2023 Adaptive Recreation Annual Report

Boise Parks and Recreation's AdVenture Program (October 1, 2022- September 30, 2023)



It has been another busy year for the AdVenture program! For over 46 weeks a year we are running programs six days a week. In addition to our popular one-days outings, AdVenture also offers camps, clubs and weekly classes. Last year we offered a staggering 470 different programs and had in total 9,521 program visits. We could not do this without our wonderful team of part-time employees, volunteers and the participants who eagerly signed up!

We are so grateful to our team of staff and volunteers for helping us offer so many activities. These programs are so vital to so many people. One participant summed up her bike ride by saying, "I want to thank you all (volunteers and staff) for your hard work and dedication to helping us feel real, meet goals and teaching us safety on the Greenbelt during the bike ride. You are angels, so very thankful, grateful and blessed by this program! Thank you so very much! I still can't believe I did 5

miles! I am thankful to have met everyone today, riders, helpers and strangers that were kind on the route!"

We are also very thankful that this year we were able to hire a full-time staff to help with AdVenture! Seth Hoffman started full-time with us in December 2023. Seth worked part-time with AdVenture teaching the popular Adaptive Music Class as well as leading many bike rides (pictured on the right wearing the red helmet) and other Adaptive Recreation programs. With this new support we are excited to grow the AdVenture program in 2024.

Thank you to our participants, sponsors, volunteers and our team of staff for making the AdVenture program possible!

Emily Kovarik, Sonya Buchholz & Seth Hoffman

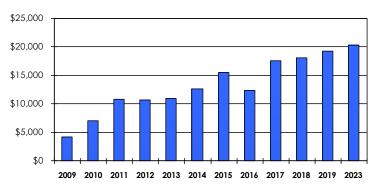


HIGHLIGHTS FROM 2023

- A total of \$11,313 was donated to adaptive recreation in 2023.
 - \$6,771 was donated to the Idaho Youth Adaptive Sports Camp
 - ♦ Idaho Power and their employees donated \$777
 - \$3,765 was donated by individuals
- In 2023, \$20,353 was spent on scholarships for adults with disabilities. Over the years, the scholarship program has helped hundreds of participants with disabilities be able to afford the different recreation programs. Participants apply for a scholarship on an annual basis and adults with disabilities are awarded \$500/year to help cover the cost of programs.

In Fiscal Year 2023, there were 1,085 participants (709 with disabilities) who participated with AdVenture for a total of 9,521 visits. Also in 2023, the AdVenture program offered 470 programs.





Partnership with Open Arms Dance Project

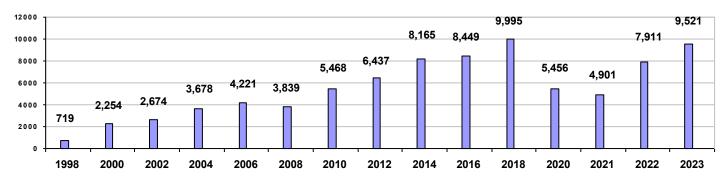
Since 2011, AdVenture has been offering low cost adaptive dance classes to Special Education programs and organizations who work with individuals with disabilities. The classes are offered at various times on Fridays during the school year, pending that a dance instructor is available. Finding an instructor who was available has been difficult.

However, this year, AdVenture partnered with Open Arms Dance Project to offer those classes. Open Arms Dance Project is a dance company with a community of dancers with diverse bodies, ages and abilities who create powerful art together. Open Arms Dance Project trains a member with a disability to teach the Friday classes for AdVenture. AdVenture then uses money from the St. Luke's Community Health Improvement Fund to pay Open Arms Dance Project so they can pay the instructor, a teaching assistant and a trainer. It's a win-win situation for all! A quality class is offered, the class is affordable to the groups participating and AdVenture uses St. Luke's donation to pay Open Arms a reasonable compensation so they can pay their team. Megan Brandel who founded Open Arms Dance Project said, "this experience of leading a class of the teacher's peers at



Fort Boise clearly helped their confidence and teaching skills grow tremendously! She (our teaching assistant and I) LOVED teaching these classes and hope we can continue this collaboration." This past year, this collaboration taught 11 different programs resulting in over 110 students.

2023 ADVENTURE PARTICIPATION VISITS 9,521



ADAPTIVE SPORTS CLINIC

On September 9, 2023 AdVenture hosted a free Adaptive Sports Clinic for youth and adults with physical disabilities, their friends and family. This clinic introduced people to wheelchair tennis, wheelchair basketball and wheelchair rugby. The day was very successful with 29 adaptive athletes in attendance and over 30 friends, family members and volunteers learning about these adaptive sports. Thank you to the Idaho Wheelchair Tennis Association, the Gem State Falcons Wheelchair Basketball Team and the Boise Bombers Wheelchair Rugby Team for partnering with AdVenture to make this clinic possible.

During the Adaptive Sports Clinic, participants were able to use the basketball and rugby wheelchairs that AdVenture has. Adaptive sports chairs can range in price from \$2,500 to \$6,500+ each, depending upon the chair. However, the chairs are essential to the program and have been acquired by grants, fundraising profits and donations. In fact, this year a generous donation allowed us to purchase an additional basketball wheelchair which expanded our ability to offer different sized chairs. Having this large variety of chairs has helped us grow adaptive sports to more ages.





VOLUNTEERS

Simply put, AdVenture would not function without volunteer support. We are grateful for our volunteers. While some volunteers are only with us for a day, others have been with us for 20+ years. In 2023, 138 volunteers donated a total of 1,847 hours for AdVenture. Using a figure from the Independent Sector hourly value of \$27.29/hr volunteers donated \$51,405 worth of services for AdVenture. The programs with the most volunteer support were:

- Idaho Youth Adaptive Sports Camp 1,236 hours
- Adaptive Bike Rides 152 hours
- Classes (Fitness, Art, Dance, Music & Cooking) 134 hours
- Wheelchair Sports 126 hours



Once again, Boise State University's Service Learning program has been an invaluable partner to Boise Parks and Recreation's programs. The Service Learning Program connects BSU classrooms with community organizations in order to enhance student learning through hands on experiences in the work place and encourage students to be active citizens in their communities. In 2023, 12 Service Learning Students from BSU collectively contributed 155 hours towards AdVenture programs.





2023 DONATIONS AND PARTNERSHIPS

GOLD SPONSORSHIP: \$100-\$299

Cactus Pete's Resort and Casino Barbara Cusick Dutch Bros Coffee Elks Lodge 310 Idaho Hunter Education

SILVER SPONSORSHIP

Blue Sky Bagels
Costco
Idaho Candy Company
Idaho Wheelchair Tennis Association
Lee's Candies
Qdoba
The Treasure Valley Dairy Queen Stores
Norco
NuMotion
Zurchers

PLATINUM SPONSORSHIP: \$300+

Boise Area Pickleball Boise Bicycle Project Boundary Aviation Bob Caldwell Joe Corlett John Davis

Challenged Athletes Foundation—Idaho

Flying Resort Ranches Pam & Randy Geile

Paul Hughes Lois Hutchinson

Idaho Aviation Foundation and Idaho Aviation Community

Idaho Botanical Garden

Idaho Physical Medicine and Rehab

Idaho Power and Employees

Idaho River Sports

Vic and Janine Jaro

JUMP

McCall Aviation Andrea Palmer

Old Chicago

Jim & Mary Slater

Jeff Sparks

St. Luke's Community Health Improvement Fund

Howard & Merridy Wallace

Mike Wimmer

Betsy Wright in Memory of Michael Thomas



IN-KIND DONORS

Blimpie
Boise Hawks
Boise State University
Ceramica
George's Cycles
Lowe Family Farmstead
McU Sports
Numotion
Old Idaho Penitentiary
Wahooz Family Fun Zone
Zoo Boise

PARTNERSHIPS

Boise Bike Week
Boise Bomber's Wheelchair Rugby Team
Boise School District's Special Education
Boise State University Service Learning Program
Challenged Athletes Foundation - Idaho
Gem State Falcons
Idaho Commission for the Blind and Visually Impaired
Idaho Wheelchair Tennis Association
Open Arms Dance Project
St. Luke's Rehabilitation
The VA Medical Center

MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.