist to hockey stop, full strides using 45-degree V-Push, shuffle stride, backwards hustle, backward C-Cuts, power pushes, backward outside edge glide, forward C-Cuts, C-push glide, forward outside & inside edges, gliding 2 foot turn, and lateral crossover march. Classes will be structured following USA Hockey American Development Model (ADM) Program. Full equipment required. Helmet and stick must be provided by skater.

HOCKEY LEARN TO PLAY (H4)

Prerequisite: Hockey Learn to Play 3 (H3)

AGES 4-7

Class includes on-ice coaching instruction and scrimmages. Full hockey equipment is required. Helmet and stick must be provided by skater.

ICE SKATING

SPUDS AND TATER TOTS (Parent Participation Required)

AGES 2-3 + ADULT

On ice adult participation is REQUIRED! Designed for children ages 2-3 and their accompanying adult. Basic skating skills will be taught to the children while allowing adults to offer support and security. Both adults and children are required to wear ice skates and have Learn to Skate USA memberships.

PROGRAM

Learn to Skate

Recognized by Learn to Skate USA® as a top program in the country, Idaho IceWorld’s Learn to Skate program provides a fun and structured way for skaters to be physically active and improve their skills under the professional eyes of certified instructors. We have group classes for all levels and ages. Check out the curriculum for each level at LearnToSkateUSA.com. All students of Idaho IceWorld’s Learn to Skate program must have a current Learn to Skate USA® membership. Annual memberships are valid July 1-June 30. With your annual fee of $17 you will:

• Be a member of the best skating program endorsed by U.S. Figure Skating, USA Hockey, and US Speedskating.
• Gain great information to make sure your first glides on ice are successful ones.
• Receive a Welcome Packet in the mail, which includes a subscription to Learn To Skate USA® The Magazine valued at $3 (allow 2-4 weeks for delivery).
• Receive secondary sport accident insurance.
• Participate in lessons, performances, competitions, and all activities associated with Learn to Skate USA®.

Ice skates will be provided for all enrolled participants of the Learn to Skate program for use during class time.

Go to learntoskateusa.com to purchase before registering for class.
ICE HOCKEY/ ICE SKATING CON’T

SNOWPLOW SAM 1 (Beginners)
AGES 4-6 Young skaters will learn how to sit and stand up with their skates both on and off the ice. They will master marching in place, marching forward, going from marching to a two-foot glide and dipping in place. Once all skills are mastered, skaters advance to Snowplow Sam 2 and receive a Certificate of Achievement and a Snowplow Sam 1 badge.

SNOWPLOW SAM 2 (Prerequisite Snowplow Sam 1)
AGES 4-6 Young skaters will learn how to march followed by a long glide, dip while moving, do backward walking and wiggles, forward swizzles, beginning snowplow stop motion and the two-foot hop in place. Once all skills are mastered, skaters advance to Snowplow Sam 3 and receive a Certificate of Achievement and a Snowplow Sam 2 badge.

SNOWPLOW SAM 3 (Prerequisite Snowplow Sam 2)
AGES 4-6 Young skaters will learn how to skate forward, do a forward one-foot glide, forward swizzles, backward swizzles, backward two-foot glide, moving forward snowplow stop and curves. Once all skills are mastered, skaters advance to Snowplow Sam 4 or Basic 2 (based on age and ability) and receive a Certificate of Achievement and a Snowplow Sam 3 badge.

SNOWPLOW SAM 4 (Prerequisite Snowplow Sam 3)
AGES 4-6 Young skaters will learn how to skate forward, advanced one-foot glide, backward swizzles, rocking horse, two-foot turns from forward to backward and two-foot hop. Once all skills are mastered, skaters advance to Basic 2 or 3 (based on instructor recommendation) and receive a Certificate of Achievement and a Snowplow Sam 4 badge.

JINGLE BLADES ICE SHOW CAST – Snowplow Sam & Basic
AGES 4+ Find more information on page 18.

ICE HOCKEY

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<tr>
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<tr>
<td>4-7</td>
<td>HOCKEY LEARN TO PLAY 1 (H1)</td>
<td>Tu</td>
<td>5:30-6PM</td>
<td>Sept 12-Oct 24 Nov 7-Dec 19</td>
<td>Idaho IceWorld</td>
<td>$120/7 classes $103/6 classes</td>
<td>16000-01</td>
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<td>4-7</td>
<td>HOCKEY LEARN TO PLAY 2 (H2) Prerequisite: Hockey Learn to Play 1 (H1)</td>
<td>Tu</td>
<td>5:30-6PM</td>
<td>Sept 12-Oct 24 Nov 7-Dec 19</td>
<td>Idaho IceWorld</td>
<td>$120/7 classes $103/6 classes</td>
<td>16000-01</td>
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<td>6:15-7:15PM</td>
<td>Sept 12-Oct 24 Nov 7-Dec 19</td>
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<td>HOCKEY LEARN TO PLAY 4 (H4) Prerequisite: Hockey Learn to Play 3 (H3)</td>
<td>Tu</td>
<td>6:15-7:15PM</td>
<td>Sept 12-Oct 24 Nov 7-Dec 19</td>
<td>Idaho IceWorld</td>
<td>$197/7 classes $169/6 classes</td>
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ICE SKATING

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<td>2-3 + Adult</td>
<td>SPUDS AND TATER TOTS (Parent Participation Required)</td>
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<td>2-3 + Adult</td>
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<td>W</td>
<td>5:45-6:15PM</td>
<td>Sept 6-Oct 25 Oct 30-Dec 11</td>
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<td>2-3 + Adult</td>
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<td>Nov 1-Dec 13</td>
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<td>SNOWPLOW SAM 4 (Prerequisite Snowplow Sam 3)</td>
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<tr>
<td>4+</td>
<td>JINGLE BLADES ICE SHOW CAST – Snowplow Sam &amp; Basic</td>
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<td>6:45-7:30PM</td>
<td>Sept 13-Dec 6</td>
<td>Idaho IceWorld</td>
<td>$116</td>
<td>161110**</td>
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*SCHOLARSHIPS AVAILABLE: cityofboise.org/scholarships

REGISTER FOR CLASSES STARTING AT 7AM:
cityofboise.org/parks
AUGUST 14 (Residents)
AUGUST 16 (Non-residents)

*SNo class Nov 20-24 **Registration deadline is Sept 12
PERFORMING ARTS/DANCE

BALLET – Musical
AGES 3.5-5 This fun introduction to dance and ballet is great for boys and girls alike! Through basic steps, terminology, creative movement, storytelling dances and ballet, we will encourage creativity, coordination and self-esteem.

MOVE IT!
AGES 3.5-5 Come learn basic dance steps, terminology and explore creative movement styles through imaginative music and games in a fun positive environment. Class time will be spent helping young dancers enhance physical development, interaction with others, following directions and self-esteem.

TAP – Beginner/Intermediate
AGES 3.5-5 What could be better than having fun while making music with your feet? Tap helps develop strong legs, balance and quick feet. Students will have a tremendous amount of fun learning the basics in a fun, positive environment. Tap shoes are required. For information on where to purchase, please contact Clay Lee, 208-608-7684.

SCHOLARSHIPS AVAILABLE:
cityofboise.org/scholarships

**TENNIS**

**TENNIS – Adult/Child**
AGES 5-12 + ADULT Adults will learn beginner skills while children are taught separately. Proper technique is emphasized along with racquet control, cooperation and movement. Lessons are incorporated into fun games to help children stay focused and interested while learning to play. Only register child, please provide adult’s name at time of registration.

**REGISTER FOR CLASSES STARTING AT 7AM:**
cityofboise.org/parks
AUGUST 14 (Residents)
AUGUST 16 (Non-residents)

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### TENNIS – Adult/Child

<table>
<thead>
<tr>
<th>AGE</th>
<th>CLASS</th>
<th>DAY</th>
<th>TIME</th>
<th>DATE</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
<th>FEE RES/NR</th>
<th>ACTIVITY#</th>
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<tbody>
<tr>
<td>5-12 +</td>
<td>TENNIS – Adult/Child</td>
<td>Tu</td>
<td>6-7:30PM</td>
<td>Sept 5-26</td>
<td>Ann Morrison Park</td>
<td>Duane Stotland</td>
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<td></td>
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<td>Oct 3-24</td>
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### BALLET – Musical

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<th>AGE</th>
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<th>TIME</th>
<th>DATE</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
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<tr>
<td>3.5-5</td>
<td>BALLET – Musical</td>
<td>M</td>
<td>2-2:45PM</td>
<td>Sept 11-Oct 23</td>
<td>Fort Boise CC</td>
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<td>$33.83/$51.89</td>
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<td></td>
<td></td>
<td>W</td>
<td>10-10:45AM</td>
<td>Sept 6-Oct 25</td>
<td></td>
<td></td>
<td>$38.52/$59.16</td>
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<td>Th</td>
<td>11-11:45AM</td>
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<td></td>
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<td>Oct 31-Dec 19*</td>
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<td>$33.83/$51.89</td>
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<tr>
<td>3.5-5</td>
<td>TAP – Beginner/Intermediate</td>
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<td>Sept 5-Oct 24</td>
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<td>Th</td>
<td>10-10:45AM</td>
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<td>Nov 2-Dec 21*</td>
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<td>5-7</td>
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<td>$33.83/$51.89</td>
<td>112004-02</td>
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*No class Nov 20-25
**ZOO BOISE PRESCHOOL CLASSES**

**PRESCHOOL ZOO**

**AGES 3-5 + ADULT** Join us for an informal introduction to the wonderful world of animals! Each week features a different animal. Activities are multi-sensory and may include mini zoo tours, movement activities, listening to stories, crafts, touching artifacts and meeting live animals. The program is designed for adults and preschoolers and all children must be accompanied by an enrolled, paying adult. Maximum of 2 children per enrolled adult. For everyone’s safety and enjoyment, unregistered children (including siblings) may not attend. All children must be at least 3 years old. Both must register individually.

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**Friends of Zoo Boise**

**ZOO PROGRAM REGISTRATION**

To register for Zoo Boise programs, see Register for Classes at parks.cityofboise.org, stop by Fort Boise Community Center (700 Robbins Road), or call 208-608-7680. Registration is not available at Zoo Boise.

Friends of Zoo Boise Annual Pass Holders receive discounts on some classes. If you are a Friends of Zoo Boise (FoZB) pass holder, please enter your discount coupon code to receive your FoZB discount rate. A current pass is required and must be available for proof with identification at program check-in.

**DISCOUNTS**

Friends of Zoo Boise Annual pass holders receive discounts on some zoo classes. If you are a Friends of Zoo Boise (FoZB) pass holder, please enroll in the class you are interested in and enter the code in the coupon area at checkout. A current pass is required to receive a coupon code for DISCOUNTED ZOO BOISE CLASSES. Need help applying your code? Call us at Fort Boise Community Center at 208-608-7680. To get your membership code or purchase a FoZB annual pass, call Kayla at 208-608-7765, email mwilcox@cityofboise.org or go online at zooboise.org/support/annual-membership.

All Zoo Boise classes are taught by FoZB staff.

FoZB = Friends of Zoo Boise

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<th>AGE</th>
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<th>FEE</th>
<th>ACTIVITY#</th>
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<td>AGES 3-5 + ADULT</td>
<td>PRESCHOOL ZOO: SERIES 1 – (Warthog, Gila Monster, Parakeet)</td>
<td>Tu</td>
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<td>Oct 3-17</td>
<td>Zoo Boise</td>
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<td></td>
<td>Sa</td>
<td>9:30-10:30AM</td>
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<td>PRESCHOOL ZOO: SERIES 2 – (Wild Dog, Snake, Assassin Bug)</td>
<td>Tu</td>
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<td>Oct 31-Nov 14</td>
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<td>Sa</td>
<td>9:30-10:30AM</td>
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<td>11AM-12PM</td>
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*This activity qualifies for the FoZB discount*
Kid City After-School Programs
AGES 6-12 After a $20 registration fee, Boise Parks and Recreation’s Kid City will be providing FREE after-school programming at several elementary schools in the Boise and West Ada School Districts starting Monday, August 21. This program will run after school until 6PM during the 2023-2024 school year (closed on non-school days and holidays).

Programs are available for registered students in 1st-6th grade. Before-school care is not available currently. The Kid City program is ideal for youth who need this service at least three or more days per week. We anticipate these programs filling up fast and registration will be done on a first-come, first-serve basis.

REGISTRATION
Limited spaces available at each site. Registration will begin on Monday, August 14 for Boise residents and Wednesday, August 16 for non-residents.

COST: $20 non-refundable registration fee but FREE this school year. Scholarships are available.

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<th>AGE</th>
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<tr>
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<td>Grace Jordan Kid City</td>
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<td>3:15-6PM</td>
<td>Aug 21-May 17*</td>
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<td>6-12**</td>
<td>Hillcrest Kid City</td>
<td>M-F</td>
<td>3:45-6PM</td>
<td>Aug 21-May 17*</td>
<td>Hillcrest Kid City Center</td>
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<td>Jefferson Kid City</td>
<td>M-F</td>
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<td>Aug 21-May 17*</td>
<td>Jefferson Kid City Center</td>
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<td>McMillan Kid City</td>
<td>M-F</td>
<td>3:55-6PM</td>
<td>Aug 21-May 17*</td>
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<td>Morley Nelson Kid City</td>
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<td>Aug 21-May 17*</td>
<td>Morley Nelson CC</td>
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<td>6-12**</td>
<td>Taft Kid City</td>
<td>M-F</td>
<td>3:15-6PM</td>
<td>Aug 21-May 17*</td>
<td>Taft Kid City Center</td>
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<td>6-12**</td>
<td>Whitney Kid City</td>
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<td>3:15-6PM</td>
<td>Aug 21-May 17*</td>
<td>Whitney CC</td>
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<td>6-12**</td>
<td>Whittier Kid City</td>
<td>M-F</td>
<td>3:45-6PM</td>
<td>Aug 21-May 17*</td>
<td>Whittier CC</td>
<td>113594-01</td>
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* Closed on No School Days & Holidays
**Programs are for registered students in 1st-6th grade only

SCHOLARSHIPS AVAILABLE: cityofboise.org/scholarships
ART

*All materials are provided.*

ART SAMPLER
AGES 6-8 Your child can create one-of-a-kind clay sculptures, make a colorful batik project, draw with pastels, paint with watercolors, and more. We will explore different art materials each week.

CLAY
AGES 6-8 Pinch, coil, slab and sculpt your way to fun! Students will create interesting pots, creatures and everyday objects using hand-built clay techniques and fired glazes.

DRAWING & PAINTING
AGES 6-12 Learn the fundamentals of drawing and painting in this beginning class. Explore drawing techniques, technical skills and color using brushes, pencils, inks, chalks, charcoal, watercolor and acrylics.

MIXED MEDIA EXPLORATION
AGES 10-13 This class provides opportunities for students to express themselves in a variety of ways using numerous mediums such as clay, collage, printmaking and more.

POTTERY FOR KIDS
AGES 9-14 Create original pots by forming clay on an electric potter’s wheel. Make unique and more advanced hand-built projects. Young potters will learn how to apply colored glazes onto their completed masterpieces.

CAMPS

GEAR GRINDERS MOUNTAIN BIKE CAMP – Beginner
AGES 6-8 Young riders will learn to correctly use front brakes, rear brakes and appropriate use of gears.

GEAR SMASHERS MOUNTAIN BIKE CAMP – Intermediate
AGES 6-8 Riders will continue to build confidence in using front/rear brakes and gears while we introduce the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. We will introduce how to handle rocks, gain speed while in control and climb/descend safely.

GEAR GREASERS MOUNTAIN BIKE CAMP – Beginner
AGES 9-12 We will learn to execute the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. Riders will gain confidence in braking and using gears at the appropriate times and focusing on climbing with proper body mechanics.

GEAR MASTERS MOUNTAIN BIKE CAMP – Intermediate
AGES 9-12 Riders will begin to advance the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. We will introduce how to handle rocks, gain speed while in control and climb/descend safely.

LEGO® EV3 MINDSTORM BATTLE BOTS
AGES 10-14 Come explore the fun with Legos®, sensors, motors and anything else to build and create all EV3 Mindstorm projects. This includes Boogie Bots, Robo-Bots and more! Get prepared to program your Bots on Ev3 software or the Lego master brain itself and get ready to battle till the end!

PROGRAM
Mountain Bike Camps
Boise Parks and Recreation is proud to partner with ‘Get in Gear Mountain Bike School.’ Camps emphasize learning to navigate our Ridge to Rivers trail system, proper etiquette, respect for nature and having fun! Details for what to expect each day will be emailed the week before camp. For questions on what level is appropriate for your rider, please contact Sheree Chaffin at sheree@getingear.us

Riders need to bring a maintained mountain bike/e-bike, snacks and water bottle. BMX, fixed geared, e-bike, or training/strider bikes will not work on the trails.

*No class Nov 10 & 24*
**COOKING**

### FAMILY NIGHT OUT SERIES
**ALL AGES + ADULT** Family time is best when you’re learning and working together! Come to one of our Family Night Out cooking classes for some together time in the kitchen. Students under 16 must be accompanied by a paying adult. The cost is per person and each must register.

<table>
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<tr>
<th>AGE</th>
<th>CLASS</th>
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<th>DATE</th>
<th>LOCATION</th>
<th>FEE</th>
<th>ACTIVITY#</th>
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<tr>
<td>All Ages + Adult</td>
<td>FAMILY NIGHT OUT SERIES – Global Cuisine: Tamale Salsa</td>
<td>W</td>
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<td>Tu</td>
<td>Sept 26</td>
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<td>FAMILY NIGHT OUT SERIES – Halloween Spooktacular Treats</td>
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<td>FAMILY NIGHT OUT SERIES – Apple Pie ala Mode</td>
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<td>Tu</td>
<td>Nov 14</td>
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<td>FAMILY NIGHT OUT SERIES – Ravioli</td>
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### KIDS’ CULINARY SERIES
**AGES 9-14** Come hone your cooking skills and discover new flavors in our Kids’ Culinary classes.

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<th>CLASS</th>
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<td>KIDS’ CULINARY SERIES – Cooking 101</td>
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### ENVIRONMENTAL EDUCATION

#### BUGS COMMUNITY DAYS
**ALL AGES** Join us at the BUGS barn and garden for seasonally-themed activities for all! Learn how to be involved with our garden community.

#### HIKE & LEARN
**ALL AGES + ADULT** Join us for a fun family event at the Foothills Learning Center! We will host an evening family hike lead by a local naturalist or FLC staff. We will discover a new trail and explore new topics each month, depending on the season. Fee is per person attending.

#### WATERSHED TOUR TUESDAYS
**ALL AGES + ADULT** Join us for a tour of the West Boise Water Renewal Facility. This 60-minute walking tour gives you a behind-the-scenes view of what happens when you flush! Learn how the City of Boise is renewing used water, recovering valuable resources and ultimately protecting the health of the Boise River. Closed-toe shoes required, ages 5 and up. Pre-registration is required through the Eventbrite link on our event calendar at boisewatershed.org.

#### WATERSHED WEEKEND PROGRAMS
**ALL AGES + ADULT** Join the WaterShed staff for behind-the-scenes tours of Water Renewal Services. Bus transportation provided. Meet at Fort Boise Community Center Parking Lot. FREE admission, but registration is required through our link on the Event Calendar at boisewatershed.org.

### SCHOLARSHIPS AVAILABLE:
cityofboise.org/scholarships
Golf Lessons

Golf Lessons

**AGES 4-15** Classes will cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level from beginner to advanced. Clubs will be provided for the students during class time.

**REGISTER FOR CLASSES STARTING AT 7AM: cityofboise.org/parks**

**AUGUST 14** (Residents)
**AUGUST 16** (Non-residents)

**SCHOLARSHIPS AVAILABLE: cityofboise.org/scholarships**

<table>
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<tr>
<th>AGE</th>
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<th>FEE</th>
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<td>4-6</td>
<td>GOLF LESSONS – Quail Hollow</td>
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**HOMESCHOOL ADVENTURES**

**BUGS HOMESCHOOL DAYS – Renewing the Garden**
AGES 6-12 The end of the harvest is just the beginning of preparing our garden for its long winter rest. Help us harvest the final pickings from the land and learn how to turn “waste” into important nutrients for the next growing season.

**HOMESCHOOL ZOO**
AGES 5-12 The Homeschool Zoo program series provides a unique learning experience for students schooled at home. The course consists of classroom discussion, laboratory activities, animal encounters and specialized zoo tours. Classes align with Idaho State Science Standards and focus on topics and principles based on grade level. Themes emphasize looking at animal groups and taxonomy, adaptations, habitats and ecology. Each individual household must register their child for the class. Kids only! Please bring a small snack for a 15-minute break during class.

**WATERSHED HOMESCHOOL DAYS**
6+ & ADULT Calling all homeschools! The WaterShed offers FREE programs catered to children. The event will take place outdoors at the Boise River, unless inclement weather. Pre-register thru the Eventbrite link found on our event calendar at boisewatershed.org.

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*This activity qualifies for the FoZB discount.
SCHOLARSHIPS AVAILABLE

Boise Parks and Recreation offers scholarships based on income. Scholarships available for youth, adults with disabilities and for individuals 62 years and older.

If you would like scholarship assistance, please apply in advance by visiting cityofboise.org/scholarships

BOISE CITY AQUATIC CENTER

WEST BOISE FAMILY YMCA
5959 N. DISCOVERY PLACE | 208-377-9622

Please check website or call for facility information.

*Not included with City of Boise Season Swim Pass.

BOISE DEPOT

CELEBRATE YOUR SPECIAL EVENT AT ONE OF BOISE’S MOST ICONIC LOCATIONS

RESERVATIONS
208-608-7600 | reserve@cityofboise.org
2603 W. Eastover Terrace, Boise ID 83706
CITYOFBOISE.ORG/BOISEDEPOT
ICE HOCKEY/ICE SKATING

**ICE HOCKEY**

**GOALS!**
Hockey Learn to Play

Find more information on page 8.

**HOCKEY LEARN TO PLAY 1-4 (H1-H4)**
AGES 4-7 See page 8 for more information.

**HOCKEY LEARN TO PLAY 1 (H1)**
AGES 8-17 Players will learn how to sit on ice and stand up, proper stance, march forward, forward two-foot glide, dip, squat, scooter pushes, T-push, forward swizzles, snowplow stop and backwards skating. Full equipment required. Helmet must be provided by skater. No sticks allowed.

**HOCKEY LEARN TO PLAY 2 (H2) Prerequisite: Hockey Learn to Play 1 (H1)**
AGES 8-17 Players will learn backward stance, skating forward using all strides, forward one-foot glides, backward hustle, backward swizzles, glide turns, and moving snowplow stops. Full equipment required. Helmet and stick must be provided by skater.

**HOCKEY LEARN TO PLAY 3 (H3) Prerequisite: Hockey Learn to Play 2 (H2)**
AGES 8-17 Players will learn one-foot snowplow stop, introduce hips with ¼ turn twist to hockey stop, full strides using 45-degree V-Push, shuffle stride, backwards hustle, backward C-Cuts, power pushes, backward outside edge glide, forward C-Cuts, C-push glide, forward outside & inside edges, gliding 2 foot turn, and lateral crossover march. Classes will be structured following USA Hockey American Development Model (ADM) Program. Full equipment required. Helmet and stick must be provided by skater.

**HOCKEY LEARN TO PLAY 4 (H4) Prerequisite: Hockey Learn to Play 3 (H3)**
AGES 8-17 This is the first step to playing organized hockey. Full hockey equipment is required. Helmet and stick must be provided by skater.

**ICE SKATING**

**PROGRAM**
Learn to Skate

Find more information on page 8.

**SNOWPLOW SAM 1-4 (Prerequisite: H1-H4)**
AGES 4-6 See page 8 for more information.

**BASIC 1 (Beginners)**
AGES 7-12 Beginning skaters will learn the proper way to fall and get up, march, forward two-foot glide, dip, forward swizzles, backward wiggles, snowplow stop and a two-foot hop in place. Once all skills are mastered, skaters advance to Basic 2 and receive a Certificate of Achievement and a Basic 1 badge.

**BASIC 2 (Prerequisite Snowplow Sam 4 or Basic 1)**
AGES 7-12 Skaters will learn scooter pushes, forward one-foot glides, backward two-foot glides, rocking horse, backward swizzles, two-foot turns from forward and backward, moving snowplow stop and curves. Once all skills are mastered, skaters advance to Basic 3 and receive a Certificate of Achievement and a Basic 2 badge.

**BASIC 3 (Prerequisite Basic 2)**
AGES 7-12 Advancing skaters will learn forward stroking, half swizzle pumps on a circle, moving two-foot turn, backward one-foot glides, backward snowplow stop, forward slalom and forward pivots. Once all skills are mastered, skaters advance to Basic 4 and receive a Certificate of Achievement and a Basic 3 badge.

**BASIC 4 (Prerequisite Basic 3)**
AGES 7-12 Skaters will learn forward outside and inside edges on a circle, forward crossovers, backward half swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin and forward lunges. Once all skills are mastered, skaters advance to Basic 5 and receive a Certificate of Achievement and a Basic 4 badge.

**BASIC 5 (Prerequisite Basic 4)**
AGES 7-12 Advancing skaters will learn backward outside and inside edges on a circle, backward crossovers, forward outside three-turn, advanced two-foot spin, hockey stop and a side toe hop. Once all skills are mastered, skaters advance to Basic 6 and receive a Certificate of Achievement and a Basic 5 badge.

**BASIC 6 (Prerequisite Basic 5)**
AGES 7-12 Learn forward inside open three-turn, backward to forward two-foot turn on a circle, backward stroking, beginning one-foot spin, T-stops, bunny hop, forward spiral on a straight line and shoot the duck. Once all skills are mastered, skaters advance to Pre-Free Skate and receive a Certificate of Achievement and a Basic 6 badge.

**PRE-FREE SKATE (Prerequisite Basic 6 or Teen/Adult 6)**
AGES 7+ Learn a forward inside open Mohawk from a standstill position, backward crossovers to a backward outside edge glide, backward outside edge to a forward outside edge transition, basic combination footwork, one-foot upright spin, Mazurka, Waltz jump and backward inside pivots. Once all skills are mastered, skaters advance to Free Skate 1 and receive a Certificate of Achievement and a Pre-Free Skate badge.

**FREE SKATE 1-6 (Prerequisite Pre-Free Skate)**
AGES 7+ Designed to introduce the skater to the next level of figure skating. Class will concentrate on beginning jumps, spin techniques and Moves in the Field. Skaters must have mastered Pre-Free Skate elements. Once all skills are mastered at a level, skaters advance to the next Free Skate level and receive a Certificate of Achievement and a badge. After completion of Free Skate 6, skaters generally focus on private instruction.

**JINGLE BLADES ICE SHOW CAST MEMBER**
AGES 4+ The 2023 Boise Annual Ice Show is tentatively scheduled for Friday December 8th and Saturday December 9th, times TBD and will take place at Idaho IceWorld. All Learn to Skate students who register for BOTH the Sept/Oct and Nov/Dec sessions are eligible to participate in the annual Ice Show, co-produced by Idaho IceWorld and the Boise Figure Skating Club. Practices for Adult & Teen groups will be held on Mondays, Sept 11-Dec 4 from 7:15-7:45PM and for Youth groups on Wednesdays, Sept 13-Dec 6, 6:45-7:30PM. Two additional mandatory rehearsals are tentatively scheduled for Saturday, November 18 and December 2 at Idaho IceWorld, time TBD. Practice/rehearsal plan is subject to change. This professionally choreographed show is an IceWorld tradition. Students receive extra on and off ice instruction and have loads of fun! Being a cast member is a huge commitment of time and energy. Please ensure every practice and rehearsal are top priorities when scheduling your family activities. Participation fee will be $116. Costume fees are additional and TBD. Check website IdahoIceWorld.com for updates. City of Boise Parks and Recreation Scholarships do not apply to this activity.

REGISTRATION DEADLINE IS SEPTEMBER 12.
# ICE HOCKEY/ICE SKATING CON’T

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<td>W</td>
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<td>Sept 13-Oct 23</td>
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<td>161009-01</td>
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*No class Nov 20-24 **No class Sept 14 ***Registration deadline is Sept 12

Learn to Skate

Hockey Learn to Play
**PERFORMING ARTS**

### BALLET – Beginner

**AGES 6-8** This class introduces new dancers to the basics and beginning techniques of traditional ballet while continuing to build on those techniques with returning students.

### HIP HOP

**AGES 8-12** Hip Hop is a fun high-energy dance style that will have everyone up and moving! The music is fun, hip and age-appropriate. Come ready to move and learn some cool new moves. Classes are great exercise and great fun.

### TAP – Beginner/Intermediate

**AGES 5-7** What could be better than having fun while making music with your feet? Tap helps develop strong legs, balance and quick feet. Students will have a tremendous amount of fun learning the basics in a fun, positive environment. Tap shoes are required. For information on where to purchase, please contact Clay Lee, 208-608-7684.

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<th>DAY</th>
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*No class Nov 20-25*
## SCHOOL BREAK PROGRAMS

### ART SAFARI – Grades 2-6
AGES 7-10 Animals have always been celebrated in different forms of art. From paintings to sculpture, to dance and music, we’ll explore all forms of art and make some of our own with a messy Zoo Boise twist.

### BOISE WINTER BREAK CAMPS
AGES 6-11 Make new friends and have fun at the Boise Winter Break Camps located inside our community centers. Camps offer recreational games, crafts, hands-on science projects and more! Camp staff have previous experience working with youth and are trained in CPR/First Aid to ensure your child has a safe and positive experience. This camp is for youth in 1st-6th grade only.

### DR. ZOOLITTLE – Grades 2-6
AGES 7-10 Learn the language of veterinarians using imaginative play for some tasks (sorry, we won’t be doing a dental cleaning on a tiger), reading x-rays, planning diets/Rx, and visiting with zoo staff to learn about the care provided for hundreds of animals.

### FOOTHILLS EXPLORERS CAMP
AGES 6-12 Children can discover nature as we explore different themes, from animals, rocks, water, plants, and so much more. Through hands-on activities, and outdoor play, every child will experience the foothills. We will be indoors and outdoors. Sunscreen should be applied before camp. Closed toe shoes, a snack, and sealable water bottle are a must. Campers should come dressed for the weather. Each week is a different program.

### GARDEN TO TABLE – School Break Camps
AGES 6-12 When school’s out, come learn and cook with us in the BUGS garden and kitchen!

### LEGO® ANIMATION
AGES 8-12 Come create and build your own mini movie set out of Legos and anything else to help create your own animated movie! Use technology to make that perfect Lego animated movie with complete editing capabilities, effects, music and narration all through iMovie and Stop Motion. Kids will have a video to keep and share with friends and family.

### LEGO® SPIKE
AGES 10-14 Come check out this new and fun way to combine your love of Legos with easy coding. Spike has colorful LEGO® building elements, easy-to-use hardware and an intuitive drag-and-drop coding language based on Scratch. Spike Prime will engage kiddos through playful learning activities to think critically and solve complex problems, regardless of their learning level.

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*This activity qualifies for the FoZB discount*
MARTIAL ARTS – Karate Shotokan (Mixed Level)
AGES 7-12 Learn traditional Shotokan Karate including dojo etiquette, warm-up, Kihon, Katas, and Kumite. Class will focus on Kihon or basic techniques (blocks, punches, kicks and stances) and Katas or prearrange forms (formal exercise) and Kumite or sparring as students’ progress.

TENNIS – Adult/Child
AGES 5-12 + ADULT Adults will learn beginner skills while children are taught separately. Proper technique is emphasized along with racquet control, coordination and movement. Lessons are incorporated into fun games to help children stay focused and interested while learning to play. Only register child, please provide adult’s name at time of registration.

TENNIS – Rallies
AGES 8-11 Class is for both beginner and intermediate players who are ready to play on a slightly larger court. Classes are designed to continue building athletic skills while learning or refining the skills necessary to serve, rally and score. Players will learn an understanding of proper technique and maintain that technique during point and match play.

TENNIS – Hitters
AGES 12-15 Dedicated to providing an opportunity for intermediate-level teenage players to progress their skills in a fun and competitive environment. Players must have prior experience and aspirations of playing Jr. High and High School tennis. Stroke development, footwork, doubles and singles strategies will all be taught. Lessons at Ann Morrison Park will have match play on Thursdays, letting players develop areas of strength in their game.

ADAPTIVE EVENING AT THE ZOO
ALL AGES + ADULT Join us for an after-hours zoo experience designed for individuals with disabilities and their families and friends! Stations are focused on varying degrees of sensory input and include self-guided animal artifact exploration, guided zoo exploration time (please note, some animals have an early bedtime), up-close animal encounters and art activities. Everyone is welcome to enroll!

ZOO BOISE

Guided Field Trips & School Outreach Fall 2023
Zoo Boise is excited to offer guided field trips in the autumn. We have a variety of programs available to meet the Idaho State Science Standards within each grade level. Additionally, we could tailor a program to help you meet other requirements or expand your content area.

NEW in 2023! We offer outreach at your school: educators will bring interesting BioFacts (pelts, skulls, etc.) and share how Zoo Boise contributes to conservation around the world. *We do not bring live animals off-site. For more information, current pricing and to discuss funding for Title I schools, visit Zoo Boise’s website at zooboise.org/education-programs/schools-youth-groups.

*This activity qualifies for the FoZB discount.
Boise Urban Garden School is excited to offer customized culinary and nutrition lessons for groups of up to 12 in our garden and kitchen. Schedule a class on nutrition for athletic performance for sports teams, private birthday parties with a culinary theme, and more.

Request your lesson online at the cityofboise.org/bee, via email at BUGS@cityofboise.org or by calling 208-972-8630.

Learn about Boise’s historic River Street Neighborhood, the most ethnically and culturally diverse area in Boise for much of the 20th century, through the story of long-time resident and community advocate, Erma Hayman, and her house. Daily guided tour at 1 p.m.

More at ermahaymanhouse.org

Proud Sponsorship with Idaho IceWorld

Private Culinary Classes at BUGS

PARKS AND RECREATION
NEW  FORT FRIDAY AT THE T.A.C.

AGES 12-15 Calling 7th-9th graders! Kick off the weekend afterschool on Fridays in the Teen Activity Center and Fort Boise Community Center Gym! Food, sports, team challenges, scavenger hunts, arts/crafts and social circle activities will be offered. Plus, free time to socialize, play billiards, air hockey, or ping-pong. Transportation provided to/from select schools.* No cost, but pre-registration for food count and transportation is required. Teens will be picked up from schools at 2:45PM and will be returned to school by 5:45PM. This is a transportation pilot program from these select schools, but all teens within this age range are welcome. Space is limited.

Fort Friday at the T.A.C.

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*If you do not need transportation and are meeting at Fort Boise CC, the program will run from 3-5:30PM
ART

All materials are provided.

DRAWING & PAINTING
AGES 13-18 This course focuses on beginning and intermediate drawing techniques for teens. Students can explore a variety of drawing and painting mediums including pen, pencil, charcoal, pastel, watercolor and acrylics.

MIXED MEDIA EXPLORATION
AGES 10-13 This class provides opportunities for students to express themselves in a variety of ways using numerous mediums such as clay, collage, printmaking and more.

POTTERY FOR KIDS
AGES 9-14 Learn to create original pots by forming clay on an electric potter’s wheel. Students will also make unique and more advanced hand-built projects. Young potters will also learn how to apply colored glazes onto their completed masterpieces.

CAMPS

LADY GEARS MOUNTAIN BIKE CAMP – Beginner
AGES 16+ This mountain biking class will begin with the 5 core mountain bike skills, body position, braking, climbing, descending, and cornering. Riders will work to gain confidence in braking and using gears at the appropriate times and focusing on climbing with proper body mechanics before learning how to safely descend. We will introduce how to handle rocks and gain speed while in control. Riders need to bring a maintained mountain bike. Please no e-bikes.

LEGO® EV3 MINDSTORM BATTLE BOTS
AGES 10-14 Come explore the fun with Legos®, sensors, motors and anything else to build and create all EV3 Mindstorm projects. This will include Boogie Bots, Robo-Bots and more. Get prepared to program your Bots on Ev3 software or the Lego master brain itself and get ready to battle till the end!

SCHOLARSHIPS AVAILABLE:
cityofboise.org/scholarships

Camper ages 13-17:

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*No class Nov 10 & 24
### COOKING

#### FAMILY NIGHT OUT SERIES

**ALL AGES + ADULT** Family time is best when you’re learning and working together! Come to one of our Family Night Out cooking classes for some together time in the kitchen. Students under 16 must be accompanied by a paying adult. The cost is per person and each must register.

#### KIDS’ CULINARY SERIES

**AGES 9-14** There are more opportunities than ever to hone your cooking skills and discover new flavors in our Kids’ Culinary classes.

- **FUN & HEALTHY CULINARY SERIES - Kimchi**
  **AGES 14+** Delicious kimchi from garden to table in this class that bridges growing veggies through the fermentation process.

- **FUN & HEALTHY CULINARY SERIES - Sourdough**
  **AGES 14+** Simple, approachable recipes for novice and experienced sourdough bakers alike.

### ENVIRONMENTAL EDUCATION

#### GARDENING BASICS

**AGES 14+** Join the BUGS team to learn more about season-specific gardening topics.

#### HIKE & LEARN

**ALL AGES + ADULT** Join us for a fun family event at the Foothills Learning Center! We will host an evening family hike lead by a local naturalist or FLC staff. We will discover a new trail and explore new topics each month, depending on the season. Fee is per person attending.

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Holiday Bazaar
Boise Senior Center’s 42nd Annual
NOVEMBER 18, 10 AM – 2 PM

The Dick Eardley Senior Center will be filled
with crafters, artists, food gifts, seasonal
décor, and much more.

Enjoy a festive holiday atmosphere while you
check off your holiday shopping list.

STAY FOR LUNCH
Lunch items, popcorn and beverages
will be available to purchase.

690 Robbins Road, Boise | 208-608-7580

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**FREE FOR ALL!**
Pre-registration for food count and transportation is required.

Pick up from schools at 2:45 PM and will be returned to school by 5:45 PM.

**CALLING 7TH – 9TH GRADERS!**
Kick off the weekend afterschool on Fridays
in the Teen Activity Center and Fort Boise
Community Center Gym!

Food, sports, team challenges, scavenger
hunts, arts/crafts and social circle activities
will be offered!

**DATES** | **PICKUP LOCATIONS**
--- | ---
Sept 29 | West & Fairmont Junior High
Oct 6 | Fairmont & South Junior High
Oct 13 | South & West Junior High
Oct 20 | West & Fairmont Junior High
Oct 27 | Fairmont & South Junior High
Nov 3 | South & West Junior High

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**IDAHO TENNIS ASSOCIATION**

**JUNIOR TENNIS**
The Idaho Tennis Association offers free introduction
to tennis classes, tournaments, Boise Junior Team
Tennis and round-robin match play.

See website for information or contact Ryan Stewart,
rstewart@idtennis.com or 208-322-5150 ex. 206.

**ADULT SOCIAL TENNIS**
New to tennis or an experienced player who wants
to play without the structure of USTA leagues? Social
tennis is for you! An on-court instructor organizes live
match play and provides tips to improve your game.

See website for information or contact Lori Griffel at
lgriffel@idtennis.com or call 208-322-5150 ex. 207.

idtennis.com
HOMESCHOOL ADVENTURES

HOMESCHOOL ZOO
AGES 11-13 The Homeschool Zoo program series provides a unique learning experience for students schooled at home. The course consists of classroom discussion, laboratory activities, animal encounters and specialized zoo tours. Classes align with Idaho State Science Standards and focus on topics and principles based on grade level. Themes will emphasize looking at animal groups and taxonomy, adaptations, habitats and ecology. Each individual household must register their child for the class. Kids only! Please bring a small snack for a 15-minute break during class.

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<td>HOMESCHOOL ZOO – Population Changes</td>
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<td>Zoo Boise</td>
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*This activity qualifies for the FoZB discount.

SCHOOL BREAK PROGRAMS

LEGO® SPIKE
AGES 10-14 Come check out this new and fun way to combine your love of Legos with easy coding. Spike has colorful LEGO® building elements, easy to use hardware, and an intuitive drag and drop coding language based on Scratch. Spike Prime will engage kiddos through playful learning activities to think critically and solve complex problems, regardless of their learning level.

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<td>Fort Boise</td>
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PERFORMING ARTS

MUSICAL THEATER – Tap
AGES 15-18 Tap is an energetic form of dance that focuses on rhythm and percussion. Classes will include across the floor exercises that teach dynamics, phrasing, and musicality along with choreography and improvisation. Class will help develop the elements of tap vocabulary and individual style. The goal is to develop dancer’s coordination, clarity, rhythm, timing, and phrasing in a fun challenging way.

POI SPINNING – Beginner
AGES 12-17 Poi spinning has been termed “yoga for the brain, a kind of 3-D, moving puzzle for your whole body and brain.” It is a fun and unique way to build coordination, upper-body strength, creative movement skills, self-confidence and a sense of humor about your own mistakes.

ICE SKATING – Pre-Free Skate
(Prerequisite Basic 6 or Teen/Adult 6)
AGES 7+ Learn a forward inside open Mohawk from a standstill position, backward crossovers to a backward outside edge glide, backward outside edge to a forward outside edge transition, basic combination footwork, one-foot upright spin, Mazurka, Waltz jump and backward inside pivots. Once skills are mastered, skaters advance to Free Skate 1 and receive a Certificate of Achievement and a Pre-Free Skate badge.

ICE SKATING – Free Skate 1-6
(Prerequisite Pre-Free Skate)
AGES 7+ Designed to introduce the skater to the next level of figure skating. Class will concentrate on beginning jumps, spin techniques and Moves in the Field. Skaters must have mastered Pre-Free Skate elements. Once skills are mastered at a level, skaters advance to the next Free Skate level and receive a Certificate of Achievement and a badge. After completion of Free Skate 6, skaters generally focus on private instruction.

SPORTS/FITNESS

GOLF LESSONS
AGES 7-15 Classes will cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level from beginner to advanced. Clubs will be provided for the students during class time.

HOCKEY LEARN TO PLAY 1-4 (H1-H4)
AGES 8-17 See page 18 for more information.

ICE SKATING – Teen & Adult 1-6
AGES 13+ Beginners through experienced recreation skaters will receive instruction appropriate to their skill levels. Level placement will take place at the first class if skater is uncertain where they fit in. Instruction will include the skills outlined in the Adult 1-6 curriculum found at LearntoSkateUSA.com. A current Learn to Skate membership is required to register.

ICE SKATING – Pre-Free Skate
(Prerequisite Basic 6 or Teen/Adult 6)
AGES 7+ See page 15 for more information.

JINGLE BLADES ICE SHOW CAST
MEMBER
AGES 13-17 See page 18 for more information.

MARTIAL ARTS – Karate Shotokan – Mixed Level (13+)
AGES 13+ Learn traditional Shotokan Karate including dojo etiquette, warm-up, Kihon, Katas and Kumite. Class will focus on Kihon or basic techniques (blocks, punches, kicks and stances) and Katas or prearrange forms (formal exercise) and Kumite or sparring as students progress.
ADULT (AGES 18+)

ART (18+)

DRAWING – All Levels
Improve both drawing and observation skills by learning about the fundamentals of line, shape, value, perspective and proportion. This is a fun, low-pressure, relaxing class. No experience or drawing ability is required!

DRAWING – Fall Botanical
Students will be introduced to the principals of drawing from life. Using pencil, colored pencils and watercolor, they will work on creating value and texture, framing a solid composition and building color. Specimens include fall leaves, harvest fruits and other autumnal delicacies. All skill levels welcome. All materials provided.

ENAMELING – Beginner
Vitreous enameling, defined as fusing glass to metal using high temperatures, is an ancient art dating back to the 13th century B.C. Students will explore a variety of techniques to create small and lovely works of art. All materials provided.

ENAMELING – Open Studio
The enameling open studio gives people the opportunity to work on projects of their own design, following their own interests. The instructor will be on hand to set up the studio, answer questions and assist students as needed. Students must purchase their own supplies. Supplies and enamels are available for purchase at Fort Boise. A complete supply kit is available for $30, more information at the first class.

GLASS MOSAICS – Intro
This class covers the basics of creating mosaics including types of glass, tools, rendering/cutting and grouting. Each student will create a wonderful glass mosaic piece!

GLASS MOSAICS – Intermediate
This Intermediate Outdoor Stepping Stone Mosaic class uses skills and knowledge learned in the Introduction to Mosaic class to design and render mosaics that can go outdoors! Students will design and render a stepping stone project using materials suited for outdoor/wet application. *Students MUST have previous mosaic experience, as no beginner techniques will be taught in this workshop.

PAINTING, ACRYLIC – All Levels
Beginning students will learn the basics of acrylic painting including techniques of color, composition, texture and layering. A variety of styles and subject matter such as still-life, landscape, portrait and abstraction will be explored.

PAINTING, OIL – All Levels
Beginners will learn the basics of oil painting. Intermediate/advanced painters will refine their skills in traditional techniques such as underpainting, glazing and alla prima painting. No prior experience is necessary.

PHOTOGRAPHY – Camera Functions
Explore the “how to’s” of digital and 35mm photography. Learn shutter speed, depth of field, composition and use of attachments. Instructor will provide a supply list at the first class. Please bring your camera to the first class.
ART (18+)

**POTTERY – All Levels**

Learn basic techniques of hand-built and wheel-thrown pottery, along with glazing and firing methods. Students with previous clay experience can refine their skills of wheel-throwing and hand-building. Wheels, glazes and firing services are provided.

**POTTERY – Hand-building**

Students of all levels will enjoy the rich tradition of pottery and sculpture being made with hand-building techniques such as pinch, coil and slabs. Learn beautiful decorating processes that have been used throughout the world for centuries. Glazes and firings are provided.

**POTTERY – Level I**

Beginning potters will learn basic techniques for hand-built and wheel-thrown pottery along with glazing and firing methods. Wheels, glazes and firing services are provided.

**POTTERY – Level II (3-Hr Class)**

This class is for potters with previous experience. Class focuses on refining skills of throwing on the wheel and developing better hand-building construction techniques. Students will also explore advanced techniques of glazing and learn Raku and Cone 10 reduction firing. Students must have basic wheel and hand-building skills. Wheels, glazes and firings are provided.

**POTTERY – Level II (2-Hr Class)**

This class is for potters with previous experience. Class focuses on refining skills of throwing on the wheel and developing better hand-building construction techniques. Students also explore advanced techniques of glazing and learn Raku and Cone 10 reduction firing. Students must have basic wheel and hand-building skills. Wheels, glazes and firings are provided.

**POTTERY – Open Studio**

Open studio sessions are available for potters to work independently on throwing, hand-building or glazing. Fee covers glazes and firing but students must provide clay and tools. The studio is open daily and a schedule will be emailed to students as well as available at the Art Center.

**WATERCOLOR – All Levels**

This class offers instruction in watercolor techniques of exploring various types of washes and composition as well as more in-depth techniques of painting will be covered for those with previous experience.
COOKING (18+)

FAMILY NIGHT OUT SERIES
ALL AGES + ADULT Family time is best when you’re learning and working together! Come to one of our Family Night Out cooking classes for some true together time in the kitchen. Students under 16 must be accompanied by a paying adult. The cost is per person and each must register.

FOOD FOR LIFE HEALTHY BASICS
Learn dietary strategies that are both budget-friendly and accessible. Each class features a cooking demonstration with samples of delicious and health-promoting dishes, along with handouts of easy and affordable recipes participants can prepare at home.

IMMUNE-BOOSTING FOODS –
Featured recipe: Zippy Yams and Collards

VIRTUAL GROCERY STORE TOUR –
Featured recipe: Easy Black Bean Chili

DIGESTIVE HEALTH –
Featured recipe: Couscous with Veggies

AVOIDING HOLIDAY WEIGHT GAIN –
Featured recipe: Assorted Desserts

GARDEN HAPPY HOUR
21+ ONLY We’re pairing our delicious recipes with local beverages in these hands-on, informative cooking classes. Check our website (boiseurbangardenschool.org) for details on each month’s theme and partner. Must be over 21 to register and attend.

FUN & HEALTHY CULINARY SERIES – Kimchi
AGES 14+ Delicious kimchi from garden to table in this class that bridges growing veggies through the fermentation process.

FUN & HEALTHY CULINARY SERIES – Sourdough
AGES 14+ Simple, approachable recipes for novice and experienced sourdough bakers alike.

REGISTER FOR CLASSES STARTING AT 7AM:
cityofboise.org/parks
AUGUST 14 (Residents)
AUGUST 16 (Non-residents)

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<td>Dick Eardley SC</td>
<td>Barbara Smith</td>
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*Registered Dietitian
**ENVIRONMENTAL EDUCATION (18+)**

**BOISE BIRDING**
Beginner to expert birders are welcome at this free class. The first hour is a birding presentation by Terry Rich followed by optional birding. Binoculars available to borrow. Pre-registration is required.

**BUGS COMMUNITY DAYS**
**ALL AGES** Join us at the BUGS barn and garden for seasonally-themed activities for all! We welcome you to explore and connect with the plants, critters and people who live and work with us, and learn how to get involved with our garden community. Each session is preceded by a volunteer work shift from 9:30-11:30AM for those interested in getting their hands in the soil.

**GARDENING BASICS**
**AGES 14+** Join the BUGS team to learn more about season-specific gardening topics.

**HIKE & LEARN**
Join us for a fun family event at the Foothills Learning Center! We will host an evening family hike lead by a local naturalist or FLC staff. We will discover a new trail and explore new topics each month, depending on the season. Fee is per person attending.

**TOURS OF THE RESERVES**
Get to know your backyard as the Foothills Learning Center and Idaho Conservation League team up to offer these short hiking "tours" of the city-owned natural reserves.

**WATERSHED STUDIO**
Create beautiful and unique artwork! Classes are taught by a team of artists and experts who explore a topic and instruct you in an art method to create a one-of-a-kind piece of art. Pre-Registration is required. Class descriptions found at boisewatershed.org.

**WATERSHED TOUR TUESDAYS**
Join us for a tour of the West Boise Water Renewal Facility. This 60-minute walking tour gives you a behind-the-scenes view of what happens when you flush! Learn how the City of Boise is renewing used water, recovering valuable resources and ultimately protecting the health of the Boise River! Closed-toe shoes required, ages 5 and up. Pre-registration is required through the Eventbrite link on our event calendar at boisewatershed.org.

**WATERSHED WEEKEND PROGRAMS**
Join the WaterShed staff for a behind-the-scenes tour of Water Renewal Services. Bus transportation provided. Meet at Fort Boise Community Center Parking Lot. FREE admission, but registration is required through the link on the event calendar at boisewatershed.org.

**WREATH-MAKING CLASS**
Using local foraged plant materials, create a unique and beautiful holiday wreath. Bring your own metal or foam wreath forms, or we will provide branches to build one. We provide evergreen branches, accent plants, wire and ribbon. Bring any materials you would like in addition to those provided.

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</table>
## GOLF (18+)

**GOLF LESSONS**
Classes will cover full-swing, stance, grip, short game, chipping and putting. All classes are open to any skill level, from beginner to advanced and will have on course instruction.

**ONE-DAY GOLF SCHOOL WITH A PGA PRO**
A comprehensive workshop for a smaller group of golfers who want to spend a day with two golf professionals! This program will be instructed by Peter Nichenko, PGA Golf Professional, John Russell, Assistant Golf Professional or Stu Hampton, Assistant Golf Professional.

### Golf Lessons

<table>
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<tr>
<th>CLASS</th>
<th>DAY</th>
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<th>LOCATION</th>
<th>FEE</th>
<th>ACTIVITY#</th>
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<tr>
<td>ONE-DAY GOLF SCHOOL W/ A PGA PRO</td>
<td>Th</td>
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<td>Aug 24</td>
<td>Quail Hollow GC</td>
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**REGISTER FOR CLASSES STARTING AT 7AM:**
[cityofboise.org/parks](http://cityofboise.org/parks)

AUGUST 14 (Residents)
AUGUST 16 (Non-residents)
PERFORMING ARTS (18+)

AFRICAN INSPIRED DANCE – Beginner
This beginner class explores the rhythm and movements inspired by Guinea West Africa. Class time will be spent igniting joy, passion and a sense of community while dancing barefoot to (recorded) drumming and other popular music. Class approach to dance allows students to feel comfortable to be open in their bodies and explore their inner rhythm.

BALLET – Beginner
Always dreamed of learning ballet but never had the chance? This unique class lets you enter the world of classical ballet for the first time and from the most basic level. No special clothing required, just come ready to move and dressed comfortably.

FLAMENCO – Beginner & Advanced
Students will learn basic steps, body positioning and the flow of arm/hand movement. We will work on percussive steps and brazeo (arms) and how to coordinate them into a short dance piece. Advanced students will focus on more intricate footwork/choreography. Through a fiery Flamenco song list, we will keep our focus on dancing for fun while building our self-confidence and coordination. No partner needed!

TAP – Beginner & Intermediate
Tap classes are fun, challenging and guaranteed to make you feel like you had a great workout! BEGINNER class is for those who have never tapped before or tapped when very young. If you’ve tapped awhile and are ready for the next level of skill sets, the INTERMEDIATE class is perfect for you. If you are unsure what level is best, feel free to speak with the instructor.

TAP – Advanced Masters
If you are a serious tap dancer with six or more years of tap training and want to be challenged, push yourself, learn different tap choreography and have fun, this is the class for you! Choreography will be anything from blues tap, rock, jazz tap and musical theater tap.

TAP DANCING DIVAS – Experienced
AGES 55+: Dancing has no age limit. Move your feet and make your spirits soar! The choreography is low impact yet challenging. The music is upbeat and fun to tap to.

<table>
<thead>
<tr>
<th>CLASS (18+)</th>
<th>DAY</th>
<th>TIME</th>
<th>DATE</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
<th>FEE RES/NR</th>
<th>ACTIVITY#</th>
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<td>AFRICAN INSPIRED DANCE – Beginner</td>
<td>Th</td>
<td>7-8PM</td>
<td>Sept 7-Oct 26</td>
<td>Dick Eardley SC</td>
<td>Brenda Kruller &amp; Meridian Lin Negilski</td>
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<td>Sept 5-Oct 24</td>
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<td>7-8PM</td>
<td>Oct 3-31</td>
<td>Fort Boise CC</td>
<td>Kay Mack</td>
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<td>6-7PM</td>
<td>Oct 5-Nov 2</td>
<td>Fort Boise CC</td>
<td>Kay Mack</td>
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<td>6-7PM</td>
<td>Oct 3-31</td>
<td>Fort Boise CC</td>
<td>Kay Mack</td>
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<td>Fort Boise CC</td>
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*No class Nov 20-24

INFORMATION

Dance

Adult performing arts is an ongoing learning experience helping to enhance strength, flexibility and coordination, all while having fun in a friendly environment!
SOCIAL PARTNER DANCING (18+)

**COUNTRY SWING – Beginner**
Country Swing is a great place to start learning partner dancing. The patterns are easy to pick up and students will be able to jump onto the dance floor with confidence in no time at all! No experience necessary. Must register with a partner.

**COUNTRY SWING – Intermediate**
After completing the Beginner Country Swing class, you’re ready to take it to the next level and learn some fun new dips and tricks. This class expands on the fundamentals. Students must take the Beginner Country Swing class first or have approval from the instructors. Must register with a partner.

**LINE DANCE**
Learn some of the most popular and common line dances that are great for weddings, parties or just a night out. Line dances include Boot Scootin’ Boogie, The Hustle, Electric Slide, Footloose and more. No experience necessary. No partner needed.

**SALSA – Beginner**
Danced and performed all around the world, salsa is one of the most recognized social dances of all time. We will learn basic Lead and Follow technique, beginner combos and short routines to help students transition between moves. No experience necessary. Must register with a partner.

**SWING LINDY HOP – Beginner**
This dance was created in the late 1920s as a variation on the Charleston. Named after Charles Lindberg and his famous ‘Hop’ over the Atlantic, the Lindy Hop was danced to the Big Bands of the 30s and 40s. No experience necessary. Must register with a partner.

**SWING WEST COAST – Beginner**
West Coast Swing is a modern dance defined by its smooth style, versatility and playful nature. Whether you enjoy Top 40, Country or Hip Hop, this is the dance for you! No experience necessary. Must register with a partner.

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**CLASSES**
Social Partner Dancing
Joel brings 20+ years of Social Partner dancing and instruction, signature style and method will get you movin’ and groovin’ in no time. Whether you’re headed to a wedding or out on the town, these classes will give you the edge you need to feel confident on the dance floor. **MUST REGISTER WITH A PARTNER** (except for Line Dance). We will not rotate partners.

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**CLASS (18+) | DAY | TIME | DATE | LOCATION | FEE RES/NR | ACTIVITY#**
--- | --- | --- | --- | --- | --- | ---
**COUNTRY SWING – Beginner** ** | W | 7-8PM | Aug 30-Sept 20 | Dick Eardley SC | $34/$52.16 | 111547-01
 | | | Sept 27-Oct 18 | | 111547-02
 | | | Oct 25-Nov 15 | | 111547-03
 | | | Nov 29-Dec 20 | | 111547-04
**COUNTRY SWING – Intermediate** ** | W | 6-7PM | Aug 30-Sept 20 | Dick Eardley SC | $34/$52.16 | 111546-01
 | | | Sept 27-Oct 18 | | 111546-02
 | | | Oct 25-Nov 15 | | 111546-03
 | | | Nov 29-Dec 20 | | 111546-04
**LINE DANCE** | W | 8-9PM | Aug 30-Sept 20 | Dick Eardley SC | $34/$52.16 | 111548-01
 | | | Sept 27-Oct 18 | | 111548-02
 | | | Oct 25-Nov 15 | | 111548-03
 | | | Nov 29-Dec 20 | | 111548-04
**SALSA – Beginner** ** | F | 6-7PM | Sept 1-22 | Dick Eardley SC | $34/$52.16 | 111726-01
 | | | Sept 29-Oct 20 | | 111726-02
 | | | Oct 27-Nov 17* | | 111726-03
 | | | Dec 1-22 | | 111726-04
**SWING LINDY HOP – Beginner** ** | F | 7-8PM | Sept 1-22 | Dick Eardley SC | $34/$52.16 | 111736-01
 | | | Sept 29-Oct 20 | | 111736-02
 | | | Oct 27-Nov 17* | | 111736-03
 | | | Dec 1-22 | | 111736-04
**SWING WEST COAST – Beginner** ** | F | 8-9PM | Sept 1-22 | Dick Eardley SC | $34/$52.16 | 111745-01
 | | | Sept 29-Oct 20 | | 111745-02
 | | | Oct 27-Nov 17* | | 111745-03
 | | | Dec 1-22 | | 111745-04

*No class Nov 10 **Must register with a partner

---

**Social Partner Dancing**
Joel’s passion for Social Partner Dancing and instruction, signature style and method will get you movin’ and groovin’ in no time. Whether you’re headed to a wedding or out on the town, these classes will give you the edge you need to feel confident on the dance floor. **MUST REGISTER WITH A PARTNER** (except for Line Dance). We will not rotate partners.
NEW HIIT – HIGH INTENSITY
INTERVAL TRAINING – All Levels
HIIT classes incorporate bursts of strength and cardio movements with brief rest periods. Exercises target full-body movements that will challenge participants throughout the fun-packed 50-min class. Potential benefits from participation in this class include weight loss and muscle gain. Trainer will work with all levels. Be prepared to work hard and have a blast!

ICE SKATING – Free Skate 1-6
(Prerequisite Pre-Free Skate)
AGES 7+ See page 29 for more information.

ICE SKATING – Teen & Adult 1-6
AGES 13+ See page 18 for more information.

ICE SKATING PRE-FREE SKATE
(Prerequisite Basic 6 or Teen/Adult 6)
AGES 7+ See page 29 for more information.

JINGLE BLADES ICE SHOW CAST MEMBER
AGES 18+ See page 18 for more information.

PASS ES
Fort Boise Community Center
Affordable daily, monthly and annual passes are available. Passes include access to the cardio equipment (12+), weight room (18+)**, showers/locker rooms (18+), as well as the gymnasium for drop-in activities. Cardio equipment and weight room includes stair machines, exercise bikes, universal-style weight stations, treadmills, elliptical cross-trainers and free weights. See rates below (includes sales tax). Prices below will be effective Oct 1, 2023.

DAILY DROP-IN PASS (includes sales tax)
Teen Priority Time* (12-17) ........... $1.25
Youth* (12-17) ......................... $3.50
Adult (18-61) ......................... $5
Senior (62+) ......................... $4

ADULT (18-61) (includes sales tax)
Monthly Pass – Resident ............ $26
Monthly Pass – Non-Resident .... $40.30
Annual Pass – Resident ............ $250
Annual Pass – Non-Resident .... $387.50

YOUTH (12-17)** (includes sales tax)
Monthly Pass – Resident ............ $12
Monthly Pass – Non-Resident .... $18.60
Annual Pass – Resident .......... $140
Annual Pass – Non-Resident .... $217

SENIOR (62+) (includes sales tax)
Monthly Pass – Resident ............ $20
Monthly Pass – Non-Resident .... $31
Annual Pass – Resident .......... $209
Annual Pass – Non-Resident .... $323.95

*Pass includes access to gym equipment and weight room for those over 16. Teen Priority Time 3-5:30PM.
**Gym and Teen Activity Center are free during this time for teens only.
***Guardian presence is required for those under 12 yrs old.
****Youth 12-17 may access weight room with guardian.

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<th>CLASS (18+)</th>
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| ICE SKATING – Free Skate 1-6
(Prerequisite Pre-Free Skate) (7+) | Th | 5:45-6:15PM | Sept 7-Oct 26** | Idaho IceWorld | Staff | $120/7 classes | 161100-01 |
| | | | Nov 2-Dec 14* | | | $103/6 classes | 161100-02 |
| | ICE SKATING – Teen & Adult 1-6 (13+) | M | 6:45-7:15PM | Sept 11- Oct 23 | Idaho IceWorld | Staff | $120/7 classes | 161101-01 |
| | | | Oct 30- Dec 11* | | | $103/6 classes | 161101-02 |
| | ICE SKATING – Pre-Free Skate
(Prerequisite Basic 6 or Teen/Adult 6) (7+) | Th | 5:45-6:15PM | Sept 7-Oct 26** | Idaho IceWorld | Staff | $120/7 classes | 161100-01 |
| | | | Nov 2-Dec 14* | | | $103/6 classes | 161100-02 |
| | JINGLE BLADES ICE SHOW CAST (18+) | M | 7:15-7:45PM | Sept 11-Dec 4 | Idaho IceWorld | Staff | $116 | 16110*** |

*No class Nov 20-24 ** No class Sept 14 ***Registration deadline is Sept 12
**NEW InBODY BODY COMPOSITION SCAN**

Numbers from a bathroom scale won’t tell how much of the weight is muscle or fat. Go beyond the scale with the InBody Test, a noninvasive, quick and accurate body composition analysis that provides a detailed breakdown of your weight in terms of muscle, fat and water. Your comprehensive yet easy-to-understand measurements will display on an InBody Result Sheet in minutes. Measure numbers that better reflect your health and fitness goals with precision and actionable objectives.

For best results, do not consume alcohol 24 hours before scan, and no caffeine, food or exercise for at least 3 hours prior to the scan. For comparison scans, wait at least 2-4 weeks between scans and measure roughly at the same time of day in similar conditions. Scans only take 5 min. If appointments do not work with your schedule, call Fort Boise at 208-608-7680 for other options.

**LADY GEARS MOUNTAIN BIKE CAMP – Beginner**

AGES 16+ This mountain biking class will begin with the 5-core mountain bike skills, body position, braking, climbing, descending and cornering. Riders will work to gain confidence in braking and using gears at the appropriate times and focus on climbing with proper body mechanics before learning how to safely descend. We will introduce how to handle rocks and gain speed while in control. Riders need to bring a maintained mountain bike. Please no e-bikes.

**MARTIAL ARTS – Karate Shotokan – Mixed Level**

AGES 13+ Learn traditional Shotokan Karate including dojo etiquette, warm-up, Kihon, Katas and Kumite. Class will focus on Kihon or basic techniques (blocks, punches, kicks and stances) and Katas or prearrange forms (formal exercise) and Kumite or sparring as students progress.

**MEDITATION**

Start the day out right! This class explores mindfulness with a variety of techniques to be calm with your thoughts and to feel stillness. Beginners welcome. Students may need to do some stretching and slow walking. Bring a blanket to stay warm and something firm to sit on like a cushion or yoga bolster.

**PICKLEBALL BOOTCAMP – Beginner**

Beginner students learn serving, returns and scoring. The day ends with round-robin play.

**PICKLEBALL BOOTCAMP – Intermediate**

Players learn game strategy tactics and movement patterns. The day ends with round-robin play.

**PICKLEBALL LADDER LEAGUES**

AGES 16+ An organized league where players with similar skills compete against each other in a competitive, structured weekly format. Think of a pickleball “ladder” as a graphical representation of a player’s ranking (by skill and performance) over time. The ladder’s rungs represent a player’s current position (ranking) on the ladder relative to the other players. The top rung is the individual currently ranked the highest (the best winning percentage) and the bottom rung is the lowest-ranked individual or team. The ultimate goal is to climb the ladder to the highest rung. Please see the online registration site for a complete description.

**PICKLEBALL LESSONS – Beginner**

Brand new to pickleball, never played and want a better understanding of the basics? Learn basic rules, scoring and strokes. Class prepares you for beginner drop-in play. Students may sign up for more than one session. Bring your own paddle or paddles may be available for use at the site.

**PICKLEBALL LESSONS – Advanced Beginner**

This is for players that have played some pickleball, possibly even taken a class or two yet are still unsure of their game. Class will help develop skills and make it more comfortable to go out and play with others.

**PICKLEBALL LESSONS – Intermediate**

Players that have played pickleball longer and are looking to refine their skills and become more consistent on the court.

**PICKLEBALL LESSONS – Lower Intermediate**

Players that have played quite a bit and have the basic skills. This class will work on drills and game strategy.

**PILATES**

Enjoy a series of non-impact exercises to develop strength, flexibility, balance and inner awareness while strengthening abs, obliques and back muscles. Muscles are strengthened and lengthened without creating bulk, which is helpful in preventing and rehabilitating from injuries.
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*Registration will be available in 15-minute increments. **No class Nov 20-24 ***No class Sept 14
### SPORTS/FITNESS (18+) CONT’

**STRENGTH & TONE – Early Risers**  
Looking for a light to moderate intensity class? This is for you! With a light cardio warm up, we use strength training to tone your body with resistance bands, light weights and body weights.

**STRENGTH TRAINING**  
A combination class for adults of all ages. Get a full-body workout using machines and other resistance equipment featuring individual instruction on proper form and technique. Participants will make gains in muscular strength and flexibility.

**TAI CHI & QIGONG – Beginner**  
This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. Students will learn the basic principles of Tai Chi and how to do this Tai Chi form. Students will also learn an 18 movement Qigong (Chi gong) routine.

**TAI CHI & QIGONG – Intermediate**  
Students will learn the entire 37 Posture Form as taught by Cheng Manching. Students must complete the beginner course or get approval from the instructor to enroll in the intermediate course.

**TENNIS – Intermediate**  
For athletic students who lack consistency in a rally but can coordinate footwork when contacting the ball on the forehand and backhand. These students keep score, serve (but double fault frequently), and understand the basic rules.

**YOGA – All Levels**  
Yoga improves flexibility, strength and balance. As part of this practice, one builds awareness and the ability to relax. Bring a mat and dense blanket. Beginners are welcome.

**YOGA – Gentle**  
Beginners welcome. Movements will be adapted to a variety of fitness levels. Class uses chairs and other props for support. Improve your flexibility, balance and strength. This class does not get down on the floor.

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<td>Oct 30-Nov 29</td>
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<td></td>
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<td>Jamie Stevens</td>
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<td>TAI CHI &amp; QIGONG – Beginner</td>
<td>Th</td>
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<td>Sept 7-Oct 12</td>
<td>Dick Eardley SC</td>
<td>Doug Myers</td>
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<td>TAI CHI &amp; QIGONG – Intermediate</td>
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<td>TENNIS – Intermediate</td>
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<td>YOGA – All Levels</td>
<td>Tu</td>
<td>12-1PM</td>
<td>Sept 5-26</td>
<td>Fort Boise CC</td>
<td>Mike McClenahan</td>
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<td>9-10AM</td>
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<td>YOGA – Gentle</td>
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<td>Dec 6-27</td>
<td></td>
<td></td>
<td>115007-04</td>
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*No class Nov 20-24  **No class Dec 25  ***No Class Nov 10 & 24
BASKETBALL
5-ON-5 BASKETBALL LEAGUE
This league is open for all levels of basketball play; from competitive down to friendly rec leagues. Rosters can include up to 13 players, with 5 on the court. This league plays 1 game per week; games are M-Th between 6-9PM and are located at Boise School District Jr High and High Schools. The city provides 2 officials and a scorekeeper per game. The league includes 10 games and an optional end of season tournament.

| ELIGIBILITY: | (16+) Men’s and Women’s |
| LEAGUE PLAY: | Nov 27-Feb 23 |
| LOCATION: | Boise School District Jr High/High Schools |
| SCHEDULE: | Teams play M-F evenings and can submit special schedule requests. |
| FEES: | $767.50 Team Fee; $20 Non-Resident Player Fee |
| REGISTRATION: | Oct 16-Nov 3 |
| END OF SEASON TOURNAMENT (OPTIONAL): | $120 Feb 27-March 14 |

VOLLEYBALL
COED WINTER ADULT VOLLEYBALL LEAGUE
This league is open to players of all abilities, Power division is our most competitive and Competitive 7 is our most recreational league. Teams play one game per week on the assigned night of your division. The city provides one referee per game and the top 50% in each division will move into a single elimination bracket.

| DIVISIONS: | Coed Power, Competitive 1-7 |
| ELIGIBILITY: | (16+) Men’s and Women’s |
| LEAGUE PLAY: | Nov 27-Feb 23. Top 50% of each division move into a single elimination tournament. |
| LOCATION: | Fort Boise Community Center, Fairmont Jr. High, South Jr. High, Timberline |
| SCHEDULE: | Teams play M-F evenings and can submit special schedule requests. |
| FEES: | $384 Team Fee; $20 Non-Resident Player Fee |
| REGISTRATION: | Oct 16-Nov 3 |
ADULT (AGES 18+)

BADMINTON
All skill levels welcome.

<table>
<thead>
<tr>
<th>AGES</th>
<th>16+</th>
</tr>
</thead>
</table>
| DAY/TIME* | F / 6-9PM  
Continuous  
Su / 2-5PM  
Oct 1-April 28 |
| LOCATION | Fort Boise CC |
| FEE | $5/day Adult,  
$4/day Senior (62+) |

BASKETBALL
Indoor court, locker room and showers provided. No registration necessary. All skill levels welcome.

<table>
<thead>
<tr>
<th>AGES</th>
<th>16+</th>
</tr>
</thead>
</table>
| DAY/TIME* | M / 11:30AM-2PM  
Continuous |
| DATES | |
| LOCATION | Fort Boise CC |
| FEE | $5/day Adult,  
$4/day Senior (62+) |

PICKLEBALL
All skill levels welcome. Some paddles will be available for use. Please bring paddles if you have your own.

<table>
<thead>
<tr>
<th>AGES</th>
<th>16+</th>
</tr>
</thead>
</table>
| DAY/TIME* | Tu, Th / 11AM-3PM  
F / 9AM-2PM |
| LOCATION | Fort Boise CC |
| DATES | Oct 3-Apr 30 |
| FEE | $5/day Adult,  
$4/day Senior (62+) |

VOLLEYBALL
Indoor court, locker room and showers provided. No registration necessary. All skill levels welcome.

<table>
<thead>
<tr>
<th>AGES</th>
<th>16+</th>
</tr>
</thead>
</table>
| DAY/TIME* | Sa / 9AM-1PM  
Su / 10AM-2PM |
| DATES | Oct 1-April 28 |
| LOCATION | Fort Boise CC |
| FEE | $5/day Adult,  
$4/day Senior (62+) |

VOLLEYBALL FOR SENIORS
All skill levels welcome.

<table>
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<tr>
<th>AGES</th>
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<tbody>
<tr>
<td>DAY/TIME*</td>
<td>M / 9-11:30AM</td>
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<tr>
<td>LOCATION</td>
<td>Fort Boise CC</td>
</tr>
<tr>
<td>DATES</td>
<td>Continuous</td>
</tr>
<tr>
<td>FEE</td>
<td>$4/day Senior (62+)</td>
</tr>
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</table>

REMEMBER! NO ADDITIONAL FEE FOR MONTHLY OR ANNUAL PASS HOLDERS.

READY TO RAKE?
Get the City of Boise Resident Leaf Collection Guide at CITYOFBOISE.ORG/COMPOST

CITY of BOISE
GET INVOLVED!

The City of Boise offers virtual participation in city meetings.

Learn more and view the calendar online.

CITYOFBOISE.ORG/PUBLIC-MEETINGS
**GUIDED TOUR HOURS**
Sundays  
Noon & 1:30 p.m.

**OPEN HOUSE HOURS**
Sundays & Mondays  
11 AM – 5 PM  
(Closed legal holidays)

Come take a FREE tour of this historic building and grounds. All ages welcome!

**DICK EARDLEY SENIOR CENTER**

**CRAFT BOUTIQUE**

Offering one-of-a-kind items that are hand-made locally by folks 50 and older.

**SHOP MON–FRI, 10AM–2PM**
690 ROBBINS ROAD  
208-608-7580  

**BOISE SKILLS ACADEMY**

**ON + OFF ICE INSTRUCTION**
**SKILL DEVELOPMENT**

in partnership with Idaho IceWorld

**WHEELCHAIR SPORTS**

**WHEELCHAIR RUGBY + BASKETBALL**
The city offers wheelchair rugby and wheelchair basketball and anyone can play.

Sports wheelchairs are provided. You don’t need to use a wheelchair to participate.

Get a great workout and try something new!
Dates and details on page 59 of the Activity Guide or call 208-608-7680 to learn more.

**CDAHOCKEYACADEMY.COM/BOISE**

**BOISE DEPOT**
OPEN HOUSES AND TOURS  
2603 W Eastover Terrace
FANTASTIC CREATURES – The Secrets of the Zoo
AGES 21+. Join other magizoologists to learn about the crazy creatures in Zoo Boise’s collection. Who is your patronus? Be it a lion, badger or eagle, all houses (even you snakes) are welcome! Come join us for an evening of learning and fun. Class includes up-close animal encounters but please note, no boa constrictors will be released during this program. Pop into our Warthog’s Head Inn for a treat and we will have beer, cider and wine available for purchase.

SUNSET AT THE ZOO
AGES 21+. See Zoo Boise in a whole new light! Experience the zoo after hours, learn about the daily rhythm of animals, and how we accommodate them. Enjoy a guided tour where you may see different animals and different behaviors after hours. Together we will have an evening of fun activities, up close animal encounters and seasonal appetizers. Beer, cider and wine available for purchase.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAY</th>
<th>TIME</th>
<th>DATE</th>
<th>LOCATION</th>
<th>FEE RES/NR</th>
<th>ACTIVITY#</th>
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<tbody>
<tr>
<td>FANTASTIC CREATURES – The Secrets of the Zoo (21+)</td>
<td>Th</td>
<td>6-8PM</td>
<td>Oct 26</td>
<td>Zoo Boise</td>
<td>$40*</td>
<td>130280-01</td>
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<tr>
<td>SUNSET AT THE ZOO (21+)</td>
<td>Th</td>
<td>6-8PM</td>
<td>Nov 16</td>
<td>Zoo Boise</td>
<td>$40*</td>
<td>130282-01</td>
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</table>

*This activity qualifies for the FoZB discount.

A unique city is defined by the quality of its arts and richness of its history.

Experience Boise through a variety of in-person and online cultural offerings including exhibitions, lectures, talks and tours, and other community events.

Donations Accepted All Year

Donations are needed to take youth from Boise Parks and Recreation’s after school programs shopping for holiday gifts for themselves and their families.

To donate, visit cityofboise.org/donations

boiseartsandhistory.org
THE CITY OF BOISE IS HIRING

YOU: GOOD HUMAN
US: HIRING GOOD HUMANS

Learn why the City of Boise is an amazing place to work, and how you can join our team of community-serving-super-humans. Capes not included.

208.972.8090 | cityofboise.org/JoinUs
ART IN THE PARK
Enjoy this Boise tradition and leave the driving to us! Grab a friend and join others for a fun afternoon in the park. Art, food, friends and fun!

BASQUE BLOCK TOUR
Spend the afternoon on the Basque Block. Tour the Basque Market, have lunch at a Basque restaurant and take a tour of the museum to learn about the Basque culture and its presence in Idaho. Cost of lunch is on your own.

BEE FARM TOUR
Visit a local bee apiary and learn about the work they do to help pollinate crops across the northwest, as well as the products they create. We will stop for lunch on our way. Cost of lunch is on your own.

BIRDS OF PREY FLIGHT SHOW
The World Center for Birds of Prey is located right here in Boise, ID. See the education birds fly outdoors, where they swoop and soar over the heads of audiences to show off their amazing aerial skills.

BOISE LITTLE THEATER
Dinner and a show! We will go to dinner as a group then to Boise Little Theater for Agatha Christie’s: The Murder of Roger Ackroyd.

CEMETERY TOUR
For well over 100 years, Morris Hill Cemetery has served as a repository of the city’s history and as a reflection of the growth and development of Boise and the West. Take a brief journey into our past and emerge with a greater appreciation for our history and a reverence for those who made it.

LIFETIME AND LEISURE (62+)

ACTIVITY LEVEL GUIDE
Some day trips require a lot of standing, walking or climbing stairs. Please refer to the key below for activity level of each activity.

- = this activity involves stairs
- = light standing or walking
- = long periods of standing, light walking
- = walking 1 mile or more/standing on hard surfaces

LOCATION KEY:
DESC – Dick Eardley Senior Center (690 Robbins Rd, Boise, ID)
WCC – Whitney Community Center (1609 S Owyhee St, Boise, ID)
MNCC – Morley Nelson Community Center (7701 W Northview St, Boise, ID)

** Seating on the shuttle will be based on registration.
Please contact the program staff if you have concerns.
LIFETIME AND LEISURE (62+)

COFFEE TASTING
Visit Dawson Taylor Coffee roasters for a lesson on the roasting process and coffee tasting. Trip includes coffee and food samples as well as a bag of specialty coffee to take home.

CRAFT & LUNCH
Let’s venture to Meridian! We will stop for lunch then go to Wood & Root to paint Christmas-themed door hangers. Fee includes all supplies for craft. Cost of lunch is on your own.

DIA DE LOS MUERTOS
Come learn the meaning of Día de los Muertos and join us for a mini altar workshop. Participate in the historical tradition of celebrating our loved ones who have passed by creating altars.

DINNER & A SHOW
Join us for the Music Theater of Idaho production of Sweeney Todd at the Nampa Civic Center. We will stop for dinner on the way to the show. Cost of dinner is on your own.

EMMETT FRUIT FARM
Another great Treasure Valley small town, we will visit a fruit farm in Emmett for some fruit picking, then go into town for some window shopping. All purchases are on your own.

ESCAPE ROOM
An escape room is an immersive and interactive real-life adventure where you and your team discover clues to escape within the time limit. Join us for a fun new adventure!

FARM TO FUN
Check out the final week of the Farmer’s Market in Caldwell. Live music, food, produce, crafts and a fun time with friends. All purchases are on your own.

HARVEST FESTIVAL
Let’s go to Middleton! We will check out the Middleton Harvest Festival: car show, craft vendors, food trucks, live music and more.

HIDDEN GEM MARKET
Imagine a market, yard sale, flea market and a crafters market all in one place! We will check out the Hidden Gem Market then stop for lunch. Cost of lunch is on your own.

IDAHO CITY HOT SPRINGS
Drive up Highway 21 to Idaho City, the first capital of Idaho. We will enjoy lunch in Idaho City then soak at The Springs. Cost covers transportation and hot springs fees. Lunch cost and snacks at the hot springs are on your own.

LIFETIME AND LEISURE

BONUS PROGRAMS

In Boise, many fun events are not advertised until just before they happen. Sometimes interest grows for a specific activity after the schedule has been printed. The BONUS programs will be one or more additional program announced each month where we will provide transportation and assistance. To find out about monthly bonus programs, be sure you are on our email list. If you prefer a phone call instead of email, just let us know! Please contact us at seniorcenter@cityofboise.org or 208-608-7580.
**LIFETIME AND LEISURE (62+)**

### MODEL RAILROAD MUSEUM

We will visit the Old Boise Model Railroad Club in Downtown Boise. This group is in the basement of the old Pioneer building. Please be advised there are stairs to navigate to access this area.

### SENIOR LIFESTYLE EXPO

Transportation to the Senior Lifestyle Expo at Expo Idaho, then lunch to discuss all we have learned! The Expo is the Treasure Valley’s premier health, activity and planning expo for seniors living in Idaho. Cost of lunch is on your own.

### SCENTSY LIGHTS & DINNER

Every year Scentsy decorates the grounds, known as “The Commons” with over 100,000 lights, providing a spectacular display for the public to enjoy. We will have a dinner at Louie’s Pizza & Italian Restaurant in Meridian then head out to see the lights. Dinner is included.

### WINE TASTING – Dude DeWalt Cellars

Located in the rugged Eagle foothills, this new winery strives to preserve the memory and legend of this incredible area. Enjoy the views, taste the wine, enjoy friendships and a relaxing afternoon. Cost of food and wine tasting is on your own.

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**REGISTER FOR CLASSES STARTING AT 7AM:**

cityofboise.org/parks

**AUGUST 14** (Residents)

**AUGUST 16** (Non-residents)

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<table>
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<tr>
<th>DATE</th>
<th>OUTING 62+</th>
<th>DAY</th>
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<td>Aug 29</td>
<td>CEMETERY TOUR</td>
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<td>ART IN THE PARK</td>
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<td>BEE FARM TOUR</td>
<td>Th</td>
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<td>Dick Eardley SC</td>
<td>$20/$30.45</td>
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<td>Sept 16</td>
<td>HARVEST FESTIVAL</td>
<td>Sa</td>
<td>10AM-3PM</td>
<td>Dick Eardley SC</td>
<td>$15/$22.70</td>
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<td>EMMETT FRUIT FARM</td>
<td>Tu</td>
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<td>$16/$24.25</td>
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<td>WINE TASTING – Dude DeWalt Cellars</td>
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<td>DESC/WCC</td>
<td>$20/$30.45</td>
<td>104066-01</td>
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<td>BOP – BIRDS OF PREY FLIGHT SHOW</td>
<td>F</td>
<td>9:45AM-1:30PM</td>
<td>Dick Eardley SC</td>
<td>$27/$41.30</td>
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<td>SENIOR LIFESTYLE EXPO</td>
<td>Sa</td>
<td>10AM-2PM</td>
<td>Dick Eardley SC</td>
<td>$15/$22.70</td>
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<td>Oct 12</td>
<td>IDAHO CITY HOT SPRINGS</td>
<td>Th</td>
<td>11AM-5PM</td>
<td>Dick Eardley SC</td>
<td>$49/$75.40</td>
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<td>Oct 14</td>
<td>HIDDEN GEM MARKET</td>
<td>Sa</td>
<td>10AM-1:30PM</td>
<td>Dick Eardley SC</td>
<td>$15/$22.70</td>
<td>104161-01</td>
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<td>Oct 17</td>
<td>CRAFT &amp; LUNCH</td>
<td>Tu</td>
<td>12:15-4:30PM</td>
<td>DESC/MNCC</td>
<td>$45/$69.20</td>
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<td>DINNER &amp; A SHOW</td>
<td>Th</td>
<td>4:30-10:30PM</td>
<td>Dick Eardley SC</td>
<td>$55/$84.70</td>
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<td>Oct 24</td>
<td>BASQUE BLOCK TOUR</td>
<td>Tu</td>
<td>12:30-4PM</td>
<td>Dick Eardley SC</td>
<td>$20/$30.45</td>
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<td>BOISE LITTLE THEATER</td>
<td>Th</td>
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<td>Dick Eardley SC</td>
<td>$29/$44.40</td>
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<td>Oct 28</td>
<td>DIA DE LOS MUERTOS</td>
<td>Sa</td>
<td>10:30AM-1PM</td>
<td>Dick Eardley SC</td>
<td>$15/$22.70</td>
<td>104104-01</td>
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<td>COFFEE TASTING</td>
<td>Su</td>
<td>9:45AM-12PM</td>
<td>Dick Eardley SC</td>
<td>$31/$47.50</td>
<td>104098-01</td>
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<td>Nov 2</td>
<td>MODEL RAILROAD MUSEUM</td>
<td>Th</td>
<td>1:15-3:30PM</td>
<td>Dick Eardley SC</td>
<td>$18/$27.35</td>
<td>104246-01</td>
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<td>Nov 7</td>
<td>ESCAPE ROOM</td>
<td>Tu</td>
<td>1:30-5:30PM</td>
<td>Dick Eardley SC</td>
<td>$50/$76.95</td>
<td>104055-01</td>
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<td>Nov 30</td>
<td>IDAHO CITY HOT SPRINGS</td>
<td>Th</td>
<td>10AM-5PM</td>
<td>Dick Eardley SC</td>
<td>$49/$75.40</td>
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<td>Dec 12</td>
<td>SCENTSY LIGHTS &amp; DINNER</td>
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<td>Dick Eardley SC</td>
<td>$35/$53.70</td>
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*The bus leaves from the second location 15 minutes later than the printed time. You will be given an option of pickup location at the time of registration. See key for location names and addresses.
Alaska Discovery Land & Cruise – July 31-August 11, 2024

Discover the Colors of New England – Oct. 4-11, 2024

Southern Charm Holiday – December 2024

Call 208-608-7580 to save your spot.
TTY: 1-800-377-3529

Dick Eardley Senior Center
690 Robbins Road, Boise | 208-608-7580

TRAVEL WITH US

INFORMATIONAL MEETING
Dick Eardley Senior Center | Sept. 12 | 10-11 a.m.
Collette Travel will present travel information for trips scheduled in 2024. Seating is limited.

 SENIOR HEALTH + SAFETY FAIR
OCTOBER 17 | 10:30AM-12PM

- Enjoy health and safety-related demonstrations and activities.
- Meet local service providers.
- Sample healthy snacks.
- Take home fun giveaways.
- Clinics include enhanced flu shots, blood pressure checks and hearing tests.

Dick Eardley Senior Center
690 Robbins Road, Boise | 208-608-7580

MY GATEWAY TO BUCKET LIST TRAVEL
An easy launch pad for your travel wish list.

PUNCH CARDS
Purchase punch cards at the Senior Center, leave them at the Senior Center.
We’ll keep track of your balance and let you know when it’s time to renew.

Punch cards are good for $20 worth of drop-in programs at the Senior Center and can be used in conjunction with scholarships.
Stop by or call 208-608-7580 for details.
ABOUT

The Dick Eardley Senior Center is a meeting place where older adults can participate in a variety of programs, classes, activities and services focused on health, life-long learning, recreation and more. It is a lively place that connects older adults to the community, where they can take classes, share a meal, engage in games and activities, and socialize. We offer a welcome orientation and facility tour on the second Wednesday of each month beginning at 11AM. Join us!

FINANCIAL ASSISTANCE

Boise Parks and Recreation offers financial scholarships to qualified adults age 62 and older. Scholarships can help pay for classes and activities. To find out if you qualify, apply in advance at the Dick Eardley Senior Center or Fort Boise Community Center.

ON-SITE SHOPPING

The center features a craft boutique offering one-of-a-kind items that are made locally by people age 50 and older. There is also a community thrift store on site where donations of new and slightly used items are always welcome. Proceeds from the thrift store help provide programs and services for seniors. Both stores are open 10AM-2PM Monday-Friday.

DONATIONS

We rely on monetary donations so that we can offer unique and creative programming and scholarships to older adults who have financial difficulties. Please send tax-deductible donations to the Dick Eardley Senior Center, c/o Boise Parks and Recreation, 690 Robbins Road, Boise, ID 83702. Thrift store donations are also accepted at the same location during regular business hours.

DICK EARDLEY SENIOR CENTER

ADDRESS: 690 Robbins Road
PHONE: 208-608-7580
EMAIL: seniorcenter@cityofboise.org
WEB: cityofboise.org/senior-center
HOURS: Monday-Friday from 9AM-5PM.
LUNCH: Lunch is served on site by Metro Boise Meals on Wheels and served weekdays from 12-12:30PM. For Meals on Wheels information, call 208-321-0031.

HOLIDAY CLOSURES:
Labor Day, September 4
Veterans Day, November 10
Thanksgiving, November 23 & 24
Christmas, December 25
New Year’s Day, January 1

CARDs & GAMES

BRIDGE
Monday & Thursday 1-5PM, $2 per visit.
CANASTA
Wednesday 1-5PM, $2 per visit.
CRIBBAGE
Wednesday 10AM-12PM, $2 per visit.
EUCHRE
Tuesday 1-5PM, $2 per visit.
MAHJONG
Tuesday 1-5PM, $2 per visit.
MEXICAN TRAIN
Monday 1-5PM, $2 per visit.
INTRO TO PINOCHLE
Friday 2-5PM, $2 per visit.
RUMMIKUB
Thursday 1-5PM, $2 per visit.
PINOCHLE
Friday 10AM-2PM, $2 per visit.
FIT AND FALL PROOF

Tuesday & Friday 1-2PM, FREE. Offered through a partnership with Central District Health.

LONGEVITY STICK

Tuesday 10:30-11:30AM, $2 per visit. Longevity stick incorporates movements designed to improve balance, flexibility, strength and mental focus.

SOCIAL

ACRYLICS SOCIAL GROUP
Wednesday 1-3PM, $2 per visit or $5 includes materials.
ARTS & CRAFTS SOCIAL GROUP
Tuesday 2-4PM, $2 per visit. Call the front desk for information.
BILLIARDS
Monday-Friday 9AM-5PM, $2 per visit.
BINGO
Thursday 10-11AM, FREE.
BOOK CLUB
Monthly, FREE. Call the front desk for information.
Tour Tuesdays at
THE WATERSHED

FREE TOURS of the Water Renewal Facility
the second Tuesday of each month.
Ages 5+

Register online
boisewatershed.org

INBODY
BODY COMPOSITION SCAN

Transform your fitness journey this October!

Uncover your body’s true composition with our quick and non-invasive InBody scan. Discover muscle/skeletal mass, fat, and water percentages in under 5 minutes.

Free for Fort Boise Community Center pass holders; $25 for non-pass holders.

Turn to page 38 for details.

<table>
<thead>
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<th>DATES</th>
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<tr>
<td>Tu</td>
<td>8 AM - 10 AM</td>
<td>Dec 12</td>
<td>$25</td>
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</tbody>
</table>

VOLUNTEER WITH US

We are always looking for individuals or groups!

cityofboise.org/volunteer
**SOCIAL CON’T**

**CHAT-N-CHewing SOCIAL GROUP**  
Thursday 10-11:30AM, $2 per visit.

**DRUMMING DIVAS**  
Thursday 11:30AM-12:30PM, $2 per visit. Drumming circle. Bring a drum or borrow one.

**KNITTING/CROCHETING**  
Wednesday 10AM-12PM, $2 per visit.

**SENIOR ENTREPRENEURS**  
2nd and 4th Thursday 1-2:30PM, FREE. A support group aimed at bringing together aspiring older adults and professional advisors who can help guide efforts at entrepreneurship and small-business management. Call to sign up, 208-608-7580.

**TECHNOLOGY EDUCATION**

**TECHNOLOGY LECTURES**  
Opportunities to enhance your technology skills are made possible through a partnership between LEARN Idaho and AARP’s Senior Planet. Lectures are scheduled 10:30-11:45 a.m. Space is limited. Give us a call at 208-608-7580 to sign up.

- **SEPT. 11** – Intro to Managing Your Privacy  
- **OCT. 9** – YouTube  
- **OCT. 16** – Messaging Apps  
- **OCT. 23** – Money Matters

**OLD ADULTS (AGES 62+)**

- **OLDER ADULTS (AG**  
- **MESSAGING APPS**  
- **OCT. 16** –  
- **OCT. 9** – YouTube  
- **SEPT. 11** – Intro to Managing Your Privacy  
- **NOV. 6** – Mobile Health Apps  
- **NOV. 13** – MyChart  
- **NOV. 20** – Telemedicine  
- **NOV. 27** – Online Shopping  
- **DEC. 4** – Smartphones at a Glance  
- **DEC. 11** – Tips for Being News Savvy Online

**TRAVEL**

Boise Parks and Recreation has partnered with multiple travel companies to present senior-friendly tours to different parts of the U.S. and around the world! Brochures are available at the front desk.

**TRAVEL PRESENTATION, Tuesday, Sept. 12, 10AM**  
Call 208-608-7580 to RSVP. Join Collette Travel for a presentation about trips in 2024: Alaska Discovery (July 2024), Colors of New England (October 2024) and Southern Charm Holiday (December 2024). Are you on our email list? Be the first to know as new travel opportunities are added. Email seniorcenter@cityofboise.org.

**HAPPY HOLIDAY HOP, Thursday, Dec. 7, 4-6PM**  
Join us for music, dancing, and appetizers in a festive holiday setting. A no-host beer and wine bar will be available. Tickets are $5 each. Advanced purchase required by Dec. 5 at 5PM.

**FOR YOUR HEALTH**

**BLOOD PRESSURE CLINIC**  
2nd and 4th Thursdays 11-12:30PM, FREE.

**MEDITATION FOR HEALTH & WELLNESS**  
2nd Friday 11:15-11:45AM, FREE.

**PET THERAPY VISITS**  
Last Thursday of each month, 11AM-12PM Come and give good-dog pats to Taco and Patches.

**SENIOR HEALTH & SAFETY FAIR, Tuesday, Oct. 17, 10:30AM-12PM**  
If you’re age 55 or better, this health fair is for you. Participate in health and safety demonstrations, meet local service providers, and enjoy giveaways and healthy snacks. Clinics include enhanced flu shots, blood pressure checks, hearing tests and more.

**SPECIAL EVENTS**

**AUTUMN JAMBOREE, Thursday, Sept. 21, 4-6PM**  
Join us for music, dancing, and light snacks. A no-host beer and wine bar will be available. Tickets are $5 each. Advanced purchase required by Sept. 19 at 5PM.

**HALLOWEEN COSTUME CONTEST, Tuesday, Oct. 31, 12PM**  
Come dressed in your Halloween best and you just might win a prize. We’ll rely on the applause-o-meter to pick this year’s winners. Categories are Funniest, Spookiest, Best Couples/Group and Wow! Everyone is invited.

**VETERANS DAY CELEBRATION, Thursday, Nov. 9, 12PM**  
Veterans and their families are invited to join us for a lunchtime celebration. Staff will play the Armed Forces Medley on the piano, and veterans in attendance will be encouraged to stand while their military branch song is played. Veterans will also receive a commemorative lapel pin to wear for the day. Thank you for your service!

**42nd ANNUAL HOLIDAY BAZAAR, Saturday, Nov. 18, 10AM-2PM**  
Deck the halls and get your Christmas shopping off to a solid start! We’ll host dozens of crafters, artists, and distributors so you can find what you need to decorate for the holidays and give the perfect gift to everyone on your list. Be sure to visit our thrift store and craft boutique while you’re here. Lunch items, popcorn and beverages will be available to purchase.

**ABOUT**

**Drop-In Programs**

We offer daily programs for older adults. Most classes have a small fee which can be paid at the start of each class. A punch card is available with $20 worth of classes. Those with a punch card do not need to bring money each day; instead, they can just use their card which can be stored at the front desk.

**Educational Opportunities**

The Dick Eardley Senior Center offers a variety of educational opportunities to challenge the mind, learn a new skill, or engage with like-minded individuals. Sign up for the monthly newsletter or call the front desk for current information, 208-608-7580.
MEALS ON WHEELS
METRO BOISE
is proud to partner with the Dick Eardley Senior Center.
• Lunch served weekdays: 12:00-12:30 p.m.
• $4 for ages 60+ (suggested donation)
• $6 under age 60

(208) 321-0030
MetroMealsOnWheels.net

SMOKE ALARMS
SAVE LIVES
Working smoke detectors save lives. Install one in every bedroom and check batteries twice a year.
Know someone in need of a smoke detector? Call (208) 570-6500.

SCHOLARSHIPS AVAILABLE
Boise Parks and Recreation offers scholarships based on income. Scholarships available for youth, adults with disabilities and for individuals 62 years and older.

If you would like scholarship assistance, please apply in advance by visiting cityofboise.org/scholarships

DOWNLOAD
IDA – AN IDAHO LIBRARY APP
Access your Boise Public Library account on-the-go!
Search the catalog | Place holds
Manage your account
Request curbside pickup
Check out books from your phone

App available for iOS and Android devices.

Ida is available for all library cardholders of the Boise Public Library.
boisepubliclibrary.org.
AdVenture offers a variety of adaptive recreation opportunities for groups, including art, dance, outdoor adventures and more. We use the expertise and resources of the AdVenture program to customize recreation programs to meet your group’s specific needs and goals. Please contact 208-608-7687 for more information.
## CLASSES & CLUBS

### ADAPTIVE ART

**AGES 15+** Participants with disabilities will explore several forms of art ranging from pottery, drawing, painting and more.

### ADAPTIVE COOKING CLASS

**AGES 15+** Help prepare meals that we will eat together as a group. We will improve our cooking skills, socialize with friends and take part in clean-up duties. We are unfortunately unable to accommodate special diets. Please call 208-608-7681 with any questions.

### ADAPTIVE YOGA

**AGES 15+** Designed for individuals who have disabilities, our instructor is great at adapting yoga poses for people of all abilities.

### ADVENTURE WALKING CLUB

**AGES 15+** Designed for individuals with disabilities who enjoy a leisurely walks in the park and can stay with the group. Meets rain or shine.

### BOWLING CLUB

**AGES 16+** A fun, noncompetitive bowling group offering socialization opportunities for

### DANCE ABILITY

**AGES 12+** Explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance.

### FITNESS CLASS

**AGES 15+** Work on stretching, band workouts and aerobic activity. Classes are structured for different levels of ability. The 4PM class will focus on more advanced techniques and students will need to follow two-step directions.

### ICE SKATING – Adaptive

**5+** Students will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Enrollment based on instructor availability.

### ICE SKATING – Jingle Blade Ice Show Cast (Adaptive)

**AGES 5+** Find more information on page 18.

### MUSIC CLASS

**AGES 12+** Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. No music experience is needed.

### Schedule

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
<th>DATE</th>
<th>LOCATION</th>
<th>FEE</th>
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<td>Sa</td>
<td>10-11AM</td>
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<td>M</td>
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<td>Oct 31-Dec 12*</td>
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<td>15+</td>
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<td><strong>ADVENTURE WALKING CLUB</strong></td>
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<td><strong>ICE SKATING – Adaptive</strong></td>
<td>5+</td>
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<td>Varies</td>
<td>Varies</td>
<td>Idaho IceWorld</td>
<td>Varies</td>
<td>Call 208-608-7718</td>
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*No class Nov 20-25  **Registration Deadline Sept 12
**CLASSES & CLUBS CON’T**

**SOCIAL CLUBS**

**AGES 18+** These clubs are ideal social opportunities for adults with disabilities. Activities may include sporting events, movies, and bowling. Members of the club will need to bring $4-$7 for each day to cover activity costs. A detailed schedule will be available.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
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<th>FEE</th>
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<td>Oct 26-Dec 14^</td>
<td>Morley Nelson CC</td>
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<td>$100</td>
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</table>

*No class Nov 20-25

**ONE-DAY ACTIVITIES**

**ADAPTIVE BIKE FITTING**

**AGES 16+** Not sure what adaptive cycle will work for you during an AdVenture bike ride? Schedule an adaptive bike fitting with one of our Adaptive Recreation staff. During this 30-45 minute session, we’ll show you a variety of the adaptive cycles that are part of our fleet. Please note, we do not sell bikes, this is for educational purposes only. Bike fittings cost $5 per person and must be scheduled in advance by calling 208-608-7681.

**ADAPTIVE BIKE RIDE**

**AGES 16+** Join us for an hour-long adaptive bike ride along the beautiful Boise Greenbelt. Bring your own bike or use one of our adaptive hand cycles, adult tricycles, recumbent tricycles, or tandem bikes or trikes (call 208-608-7680 for bike availability and reservations). These rides are designed as supervised group rides and are not bike riding lessons; however, proper trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist. *Youth under 16 are welcome but must attend with an adult.

**ADAPTIVE BIKE RIDE & PICNIC**

**AGES 16+** This program is very similar to the Adaptive Bike Ride (please see previous description), however, at this activity we will have lunch after the hour-long ride. Bring your own bike or use one of AdVenture’s adaptive cycles (call 208-608-7680 for bike availability and reservations). Participants must be able to follow directions and stay with the group or attend with someone who can assist.

**BIRDS OF PREY TRIP**

**AGES 16+** Learn about the local birds of prey and if the weather allows, watch the flight show at the World Center for Birds of Prey. Before checking out the birds we will socialize over lunch.

**CERAMICA & LUNCH**

**AGES 16+** During this fun activity, we will get creative painting a piece of pottery at Ceramica and then go out to lunch.

**CORN MAZE ADVENTURE**

**AGES 16+** Navigate your way through an elaborate maze cut through a local corn field. Before taking a journey through the corn maze we will go out to eat. Participants must be able to stay with the group or attend with someone to assist who also enrolls.

**DANCING & PIZZA**

**AGES 18+** Join AdVenture at two separate Arc, Inc. dances. In October, dress up in your best costume for the Halloween Dance and in December, celebrate the holiday season at the Holiday Ball. Before the dance we will socialize over a pizza dinner.

**DINE & DECORATE**

**AGES 16+** Get creative with AdVenture! We will socialize over a meal and then create seasonally themed arts and crafts projects.

**DINNER & A MOVIE**

**AGES 18+** Enjoy dinner and a movie during these fun Friday evenings! We will go out to dinner and then watch a movie (rated G-PG13) at a local movie theater.

**DISCOVERY CENTER & LUNCH**

**AGES 16+** Have fun learning about science at the Discovery Center of Idaho. After exploring the cool, hands-on activities, we will go out to lunch.

**FOOTHILLS HIKE & DINNER**

**AGES 16+** Socialize over dinner and then go on a relaxed hike in the beautiful Boise Foothills.

**GAME NIGHT & DINNER**

**AGES 16+** It’s game night with AdVenture! We will play board games, BINGO, shuffleboard and more. We will also eat pizza and make ice cream sundaes.

**GAMES & DINNER AT THE PARK**

**AGES 16+** Try out the fun and relaxed sport of Bocce, Disc Golf and more at the park! We will also eat takeout dinner in the park.

**HALLOWEEN PARTY**

**AGES 16+** Celebrate Halloween by having a pizza dinner, tie-dyeing and carving a pumpkin. Fee includes an item for tie-dyeing, pizza dinner and a pumpkin for carving. Participants are welcome to dress up!

**HOLIDAY CRAFTS & PIZZA**

**AGES 16+** Get creative this winter with AdVenture! We will decorate cookies, create holiday crafts and cards that you get to take home, and socialize over a pizza lunch.

**HOLIDAY LIGHTS & DINNER**

**AGES 16+** Join us for dinner and a trip to the beautiful Winter Garden aGlow at the Idaho Botanical Garden. This dazzling, festive display has almost 250,000 lights arranged throughout the garden and is sure to amaze you!
# One-Day Activities Con't

## Holiday Party

**All Ages** Celebrate the season with AdVenture at the annual Holiday Party. We will celebrate the holidays by offering entertainment featuring games, crafts, music and activities for everyone. This party is fun for the whole family and there will be great prizes, as well as dinner. We think Santa will even show up to spread holiday cheer! Advanced registration is required.

### Hot Springs Trip

**Ages 18+** Soak at a beautiful Idaho hot spring resort with AdVenture. This fun outing also includes a late lunch in Idaho City. The cost includes transportation from Fort Boise Community Center, lunch and the hot springs entrance fee. The hot spring is accessible and has a lift, however, there is no lifeguard on duty so participants should know their swimming limits.

### Idaho State Museum & Lunch

**Ages 16+** Explore the history of our great state at the Idaho State Museum and then go out to lunch.

### Scholarships Available:
cityofboise.org/scholarships

## Class | Age | Day | Time | Date | Location | Fee | Activity# |
--- | --- | --- | --- | --- | --- | --- | --- |
Adaptive Bike Ride | 16+ | W | 5:30-7PM | Sept 6 | Kristin Armstrong Municipal Park | $8 | 100737-01 |
| | | | | Sept 13 | 100737-02 |
| | | | | Sept 20 | 100737-03 |
| | | | | Sept 27 | 100737-04 |
| | | 5-6:30PM | Oct 11 | 100737-05 |
| | | | | Oct 18 | 100737-06 |

Adaptive Bike Ride & Picnic | 16+ | Sa | 9:30AM-12PM | Sept 16 | Kristin Armstrong Municipal Park | $18 | 100738-01 |
| | | | | Oct 14 | 100738-02 |

Birds of Prey Trip | 16+ | F | 11:45AM-5:15PM | Oct 13 | Fort Boise CC | $34 | 100530-01 |

Ceramica & Lunch | 16+ | Sa | 10AM-1PM | Sept 9 | Fort Boise CC | $34 | 100744-01 |
| | | | | Dec 2 | 100744-02 |

Corn Maze Adventure | 16+ | Sa | 11AM-3PM | Oct 7 | Fort Boise CC | $38 | 100515-01 |
| | | | | Oct 13 | 100515-02 |

Dancing & Pizza | 18+ | F | 5:30-9:30PM | Oct 27 | Dick Eardley SC | $22 | 100701-01 |
| | | | | Dec 15 | 100701-02 |

Dine & Decorate – Halloween Decor | 16+ | W | 5:30-8PM | Oct 4 | Dick Eardley SC | $34 | 100545-01 |
| | | | | Nov 8 | 100545-02 |
| | | | | Dec 11 | 100545-03 |
| | | | | Dec 18 | 100545-04 |

Dine & Decorate – Harvest Decor |

Dine & Decorate – Winter Painting |

Dine & Decorate – Gingerbread Houses |

Dinner & A Movie – Qdoba* |

Dinner & A Movie – Mongolian BBQ* |

Dinner & A Movie – Idaho Pizza Co.* |

Dinner & A Movie – Big Jud’s* |

Dinner & A Movie – Eddie’s Restaurant* |

Dinner & A Movie – Chapala Mexican* |

Discovery Center & Lunch | 16+ | F | 10AM-1:30PM | Oct 27 | Fort Boise CC | $35 | 100560-01 |

Foothills Hike & Dinner | 16+ | Th | 5:30-8PM | Sept 14 | Dick Eardley SC | $25 | 100620-01 |

Game Night & Dinner | 16+ | Sa | 5-7:30PM | Nov 18 | Dick Eardley SC | $22 | 100510-01 |

Games & Dinner at the Park | 16+ | Sa | 5-7:30PM | Sept 23 | Kristin Armstrong Municipal Park | $26 | 100716-01 |

Halloween Party | 16+ | Sa | 5-7:30PM | Oct 28 | Dick Eardley SC | $31 | 100522-01 |

Holiday Crafts & Pizza | 16+ | Sa | 10AM-12:30PM | Dec 9 | Dick Eardley SC | $28 | 100745-01 |

Holiday Lights & Dinner | 16+ | W | 5:30-8:30PM | Dec 6 | Fort Boise CC | $30 | 100535-01 |
| | | | | Dec 13 | 100535-02 |

Holiday Party | All** | F | 6-9PM | Dec 1 | Dick Eardley SC | $7 | 100526-01 |

Hot Springs Trip | 18+ | Sa | 9AM-3:30PM | Nov 4 | Fort Boise CC | $54 | 100713-01 |

Idaho State Museum & Lunch | 16+ | F | 10AM-1PM | Sept 22 | Fort Boise CC | $35 | 100742-01 |

* Restaurant location could change due to availability.  **Youth under age 18 are welcome but must attend with an adult who also enrolls.
ONE-DAY ACTIVITIES

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
<th>DATE</th>
<th>LOCATION</th>
<th>FEE</th>
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<tbody>
<tr>
<td>MINI GOLF &amp; MEAL</td>
<td>16+</td>
<td>F</td>
<td>5:30-9PM</td>
<td>Sept 15</td>
<td>Fort Boise CC</td>
<td>$30</td>
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<tr>
<td></td>
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<td>Sa</td>
<td>12:30-4PM</td>
<td>Oct 14</td>
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<tr>
<td>MUSIC NIGHT &amp; DINNER</td>
<td>18+</td>
<td>Tu</td>
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<td>Sept 12</td>
<td>Dick Eardley SC</td>
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<td>OLD PENITENTIARY TOUR &amp; LUNCH</td>
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<td>POTTERY, LUNCH &amp; ZOO TRIP</td>
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<td>Dick Eardley SC</td>
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<tr>
<td>PUMPKIN CARVING &amp; LUNCH</td>
<td>16+</td>
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<tr>
<td>TALENT SHOW &amp; PIZZA</td>
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<tr>
<td>THEATER &amp; LUNCH</td>
<td>18+</td>
<td>F</td>
<td>9AM-4PM</td>
<td>Sep 3</td>
<td>Fort Boise CC</td>
<td>$32</td>
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<tr>
<td>THREE ISLAND CROSSING TRIP</td>
<td>16+</td>
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<td>TRIVIA NIGHT &amp; PIZZA</td>
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<td>ZOO BOISE ADAPTIVE EVENING &amp; DINNER</td>
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<td>Sa</td>
<td>5:30-8PM</td>
<td>Oct 21</td>
<td>Dick Eardley SC</td>
<td>$25</td>
<td>100524-01</td>
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<tr>
<td>ZOO &amp; DINNER</td>
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<td>F</td>
<td>3-6PM</td>
<td>Sept 29</td>
<td>Zoo Boise</td>
<td>$30</td>
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</tr>
</tbody>
</table>

MINI GOLF & MEAL
AGES 16+ Join us for a social day playing mini golf and going out to eat.

MUSIC NIGHT & DINNER
AGES 18+ We have a super fun music night planned! We will make our own instruments, play drums and other percussion instruments, sing along to music videos and socialize over takeout dinner.

OLD PENITENTIARY TOUR & LUNCH
AGES 18+ Join us for lunch and then go on a tour of the historic and fascinating Old Idaho Penitentiary.

PLANETARIUM & LUNCH
AGES 16+ Check out the College of Idaho’s planetarium in Caldwell and go out to lunch on this fun adventure.

POTTERY, LUNCH & ZOO TRIP
AGES 16+ Create a unique pottery piece, go out to lunch and then take a trip to the zoo. Participants must be able to stay with the group.

PUMPKIN CARVING & LUNCH
AGES 16+ Join us for a fall pumpkin day! We will pick out the perfect pumpkin, go out to lunch and then get creative carving our pumpkins.

NEW! TALENT SHOW & PIZZA
AGES 18+ Share your special talent with AdVenture! We will eat a pizza dinner and then everyone will have the opportunity to share their talent with the group (you do not have to preform to join us). Talents could be singing, dancing, telling jokes and so much more.

THEATER & LUNCH
AGES 18+ Let’s see a play at Boise Little Theater! Before going to the theater, we will socialize over a meal. Participants must have the ability to sit quietly through a two-hour play. In September we will see “Sherwood: The Adventures of Robin Hood” and we will see “A Christmas Carol” in December. Before enrolling, please view play descriptions at boiselittletheater.org to make sure the play is a good fit for you.

THREE ISLAND CROSSING TRIP
AGES 16+ Visit the beautiful Three Island Crossing State Park and learn about the history of the area and the Oregon Trail. Tour the History Center, eat a picnic lunch, play disc golf and check out the birds. Please be ready for an active day of exploring.

NEW! TRIVIA NIGHT & PIZZA
AGES 18+ Socialize over a pizza dinner and then play trivia!

NEW! ZOO BOISE ADAPTIVE EVENING & DINNER
AGES 16+ AdVenture is taking a group to the “Adaptive Evening at the Zoo” which is a special event that includes a tour, up-close animal encounters and more. We will socialize over dinner before going to the zoo. This activity will be held mostly outdoors and participants must be able to stay with the group.

ZOO & DINNER
AGES 16+ Check out the cool animals at Zoo Boise! After our trip to the zoo, we will socialize over dinner in the park. Participants must be able to stay with the group.
ADAPTIVE CYCLING
AdVenture offers many adaptive bike rides and participants can use one of our adaptive cycles (handcycles, recumbent trikes, tandems etc.) or bring their own. Please see page 56 for dates or call 208-608-7680 to learn more.

ADAPTIVE SPORTS DAY
ALL AGES  Try wheelchair tennis, wheelchair basketball and wheelchair rugby all in one day! Sports wheelchairs are provided or bring your own. This is an all-ages event, however, youth under 18 must attend with an adult. This event is free but advance registration is required. Snacks will be provided.

WHEELCHAIR BASKETBALL – Skills & Drills
AGES 6+ Learn how to play wheelchair basketball. Beginners and experts of all ages are welcome at this wheelchair basketball skills development class. You do not have to have a disability to play. Basketball wheelchairs are provided. Please register for the session, drop-in is not available.

WHEELCHAIR BASKETBALL
AGES 18+** Come play pick-up wheelchair basketball. The first hour is designed for beginning and intermediate players and the second hour will be more competitive. You do not have to have a disability to play. Wheelchairs are provided. Drop-in fee is $5 or enroll in the session.

WHEELCHAIR RUGBY
AGES 18+** This Paralympic Sport is a fast-paced and high-contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well. You will learn the rules, develop your skills and scrimmage during practice. Rugby wheelchairs are provided.

WHEELCHAIR RUGBY FOOD & TOY DRIVES
AGES 18+ The Boise Bombers Wheelchair Rugby Team and the AdVenture Program present the 10th annual Wheelchair Rugby Food and Toy Drives. The Bombers will play local sports teams, but adults are welcome to drop-in and play. Rugby wheelchairs are provided. On November 18, please bring canned food, boxed food or a turkey to play. On December 9, please bring unwrapped toys for Toys for Tots. Spectators of all ages are welcome, food or toy donations are appreciated. Call 208-608-7681 to learn more.
FALL 2023 ACTIVITY GUIDE

VOLUNTEER

FIELD GUIDE
To Boise’s Birds

Birds are found in nearly every city setting, from urban micro parks to the sprawling foothills that border our northeastern edge. Birds visit backyard feeders, perch in low shrubs and on tall structures, swim in our river, lakes and ponds, nest in our trees and soar overhead. A variety of Boise’s habitats attract and support hundreds of species, and we invite you to explore some of the area’s most common birds.

The Field Guide to Boise’s Birds is available for free online. Printed versions can be purchased at the Boise Parks and Recreation Administration Office for $8 plus tax.

EDUCATION

Idaho Master Naturalists
Calling all nature nuts! The City of Trees Idaho Master Naturalist chapter is seeking participants for its 2024 class. The Idaho Master Naturalist program is an adult environmental education and volunteer program that engages participants in the stewardship of Idaho’s natural world.

Participants certify as an Idaho Master Naturalist by completing 40 hours of education and 40 hours of volunteer service with the City of Trees chapter. Classes take place twice a month on Wednesday mornings, 9AM-12PM, from March-October. There is a $100 participant fee. For more information, please contact Jerry Pugh, Community Volunteer Coordinator (208-608-7617, jpugh@cityofboise.org).

VOLUNTEER OPPORTUNITIES

National Public Lands Day, September 23; 9AM-12PM
Join us on National Public Lands Day to help care for your local public lands. This year marks the 30th year of the national event sponsored by the National Environmental Education Foundation, during which hundreds of thousands of volunteers across the country will volunteer to help care for their public lands.

2024 Tree Stewards, Thursday Mornings; 9-11AM
Do you have a love for trees or want to learn more about them? Boise Parks and Recreation is currently seeking participants for its 2024 Tree Steward program. The program provides opportunities for residents to learn about and care for our community’s trees through training and hands-on experience.

Volunteers will complete an orientation in late March/early April 2024, with trained and certified tree care professionals who teach how to identify trees, how trees grow, proper planting techniques, pruning basics and how to diagnose common tree problems. Participants will help care for park trees on Thursday mornings through October. Participants that complete 30 hours of service during the year become certified Tree Stewards.

Tree Wrapping, Tuesdays; 10AM-12PM
The Boise River riparian corridor provides critical habitat for a wide range of species including Bald eagles. Black cottonwoods and willows are critical components of this habitat and unfortunately are also a favorite food and construction resource for the American beaver.

CONTACT:
Jerry Pugh
Community Programs Coordinator
Boise Parks and Recreation
208-608-7617
jpugh@cityofboise.org
VOLUNTEER OPPORTUNITIES
cityofboise.org/caringforparks
Beginning this fall/early winter, we need your help protecting trees from beaver damage by wrapping them with wire and replacing old wire. Volunteers may also assist with noxious and invasive species control, as well as other riparian stewardship projects. We will tackle a different section of the river corridor each week on Tuesdays, 10AM-2PM.

**Service Projects**

Service projects can be scheduled throughout the season. These are typically one-time efforts that range from 3-4 hours, depending on location and group size. Common projects include park spruce-ups, tree mulching, amenity painting and repair, trash pick-up and tree wrapping.

**Zoo Boise**

Zoo Boise, our mission is to connect our community with wildlife conservation worldwide. Throughout the year, we are looking for passionate, conservation-driven volunteers to provide a fun and educational experience for our visitors. Volunteer opportunities include:

- Raising funds for conservation at the Sloth Bear and Giraffe feeding stations as a Zoo Naturalist
- Volunteering at one of our amazing annual events including Boo at the Zoo
- Sharing the value of volunteering with your pre-teen as Zoo Family Ambassadors
- Greeting, hosting and educating visitors as a Zoo Ambassador

Find out about great volunteer opportunities at the zoo by visiting zooboise.org.
Facility Rentals

BOISE DEPOT
The Boise Depot is a unique venue for weddings, parties, corporate and fundraising events. A beautiful historic Spanish-style structure, the Depot was opened in 1925 to elaborate fanfare in the capital city.

The Great Hall, a 3,542-square-foot space with a soaring multi-story atrium, once served as the building’s waiting room. The original 1925 Barkalow Brothers Newsstand has been slightly restored and is featured on the west wall. With a splendid panoramic view of the Boise Front, the grounds include Platt Gardens, a lovely park with pathways, a gazebo and ponds.

The Great Hall may be reserved 365 days in advance. Maximum occupancy is 300 or 165 for sit-down events.

Boise Depot Fees*

**GREAT HALL RATES**

8 Hours or Fridays and Saturdays ........................................ $1,060**
5 hours .............................................................................. $655**
6 hours .............................................................................. $790**
Additional hours .......................................................... $136/hr.

**Additional Amenities with Great Hall Reservation**

Bell Tower 4 hours ...................................................... $115
Bell Tower 2 hours ........................................................ $57.50
Meeting Station ............................................................... $83/hr.
North Plaza (flat rate up to 8 hrs.) .......................... $330
North Plaza additional hours ....................................... $75/hr.
Platt Gardens ................................................................. $75/hr.

**Holiday Rates**

12 hours .............................................................................. $2,150**

**DEPOT LIMITED EVENTS**

Meeting Station Rental, Rehearsals or Setups

2 hours .............................................................................. $272
Additional hours ........................................................ $136/hr.

*Fees include tax.
**Rentals require a $300 refundable deposit and liability insurance.

For more information or to reserve the Depot, call 208-608-7600 or email reserve@cityofboise.org.

BOISE URBAN GARDEN SCHOOL (BUGS)
BUGS houses a Grade A kitchen that can be rented out for birthday parties, meetings, and other gatherings. Our outdoor space is beautiful spring through fall. Our indoor space can accommodate groups up to 20.

FACILITY RENTAL RATES*

Hourly ................................................................. $79.50

*All fees include tax. A deposit, liability insurance and additional staff fees may be added to the rental. Alcohol is permitted with a permit and rental.

Call 208-972-8630 or email bugs@cityofboise.org for more information.

DICK EARDLEY SENIOR CENTER & FORT BOISE COMMUNITY CENTER

The Dick Eardley Senior Center and Fort Boise Community Center not only provide recreational and social opportunities, but also provide room rental opportunities. When rooms aren’t used for regular activities and classes, certain rooms can be rented during and after business hours.

Dick Eardley Senior Center Fees*

**MONDAY-FRIDAY, 8AM-5PM**

A/B Room, C Room, or Gold Room (first two hours) .................. $76

**MONDAY-FRIDAY, EVENINGS; SATURDAY-SUNDAY, ALL DAY**

Entire Facility (first 4 hours) ........................................... $920
Dining Room (first 4 hours) ............................................ $360
A/B Room, C Room, or Gold Room (first two hours) ............ $119
Additional Hours ...................................................... $59.50/hr.

For more information or to reserve a room, call 208-608-7580 or email seniorcenter@cityofboise.org. Alcohol is permitted with a permit and rental.
### Fort Boise Community Center Fees*

For-profit organizations/coaches must carry liability insurance or purchase through the city. Call for for-profit rental rates.

<table>
<thead>
<tr>
<th>ROOM</th>
<th>NON-PROFIT RENTAL RATES</th>
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<tbody>
<tr>
<td>Gym</td>
<td>$51.50/hr</td>
</tr>
<tr>
<td>Dance/Multi-Purpose Room</td>
<td>$19.50/hr</td>
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<tr>
<td>Teen Center</td>
<td>$38.75/hr</td>
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Please call for details and to check availability, 208-608-7680.

*All fees include tax. A deposit, liability insurance and additional staff fees may be added to the rental. Non-residents are subject to non-resident rental rates. Prices quoted are for Boise City residents. Please call for non-resident rates.

### JIM HALL FOOTHILLS LEARNING CENTER

Situated in the heart of the Boise Foothills, the Foothills Learning Center is surrounded by nature, making it a great facility for educational programs. When the Foothills Learning Center isn’t used for environmental education programs, the facility can be rented out.

The classroom can accommodate up to 25 guests while the conference room can accommodate up to 15 guests.

<table>
<thead>
<tr>
<th>FACILITY RENTAL RATES*</th>
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<tbody>
<tr>
<td>Half Day (up to 4 hours):</td>
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<tr>
<td>Full Day (4-8 hours):</td>
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</tbody>
</table>

*All fees include tax. A deposit, liability insurance and additional staff fees may be added to the rental. Alcohol is permitted with a permit and rental.

For more information or to reserve a room, call 208-608-7810 or email flc-parks@cityofboise.org.

### QUAIL HOLLOW GOLF COURSE

Whatever your occasion, from corporate functions to wedding receptions, celebrations of life, parties and special events, Quail Hollow is a unique venue to host your event. The Banquet and Board Rooms offer an intimate setting for any occasion. Both rooms open to a balcony overlooking Quail Hollow Golf Course and panoramic views of the Boise Foothills.

The Banquet Room is a 1,000 square-foot space that can accommodate 80 guests, 60 seated and the Board Room is a 300 square-foot space that can accommodate between 18 and 26 guests depending on the setup. All catering is provided by The Foothills Grill.

**BANQUET ROOM RENTAL RATES***

- First 4 Hours ........................................ $370 plus tax
- Additional Hours ................................... $150/hr plus tax
- Additional Staff ..................................... $40/hr for each additional staff
- Security Deposit ..................................... $300
- Reservation Charge Fee .............................. $50

**BOARD ROOM RENTAL RATES***

- First 4 Hours ........................................ $210 plus tax
- Additional Hours ................................... $150/hr plus tax
- Additional Staff ..................................... $40/hr for each additional staff
- Security Deposit ..................................... $300
- Reservation Charge Fee .............................. $50

All prices subject to change without notice.

*Please contact our event coordinator for a more detailed cost breakdown.

For more information or to reserve a room, call 208-972-8590 or email qhgolfevent@cityofboise.org.
Locations

**ART CENTER**
700 Robbins Rd
208-608-7680
activities@cityofboise.org

**BOISE COMMUNITY FORESTRY**
4969 Dorman St
208-608-7700
forestryinfo@cityofboise.org

**BOISE DEPOT**
2603 Eastover Terrace
208-608-7644
reserve@cityofboise.org

**BOISE URBAN GARDEN SCHOOL**
(BUGS)
2995 N Five Mile Rd
208-972-8630
cityofboise.org/bee

**BOISE WATERSHED ENVIRONMENTAL EDUCATION CENTER**
(Boise Watershed, BWS)
11818 W Joplin Rd
208-608-7300
bw@cityofboise.org
boisewatershed.org

**DICK EARDLEY SENIOR CENTER**
(Dick Eardley SC)
690 Robbins Rd
208-608-7580
seniorcenter@cityofboise.org
cityofboise.org/senior

**FORT BOISE COMMUNITY CENTER**
(Fort Boise CC)
700 Robbins Rd
208-608-7680
activities@cityofboise.org
cityofboise.org/fort-boise

M-F: 8AM-9PM,
Sa: 9AM-3PM, Su: 10AM-5PM
Closed weekends May-Sept.

**GRACE JORDAN COMMUNITY CENTER**
(Grace Jordan CC)
6411 W Fairfield Ave
208-854-4910

**HILLCREST KID CITY**
2045 S Pond St
208-391-9792

**IDAHO ICEWORLD**
7072 S Eisenman Rd
208-608-7716
iiwinfo@cityofboise.org
idahoiceworld.com

**JEFFERSON KID CITY**
200 S Latah St
208-513-0372

**JIM HALL FOOTHILLS LEARNING CENTER**
(Foothills LC)
3188 Sunset Peak Rd
208-608-7810
flc-parks@cityofboise.org

cityofboise.org/bee

**MCMILLAN KID CITY**
10901 W McMillan Rd
208-391-9238

**MORLEY NELSON COMMUNITY CENTER**
(Morley Nelson CC)
7701 W Northview St
208-854-4917

**PARKS AND RECREATION ADMINISTRATION**
1104 Royal Blvd
208-608-7600
bpr@cityofboise.org

cityofboise.org/parks

M-F: 8AM-5PM, closed legal holidays

**QUAIL HOLLOW GOLF COURSE**
(Quail Hollow GC)
4720 N 36th St
208-972-8590
quailhollowboise.com

**TAFT KID CITY**
3722 W Anderson St
208-473-1518

**WARM SPRINGS GOLF COURSE**
(Warm Springs GC)
2495 Warm Springs Ave
208-972-8600

**WHITNEY COMMUNITY CENTER**
(Whitney CC)
1609 S Owyhee St
208-854-6625

**WHITTIER SPRINGS GOLF COURSE**
225 N 29th St
208-472-2073

**ZOO BOISE**
355 Julia Davis Dr
208-608-7760
zooboise.org

10AM-5PM Sept-May
9AM-5PM June-Aug
Seniors can get a library card at the Boise Public Library. They can borrow or download close to 600,000 titles, including books, ebooks, emagazines, music, CDs, DVDs, newspapers, and video games. They can also stream videos, make art projects, learn a new language, and much more by accessing over 100 digital applications and resources. Stay up-to-date by subscribing to the Boise Public Library Newsletter. Visit BoisePublicLibrary.org/Newsletter.

Dick Eardley Senior Center Thrift Store

The prices can't be beat! Check out our selection of clothing, accessories, housewares, home decor and more. Donations benefit local seniors.

Dick Eardley Senior Center
Shop Monday-Friday | 10 a.m. - 2 p.m.
690 Robbins Rd.

Quail Hollow Boise.com

Holiday Parties

208-972-8590 | TTY: 1-800-377-3529
QHGolfEvent@cityofboise.org

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Boise Public Library

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- Emagazines
- Music
- CDs
- DVDs
- Newspapers
- Video Games
- 100+ digital applications and resources
- Stream videos, make art projects, learn a new language, and much more by accessing over 100 digital applications and resources.

Stay up-to-date!
Subscribe to the Boise Public Library Newsletter!
BoisePublicLibrary.org/Newsletter
Park Reservations

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<th>PAVILIONS</th>
<th>RESIDENT</th>
<th>NON-RESIDENT</th>
<th>LOCATIONS</th>
<th>ADDITIONAL INFORMATION</th>
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</table>
| HALF DAY 9AM-2PM; 3PM-8PM | $140 | $217 | Ann Morrison ‘Old Timers’ Pavilion, Esther Simplot West and Central Pavilions, Julia Davis Boise, Agriculture and Celebration Pavilions, Veterans Memorial Pavilion | • These sites can be reserved Jan. 1  
  • Amplified Sound can be added when reserving one of these sites |
| FULL DAY 9AM-8PM | $275 | $426.25 | Borah, Camel’s Back, Cassia, Eagle Rock, Esther Simplot Pier, Ivywild, Kristin Armstrong Municipal, Marianne Williams, Phillippi, Veterans Memorial Picnic, Winstead Parks | |

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<tr>
<th>SHELTERS</th>
<th>RESIDENT</th>
<th>NON-RESIDENT</th>
<th>LOCATIONS</th>
<th>ADDITIONAL INFORMATION</th>
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| HALF DAY 9AM-2PM; 3PM-8PM | $95 | $147.25 | Borah, Camel’s Back, Cassia, Eagle Rock, Esther Simplot Pier, Ivywild, Kristin Armstrong Municipal, Marianne Williams, Phillippi, Veterans Memorial Picnic, Winstead Parks | • Most sites can be reserved 365 days in advance  
  • Esther Simplot Pier & Veterans Memorial Picnic can be reserved Jan. 1  
  • Discount applies to Boise City Residents, excludes holidays |
| FULL DAY 9AM-8PM | $185 | $286.75 | | |
| DISCOUNTED RATE MON-THURS 9AM-2PM | $70 | | | |

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<tr>
<th>GARDENS</th>
<th>RESIDENT</th>
<th>NON-RESIDENT</th>
<th>LOCATIONS</th>
<th>ADDITIONAL INFORMATION</th>
</tr>
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</table>
| HALF DAY 9AM-2PM; 3PM-8PM | $110 | $170.50 | C.W. Moore, Esther Simplot Friendship Island, Julia Davis Rose Garden, Kathryn Alberson Eyrie and Rookery | • These sites are for formal ceremonies  
  • Receptions aren’t permitted but a beer/wine permit can be purchased for a toast |
| FULL DAY 9AM-8PM | $215 | $333.25 | | |

PARK FEES
Payment is required to finalize a reservation. All major credit cards, checks, cash, and money orders are accepted. Rates include sales tax except for gardens/gazebos.

MISCELLANEOUS PERMITS
AMPLIFIED SOUND for private events ........................................ $30
BEER/WINE PERMIT ...................................................... $10
INFLATABLE PERMIT ...................................................... No charge
(Must apply for permit and choose from approved list of vendors.)

REFUNDS & CANCELLATIONS
Refunds are only provided if the cancellations are made prior to ten (10) calendar days of the reservation. A $15 processing fee is collected for any cancellation. An event cannot be rescheduled within ten (10) calendar days of the reservation. **Refunds or rescheduling is not granted due to poor weather conditions or acts of nature.**

SPECIAL EVENTS
If you are interested in having a special event in a city park, please call 208-608-7600 or email parksspecialevents@cityofboise.org.

CONTACT US
PHONE: 208-608-7600
EMAIL: reserve@cityofboise.org
WALK IN: Boise Parks and Recreation Administration Office, 1104 Royal Blvd, Boise, ID 83706, 8AM-5PM, Monday-Friday. Office is closed all legal holidays.
4 Ways to Register

1. **ONLINE:** cityofboise.org/parks.

2. **MAIL-IN:** Check or money order. Make checks payable to: City of Boise.
   Mail to Fort Boise Community Center, 700 Robbins Rd, Boise ID 83702.

3. **WALK-IN:** Fort Boise Community Center, 700 Robbins Rd, Boise ID 83702.
   Cash, credit/debit cards, check or money order.

4. **PHONE-IN:** Credit cards only: 208-608-7680 or 1-800-377-3529 (TTY).

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**REGISTRATION FORM**

(Please print clearly, thank you!)

<table>
<thead>
<tr>
<th>Name (Parent/Guardian/Adult Participant)</th>
<th>Email</th>
<th>Phone ( )</th>
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<tbody>
<tr>
<td>Mailing Address</td>
<td>City</td>
<td>State</td>
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</tbody>
</table>

☐ Please check here if you need a modification because of a disability to effectively participate in an activity.

<table>
<thead>
<tr>
<th>ACTIVITY NUMBER</th>
<th>ACTIVITY NAME</th>
<th>PARTICIPANT NAME</th>
<th>BIRTH DATE (MM/DD/YR)</th>
<th>FEE</th>
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☐ YES I would like to donate to Boise Parks and Recreation Accessibility Scholarship Program:

- For adults with disabilities $____________
- To help a child in need $____________
- TOTAL PAYMENT ENCLOSED $____________

I have read and agree to the **PERSONAL RELEASE STATEMENT** above.

Parent/Guardian/Adult Participant Signature ___________________________ Date ____________
FALL IN LOVE
WITH CATS ALL YEAR LONG!

Open daily

ZOOBOISE
Conservation • Education • Recreation
zooboise.org

Part of every zoo visit helps protect animals in the wild!