

# DICK EARDLEY SENIOR CENTER

CITY of BOISE | APRIL/MAY 2025

**MISSION:** To provide a safe and supportive environment where older adults can engage in activities that promote physical, intellectual, and social wellbeing.

## Coming up ...

**Creative writing classes** start April 14. See page 11 to learn more.

**Radio Days** returns! See the back page for details about your FREE TICKET and how to claim it.

**Widows/Widowers Support Group** launches afternoon meetings. Details are on page 9.

**Casino Night** is right around the corner! Turn to page 2 to learn when and how you can get tickets to this popular summertime event.

**The Senior Center will be closed** on May 26 for Memorial Day.

## DID YOU KNOW?

Season swim passes are free for Boiseans age 62+ and are valid at all four outdoor city pools:

- Borah Pool  
801 Aurora St.
- Fairmont Pool  
7929 W. Northview St.
- Ivywild Pool  
2250 S. Leadville Ave.
- Natatorium  
1811 E. Warm Springs Ave.

To claim your pass, call Fort Boise Community Center at 208-608-7680, or request one in person at the pool of your choice beginning at 1 p.m. on May 28.

## MOTHER'S DAY LUNCH WILL INCLUDE A FLOWER FOR YOU, MOM

Moms, we hope you will join us on Friday, May 9 beginning at 12 p.m. for a special Mother's Day celebration. This annual event is once again being sponsored by Blue Cross of Idaho, and they'll have a long-stem carnation for every mom in attendance.

Meals on Wheels Metro Boise is planning a crowd favorite of breaded chicken with

mashed potatoes and country gravy (regular lunch charges apply).

This year's Mother's Day event coincides with our monthly Birthday Friday celebration, so all attendees will get a slice of cake, too!



## STARBELLY SCHOOL OF DANCE WILL PERFORM HERE IN APRIL



The Starbelly School of Dance will bring a free performance and interactive session to the Senior Center dining room on Friday, April 11 starting at 2 p.m. The 1-hour event will feature a dynamic dance performance, a mini class for attendees to learn basic steps from a seated position, and a dance party to foster community and joy. Thanks to the support of the Boise City Department of Arts and History and Starbelly School of Dance, this event is free to the community. Please RSVP by calling 208-608-7580.

## SPRING HEALTH & RESOURCE FAIR and drug take-back event

The annual spring health fair that is coordinated by LEARN will return to the Senior Center this year, so mark your calendar for April 22 from 10:30 a.m. to 12 p.m. and plan to join us for this free event.



Many of our vendors will bring door prizes. Be sure to stop at every booth to be entered into the drawings that start at 11:45 a.m.

Boise Police will be on site with a drug take-back booth where attendees can

safely and conveniently dispose of unwanted prescription and over-the-counter medications for people and pets.

Albertsons pharmacy will also be here offering vaccines, including COVID-19 booster, pneumonia, shingles, RSV, and tetanus. Please call the Senior Center in advance if you would like a vaccine, 208-608-7580. We will need your full name and date of birth. Please bring your medical insurance card(s) to the vaccine clinic.

## CASINO NIGHT TICKETS GO ON SALE APRIL 14



The 5th Annual Casino Night event is shaping up to be a memorable one, so get your tickets early before they sell out.

Tickets go on sale at 9 a.m. on April 14. Cost is \$10 for one or \$18 for two. Buy with a friend and you both save! The event will be on Thursday, June 26 from 6-9 p.m. Watch for event details in the June/July newsletter.

## YOU MIGHT BE ELIGIBLE FOR FREE GROCERIES

More than half of Idaho's seniors are eligible for the state's Supplemental Nutrition Assistance Program but are not



enrolled. The Idaho Hunger Relief Task Force will visit the Senior Center on April 17 and May 15 from 11 a.m.-12:30 p.m., to share information and help people get signed up.

The Task Force has a goal to enroll 1,500 seniors in the program so that they can begin using their SNAP card (like a debit card) to pay for eligible food items when they shop.

## EXPLORE AI WITH HANDS-ON OPPORTUNITIES

We're offering two opportunities this spring to explore artificial intelligence and get hands-on instruction.

### April 15, 11 a.m.-12 p.m.

Dr. Margaret Sass, a lecturer at Boise State University, will visit the Senior Center to share information about a new online tool available to seniors. "Join me for a hands-on workshop where we'll explore the new, free online course, 'AI Tools for Seniors.' This course is designed to help seniors discover how AI can enhance their daily lives through companionship, cognitive stimulation, and practical assistance. I'll walk through key features of the course. Also, I'll discuss essential online safety and privacy tips to ensure seniors can navigate AI tools with confidence." Attendees will have a chance to win prizes. Please call to reserve your seat, 208-608-7580.

### May 2, 10 a.m.-12 p.m.

Are you curious about AI but don't know where to start? Join us for "Beginner's Day: Exploring AI Together" where LEARN and HP volunteers will guide you through interactive demonstrations of everyday AI tools that can simplify your life. From virtual assistants to online safety features, discover the friendly side of technology in this hands-on learning experience! Please register in advance at 208-608-7580.



## JOIN US FOR CARDS & GAMES EVERY WEEKDAY

We offer cards and other games every day of the week, and all groups are welcoming new participants. Below is a guide to help you find a group that's right for you. Drop-in fee is \$2 per visit.

### MONDAYS

- **Mexican Train** (dominoes): 1-4 p.m.
- **Bridge**: 1-5 p.m.

### TUESDAYS

- **Euchre**: 1-4 p.m.
- **Mahjong**: 1-4 p.m.

### WEDNESDAYS

- **Cribbage**: 10 a.m.-12 p.m.
- **Canasta**: 1-5 p.m.

### THURSDAYS

- **Bingo**: 10-11 a.m.
- **Rummikub**: 11 a.m.-3 p.m.
- **Bridge**: 1-5 p.m.

### FRIDAYS

- **Pinochle**: 10 a.m.-2 p.m., with a break for lunch. *Geared toward experienced players.*
- **Intro to Pinochle**: 2-5 p.m.

## FREE TAX HELP CONTINUES THROUGH APRIL 10

AARP tax preparation volunteers will continue to offer free tax help through April 10. The service is available on Tuesdays and Thursdays, from 9 a.m. to 2 p.m., on a first-come, first-serve basis. Bring all of your needed tax documents.

## HOUSING 101 AVAILABLE ON 2ND TUESDAYS

Certified Seniors Real Estate Specialist Paige Doyle offers Housing 101 on the second Tuesday of every month, from 11 a.m. to 12 p.m. Anyone can stop in during the hour to ask questions and get information related to local housing. There's no need to register for this free service.

## "NAME THAT TUNE" CONTINUES THROUGH APRIL

Meet us in the dining room during lunch every Wednesday in April for "Name That Tune," a weekly challenge coordinated by volunteer Don Smart.

"Name That Tune" brings contestants to the Senior Center stage to win prizes for correctly naming the most song titles of the music being played on the overhead speakers. Audience members will enjoy reminiscing with some old favorites, but are asked to not "Name That Tune" until contestants have had a chance to answer. Anyone can participate!



## SUMMER BOCCIE LEAGUE BEGINS ON JUNE 2

If you're age 50 or better, you're invited to join the Senior Summer Bocce League at Kristin Armstrong Park. The league runs for four weeks, with two games played each evening. Playoff games are held the final week. Put together your team of four players, then pick your month or play all three! (Fees are per 4-week session.)

**June 2-23**, Mondays, 5:30-7:30 p.m.

**Aug. 4-25**, Mondays, 5:30-7:30 p.m.

**Sept. 8-29**, Mondays, 5:30-7:30 p.m.

Team fee is \$40R/\$61.45NR. Sub fee is \$5R/\$7.75NR (play not guaranteed for subs). Register online at [cityofboise.org](http://cityofboise.org) or give us a call at 208-608-7580.



April is National Volunteer Month and the perfect time to acknowledge the many volunteers who share their time and talents with the Senior Center. These generous individuals help us maintain a safe, friendly, supportive and enjoyable place for all who visit and participate, and we can't thank them enough for all they do.



## NEW TECHNOLOGY CLASSES AVAILABLE

Weekly opportunities to enhance your technology skills are available, thanks to a partnership between LEARN Idaho and AARP's Senior Planet. Topic-specific classes and lectures are offered on Mondays, and an open help lab is available on Tuesdays. All classes, lectures and labs begin at 10:30 a.m. and last approximately 75 minutes. Call at 208-608-7580 to reserve your spot.

- April 7 - Intro to Digital Wallets
- April 14 - Digital Scrapbooking Tools
- April 21 - AI Exploration
- April 28 - Intro to Photo Editing Tools
- May 5 - Cloud Storage
- May 12 - Intro to Selling Online
- May 19 - Google Workspace Free Tools

## You can also get 1-on-1 help with your device

One-on-one tech help is available by appointment with BSU Service Learning students. Give us a call to schedule, 208-608-7580. Be sure to bring your mobile device with you.

**Edward Jones**

> [edwardjones.com](http://edwardjones.com) | Member SIPC

## Job change?

Whether retiring or changing jobs, you'll want to know your retirement account options.



There are four potential options for your 401(k) when leaving an employer:

- Leave it in your former employer's 401(k) plan, if allowed by the plan.
- Move it to your new employer's 401(k) plan, if you've changed employers and your new employer plan allows for it.
- Roll the account over to an individual retirement account (IRA).
- Cash it out, which is subject to potential tax consequences.

We can talk through your financial goals and find the option that works best for you.



**Kory V Gaona**  
Financial Advisor

9050 W Overland Rd Ste 125  
Boise, ID 83709  
208-362-3299

IRT-1948M-A AECSPAD 24623078

# APRIL

## Dick Eardley Senior Center

690 Robbins Road  
Boise, ID 83702

208-608-7580

Monday-Friday 9 a.m.-5 p.m.

[cityofboise.org/seniorcenter](http://cityofboise.org/seniorcenter)



The noon meal is prepared on site by **Meals on Wheels Metro Boise, 208-321-0031**, and is served in the Robbins Nest Cafe until 12:30 p.m. This month's menu was not available at the time of printing.

**AARP Tax Aide**  
T&Th April 1-10, 9 a.m.-2 p.m.



**Billiards Room**  
M-F, 9 a.m.-5 p.m.



**Walk Your Socks Off**  
M, F 9-11 a.m.; M, T, F 2-5 p.m.



**Thrift Store & Craft Boutique**  
M-F, 10 a.m.-2 p.m.



**Lobby Sponsor**  
Kelly Svevad, broker/owner  
Clarity Insurance Solutions  
Wednesdays, 10 am-1 pm



## PARKS AND RECREATION

\* These programs require advanced registration. Call 208-608-7580.

## MONDAY

### MARCH 31

7 am Activity Guide registration opens for residents

### 7

10:30-11:45 am Tech: Intro to Digital Wallets  
**Noon Meal** **Stuffed Chicken w/ Cheese Sauce**  
12-3 pm Tech Help Drop-In  
1-4 pm Mexican Train  
1-5 pm Bridge

### 14 Treats by Arbor Valley of Cascadia

9 am-2 pm Nail and Foot Care of Boise with Sandy\* - call to schedule appointments, 208-747-5797  
10:30-11:45 am Tech: Digital Scrapbooking Tools  
**Noon Meal** **Philly Beef Sandwich**  
1-3 pm Writing Your Story\*  
1-4 pm Mexican Train  
1-5 pm Bridge

### 21

10:30-11:45 am Tech: AI Exploration  
**Noon Meal** **Spaghetti w/ Meat Sauce**  
12-3 pm Tech Help Drop-In  
1-4 pm Mexican Train  
1-5 pm Bridge

### 28

9 am-2 pm Nail and Foot Care of Boise with Sandy\* - call to schedule appointments, 208-747-5797  
9 am-4 pm AARP Smart Driver\*  
10:30-11:45 am Tech: Intro to Photo Editing Tools  
11 am Book Club\*  
**Noon Meal** **NEW - Pizza Pasta Casserole**  
1-4 pm Mexican Train  
1-5 pm Bridge

## TUESDAY

### 1

10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
**Noon Meal** **Swiss Steak**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong

### 8 Treats by The Village at Crystal Springs

10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
10:30 am-1:30 pm Avery #2\*  
**11 am** **Music: Rick Kartes**  
11 am-12 pm Housing 101 with Paige Doyle  
**Noon Meal** **BBQ Beef Sandwich**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong

### 15 Treats by Senior Helpers

8:45-11:30 am BONUS: Coffee and Brunch\*  
10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
11 am-12 pm AI with Dr. Sass\*  
**Noon Meal** **Chicken Florentine Pasta**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong  
**7-8 pm** **Radio Days: The Great Gildersleeve\***

### 22

9-10 am Tech Q&A (note time change due to event schedule)  
10:30-11:30 am Longevity Stick  
**10:30 am-12 pm** **Spring Health & Resource Fair with LEARN**  
**10:30 am-12 pm** **Drug Take-Back with Boise PD**  
**Noon Meal** **Roast Beef w/ Brown Gravy**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong

### 29

10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
**Noon Meal** **Orange Chicken w/ Brown Rice**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong  
1-4:45 pm Gutierrez Family Farm\*

## WEDNESDAY

### 2 Treats by Summers Funeral Homes

7 am Activity Guide registration opens for non-residents  
10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
**Noon Meal** **Breaded Chicken Breast, Gravy**  
12:15 pm Name That Tune  
12-12:30 pm Pop-Up Library  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

### 9 Treats by The Cottages

10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
11 am Welcome Tour\*  
**Noon Meal** **Baked Ham & Pineapple**  
12:15 pm Name That Tune  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta

### 16 Treats by St. Alphonsus/Encompass

10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
10:30 am-12 pm Downsizing Your Home\*  
**11 am** **Music: Big Dave Walter**  
11 am-1 pm Legal Counsel\*  
**Noon Meal** **Roast Pork, Mushroom Gravy**  
12:15 pm Name That Tune  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

### 23 Treats by Idaho Home Health & Hospice

10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
**11 am** **Music: Dakota Dave**  
**Noon Meal** **Sherry Mushroom Chicken**  
12:15 pm Name That Tune  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

### 30

10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
**Noon Meal** **Cheese Manicotti w/ Marinara**  
12:15 pm Name That Tune  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

## THURSDAY

### 3 Treats by Serengeti Care

10-11 am Bingo with Dan  
10-11:30 am Chat-n-Chew Social Group  
**11 am** **Music: CheatGrass**  
11 am-3 pm Rummikub  
11:30 am-12:30 pm Drumming Divas  
**Noon Meal** **BBQ Chicken Wings**  
1-5 pm Bridge  
1-3 pm Tech Help Drop-In  
4:15-10 pm BONUS: Joseph and the Amazing Technicolor Dreamcoat\*

### 10 Treats by Edgewood Healthcare

10-11 am Bingo with Kelly  
10-11:30 am Chat-n-Chew Social Group  
**11 am** **Music: Big Dave Walter**  
11 am-12:30 pm Blood Pressure Clinic  
11 am-3 pm Rummikub  
11:30 am-12:30 pm Drumming Divas  
**Noon Meal** **Cheesy Taco Pasta**  
1-5 pm Bridge

### 17 Treats by Home Helpers

10-11 am Bingo with Jim  
10-11:30 am Chat-n-Chew Social Group  
**11 am** **Music: The B Team**  
11 am-12:30 pm ID Hunger Relief Task Force  
11 am-3 pm Rummikub  
11:30 am-12:30 pm Drumming Divas  
11:50 am-12:20 pm Origami: Ladybug & Rabbit\*  
**Noon Meal** **Swedish Meatballs**  
12:30-2:30 pm Paper Craft: Happy Easter\*  
1-3 pm Tech Help Drop-In  
1-5 pm Bridge  
5-10 pm BLT - Keep on Laughing\*

### 24 Treats by Copper Falls Hospice

10-11 am Bingo with Andre  
10-11:30 am Chat-n-Chew Social Group  
11 am-12:30 pm Blood Pressure Clinic  
11 am-3 pm Rummikub  
11 am-12:30 pm Pet Therapy Visit  
**11:30 am** **Music: David Ladines**  
11:30 am-12:30 pm Drumming Divas  
11:30 am-2:30 pm Amazon Tour\*  
**Noon Meal** **Chili & Cheese Baked Potato**  
1-5 pm Bridge

## FRIDAY

### 4 Treats by Borchers Insurance

9 am-3 pm Tech Help Drop-In  
10 am-2 pm Pinochle  
**11:30 am** **Senior Goldmine Visit**  
**Noon Meal** **Vegetarian Penne**  
1-2 pm Fit and Fall Proof  
1-4 pm Scheels\*  
2-5 pm Intro to Pinochle

### 11 Birthday Cake by Connect Health

9 am-3 pm Tech Help Drop-In  
10-11:30 am Widow/Widower Support Group\*  
10 am-2 pm Pinochle  
**11 am** **Music: Cattywampus**  
11-11:45 am Meditation for Optimal Health\*  
**Noon Meal** **Herb-Crusted Salmon, Rice Pilaf**  
**12 pm** **Birthday Friday**  
1-2 pm Fit and Fall Proof  
1-2:30 pm Widow/Widower Support Group\*  
**2-3 pm** **Starbilly School of Dance event**  
2-5 pm Intro to Pinochle

### 18 Treats by Brookdale Independent Living

9 am-3 pm Tech Help Drop-In  
10 am-2 pm Pinochle  
10:30 am-12 pm In the Moment Improv Theater\*  
**Noon Meal** **Lemon-Herb Fish, Rice Pilaf**  
1-2 pm Fit and Fall Proof  
2-5 pm Intro to Pinochle

### 25 Treats by Oasis Senior Advisors

9 am-3 pm Tech Help Drop-In  
10-11:30 am Widow/Widower Support Group\*  
10 am-2 pm Pinochle  
**Noon Meal** **Ham & Beans**  
1-2 pm Fit and Fall Proof  
1-2:30 pm Widow/Widower Support Group\*  
2-5 pm Intro to Pinochle

MAY

Dick Eardley Senior Center

690 Robbins Road  
Boise, ID 83702

208-608-7580

Monday-Friday 9 a.m.-5 p.m.

cityofboise.org/seniorcenter



MEALS on WHEELS  
METRO BOISE

The noon meal is prepared on site by **Meals on Wheels Metro Boise, 208-321-0031**, and is served in the Robbins Nest Cafe until 12:30 p.m. This month's menu was not available at the time of printing.

Billiards Room  
M-F, 9 a.m.-5 p.m.



Walk Your Socks Off  
M, F 9-11 a.m.; M, T, F 2-5 p.m.



Thrift Store & Craft Boutique  
M-F, 10 a.m.-2 p.m.



Lobby Sponsor  
Kelly Svevad, broker/owner  
Clarity Insurance Solutions  
Wednesdays, 10 am-1 pm



PARKS AND RECREATION

\* These programs require advanced registration. Call 208-608-7580.

MONDAY

**5**  
10:30-11:45 am Tech: Cloud Storage  
**Noon Meal** **Cheese Enchilada**  
1-3 pm The Art of Fiction\*  
1-4 pm Mexican Train  
1-5 pm Bridge

**12** **Treats by Arbor Valley of Cascadia**  
9 am-2 pm Nail and Foot Care of Boise with Sandy\* - call to schedule appointments, 208-747-5797  
10:30-11:45 am Tech: Intro to Selling Online  
**Noon Meal** **BBQ Cheeseburger on a Whole Wheat Bun**  
1-4 pm Mexican Train  
1-5 pm Bridge

**19**  
9 am-2 pm Nail and Foot Care of Boise with Sandy\* - call to schedule appointments, 208-747-5797  
9 am-4 pm AARP Smart Driver\*  
10:30-11:45 am Tech: Google Workspace Free Tools  
11 am Book Club\*  
**Noon Meal** **Ham & Swiss Sandwich**  
1-4 pm Mexican Train  
1-5 pm Bridge

**26**  
The Senior Center is closed for  
**Memorial Day**

TUESDAY

**6**  
9 am-2 pm Weiser Candy Co\*  
10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
**Noon Meal** **Chef's Salad**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong

**13** **Treats by The Village at Crystal Springs**  
10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
**11 am** **Music: Rick Kartes**  
11 am-12 pm Housing 101 with Paige Doyle  
**Noon Meal** **Chicken Salad Sandwich**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong

**20** **Treats by Senior Helpers**  
8 am-8 pm Election Day Polling Location  
10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
**Noon Meal** **Country Fried Steak with Country Gravy**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong

**27**  
9:30 am-12:30 pm NIFC Tour\*  
10:30-11:30 am Longevity Stick  
10:30-11:45 am Tech Q&A  
**11:45 am** **Music: Local Harmony**  
**Noon Meal** **Polish Sausage with Sauerkraut**  
1-2 pm Fit and Fall Proof  
1-4 pm Euchre  
1-4 pm Mahjong  
1-5 pm Bridge

WEDNESDAY

**7** **Treats by Summers Funeral Home**  
10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
**Noon Meal** **Orange Chicken with Brown Rice**  
12-12:30 pm Pop-Up Library  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

**14** **Treats by The Cottages**  
9:30-11 am Travel Meeting with Collette Travel\*  
10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
11 am Welcome Tour\*  
**Noon Meal** **Roast Pork with Mushroom Gravy**  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

**21** **Treats by St. Alphonsus/Encompass**  
10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
**11 am** **Music: Big Dave Walter**  
11 am-1pm Legal Counsel\*  
**Noon Meal** **Chicken Mushroom and Noodle Casserole**  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta  
2-3 pm Tai Chi & Qigong Intermediate\*  
3-4 pm Tai Chi & Qigong Beginner\*

**28** **Treats by Idaho Home Health & Hospice**  
10 am-12 pm Cribbage  
10 am-12 pm Happy Hookers Knit & Crochet  
10:30-11:30 am Gentle Yoga\*  
**11 am** **Music: Dakota Dave**  
**Noon Meal** **Roast Beef with Mashed Potatoes & Gravy**  
1-3 pm Self-Led Acrylics  
1-5 pm Canasta

THURSDAY

**1** **Treats by Serengeti Care**  
10-11 am Bingo with Dan  
10-11:30 am Chat-n-Chew Social Group  
**11 am** **Music: CheatGrass**  
11 am-3 pm Rummikub  
11:30 am-12:30 pm Drumming Divas  
**Noon Meal** **Chicken Penne Alfredo**  
1-5 pm Bridge

**8** **Treats by Edgewood Healthcare**  
10-11 am Bingo with Kelly  
10-11:30 am Chat-n-Chew Social Group  
**11 am** **Music: Big Dave Walter**  
11 am-12:30 pm Blood Pressure Clinic  
11 am-3 pm Rummikub  
11:30 am-12:30 pm Drumming Divas  
11:50 am-12:20 pm Origami: Carnation & Ribbon\*  
**Noon Meal** **Chili Macaroni**  
12:30-2:30 pm Paper Craft: Carnation Bouquet\*  
1-5 pm Bridge

**15** **Treats by Home Helpers**  
10-11 am Bingo with Jim  
10-11:30 am Chat-n-Chew Social Group  
**11 am** **Music: The B Team**  
11 am-12:30 pm ID Hunger Relief Task Force  
11 am-3 pm Rummikub  
11:30 am-12:30 pm Drumming Divas  
**Noon Meal** **Spaghetti with Meat Sauce**  
1-4 pm Gourmet Marshmallows\*  
1-5 pm Bridge

**22** **Treats by Copper Falls Hospice**  
10-11 am Bingo with Andre  
10-11:30 am Chat-n-Chew Social Group  
11 am-12:30 pm Blood Pressure Clinic  
11 am-3 pm Rummikub  
**11:30 am** **Music: David Ladines**  
11:30 am-12:30 pm Drumming Divas  
**Noon Meal** **Smothered Pork Chop**  
1-5 pm Bridge

**29**  
10-11 am Bingo with Tammy  
10-11:30 am Chat-n-Chew Social Group  
11 am-3 pm Rummikub  
11 am-12:30 pm Pet Therapy Visit  
11:30 am-12:30 pm Drumming Divas  
**Noon Meal** **Lemon Baked Fish with Rice Pilaf**  
1-5 pm Bridge  
5-10 pm BLT - Little Women\*

FRIDAY

**2**  
10 am-12 pm "Beginner's Day: Exploring AI"  
10 am-2 pm Pinochle  
10 am-3 pm Red Cross Blood Drive\*  
**11:30 am** **Senior Goldmine Visit**  
**Noon Meal** **Cranberry Meatballs with Brown Rice**  
**1-2 pm** **Stroke Prevention Author Talk\***  
1-2 pm Fit and Fall Proof  
2-5 pm Intro to Pinochle

**9** **Birthday Cake by Connect Health**  
10-11:30 am Widow/Widower Support Group\*  
10 am-2 pm Pinochle  
**11 am** **Music: Cattywampus**  
11-11:45 am Meditation for Optimal Health\*  
**Noon Meal** **Breaded Chicken Breast with Mashed Potatoes & Gravy**  
**12 pm** **Mother's Day Event**  
**12 pm** **Birthday Friday**  
1-2 pm Fit and Fall Proof  
1-2:30 pm Widow/Widower Support Group\*  
2-5 pm Intro to Pinochle

**16** **Treats by Brookdale Independent Living**  
10 am-2 pm Pinochle  
10:30 am-12 pm In the Moment Improv Theater\*  
**Noon Meal** **Monterey Chicken**  
12:30-3:30 pm MK Nature Center\*  
1-2 pm Fit and Fall Proof  
2-5 pm Intro to Pinochle

**23** **Treats by Oasis Senior Advisors**  
10-11:30 am Widow/Widower Support Group\*  
10 am-2 pm Pinochle  
**Noon Meal** **Salisbury Steak with Mashed Potatoes & Gravy**  
1-2 pm Fit and Fall Proof  
1-2:30 pm Widow/Widower Support Group\*  
2-5 pm Intro to Pinochle

**30**  
10 am-2 pm Pinochle  
**Noon Meal** **Sicilian Chicken with Buttered Noodles**  
12-5 pm Macks Creek\*  
1-2 pm Fit and Fall Proof  
2-5 pm Intro to Pinochle



## LOADED BAKED POTATO SALAD

This creamy potato salad is easy to stir together, and even easier to pack up for the ultimate Memorial Day picnic side dish.

### Ingredients

- 4 lb. Russet potatoes
- 2 Tbsp. finely chopped dill pickles, plus ¼ c. juice from the jar
- 1 ¼ cups sour cream
- ½ cup mayonnaise
- 1 Tbsp. ranch seasoning
- 2 tsp. yellow mustard
- 1 tsp. kosher salt
- 1 tsp. ground black pepper
- 8 slices cooked bacon, chopped, divided
- 1 ½ cups shredded sharp cheddar
- ¼ cup thinly sliced green onions, plus more for serving

### Instructions

1. Preheat the oven to 400°F.
2. Place the potatoes on a baking sheet. Using a fork, prick the potatoes all over. Bake until fork tender, about 1 hour. Let cool for 15 to 20 minutes, or until able to handle comfortably.
3. Peel the potatoes, chop into 1-inch pieces, and transfer to a large bowl (It's OK if they crumble a bit!) Add all of the little pieces to the bowl.) Drizzle the chopped potatoes with the pickle juice and let them sit until the potatoes have cooled completely, about 1 hour.
4. In a small bowl, stir together the sour cream, mayonnaise, pickles, ranch seasoning, mustard, salt, and pepper until fully combined.

5. Pour the sour cream mixture over the cooled potatoes. Add the chopped bacon (reserving 2 tablespoons), cheese, and green onion and stir gently to combine. Refrigerate until ready to serve. Top with more green onion and the remaining 2 tablespoons of bacon just before serving.

Recipe and photo by [thepioneerwoman.com](http://thepioneerwoman.com)

# CROSSWORD PUZZLE

## ACROSS

1 Start of Operation Overlord

5 Banned pollutants

9 Former Soviet ruler --- Andropov

10 Acute

11 Watch

14 When one is supposed to get there

15 Metal container

16 Period of history

17 Judicial restraint

19 Variable

22 Old-fashioned

23 Hung around

25 First of her kind

26 The whole race, or a member of half of it

27 Put down in the street

30 Journey's end

33 Yearned

34 The power to reject

35 Playthings

36 Thrust with a knife

## DOWN

1 Embankment

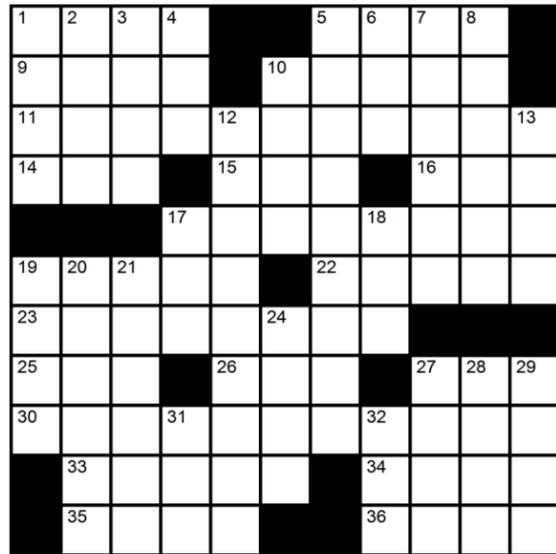
2 Musical composition for two

3 Extent of space

4 Pup's cry

5 Remarkable events

6 Reef



7 Cattle classifications

8 Puffball emissions

10 Obstacle

12 Scholarly centers

13 Not any

17 Light rowboat

18 Slender bar

19 Ran away

20 Occupy

21 Worldwide cultural org.

24 South African monetary unit

27 Tokyo legislature

28 Small thing

29 Nose-in-the-air sort

31 Your, old style

32 Domestic channels for news, education, entertainment and rubbish

Solution available at the front desk

### Puzzle made available by our sponsor, Jim Starr

Jim also sponsors Birthday Friday and the center's weekly Bingo game, and he calls Bingo on the 3rd Thursday of each month.

Give Jim a call if you have questions regarding Medicare or want to compare notes about this month's puzzle, 208-713-3166.



## WIDOW GROUP OPENS AFTERNOON MEETINGS

The Widow/Widower Support Group has expanded its meeting times to include afternoons, from 1-2:30 p.m. on the second and fourth Friday of every month. Anyone who has experienced the death of a partner is invited to attend. Please sign up in advance at 208-608-7580.

## CONSIDERING DOWNSIZING YOUR HOME?

Idaho Realtor Tiffany Scudder is offering "Life Transitions—Downsizing Your Home," a class to help you make informed decisions about your housing choices. "By the end of this class, you'll be equipped with the knowledge, wisdom and tools to navigate your future housing and life transitions." The class is on April 16 from 10:30 a.m. to 12 p.m. Register in advance at 208-608-7580.

## WE'RE HOSTING A BLOOD DRIVE ON MAY 2

Every 2 to 3 seconds, someone in the U.S. needs a unit of blood, and only volunteer donors can fulfill that need for people in our community. In response to the ongoing need, we've teamed up with the American Red Cross to host a blood drive on May 2 from 10 a.m. to 3 p.m. There are several time slots available. Call the front desk to schedule your donation, 208-608-7580.

## HAVE YOU TAKEN A BONUS TRIP WITH US?

Bonus trips are an opportunity to get out and explore the Boise area and beyond. We take care of the details, including the driving, so you can sit back and enjoy the experience. Pre-registration is required, 208-608-7580.

**Joseph and the Amazing Technicolor Dreamcoat**, Apr. 3, 4:15-10 p.m. This timeless show re-imagines the Biblical story of Joseph and his coat of many colors. We'll stop for dinner first at JaK's Place Neighborhood Grill in Nampa. Cost \$56/\$86.25 (cost of dinner is on your own).

**Coffee Tasting**, Apr. 15, 8:45-11 a.m. Enjoy four different single-origin coffees from around the world, each paired with a brunch item. Explore the nuances of specialty coffee and discuss tasting profiles while learning to match food and coffee so the flavors enhance one another. Cost \$29.94/ \$45.89.



## CONGRATS TO OUR MONTHLY HIGH SCORERS!

### PINOCHLE

January

High Score:  
Phil 7,700

February

High Score:  
Steve 6,110



### BRIDGE

January

Monday: Unavailable  
Thursday: Unavailable

February

Monday: Paul 4,530  
Thursday: Paul 3,510



## PAPER CRAFT CLASSES CELEBRATE SPRING

Paper craft instructor Sunmi Choi is offering free 30-minute origami classes in April and May. Students will learn to fold ladybugs and rabbits on April 17, and carnations and ribbons on May 8. Both origami classes begin at 11:50 a.m.

Intermediate paper folding classes include an Easter decoration on April 17 and a carnation bouquet on May 8 starting at 12:30 p.m. Cost is \$2 per person, and all materials are included. Space is limited, register in advance at 208-608-7580.



## SIGN UP FOR SUMMER ACTIVITIES

Boise Parks and Recreation's Summer Activity Guide features a variety of activities for older adults. Registration opens March 31 for city residents and April 2 for non-residents. Give us a call at 208-608-7580 for more information or to sign up for activities.



## UPCOMING TRAVEL MEETING

Magical Christmas Markets (Austria & Germany)

Holland and Belgium Springtime River Cruise

Discover South Pacific Wonders

Collette Travel will visit the Senior Center on May 14 from 9:30-11 a.m. to share information and answer questions about the trips listed above. Please sign up in advance to save your seat at the meeting, 208-608-7580.



Clockwise from top left: **The Widow/Widower Support Group** celebrated its 2nd anniversary in February.

**Dinner is included** at the annual Senior Prom that is organized by Timberline High School's Wolf Connection leadership students.

**Ted Coskey and Lilly Rodriguez** were crowned Prom King and Queen.

**Student athletes** from BSU and University of Denver served lunch to promote this year's "Putting Senior Hunger on Ice" fundraiser for Meals on Wheels.



## EDITOR/PUBLISHED AUTHOR IS OFFERING TWO FREE CREATIVE WRITING CLASSES THIS SPRING

Do you have a story you would like to tell? You'll get a chance this spring with help from editor and published author Katrin Tschirgi, who is offering creative writing classes—both fiction and non-fiction—starting in April.

### Writing Your Story

On April 14, 1-3 p.m., you'll learn to write a true story from your life using effective, professional storytelling techniques.

Writing Your Story will teach you how to mine your personal experiences for compelling narratives, turning these moments into crafted, creative short stories that can be shared with friends and family. Through a series of short exercises, you'll work on developing plot and characters. It's a low-stakes, fun way to practice creative writing.

### The Art of Fiction

On May 5, 1-3 p.m., join us for The Art of Fiction, a lesson on how to write fictional stories.

Short stories are a fun and effective way for participants to learn the basics of creative writing. Focusing on plot, characters, and language,



participants will work together to craft imaginative narratives based on real events. Through a series of open-ended prompts, writers will learn how to craft compelling characters and build conflict. Supplementary reading materials will be used to demonstrate craft techniques.

Participants will need writings utensils, such as a laptop or pen and paper.

There is no cost to participate, but registration is required. Please sign up in advance by calling 208-608-7580.

### About the instructor

Katrin Tschirgi is an editor, fiction writer,

poet, and educator with more than 10 years of experience in the literary world. She has a PhD in literature and creative writing from the University of Southern California, and she earned her MFA in fiction writing from Bowling Green State University. Katrin's work has been published widely in award-winning journals, and she has served as the managing editor of the Mid-American Review.



## Derral



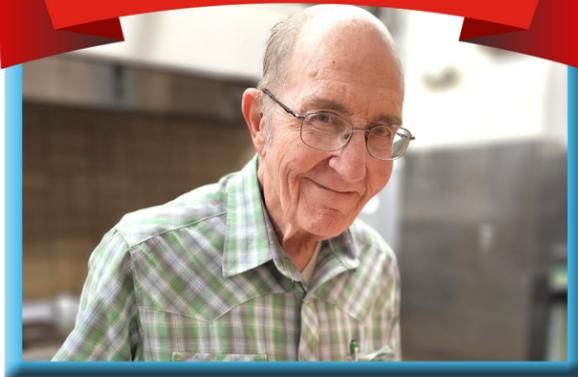
**First job:** I took up hay on a farm in Stonefork, Ill. when I was about 15 years old.

**Last job:** I retired as a charter bus driver. I drove truck for 20 years and worked in the coal mines for 20 years.

**Most proud of:** My wife. I'm sure proud of her. She was an angel.

**If I met my 18-year-old self, I would tell him:** Turn to God.

## Roger



**First job:** Driving horses in my neighbor's hay field. I was 7 years old.

**Last job:** Working in a secure environment on the B2 stealth bomber in Southern California.

**Most proud of:** I've got some wonderful kids and grandkids.

**If I met my 18-year-old self, I would tell him:** Be more confident.

## TRY MEDITATION FOR OPTIMAL HEALTH, FREE

Meditation instructor Michelle Wood offers free meditation instruction on the second Friday of every month from 11-11:45 a.m. Explore different styles of meditation proven to reduce stress and promote general health. Sign up in advance at the front desk or call 208-608-7580.

## LOVE TO PAINT? JOIN US FOR SELF-LED ACRYLICS

Self-led Acrylics is offered every Wednesday from 1-3 p.m. Drop-in fee is \$2 if you bring your own supplies or \$5 to use Senior Center supplies.

## NEED IT FIXED? REPAIR CAFE CAN HELP

Repair Café Boise at JUMP is back on April 24 from 4-7 p.m. Let Curb It and JUMP help you reduce waste by reusing what you already have. Repair experts will be ready to help you restore household items like clothing, appliances, electronics and more. Have questions? Email [curbit@cityofboise.org](mailto:curbit@cityofboise.org).



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**Dick Eardley Senior Center**  
690 Robbins Road, Boise, ID 83702

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**PARKS AND  
RECREATION**

**Phone:** 208-608-7580  
**Hours:** Monday-Friday 9 a.m.-5 p.m.  
**Website:** cityofboise.org/seniorcenter



**RADIO DAYS RETURNS WITH GILDERSLEEVE FUN,  
AND YOUR TICKET IS ALREADY PAID FOR!**

Radio Days will return to the dining room with a wonderful comedy that's full of laughs, romance, folly, music and the Great Gildersleeve, who certainly knows how to get himself into a fix! On this episode, "Two Dates for the Spring Fling," Gildersleeve finally gets invited to the mayor's annual party, but right after he invites a date, the mayor provides another for him! He's going to get into hot water with both ladies, not to mention the mayor, if he doesn't come up with an idea quick! What will the Great Gildersleeve do to get out of trouble this time? Come find out on April 15, from 7-8 p.m. Sign up in advance at 208-608-7580.

**BIRTHDAY CORNER**



Happy birthday to everyone who celebrated February and March birthdays with us!

**February**

- Mike Conley
- Lisa Craig
- Deb Fease
- Hobert Heiken
- Darrell Mallory
- Linda Matejka
- Wes Underwood
- Carrie Wiss

**March**

- Jerry Atkins
- Suzanne Bigelow
- Sunmi Choi
- Barbara Davis
- Jeri Denney
- Betsy Hayes
- Ruth Nishioka
- Ken Viste

Am. Heritage Girls  
Janelle, Hope, Zoe

Celebrate your special day with us on the second Friday of every month at 12 p.m.

A big thank you to our  
Birthday Friday sponsor:



**CONNECT  
HEALTH**