

DICK EARDLEY SENIOR CENTER

CITY of BOISE

AUGUST/SEPTEMBER 2026

MISSION: To provide a safe and supportive environment where older adults can engage in activities that promote physical, intellectual, and social wellbeing.

PH: 208-608-7580

TTY: 711



cityofboise.org/seniorcenter



Mon. - Fri. 9 a.m. - 5 p.m.



The Senior Center will be closed for the following:

Monday, Sept. 7
Labor Day

Upcoming Events

- * Blood Drive
Monday, Aug. 3
10 a.m.-3 p.m.
- * Heidi's Retirement Celebration
Tuesday, Aug. 25
12 p.m.
- * Fraud Roadshow
Wednesday, Sept. 23
1-3 p.m.
- * The Joy of Crafting: Creativity Made Easy
Mondays, Aug. 10 & 24 and Sept. 14 & 28
10:30-11:30 a.m.
- * Autumn Jamboree
Thursday, Sept. 24
4-6 p.m.

Craft Supply & Fabric Sale

Thursday, Aug. 6, 9 a.m.-1 p.m.

Calling all crafters! If you sew, quilt, knit, crochet, scrapbook, rubber stamp, or enjoy any kind of crafting, you won't want to miss our Annual Craft Supply & Fabric Sale **featuring \$10 and \$20 Fill-a-Bag options!** Choose your bag size and fill it up!* A limited selection of items will be priced as marked and excluded from the fill-a-bag option.



Thanks to generous donations received throughout the year, we're overflowing with fabrics, yarns, crafting materials, and creative treasures waiting to find new homes. This is the perfect opportunity to stock up on supplies, discover new inspirations, and support the Senior Center at the same time. Bring your friends and fellow crafters as this event is simply too good to keep to yourself!

***Please Note: This is a bag sale. Bags will be provided for all shoppers. Please do not bring your own bags.**

National Senior Citizens Day

Friday, Aug. 21, 11:30 a.m.



National Senior Citizens Day is a time to honor and celebrate the invaluable contributions older adults have made and continue to make to our communities and our nation.

First proclaimed by President Ronald Reagan on August 21, 1988, the day recognizes the wisdom, achievements, and lasting impact of older Americans. As President Reagan said, "For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute."

Join us for treats, fun photo opportunities, and fellowship as we celebrate this special day! This celebration is made possible by our generous sponsor, Kelly Svevad of Healing Homestead.

Celebration is free to attend; however, regular lunch charges apply.

Living Well with Chronic Pain

Tuesdays, Aug 4-Sept. 8, 10 a.m.- 12 p.m.

Living with chronic pain from arthritis, back pain, migraines, fibromyalgia, or other ongoing conditions? *Living Well with Chronic Pain* is a free six-week workshop that provides practical tools to help you better manage your symptoms and improve your quality of life.

Participants will learn self-management strategies, including safe physical activity, evaluating treatment options, managing difficult emotions, action planning, and more. Join us and discover skills to help you live well with chronic pain. **To register, call 208-608-7580.**

**Presented by: Natalie Nathan,
Southwest Idaho Area Agency on Aging**

Blood Drive

Monday, Aug. 3, 10 a.m.-3 p.m.

The Senior Center is hosting a Blood Drive!



Did you know approximately 29,000 units of red blood cells are needed every day in the U.S. and that just one blood donation can save up to three lives? Here's your opportunity to make a life-saving difference!

To schedule your donation, call 208-608-7580.

Generation Exchange

Participants Wanted

Intergenerational programs help break down age-related stereotypes and prejudices among young and old alike, fostering more inclusive attitudes to reduce ageism. Older adults can pass on their life wisdom and cultural traditions to younger generations.



Generation Exchange gives students and seniors an opportunity to talk, share, and gain insight from one another. This program will begin October 22nd. More information will be in the next newsletter. Inquire or sign up at the front desk.

Conversations, Crafts, & Cultural Sites

Wednesday, Aug. 26, 1-2:30 p.m.

Enjoy connecting with others, hearing stories and creating? Please join us at the senior center to learn about two of the City of Boise's remarkable Cultural Sites: the James Castle House and the Erma Hayman House.

We'll include crafts, culture and conversations as we explore the stories, artistry and legacies that help shape Boise's unique heritage. This class is in partnership with the Boise City Department of Arts & History. There is no prior crafting experience needed. **To register, call 208-608-7580.**



Tech Classes with LEARN

Mondays, 10:30-11:45 a.m.

Opportunities to enhance your technology skills are made possible through a partnership between LEARN Idaho and AARP's Senior Planet. **FREE!**

August Classes:

- 8/3: Navigating Medicare Resources Online
- 8/10: Banking & Finance Apps at a Glance
- 8/17: Using Google Gemini App
- 8/24: Getting Started with DuoLingo
- 8/31: Using Google Calendar

September Classes:

- 9/7: NO CLASS- Closed for Labor Day
- 9/14: Finding Information Online
- 9/21: NO CLASS
- 9/28: Tech Q&A

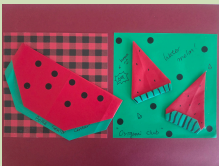


Origami Classes

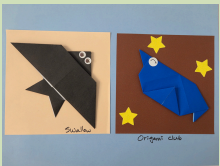
Instructor Sunmi Choi has expanded her popular classes! Project details are shown below. Please choose the one that best matches your interests and experience. **To register, call 208-608-7580.**

Origami 1: Introductory Class for Beginners

Free - 11:30 a.m. - 12 p.m.



Aug. 27:
Watermelon Picnic



Sept. 24:
Swallow & Sparrow

Origami 2: Extended Beginner Class

\$3 - 12:30 - 1:30 p.m.



Aug. 13:
Watermelon Garden



Sept. 10:
Monkey & Hot Air Balloon

Origami 3: Intermediate Class

\$3 - 12:30 - 2 p.m.



Aug. 27:
Watermelon



Sept. 24:
Secret Case

Bae Brothers Origami School: Intergenerational

\$3 - 4-5 p.m.



Aug. 14:
Watermelon Garden



Sept. 11:
Monkey & Hot Air Balloon

The Joy of Crafting: Creativity Made Easy

Mondays, Aug. 10 & 24
and Sept. 14 & 28, 10:30-11:30 a.m.

Think you're "not creative"? Think again!

Join us for The Joy of Crafting: Creativity Made Easy, a fun new class featuring easy crafts anyone can do. No special skills, artistic ability, or experience needed - just a willingness to try something new!

Explore the magic of playing without expectations using paper, paint, markers, and more. Because unintentional art can be the most beautiful.

Crafting is a wonderful way to relax, connect with others, and find joy in creating something with your own hands. We'll provide the guidance and encouragement to help you every step of the way.

Classes will be led by Shauna Crandall, who brings 30 years of experience helping individuals enjoy and explore their creativity.

Aug. 10:

Class - Folded Paint Surprise

Aug. 24:

Class - Intro to Watercolor

Sept. 14:

Class - Abstract in Watercolor

Sept. 28:

Class - Intro to Botanicals in Watercolor

Cost is \$3 per class.

To register, call 208-608-7580.



AUGUST

Dick Eardley Senior Center

690 Robbins Rd

Boise, ID 83702

PH:208-608-7580

TTY: 711

Monday-Friday 9 a.m. - 5 p.m.

cityofboise.org/senior_center



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room
M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off
M, F 9 - 11 a.m.
M, T, F 2 - 5 p.m.



Thrift Store & Craft Boutique
M-F, 10 a.m. - 2 p.m.



Lobby Sponsor
Kelly Svevad
Senior Living Advisor
Healing Homestead
Wednesdays: 8/12 & 8/26
10:30 a.m. - 1:30 p.m.



**PARKS AND
RECREATION**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Treats by Borchers Insurance 9 am-3 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 10 am-3 pm Red Cross Blood Drive* 10:30-11:45 am Tech Lecture: Navigating Medicare Resources Online 1-4 pm Mexican Train 1-4 pm Bridge Fall Activity Registration Begins for Boise Residents	Treats by Life Care Centers of America - Treasure Valley and Boise 8:30 am-12:30 pm Fruit Picking-Apples* 10 am-12 pm Living Well with Chronic Pain* 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by All Ways Caring 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12-12:30 pm Pop-Up Library 1-5 pm Canasta Fall Activity Registration Begins for non-Boise Residents	9 am-1 pm Craft Supply & Fabric Sale 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Cheatgrass 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge 5:30-11:30 pm Starlight Mountain Theatre-Legally Blonde*	9:30 am-12 pm Pinochle 11:30 am Senior Goldmine 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3 pm Line Dancing* 2-5 pm Intro to Pinochle
Treats by Arbor Valley of Cascadia 9:30-10:30 am Tai Chi & Qigong Int.* 10-11:30 am Collette Travel Meeting* 10:30-11:30 am Tai Chi & Qigong Beg.* 10:30-11:30 am The Joy of Crafting - Creativity Made Easy* 10:30-11:45 am Tech Lecture: Banking & Finance Apps at a Glance 1-4 pm Mexican Train 1-4 pm Bridge	Treats by Serengeti Care 8:30 am-12:30 pm Fruit Picking-Peaches* 10 am-12 pm Living Well with Chronic Pain* 10:30-11:30 am Longevity Stick 11 am-12 pm Music: Mike Rutledge-Good Old-Time Sing-a-long 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by The Cottages 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am-12 pm Welcome Tour* 1-5 pm Canasta 2-4 pm Grief Support Group*	Treats by Edgewood Healthcare 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Big Dave Walter 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 12:30-1:30 Origami 2-Beginning* 1-4 pm Bridge	Birthday Cake by Connect Health 10-11:30 am Widow/Widower Support 9:30 am-12 pm Pinochle 11:30 am Music: Cattywampus 12 pm Birthday Friday 1-2 pm Fit and Fall Proof 1-5 pm Winery- 3 Horse Ranch* 2-3 pm Line Dancing* 2-5 pm Intro to Pinochle 4-5 pm Bae Brothers Origami School-Intergenerational*
Treats by Heatherwood Senior Living 9 am-4 pm AARP Smart Driver* 9 am-3 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 9:30-10:30 am Tai Chi & Qigong Int.* 10:30-11:30 am Tai Chi & Qigong Beg.* 10:30-11:45 am Tech Lecture: Using Google Gemini App 1-4 pm Mexican Train 1-4 pm Bridge	Treats by Senior Helpers 10 am-12 pm Living Well with Chronic Pain* 10 am-1 pm Travel Open House 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by St. Alphonsus/ Encompass Health 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am Music: Big Dave Walter 11 am-1 pm Legal Counsel* 1-5 pm Canasta	Treats by Harrison's Hope Hospice 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-3 pm Rummikub 11 am Music: Sing-a-long Bluegrass with the B-team 11:30 am-12:30 pm Drumming Divas 12:30-3:30 pm Lunch Club* 1-4 pm Bridge	9:30 am-12 pm Pinochle 11:30 am National Senior Citizens Day-Sponsored by Healing Homestead 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3:30 pm Growing Old Ain't for Sissies* 2-3 pm Line Dancing* 2-5 pm Intro to Pinochle
Treats by Idaho Home Health & Hospice 9:30-10:30 am Tai Chi & Qigong Int.* 10:30-11:30 am Tai Chi & Qigong Beg.* 10:30-11:30 am The Joy of Crafting - Creativity Made Easy* 10:30-11:45 am Tech Lecture: Getting Started with DuoLingo 11 am Music: Kathy McFadden & Friends 1-4 pm Mexican Train 1-4 pm Bridge	Treats by Care Patrol 8 am-5:30 pm Payette Lake Cruise* 10 am-12 pm Living Well with Chronic Pain* 10:30-11:30 am Longevity Stick 12 pm Heidi's Retirement Celebration 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by Arbor Village @ Hillcrest 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 1-2:30 pm Conversations, Crafts, & Cultural Sites* 1-5 pm Canasta	Treats by Copper Falls Hospice 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: David Ladines 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am-12 pm Origami 1-Introductory* 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Origami 3-Intermediate* 1-4 pm Bridge 6-10 pm Idaho Shakespeare Festival*	Treats by Complete Prosthetics & Orthotics 10-11:30 am Widow/Widower Support 9:30 am-12 pm Pinochle 1-2 pm Fit and Fall Proof 2-3 pm Line Dancing* 2-4 pm Free Movie Day* 2-5 pm Intro to Pinochle
9 am-3 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 9:30-10:30 am Tai Chi & Qigong Int.* 10:30-11:30 am Tai Chi & Qigong Beg.* 10:30-11:45 am Tech Lecture: Using Google Calendar 11 am - 12 pm Book Club* 1-4 pm Mexican Train 1-4 pm Bridge	Thursdays 10:30 am-12 pm MOBILE MARKET A PARTNERSHIP BETWEEN BOISE FARMERS MARKET & CITY OF GOOD			

Choose what you pay!

No questions asked. Every shopper chooses what to pay and how.

- Payment options include credit/debit cards, cash.
- Ensuring access to fresh produce from local farmers for everyone.

*These programs require advanced registration.
Please call 208-608-7580

SEPTEMBER

Dick Eardley Senior Center
690 Robbins Rd
Boise, ID 83702
PH:208-608-7580
TTY: 711
Monday-Friday 9 a.m. - 5 p.m.
cityofboise.org/senior center



Lunch is prepared on site by Meals on Wheels Metro Boise, 208-321-0031, and is served in the Robbins Nest Cafe from 12 - 12:30 p.m. The menu can be found on our website.

Billards Room
M-F, 9 a.m. - 5 p.m.



Walk Your Socks Off
M, F 9 - 11 a.m.
M, T, F 2 - 5 p.m.



Thrift Store & Craft Boutique
M-F, 10 a.m. - 2 p.m.



Lobby Sponsor
Kelly Svevad
Senior Living Advisor
Healing Homestead
Wednesdays & Fridays
10:30 a.m. - 1:30 p.m.



PARKS AND
RECREATION

*These programs require advanced registration.
Please call 208-608-7580

MONDAY

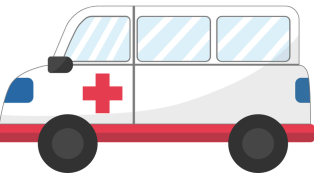
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	Treats by Life Care Centers of America - Treasure Valley and Boise 10 am-12 pm Living Well with Chronic Pain* 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong	Treats by All Ways Caring 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12-12:30 pm Pop-Up Library 12:15-12:30 pm NFL Pick'ems 1-5 pm Canasta	Treats by Serengeti Care 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Cheatgrass 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge 5-10 pm Boise Little Theatre-Rock of Ages*	9:30 am-12 pm Pinochle 10:30-11:30 am Comic Arts Festival 11:30 am Senior Goldmine 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3 pm Line Dancing* 2-5 pm Intro to Pinochle
 CLOSED FOR LABOR DAY	10 am-12 pm Living Well with Chronic Pain* 10:30-11:30 am Longevity Stick 11 am-12 pm Music: Mike Rutledge-Good Old-Time Sing-a-long 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong 1-4 pm Bridge	Treats by The Cottages 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am-12 pm Welcome Tour* 12:15-12:30 pm NFL Pick'ems 1-5 pm Canasta 2-4 pm Grief Support Group*	Treats by Edgewood Healthcare 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: Big Dave Walter 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am-12:30 pm Drumming Divas 12:30-1:30 Origami 2-Beginning* 12:45-4 pm Idaho Youth Ranch Tour* 1-4 pm Bridge	Birthday Cake by Connect Health 10-11:30 am Widow/Widower Support 9:30 am-12 pm Pinochle 10:45-11:30 am Meditation for Optimal Health* 11:30 am Music: Cattywampus 12 pm Birthday Friday 1-2 pm Fit and Fall Proof 1-5 pm Art in the Park* 2-3 pm Line Dancing* 2-5 pm Intro to Pinochle 4-5 pm Bae Brothers Origami School-Intergenerational*
Treats by Arbor Valley of Cascadia 9 am-3 pm Nail & Foot Care of Boise with Sandy* (208-747-5797) 9:30-10:30 am Tai Chi & Qigong Int.* 10:30-11:30 am Tai Chi & Qigong Beg.* 10:30-11:30 am Joy of Crafting - Creativity Made Easy* 10:30-11:45 am Tech Lecture: Finding Information Online 1-4 pm Mexican Train 1-4 pm Bridge	Treats by Senior Helpers 10-11 am Advance Care Planning-Part 1: Identifying Care Preferences* 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong 1-4:30 pm Voodoo Brewery*	Treats by St. Alphonsus/ Encompass Health 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 11 am Music: Big Dave Walter 11 am-1 pm Legal Counsel* 12:15-12:30 pm NFL Pick'ems 1-5 pm Canasta	Treats by Harrison's Hope Hospice 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am-3 pm Rummikub 11 am Music: Sing-a-long Bluegrass with the B-team 11 am-5 pm Idaho City Hot Springs* 11:30 am-12:30 pm Drumming Divas 1-4 pm Bridge	Treats by Brookdale Senior Living 9:30 am-12 pm Pinochle 10:30-11 am Hands Only CPR* 11 am-1 pm Red Cross Mobile Disaster Unit Visit 12:30-2 pm Senior Social at Library! 1-2 pm Fit and Fall Proof 2-3:30 pm Growing Old Ain't for Sissies* 2-3 pm Line Dancing* 2-5 pm Intro to Pinochle
Treats by Heatherwood Senior Living 9 am-4 pm AARP Smart Driver* 9:30-10:30 am Tai Chi & Qigong Int.* 10:30-11:30 am Tai Chi & Qigong Beg.* 1-4 pm Mexican Train 1-4 pm Bridge	Treats by Care Patrol 10-11 am Advance Care Planning-Part 2 Advance Directives Documents* 10 am-1 pm Travel Open House 10:30-11:30 am Longevity Stick 1-2 pm Fit and Fall Proof 1-4 pm Euchre 1-4 pm Mahjong 2-7 pm Indian Creek Museum*	Treats by Arbor Village @ Hillcrest 10 am-12 pm Cribbage 10 am-12 pm Happy Hookers Knit & Crochet 10:30-11:30 am Gentle Yoga* 12:15-12:30 pm NFL Pick'ems 1-3 pm Senior Fraud and Financial Exploitation Prevention Roadshow* 1-5 pm Canasta	Treats by Copper Falls Hospice 10-11 am BINGO 10-11:30 am Chat-n-Chew 11 am Music: David Ladines 11 am-12:30 pm Blood Pressure Clinic 11 am-3 pm Rummikub 11:30 am-12 pm Origami 1-Introductory* 11:30 am-12:30 pm Drumming Divas 12:30-2 pm Origami 3-Intermediate* 1-4 pm Bridge 4-6 pm Autumn Jamboree*	Treats by Complete Prosthetics & Orthotics 10-11:30 am Widow/Widower Support 9:30 am-12 pm Pinochle 12:30-3:30 pm Lunch Club* 1-2 pm Fit and Fall Proof 2-3 pm Line Dancing* 2-4 pm Free Movie Day* 2-5 pm Intro to Pinochle
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FREE Movie Days!

Friday, Aug. 28 & Friday, Sept. 25
2 p.m.

Join us for free movie days at the Senior Center. Sit back, relax, and enjoy a movie with friends. We'll even have free popcorn ready to make it feel just like the theatre! Keep an eye out for event flyers at the Senior Center where we will announce movie titles at a later date.

To register, please call 208-608-7580.



Senior Summer Bocce League

Bocce is a game anyone can play! Senior Bocce league continues with another 4 week session playing 2 games per night with playoff games the final week. All players must be age 50 or over. Teams must have 4 players. Team captains are responsible for registering the team and paying league fees. Subs or single players can register on the sub list. Play is not guaranteed for subs.

Mondays 5:30-7:30 p.m.

Session 2: Aug. 31- Sept. 28

*No Bocce Sept. 7- Labor Day



Fees per 4-week session:

Team fee is Res. \$48/Non-res. \$73.85.

Sub fee is Resident \$6/Non-resident \$9.30.

Register online at cityofboise.org
or call 208-608-7580.

A BIG Happy Birthday

to everyone who celebrated with us!

JUNE

Carol Moonier
Kathy Dzuck
Raelene Viste
Dolores Totorica
DJ Schuffman
Cindie Kithcart
Diane Bailey
Jerry Kourouyan

JULY

Wendy Olson
Walton Benjamin
Jody Hill
Enola Hoyt



Celebrate your special day with us on the
second Friday of every month at 12 p.m.

Note: Regular lunch rates apply.

A big thank you to our Birthday Friday Sponsor:



Mobile Market Continues!

Shop for fresh produce at the Dick Eardley Senior Center Thursdays from 10:30 a.m.-12 p.m. from now through September.

The Mobile Market, a partnership between the Boise Farmers Market and City of Good, provides access to locally grown produce with a "pay what you choose" option. You have the choice to pay the amount you want for fresh, local food with no questions asked. Credit cards, debit cards, and cash accepted.



Fall Activity Guide Registration

Check out the great activities offered by Boise Parks and Recreation! Registration for Boise Residents will begin on Monday, August 3, at 7 a.m. Registration for non-Boise Residents will begin on Wednesday, August 5, 7 a.m.

You may register online at cityofboise.org or by phone with a debit or credit card at 208-608-7580. Please have your list of classes/programs readily available.

For all activity registrations and transactions, please review your receipt for accuracy, as well as current policies and procedures.

Scholarships are available and applications can be obtained at the front desk. **Please note:** Applications can take up to two (2) weeks to process. Please plan accordingly and submit all required documentation when submitting your application.



PARKS AND RECREATION

Comic Arts Festival

Friday, Sept. 4 , 10:30-11:30 a.m.

Art takes many forms - including comics! Join us at the senior center as we welcome a guest speaker from the Boise Comic Arts Festival.

Explore the creative process behind comics and graphic novels, and learn how artists bring stories to life through words and images.

Speaker details will be announced soon. Stay tuned for more information about this exciting presentation!

Follow Us on Facebook!



Dick Eardley Senior Center

Two-Part Series: Advance Care Planning

Advance Care Planning - Part 1 Identifying Care Preferences

Tuesday, Sept. 15 , 10-11 a.m.

Advance Care Planning helps ensure your healthcare wishes are understood and respected if you're ever unable to make decisions for yourself. Join us to learn how to prepare for future healthcare decisions by identifying your care preferences, choosing a healthcare decision-maker, planning for memory loss or dementia, and communicating your wishes with loved ones and healthcare providers.

You'll leave with practical information and resources to help you document your preferences and make informed decisions about your future care.

This is a FREE class. To register, call 208-608-7580.

Presented by: Carly Kyle
Golden Oak Care Management

Advance Care Planning - Part 2 Advance Directives Documents

Tuesday, Sept. 22 , 10-11 a.m.

Planning for future healthcare decisions is one of the most important gifts you can give yourself and your loved ones. This class will guide you through understanding and completing your advance directive documents with confidence.

Learn why advance directives matter, and how they ensure your healthcare wishes are honored if you're ever unable to speak for yourself. Learn the differences between a living will, medical power of attorney, and other important forms so you can make informed decisions that reflect your values and goals.

All forms and an on-site notary are provided at no cost. You'll leave with legally notarized documents, greater peace of mind, and the confidence that your wishes are clearly documented.

This is a FREE class. To register, call 208-608-7580.

Presented by: Carly Kyle
Golden Oak Care Management

Hands-Only CPR
Friday, Sept. 18, 10:30-11 a.m.

The American Red Cross will offer FREE Hands-Only CPR demonstrations. Participants will learn this simple, lifesaving technique, including how to recognize a cardiac emergency, call for help, and perform effective chest compressions with confidence. To register, call 208-608-7580.

American Red Cross Mobile Disaster Unit
Friday, Sept. 18, 11 a.m.-1 p.m.

The American Red Cross Mobile Disaster Unit is bringing disaster preparedness education to our senior center. Learn how to prepare for wildfires, build an emergency plan and disaster kit, improve evacuation readiness, and reduce risks at home.

Red Cross staff and volunteers will answer questions, share preparedness resources, and provide practical tips to help you and your loved ones stay safe before, during, and after an emergency. Stop by and take home valuable information to help you be better prepared.

Fraud Roadshow
Wednesday, Sept. 23, 1-3 p.m.

Scammers are becoming highly sophisticated. Learn to protect yourself from fraud and financial exploitation. Join us for the Senior Fraud and Financial Exploitation Prevention Roadshow, an informative presentation sponsored by AARP Idaho, the Idaho Department of Finance, and the Idaho Commission on Aging.

Local experts will share practical tips to help you recognize, prevent, and report financial fraud and exploitation, while introducing valuable community resources available to support you. Enjoy light refreshments, enter to win door prizes, and receive a complimentary swag bag. Don't miss this opportunity to gain the knowledge and confidence to safeguard your finances and your future! The event is FREE! Please register at 208-608-7580.

Autumn Jamboree
Thursday, Sept. 24, 4-6 p.m.

Celebrate the season at our annual Autumn Jamboree Dance & Social! We're thrilled to welcome local favorite Good Time Charlie, a Best of Boise nominee for Best Local Artist. Charlie brings an energetic mix of original songs, country classics, modern country, and classic rock perfect for dancing or simply sitting back and enjoying the music.

Invite your friends and join us for an afternoon of great music, good company, and plenty of fun! The Autumn Jamboree is proudly sponsored in part by FirstLight Home Care.

Tickets are just \$7 and include a delicious light appetizer buffet and lemonade. A no-host bar featuring soda, beer, and spirits will also be available for purchase. Tickets must be purchased in advance by September 17. Reserve your spot early; we don't want you to miss this special event! For tickets, call 208-608-7580.

Make Every Day the Best Day
FirstLight Home Care Of Boise
208-656-1122
boise@firstlighthomecare.com
www.boise.firstlighthomecare.com
We are problem solvers, dancers, partners, organizers, hope, peace of mind, listeners, huggers, tour guides, poker buddies, confidants, hair stylists, personal trainers, freedom, gin rummy opponents, personal chefs, chauffeurs, photographers, laundry helpers, conversationalists, cheerleaders, and caregivers.



Bridge
May
Mon. - Ann - 2690
Thurs. - Jim - 3800

June
Mon. - Jessie - 3150
Thurs. - Steve - 3520

Pinochle
May
Edward - 6680

June
Patti - 5920

The Happy Hookers
The Happy Hookers have been putting their talents to work for the community by crocheting and knitting handmade dishcloths, then paring them with purchased dish soap for donation to local food banks. Their generosity is making a meaningful difference, one stitch at a time.

CROSSWORD PUZZLE

Across
1 Plea at sea
4 Acquire
7 Units of electromotive force
9 "A Little Bitty Tear" singer Burl ---
11 The ---, Dutch seat of government
12 Essayist --- Waldo Emerson
14 Infinitely repeated geometric pattern
16 Narrative song
17 Senior army rank
18 Eccentric
19 Morning must-have, for many
24 Your choice
25 Belonging to us
26 Source of gas at the track
27 Meet expectations
31 --- Merman
33 Nimble
34 Up-and-down toy
35 Colossus
36 Beak
37 Society newcomer
Down
1 Rise higher
2 Bond girl --- Kurylenko
3 House finish
4 Vermeer's wore a pearl earring
5 "Desperate Housewives" actress --- Longoria
6 Spread the word about
7 From 30 to 300 MHz
8 Words before keys or wheels
10 Dashiell Hammett's gumshoe
13 Twinned with Jekyll
15 Aluminum producer
19 Sleeveless cloak
20 Togetherness
21 Squeezing snake
22 --- the elbows, or down-at-heel
23 Icy
27 No neatnik
28 Set of pages
29 Excess fat
30 Hankering
32 Inspect
Solution available at the front desk

Puzzle made available by our sponsor, Jim Starr
Jim also sponsors Birthday Friday and the center's weekly Bingo game, and he calls Bingo on the 3rd Thursday of each month. Give Jim a call if you have questions regarding Medicare or want to compare notes about this month's puzzle, 208-713-3166
CONNECT HEALTH



Dick Eardley Senior Center
690 Robbins Road, Boise, ID 83702

**PARKS AND
RECREATION**

Phone: 208-608-7580 **TTY:** 711

Hours: Monday-Friday 9 a.m. - 5 p.m.

Website: cityofboise.org/seniorcenter

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UPCOMING TRAVEL OPPORTUNITIES

Wonders of Ancient Greece	Spotlight on New York City
Charms of Quebec	Iceland Magical Northern Lights

Travel Meeting: Monday, August 10 | 10 - 11:30 a.m.



DICK EARDLEY SENIOR CENTER
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DICK EARDLEY SENIOR CENTER

2026 Autumn JAMBOREE

Dance & Social

Thursday, September 24, 4-6 PM

Featuring Music by Good Time Charlie
Light Appetizer Buffet & No-host bar
Tickets: \$7 each, Purchase by Sept. 17

Sponsored by: 

For tickets call, 208-608-7580
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