MINIMIZING CLOTHING & TEXTILE WASTE

HOW TO REDUCE WASTE, SAVE MONEY, AND BUILD A SUSTAINABLE WARDROBE

BUY LESS, BUY BETTER

Choosing quality, durable, and versatile clothing helps it last longer and reduces waste. Support brands that repair or use sturdy materials.

SECOND-HAND & SWAP

Shopping second-hand, swapping, or borrowing clothes gives items a longer life. It also reduces demand for new production, saving water, energy, and materials.

REPAIR & MEND

Small fixes like sewing buttons, patching holes, or restitching seams keep your clothes usable.

MINDFUL LAUNDRY

Wash less often, use cold water, and line dry when possible. Gentle care makes fabrics last longer and reduces microfibers released into water.

UPCYCLING & REPURPOSING

Transform old clothing into new items. Turn old shirts into bags, jeans into patches, etc. Creative reuse reduces waste and gives items a new life.

DONATE, RECYCLE, COMPOST

When you can't wear something anymore, donate it if it's in good condition. Repurpose fabrics or use textile drop-off services. Some natural fibres can even be composted.

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CLOTHING INVENTORY

EVALUATE THE CLOTHES IN YOUR CLOSET

ITEM	DO YOU WEAR REGULARLY? Y/N	IF NO, WHY NOT?	PLAN TO USE (DONATE, UPCYCLE, ECT.)