# BOISE PARKS AND RECREATION CONTROL OF A CON



## ADAPTIVE RECREATION PROGRAM CALENDAR

JANUARY, FEBRUARY, MARCH, APRIL, MAY, 2024

Boise Parks and Recreation's Adaptive Recreation program, called AdVenture, provides a wide range of recreational, social, educational and wheelchair sports programs designed for youth and adults with disabilities. Programs are specifically designed for individuals with a disability however anyone is welcome to enroll. Learn more by calling 208-608-7680 or visit cityofboise. org/Adaptive-Recreation.

Advance registration is required for all activities, please call 208-608-7680 or visit Fort Boise Community Center to enroll. View current program details at cityofboise.org/activity-registration. Boise Parks and Recreation offers scholarships to qualified youth, seniors and adults with disabilities, apply in advance at cityofboise.org/scholarships.

We hope you will join us for an AdVenture program this year!

## CONTACT:

Phone: 208-608-7680 | TDD/TTY 800-377-3529 Email: AdVentureProgram@cityofboise.org Social Media: facebook.com/bpradventureprogram Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Website: cityofboise.org/adaptive-recreation

REGISTER: <u>cityofboise.org/activity-registration</u> or call 208-608-7680

## **ABBREVIATION KEY & ADDRESSES:**

BSU – Boise State Univerity Student Union, 1700 University Dr. KALB – Kathryn Albertson Park, 1001 S. Americana Blvd. DESC – Dick Eardley Senior Center, 690 Robbins Rd. FBCC – Fort Boise Community Center, 700 Robbins Rd. JDP – Julia Davis Park, 355 Julia Davis Dr. KAMP – Kristin Armstrong Municipal Park, 500 S. Walnut St. MNCC – Morley Nelson Community Center, 7701 W. Northview St. WCC – Whitney Community Center, 1609 S. Owyhee St. ZOO – Zoo Boise, 355 Julia Davis Dr.



# **JANUARY 2024**



SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	New Year's Day	-			Dinner & a Movie 5-9:30pm FBCC	Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
7	8	9 Music Night & Dinner 5:30-8pm DESC	10	11	12 Bowling & Dinner 5:30-9pm FBCC	13 BSU Basketball & Lunch 11am-3pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
14	15 Martin Luther King Jr. Day	16	17 Ceramica & Dinner 5:30-8:30pm FBCC	18 Dine & Decorate 5:30-8pm DESC	19 BSU Gymnastics & Dinner 5-9pm FBCC	20 Aquarium & Lunch 9:30am-1:30pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
21	22 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Monday Bowling Club 7-8:30pm BSU	23 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	24 Dance Ability 3-4pm FBCC 4-5 pm FBCC Wednesday Social Club 6-8:30pm MNCC	25 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	26 Dinner & A Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	27 Tubing & Pizza 9am-2pm FBCC Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
28	29 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Monday Bowling Club 7-8:30pm BSU	30 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	31 Dance Ability 3-4pm FBCC 4-5 pm FBCC Wednesday Social Club 6-8:30pm MNCC			

# **FEBRUARY 2024**



SUMONDAYTUESDAYWEDNESDAYTHURSD/IIFitness Class 3-4pm FBCC 4-5pm FBCCIIFitness Class 3-4pm FBCC 4-5pm FBCCIIFitness Class 4:30-5:30pm DE 5:45-6:45pm DE Cooking Class 5:30-7:30pm FB0 Thursday Social 6-8:30pm WCCIIIFitness Class 3-4pm FBCCIFitness Class 3-4pm FBCCIIIFitness Class 3-4pm FBCCIII	2 Elk Herd Sleigh Ride 9am-5:30pm FBCC Trivia Night & Pizza 5:30-8pm DESC SC Friday Social Club 6:30-9pm DESC	SATURDAY 3 Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
Fitness Class 3-4pm FBCC 4-5pm FBCC 4:30-5:30pm DE 5:45-6:45pm DE Cooking Class 5:30-7:30pm FB0 Thursday Social 6-8:30pm WCC45678Adaptive Art 4:15-5:15pm FBCCFitness Class 3-4pm FBCC3-4pm FBCC3-4pm FBCC	Elk Herd Sleigh Ride 9am-5:30pm FBCC Trivia Night & Pizza 5:30-8pm DESC SC Friday Social Club 6:30-9pm DESC	Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
45678Adaptive Art 4:15-5:15pm FBCCFitness Class 3-4pm FBCC3-4pm FBCC 4-5pm FBCC3-4pm FBCC678Adaptive Art 4:15-5:15pm FBCCFitness Class 3-4pm FBCC3-4pm FBCC	9am-5:30pm FBCC Trivia Night & Pizza 5:30-8pm DESC SC Friday Social Club 6:30-9pm DESC CC	10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
45678Adaptive Art 4:15-5:15pm FBCCFitness Class 3-4pm FBCC3-4pm FBCC3-4pm FBCC	5:30-8pm DESC <b>Friday Social Club</b> 6:30-9pm DESC CC	1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
45678Adaptive Art 4:15-5:15pm FBCCFitness Class 3-4pm FBCC3-4pm FBCC3-4pm FBCC	6:30-9pm DESC	4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC
45678Adaptive Art 4:15-5:15pm FBCCFitness Class 3-4pm FBCCDance Ability 3-4pm FBCCFitness Class 3-4pm FBCC		5:30-7:30pm FBCC
4     5     6     7     8       Adaptive Art 4:15-5:15pm FBCC     Fitness Class 3-4pm FBCC     Dance Ability 3-4pm FBCC     Fitness Class 3-4pm FBCC	I Club	
Adaptive ArtFitness ClassDance AbilityFitness Class4:15-5:15pm FBCC3-4pm FBCC3-4pm FBCC3-4pm FBCC		Hockey Game & Dinner 5-10pm FBCC
4:15-5:15pm FBCC 3-4pm FBCC 3-4pm FBCC 3-4pm FBCC	9	10
Adaptive Yoga     4-5pm FBCC     4-5 pm FBCC     4-5pm FBCC       5:30-6:30pm FBCC     Tuesday Social Club     Dine & Decorate     Music Class	Elk Herd Sleigh Ride Trip Full Dancing & Pizza 5:30-9:30pm DESC	Snowshoeing & Hot Springs Trip 8:45am-5pm FBCC Adaptive Art
Monday Bowling Club     6-8:30pm DESC     5:30-8pm DESC     4:30-5:30pm DE       Tuesday Bowling     Wednesday Social Club     5:45-6:45pm DE		10-11am FBCC Wheelchair Rugby
7-8:30pm BSU         Club         6-8:30pm MNCC         Cooking Class           7-8:30pm BSU         5:30-7:30pm FBU         5:30-7:30pm FBU	сс	1:15-3:45pm FBCC Skills & Drills
Thursday Social           6-8:30pm WCC	l Club	4:15-5:15pm FBCC Wheelchair Basketball
		5:30-7:30pm FBCC
11     12     13     14     15       Adaptive Art     Fitness Class     Dance Ability     Fitness Class	16 Dinner & A Movie	17 Adaptive Art
4:15-5:15pm FBCC         3-4pm FBCC         3-4pm FBCC         3-4pm FBCC           Adaptive Yoga         4-5pm FBCC         4-5pm FBCC         4-5pm FBCC	5-9:30pm FBCC Friday Social Club	10-11am FBCC Wheelchair Rugby
5:30-6:30pm FBCC     Tuesday Social Club     Wednesday Social Club     Music Class       Monday Bowling     6-8:30pm DESC     6-8:30pm MNCC     4:30-5:30pm DE	6:30-9pm DESC	1:15-3:45pm FBCC Skills & Drills
Club     Tuesday Bowling     5:45-6:45pm DE       7-8:30pm BSU     Club     Cooking Class	SC	4:15-5:15pm FBCC Wheelchair Basketball
7-8:30pm BSU 5:30-7:30pm FB Thursday Social		5:30-7:30pm FBCC
6-8:30pm WCC		
18     19     20     21     22       President's Day     Fitness Class     Dance Ability     Fitness Class	23 Warhawk Air Museum	24 Elk Herd Sleigh Ride
No Classes or Clubs         3-4pm FBCC         3-4pm FBCC         3-4pm FBCC         3-4pm FBCC           4-5pm FBCC         4-5pm FBCC         4-5pm FBCC         4-5pm FBCC         4-5pm FBCC	<b>&amp; Lunch</b> 9am-2pm FBCC	9am-5:30pm FBCC Adaptive Art
Tuesday Social Club     BSU Basketball &     Music Class       6-8:30pm DESC     Dinner     4:30-5:30pm DE	Bowling & Dinner SC 5:30-9pm FBCC	10-11am FBCC Wheelchair Rugby
Tuesday Bowling     5-9pm FBCC     5:45-6:45pm DE       Club     Wednesday Social Club     Cooking Class	SC Friday Social Club 6:30-9pm DESC	1:15-3:45pm FBCC
7-8:30pm BSU 6-8:30pm MNCC 5:30-7:30pm FB Thursday Social	сс	Skills & Drills 4:15-5:15pm FBCC
6-8:30pm WCC		Wheelchair Basketball 5:30-7:30pm FBCC
25     26     27     28     29       Adaptive Art     Fitness Class     Dance Ability     Fitness Class		
4:15-5:15pm FBCC         3-4pm FBCC         3-4pm FBCC         3-4pm FBCC           Adaptive Yoga         4-5pm FBCC         4-5pm FBCC         4-5pm FBCC		
Financial Club     Tuesday Social Club     Wednesday Social Club     Music Class       5:30-6:30pm FBCC     6-8:30pm DESC     6-8:30pm MNCC     4:30-5:30pm DE       Club     Tuesday Bowling     5:45-6:45pm DE		
7-8:30pm BSU         Club         Cooking Class           7-8:30pm BSU         5:30-7:30pm FBU	сс	
Thursday Social 6-8:30pm WCC	l Club	

## **MARCH 2024**



SU	MONDAY	SATURDAY				
30	MONDAT	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	2
					Dinner & A Movie 5-9:30pm FBCC	Adaptive Art 10-11am FBCC
					Friday Social Club 6:30-9pm DESC	<b>Ceramica &amp; Lunch</b> 10:30am-1:30pm FBCC
						<b>Wheelchair Rugby</b> 1:15-3:45pm FBCC
						Skills & Drills 4:15-5:15pm FBCC
						Wheelchair Basketball 5:30-7:30pm FBCC
3	4	5	6	7	8	9
	Adaptive Art 4:15-5:15pm FBCC	Fitness Class 3-4pm FBCC	Dance Ability 3-4pm FBCC	Fitness Class 3-4pm FBCC	Bowling & Dinner 5:30-9pm FBCC	Hot Springs Trip 9am-3:30pm FBCC
	Adaptive Yoga 5:30-6:30pm FBCC	4-5pm FBCC Tuesday Social Club	4-5 pm FBCC Dessert & Pizza Night	4-5pm FBCC Music Class	Friday Social Club 6:30-9pm DESC	Adaptive Art 10-11am FBCC
	Monday Bowling Club 7-8:30pm BSU	6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	5:30-8pm FBCC Wednesday Social Club 6-8:30pm MNCC	4:30-5:30pm DESC 5:45-6:45pm DESC <b>Cooking Class</b>		Wheelchair Rugby 1:15-3:45pm FBCC
	7-8.30pm B30			5:30-7:30pm FBCC Thursday Social Club		Skills & Drills 4:15-5:15pm FBCC
				6-8:30pm WCC		Wheelchair Basketball 5:30-7:30pm FBCC
10	11	12	13	14	15	16
	Adaptive Art 4:15-5:15pm FBCC	Fitness Class 3-4pm FBCC	Dance Ability 3-4pm FBCC	Fitness Class 3-4pm FBCC	Dinner & A Movie 5-9:30pm FBCC	<b>ChairHoops Fundraiser</b> 9am Timberline HS
	Adaptive Yoga	4-5pm FBCC	4-5 pm FBCC	4-5pm FBCC	ChairHoops	Adaptive Art
	5:30-6:30pm FBCC	Music Night &	Dine & Decorate	Music Class	Fundraiser	10-11am FBCC
	Monday Bowling Club	Dinner 5:30-8pm DESC	5:30-8pm DESC	4:30-5:30pm DESC 5:45-6:45pm DESC	6pm Timberline HS	Wheelchair Rugby 1:15-3:45pm FBCC
	7-8:30pm BSU	Tuesday Bowling		Cooking Class		1.13-3.43pm 1 BCC
		Club 7-8:30pm BSU		5:30-7:30pm FBCC ChairHoops		
				Fundraiser 6pm FBCC		
17	18	19	20	21	22	23
					Dinner & A Movie	
					5-9:30pm FBCC	
24	25	26	77	20	20	20
24 &	25 Adaptive Art	26 Fitness Class	27 Dance Ability	28 Fitness Class	29 Science Night &	30 Adaptive Art
31	4:15-5:15pm FBCC	3-4pm FBCC	3-4pm FBCC	3-4pm FBCC	Dinner 5:30-8pm DESC	10-11am FBCC
	Adaptive Yoga 5:30-6:30pm FBCC	4-5pm FBCC Tuesday Social Club	4-5 pm FBCC Wednesday Social Club	4-5pm FBCC Music Class	Friday Social Club	Wheelchair Rugby 1:15-3:45pm FBCC
	Monday Bowling	6-8:30pm DESC	6-8:30pm MNCC	4:30-5:30pm DESC	6:30-9pm DESC	Skills & Drills
	Club	Tuesday Bowling		5:45-6:45pm DESC		4:15-5:15pm FBCC
	7-8:30pm BSU	Club 7-8:30pm BSU		Cooking Class 5:30-7:30pm FBCC		Wheelchair Basketball 5:30-7:30pm FBCC
				Thursday Social Club 6-8:30pm WCC		Game Night & Pizza 5-7:30pm DESC

To learn more about Adaptive Recreation Programs or to register call 208-608-7680 or visit cityofboise.org/Adaptive-Recreation

**APRIL 2024** 



SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	1 Summer Registration Starts For Boise City Residents Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Monday Bowling Club 7-8:30pm BSU	2 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	3 Summer Regis- tration Starts For Non-Residents Dance Ability 3-4pm FBCC 4-5 pm FBCC Wednesday Social Club 6-8:30pm MNCC	4 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	5 Pottery Lunch & Zoo 9am-3pm FBCC Dinner & A Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	6 Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC Hockey Game & Dinner 5-10pm FBCC		
7	8 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Monday Bowling Club 7-8:30pm BSU	9 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	10 Dance Ability 3-4pm FBCC 4-5 pm FBCC Dine & Decorate 5:30-8pm DESC Wednesday Social Club 6-8:30pm MNCC	11 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	12 Mini Golf & Dinner 5:30-9pm FBCC Friday Social Club 6:30-9pm DESC	13 Adaptive Art 10-11am FBCC Arcade & Lunch 10:30am-1:30pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC		
14	15 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Monday Bowling Club 7-8:30pm BSU	16 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	17 Dance Ability 3-4pm FBCC 4-5 pm FBCC Bike Ride 6-7:30pm KAMP Wednesday Social Club 6-8:30pm MNCC	18 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	19 Old Penitentiary & Lunch 10:30am-2:30pm FBCC Dinner & A Movie 5-9:30pm FBCC Friday Social Club 6:30-9pm DESC	20 Adaptive Art 10-11am FBCC Theater & Lunch 12-4:45pm FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC		
21	22 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Monday Bowling Club 7-8:30pm BSU	23 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU	24 Dance Ability 3-4pm FBCC 4-5 pm FBCC Bike Ride 6-7:30pm KAMP Wednesday Social Club 6-8:30pm MNCC	25 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	26 Zoo & Dinner 3-6pm ZOO Friday Social Club 6:30-9pm DESC	27 Bike Ride & Picnic 9:30am-12pm KAMP Adaptive Art 10-11am FBCC Wheelchair Rugby 1:15-3:45pm FBCC Skills & Drills 4:15-5:15pm FBCC Wheelchair Basketball 5:30-7:30pm FBCC Games & Dinner at Park 5-7:30pm KAMP		
28	29 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Walking Club 5:30-7:30pm FBCC Monday Bowling Club 7-8:30pm BSU	30 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU						

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## **MAY 2024**



SU	MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATU							
	MONDAI	TOLO		1	2	3	4	
				Dance Ability 3-4pm FBCC 4-5 pm FBCC Bike Ride 6-7:30pm KAMP Wednesday Social Club 6-8:30pm MNCC	Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	Foothills Hike & Dinner 5:30-8pm DESC Friday Social Club 6:30-9pm DESC	Bruneau Sand Dunes 9:30am-4pm FBCC Adaptive Art 10-11am FBCC BPR Dance Recital Timberline HS	
5	6 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Walking Club 5:30-7:30pm FBCC Monday Bowling Club 7-8:30pm BSU	7 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Social Club 6-8:30pm DESC Tuesday Bowling Club 7-8:30pm BSU		8 Dance Ability 3-4pm FBCC 4-5 pm FBCC Bike Ride 6-7:30pm KAMP Wednesday Social Club 6-8:30pm MNCC	9 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC Thursday Social Club 6-8:30pm WCC	10 Mini Golf & Dinner 5:30-9pm FBCC Friday Social Club 6:30-9pm DESC	11 Adaptive Art 10-11am FBCC	
12	13 Adaptive Art 4:15-5:15pm FBCC Adaptive Yoga 5:30-6:30pm FBCC Walking Club 5:30-7:30pm FBCC Monday Bowling Club 7-8:30pm BSU	14 Fitness Class 3-4pm FBCC 4-5pm FBCC Tuesday Bowling Club 7-8:30pm BSU		15	16 Fitness Class 3-4pm FBCC 4-5pm FBCC Music Class 4:30-5:30pm DESC 5:45-6:45pm DESC Cooking Class 5:30-7:30pm FBCC	17	18 Adaptive Art 10-11am FBCC Adaptive Bike Fair 10am-2pm FBCC	
19	20 Walking Club 5:30-7:30pm FBCC	21 Addit			23 24 23 24 The swill be added with the Boise Parks and Summer Activity Guide.			
26	27 Memorial Day	28	Sum	mmer registration will start at 7 a.m. on April 1 for Boise City Residents and April 3 for Non-Residents. Learn more at cityofboise.org/activity-registration				