BOISE PARKS AND RECREATION CONTINUE Adaptive Recreation for All Abilities









ADAPTIVE RECREATION PROGRAM CALENDAR

SEPTEMBER, OCTOBER, NOVEMBER, DECEMBER 2023

Boise Parks and Recreation's Adaptive Recreation program, called AdVenture, provides a wide range of recreational, social, educational and wheelchair sports programs designed for youth and adults with disabilities. Programs are specifically designed for individuals with a disability however anyone is welcome to enroll. Learn more by calling 208-608-7680 or visit cityofboise. org/Adaptive-Recreation.

Advance registration is required for all activities, please call 208-608-7680 or visit Fort Boise Community Center to enroll. View current program details at cityofboise.org/activity-registration. Boise Parks and Recreation offers scholarships to qualified youth, seniors and adults with disabilities, apply in advance at cityofboise.org/scholarships.

We hope you will join us for an AdVenture program this year!

CONTACT:

Phone: 208-608-7680 | TDD/TTY 800-377-3529 Email: <u>AdVentureProgram@cityofboise.org</u> Social Media: <u>facebook.com/bpradventureprogram</u>

Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702.

Website: cityofboise.org/adaptive-recreation

REGISTER:

cityofboise.org/activity-registration or call 208-608-7680

ABBREVIATION KEY & ADDRESSES:

BSU – Boise State University Student Union, 1700 University Dr.

KALB - Kathryn Albertson Park, 1001 S. Americana Blvd.

DESC – Dick Eardley Senior Center, 690 Robbins Rd.

FBCC – Fort Boise Community Center, 700 Robbins Rd.

JDP – Julia Davis Park, 355 Julia Davis Dr.

KAMP – Kristin Armstrong Municipal Park, 500 S. Walnut St.

MNCC - Morley Nelson Community Center, 7701 W. Northview St.

WCC - Whitney Community Center, 1609 S. Owyhee St.

ZOO – Zoo Boise, 355 Julia Davis Dr.



PARKS AND RECREATION

SEPTEMBER 2023



SU MONDAY TUESDAY WEDNESDAY TUUDSDAY SOL						
SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	6 Bike Ride 5:30-7pm KAMP Wednesday Social Club 6-8:30pm MNCC	7 First Thursday & Dinner 5-9pm FBCC Thursday Social Club 6-8:30pm WCC	8 Old Pen & Lunch 11am-2:30pm FBCC Dinner & a Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	9 Adaptive Sports Day 9am-1:30pm FBCC Ceramica & Lunch 10am-1pm FBCC
10	11 Walking Club 5:30-7:30pm FBCC	Music Night & Dinner 5:30-8pm DESC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	13 Bike Ride 5:30-7pm KAMP Wednesday Social Club 6-8:30pm MNCC	14 Foothills Hike & Dinner 5:30-8pm DESC Thursday Social Club 6-8:30pm WCC	Mini Golf & Dinner 5:30-9pm FBCC Friday Social Club 6:30-9pm DESC	Bike Ride & Picnic 9:30am-12pm KAMP Adaptive Art 10-11am FBCC Theater & Lunch 12:30-4:30pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
17	Adaptive Art 4:15-5:15pm FBCC Walking Club 5:30-7:30pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	20 Dance Ability 3-4pm FBCC 4-5 pm FBCC Bike Ride 5:30-7pm KAMP Wednesday Social Club 6-8:30pm MNCC	Pitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Idaho Museum & Lunch 10am-1pm FBCC Dinner & a Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	Games & Dinner in Park 5-7:30pm KAMP Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
24	Adaptive Art 4:15-5:15pm FBCC Walking Club 5:30-7:30pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	Dance Ability 3-4pm FBCC 4-5pm FBCC Bike Ride 5:30-7pm KAMP Wednesday Social Club 6-8:30pm MNCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Zoo & Dinner 3-6pm Zoo Boise Friday Social Club 6:30-9pm DESC	Three Island Crossing 9am-4pm FBCC Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC

OCTOBER 2023



	CTOBER					Mid yeritare
SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	Adaptive Art 4:15-5:15pm FBCC Walking Club 5:30-7:30pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	Dance Ability 3-4pm FBCC 4-5pm FBCC Dine & Decorate 5:30-8pm DESC Wednesday Social Club 6-8:30pm MNCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Dinner & a Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	Adaptive Art 10-11am FBCC Corn Maze & Lunch 11am-3pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
	Adaptive Art 4:15-5:15pm FBCC Walking Club 5:30-7:30pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	Dance Ability 3-4pm FBCC 4-5pm FBCC Bike Ride 5-6:30pm KAMP Wednesday Social Club 6-8:30pm MNCC	Fitness Class 3-4 pm FBCC 4-5pm FBCC Adaptive Night at the Zoo 5-8:30pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Birds of Prey Trip 9:30am-3pm FBCC Corn Maze & Dinner 5:30-9:30pm FBCC Friday Social Club 6:30-9pm DESC	Bike Ride & Picnic 9:30am-12pm KAMP Adaptive Art 10-11am FBCC Mini Golf & Lunch 12:30-4pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
15	Adaptive Art 4:15-5:15pm FBCC Walking Club 5:30-7:30pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU	18 Dance Ability 3-4pm FBCC 4-5pm FBCC Bike Ride 5-6:30pm KAMP Wednesday Social Club 6-8:30pm MNCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Pottery, Lunch & Zoo 9am-3pm FBCC Dinner & a Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	Pumpkin Carving & Lunch 10am-2:30pm DESC Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
22	23	24	25	26	27	28
	Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	15-5:15pm FBCC 3-4pm FBCC 4-5pm FBCC	Dance Ability 3-4pm FBCC 4-5pm FBCC Wednesday Social Club 6-8:30pm MNCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Discovery Center & Lunch 10am-1:30pm FBCC Dancing & Pizza 5:30-9:30pm DESC Friday Social Club 6:30-9pm DESC	Halloween Party 5-7:30pm DESC Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
29	Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU				

NOVEMBER 2023



MONDAY	NOVEWBER 2023								
Barrier Continue	SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
3-4pm FBCC				1	2	3	4		
Wednesday Social Club 6-9:30pm MNCC				3-4pm FBCC	3-4pm FBCC	& Dinner	9am-3:30pm FBCC		
Salor_30pm FBCC					4:30-5:30pm DESC		10-11am FBCC Wheelchair Rugby		
6.8.30pm WCC 6.8.30pm WCC 10 10 11 11 11 11 12 13 14 15 15 15 16 15 15 15 15					5:30-7:30pm FBCC				
Adaptive Art									
415-515pm FBCC 3-4pm FBCC 4-5pm FBCC	5	6	7	8	9	10	11		
S30-6:30pm FBCC		4:15-5:15pm FBCC	3-4pm FBCC	3-4 pm FBCC	3-4pm FBCC	5:30-8pm DESC	10-11am FBCC		
Tuesday Social Club 6-8:30pm MSCC Southing Clab 7-8:30pm BSU Social Club 6-8:30pm MSCC Thursday Social Club 6-8:30pm MSCC Thursday Social Club 6-8:30pm MSCC Southing Clab 7-8:30pm BSU Social Club 6-8:30pm MSCC Southing Clab 7-8:30pm BSC Southing Club 7-8:30pm BSU Social Club 6-8:30pm MSCC Southing Clab 7-8:30pm BSU Social Club 6-8:30pm MSCC Southing Club 7-8:30pm BSC Southing Club 7-8:30pm BSC Southing Club 7-8:30pm BSC Southing Club 7-8:30pm BSC Southing Club 7-8:30pm MSCC Southing Club 7-8:30pm BSC Southing Club 7-8:30pm MSCC Southing Club 7-8:30pm BSC Southing Club 7-8:30pm MSCC Southing Club 7-8:30pm MSC Southing Club 7-8			-				1:15-3:45pm FBCC		
Bowling Club 7-8:30pm BSU					·		4:15-5:15pm FBCC		
12 13			_		5:30-7:30pm FBCC				
Adaptive Art 4:15-5:15pm FBCC Adaptive Voga 5:30-6:30pm FBCC Adaptive Art 4:15-5:15pm FBCC Adaptive Art 5-6pm FBCC Adaptive Art 3-8:30pm MNCC 5-7:30pm DESC 5-					•				
4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Adaptive Art 6-6pm FBCC Adaptive Art 6-8:30pm BSU 6-8:30pm MNCC 4-5pm FBCC Adaptive Art 6-8:30pm MNCC 4-5pm FBCC Adaptive Art 6-8:30pm MNCC 4-5pm FBCC Adaptive Art 6-8:30pm BSU 6-8:30pm MNCC 4-5pm FBCC Adaptive Art 6-8:30pm MNCC 4-5pm FBCC Adaptive Art 6-8:30pm MNCC 4-5pm FBCC Adaptive Art 4-15-5:15pm FBCC Adaptive Art 4-15-5:15pm FBCC Adaptive Art 4-15-5:15pm FBCC Adaptive Art 4-5pm FBCC 4-5pm FBCC 4-5pm FBCC 4-5pm FBCC 4-5pm FBCC 4-	12	13	14	15	16	17	18		
## Adaptive Art 5-6:30pm FBCC Adaptive Art 5-6 pm FBCC Tuesday Social Club 6-8:30pm MNCC S:30-6:30pm BSC S:30-6:30pm BSC S:30-6:30pm BSC S:30-6:30pm BSC S:30-6:30pm BSC S:30-7:30pm BSC S:30-8:30pm BSC S:30-7:30pm BSC S:30-8:30pm BSC S:30-7:30pm SC S:30-7:30p			3-4pm FBCC	3-4pm FBCC	3-4pm FBCC		-		
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19 20 21 22 23 24 25			Bowling Club		5:30-7:30pm FBCC		4:15-5:15pm FBCC		
## Thanksgiving — NO PROGRAMS 28			7 c.sepiii 200		•				
26 27 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Adaptive Art 5-6pm FBCC Adaptive Art 5-6pm FBCC Adaptive Art 5-6pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm DESC Bowling Club 7-8:30pm BSU 29 30 Fitness Class 3-4pm FBCC 4-5pm FBCC 5:45-6:45pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club Thursday Social Club	19	20	21	22	23	24	25		
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5:30-6:30pm FBCC Adaptive Art 5-6pm FBCC Tuesday Social Club 6-8:30pm MNCC Bowling Club 7-8:30pm BSU Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club Thursday Social Club		4:15-5:15pm FBCC	3-4pm FBCC	3-4pm FBCC	3-4pm FBCC				
7-8:30pm BSU Thursday Social Club			5-6pm FBCC Tuesday Social Club		4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class				
			_		Thursday Social Club				

DECEMBER 2023



	DECEMBER 2023								
SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
					1	2			
					AdVenture Holiday Party	Ceramica & Lunch 10am-1pm FBCC			
					6-9pm DESC Friday Social Club	Adaptive Art 10-11am FBCC			
					6:30-9pm DESC	Wheelchair Rugby 1:15-3:45pm FBCC			
						Skills & Drills 4:15-5:15pm FBCC			
						Wheelchair Basketball 5:30-7:30pm FBCC			
3	4	5	6	7	8	9			
	Adaptive Art 4:15-5:15pm FBCC	Fitness Class 3-4pm FBCC	Dance Ability 3-4pm FBCC	Fitness Class 3-4pm FBCC	Dinner & a Movie 5-9:30pm FBCC	Holiday Crafts & Lunch 10am-12:30pm DESC			
	5:30-6:30pm FBCC A	4-5pm FBCC Adaptive Art	4-5pm FBCC Holiday Lights & Dinner 5:30-8:30pm FBCC Wednesday Social Club	4-5pm FBCC Music Class	Friday Social Club 6:30-9pm DESC	Adaptive Art 10-11am FBCC			
		5-6pm FBCC Tuesday Social Club		4:30-5:30pm DESC 5:45-6:45pm DESC		Wheelchair Rugby 1:15-3:45pm FBCC			
	В	6-8:30pm DESC Bowling Club 7.8:30pm BSU	6-8:30pm MNCC	Cooking Class 5:30-7:30pm FBCC		Skills & Drills 4:15-5:15pm FBCC			
		7-8:30pm BSU		Thursday Social Club 6-8:30pm WCC		Wheelchair Basketball 5:30-7:30pm FBCC			
10	11	12	13	14	15	16			
	Adaptive Art 4:15-5:15pm FBCC	Fitness Class 3-4pm FBCC	Dance Ability 3-4pm FBCC	Fitness Class 3-4pm FBCC	Dancing & Pizza 5:30-9:30pm DESC	Theater & Lunch 12:30-4:30pm FBCC			
	Adaptive Yoga 5:30-6:30pm FBCC	4-5pm FBCC	4-5pm FBCC	4-5pm FBCC Music Class	Friday Social Club	Adaptive Art 10-11am FBCC			
	Dine & Decorate	Adaptive Art 5-6pm FBCC	Holiday Lights & Dinner 5:30-8:30pm FBCC	4:30-5:30pm DESC	6:30-9pm DESC	Wheelchair Rugby			
	5:30-8pm DESC	Tuesday Social Club 6-8:30pm DESC	Wednesday Social Club 6-8:30pm MNCC	5:45-6:45pm DESC Cooking Class		1:15-3:45pm FBCC			
		Bowling Club	o o.oop.iii iiii too	5:30-7:30pm FBCC		Skills & Drills 4:15-5:15pm FBCC			
		7-8:30pm BSU		Thursday Social Club 6-8:30pm WCC		Wheelchair Basketball 5:30-7:30pm FBCC			
17	18	19	20	21	22	23			
	Dine & Decorate 5:30-8pm DESC								
24	25	26	27	28	29	30			
	1		Winter Holiday –	NO PROGRAMS	1				
31									