

BOISE PARKS AND RECREATION AdVenture

NEWSLETTER

JANUARY & FEBRUARY 2019

 [Facebook.com/BPRAdVentureProgram](https://www.facebook.com/BPRAdVentureProgram)

Parks.CityOfBoise.org/AdVenture



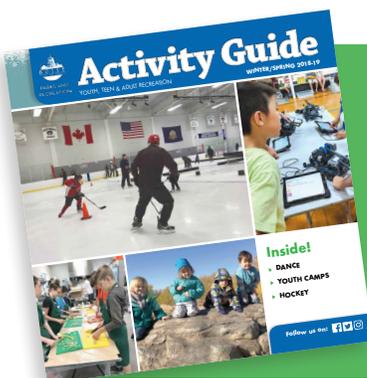
SNOWSHOEING & HOT SPRING ADVENTURE

Experience the beauty of snow-covered hills and fresh mountain air on a snowshoe trip near Idaho City. We will wear special snowshoes that prevent us from sinking in the snow during our approximately 1.5 hour hike over mostly flat terrain. People of all fitness levels are welcome, we tailor the hike to the group. After snowshoeing, we will eat lunch in Idaho City then soak in the beautiful hot springs. There is not a life guard on duty at the hot springs so participants must know their swimming limits. The cost includes transportation from Fort Boise Community Center, snowshoes, lunch and hot springs entrance. This activity is for participants age 18 and older unless accompanied by an enrolled adult.

Date: Saturday, February 9
Time: 9 a.m.-5:30 p.m.

Location: Fort Boise Community Center
Cost: \$45

Activity #: 200714-01



PLAN YOUR ENTIRE WINTER AND SPRING!

Registration is open for all Boise Parks & Recreation and AdVenture programs held in the winter and spring of 2019. The Activity Guide lists all the classes through early May (this newsletter only highlights January & February programs with AdVenture).

Pick up your copy at Fort Boise Community Center or call 208-608-7680 if you'd like one mailed to you. You can also view all the programs online at parks.cityofboise.org/AdVenture.



CUSTOMIZED GROUP ACTIVITIES

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific need and goals. For more information, please contact Emily at 208-608-7680.

Activities Can Include:

- Pottery Classes on Fridays (Access to the Arts)
- Dance Classes
- Outdoor Adventures (Hiking, Snowshoeing, Cycling, etc.)
- Adaptive Sports

ADVENTURE ART

This is the perfect class for participants with disabilities to explore several different forms of art ranging from pottery, drawing, painting and much more! The fee includes instruction and supplies. This activity is for participants age 15 and older.

Location: Fort Boise Community Center

Day/Times: Mondays, 4:15-5:30 p.m.

Dates:	Cost:	Activity #:
Jan. 28-March 11 (no class 2/18)	\$38.64	200539-01
March 25-May 6	\$45.08	300539-01

Dates/Times: Saturdays, 10-11:15 a.m.

March 30-May 11	\$45.08	300539-02
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ADAPTIVE YOGA

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. This class is designed for individuals who have disabilities and our instructor is great at adapting the yoga poses for people of all abilities. This program is for participants age 15 and older.

Location: Fort Boise Community Center

Dates (Mondays):	Times:	Cost:	Activity #:
January 28-March 11 (no class 2/18)	4:15-5:15 p.m.	\$30	200753-01
January 28-March 11 (no class 2/18)	5:30-6:30 p.m.	\$30	200753-02
March 25-May 6	4:15-5:15 p.m.	\$35	300753-01
March 25-May 6	5:30-6:30 p.m.	\$35	300753-02

ADAPTIVE FITNESS

Join our fitness class and work on stretching, weight lifting and aerobic activity. This is a great opportunity to get fit in a supportive and fun environment. Classes are structured for different levels of ability. The 4 p.m. class will focus on more advanced techniques; students will need to follow two-step directions. This program is for participants age 15 and older.

Location: Fort Boise Community Center

Dates (Tuesdays & Thursdays):	Times:	Cost:	Activity #:
January 22-March 14	3-4 p.m.	\$53	200728-01
January 22-March 14	4-5 p.m.	\$53	200728-02
March 26-May 9	3-4 p.m.	\$46.38	300728-01
March 26-May 9	4-5 p.m.	\$46.38	300728-02

BOWLING CLUB

The AdVenture Bowling Club is a fun, noncompetitive group offering socialization opportunities for individuals with disabilities. The fee covers 2-3 games of bowling, shoe rental and staff supervision. The program is for participants age 14 and older unless accompanied by an adult.

Location: BSU Student Union Bowling Alley

Dates (Tuesdays):	Times:	Cost:	Activity #:
Jan. 15, Jan. 29, Feb. 12, Feb. 26	7-8:30 p.m.	\$27.25	200730-01
Jan. 22, Feb. 5, Feb. 19, March 5	7-8:30 p.m.	\$27.25	200730-02
March 12, March 26, April 9, April 23	7-8:30 p.m.	\$27.25	300730-01
March 19, April 2, April 16	7-8:30 p.m.	\$20.40	300730-02

COOKING CLASS

Help prepare meals that we will eat together as a group! We will improve our cooking skills, socialize with friends and take part in clean-up duties. Participants will be able to practice following directions, learning about healthy food options, safe food preparations and table manners. Unfortunately, not all dietary needs can be accommodated, please call 208-608-7681 if you have any dietary needs. This program is for participants age 15 and older.

Location: Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Tuesdays, January 22-March 12	4:30-6:30 p.m.	\$82.33	200729-01
Wednesdays, January 23-March 13	4:30-6:30 p.m.	\$82.33	200729-02
Tuesdays, March 26-May 7	4:30-6:30 p.m.	\$72	300729-01
Wednesdays, March 27-May 8	4:30-6:30 p.m.	\$72	300729-02

ADAPTIVE MUSIC CLASS

Learn about music in this fun hands on class! Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This program is for participants age 12 and older.

Location: Dick Eardley Senior Center

Cost: \$29.75

Dates (Thursdays):	Times:	Activity #:
Jan. 24-March 7	5-6 p.m.	200764-01
Jan. 24-March 7	6:15-7:15 p.m.	200764-02
March 28-May 9	5-6 p.m.	300764-01
March 28-May 9	6:15-7:15 p.m.	300764-02



DANCE ABILITY

Individuals with disabilities will develop new skills in creative movement and dance while working on balance, memory and coordination. The class will explore various styles of dancing, rhythm and music. This program is for participants age 12 and older. The Spring classes will have the opportunity to perform at the Boise Parks & Recreation Dance Recital on Saturday, May 4.

Cost: \$34

TUESDAYS

Location: Dick Eardley Senior Center

Dates:	Times:	Activity #:
Jan. 22-March 12	4:30-5:30 p.m.	200538-01
March 26-May 7	4:30-5:30 p.m.	300538-01

WEDNESDAYS

Location: Fort Boise Community Center

Dates:	Times:	Activity #:
Jan. 23-March 13	3-4 p.m.	200538-02
Jan. 23-March 13	4:15-5:15 p.m.	200538-03
March 27-May 8	3-4 p.m.	300538-02
March 27-May 8	4:15-5:15 p.m.	300538-03

DINNER & A MOVIE

Catch a dinner and movie on these fun evening outings! During dinner, we will decide as a group which movie (rated G to PG-13) to see. Price includes transportation from Fort Boise Community Center, dinner and the movie. Participants may wish to bring spending money for snacks at the movie. This activity is for participants age 18 and older. Please see the Activity Guide for more Dinner & a Movie dates this spring.

Location: Fort Boise Community Center

Cost: \$22/night

Time: 5-9:30 p.m.

Dates (Fridays):	Restaurant:	Activity #:
January 11	Mongolian BBQ	200203-01
January 25	Idaho Pizza Co.	200203-02
February 1	Noodles & Co.	200203-03
February 15	Rockies Diner	200203-04
March 1	Golden Star	300203-01

AQUARIUM & DINNER

Explore the Boise Aquarium with AdVenture. At the aquarium we will discover and learn about the animals and marine life that live there. After the aquarium we will go out to dinner. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$29

Date:	Time:	Activity #:
Friday, Jan. 18	3-7 p.m.	200721-01

BSU BASKETBALL GAME

Cheer on Boise State University's Basketball teams as they take on the competition. Before the game we will go out to eat. The fee includes transportation from Fort Boise Community Center, meal and game ticket. Participants may wish to bring additional spending money for souvenirs or concessions at the game. In January we will watch a men's game and in February and March we will watch the women play. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$25

Dates (Saturdays):	Time:	Activity #:
January 19	3-7:45 p.m.	200718-01
February 16	12-4:45 p.m.	200718-02
March 2	12-4:45 p.m.	300718-01



TUBBING & PIZZA

Enjoy thrills and chills on an exciting trip to the tubing hill at Bogus Basin. Per Bogus Basin's rules, participants will need to ride on the tube on their own but can travel in tandem with another tube beside them (tubes are provided) and participants must be able to stand on the moving conveyer belt that brings us up the hill. After tubing, we will head back to Fort Boise Community Center for a late pizza lunch. Participants must be willing and able to follow instructions and stay with the group. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$33

Dates:	Time:	Activity #:
Saturday, Jan. 26	9 a.m.-2 p.m.	200717-01

WARHAWK AIR MUSEUM AND LUNCH

Tour the Warhawk Air Museum and learn about the history and personal experiences of people who lived through times of war, learn about aviation history, view a large collection of war time memorabilia and see the unique collection of rare airplanes. After the tour we will go out to lunch. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$31

Date:	Time:	Activity #:
Friday, Feb. 1	10 a.m.-2 p.m.	200205-01

THEATER & LUNCH

Spend your Saturday with us going out to lunch and then watching a play at the Boise Little Theater. Participants must have the ability to sit quietly through a two-hour play. We will see the play "The Baker's Dozen" which is rated PG-13. This activity is for participants age 18 and older.

Location: Fort Boise Community Center

Cost: \$35

Dates:	Time:	Activity #:
Saturday, Feb. 2	12-4:45 p.m.	200303-01

FINANCIAL SCHOLARSHIPS

Boise Parks & Recreation offers percentage based financial scholarship to qualified youth and adults with disabilities. To find out if you qualify for a scholarship, apply in advance at Fort Boise Community Center or download the form at parks.cityofboise.org/AdVenture. Scholarship applications may take up to two weeks to process so turn your form in before you wish to register for programs. Call 208-608-7680 for more information.

HOCKEY GAME & DINNER

Watch some fast-paced hockey as the Idaho Steelheads take on the competition. Before the game we will socialize over dinner. Fee includes transportation from Fort Boise Community Center, dinner and game ticket. Participants may wish to bring additional spending money for souvenirs or concessions at the game. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$42

Date:	Time:	Activity #:
Friday, Feb. 22	5-10 p.m.	200509-01

DANCING & DESSERT

Dance the night away with AdVenture at the Valentine's Dance hosted by the Arc Inc. Before the dance we will socialize over a yummy dessert. Participants may wish to bring extra spending money for photos and snacks at the dance. This activity is for participants age 18 and older.

Location: Fort Boise Community Center

Cost: \$16

Date:	Time:	Activity #:
Friday, Feb. 8	5:30-9:30 p.m.	200710-01

DONATIONS WELCOME!

Scholarship monies are raised from fundraising events like the ChairHoops Wheelchair Basketball Tournament (please see page 7) and individual donors. If you would like to donate to this wonderful program, we could use your assistance. All donations to this program are tax deductible. Please send your donations to the AdVenture Heritage Fund, Boise Parks & Recreation, 700 Robbins Road, Boise, Idaho 83702. You can also donate with a credit card by calling 208-608-7680. Your support in providing recreation opportunities for others is greatly appreciated!

SOCIAL CLUBS

These clubs are ideal social opportunities for adults with cognitive disabilities. Outings include bowling, dinner and a movie, sporting events and more! The staff to participant ratio is 1:5. Members of the club will have the opportunity to work on money management and will need to bring \$2-\$7 for each outing to cover activity costs. Prior to the start of the club, a detailed schedule and fee break down will be available. Register early, these clubs fill up fast! **Cost:** \$71

Wednesday Social Club (ages 18+)

Location: Morley Nelson Community Center

Time: 6-8:30 p.m.

Dates (Wednesdays):	Activity #:
January 23-March 6	200320-01
March 27-May 8	300320-01

Thursday Social Club (ages 18+)

Location: Whitney Community Center

Time: 6-8:30 p.m.

Dates (Thursdays):	Activity #:
January 24-March 7	200300-01
March 28-May 9	300300-01

Friday Social Club (ages 18-32)

Location: Fort Boise Community Center

Time: 7-9:30 p.m.

Dates (Fridays):	Activity #:
January 25-March 8	200310-01
March 29-May 10	300310-01

JANUARY 2019

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NEW YEARS HOLIDAY	2 Winter Break Camp 9 a.m.-3 p.m. WCC Wheelchair Rugby 12-2:30 p.m. FBCC	3 Winter Break Camp 9 a.m.-3 p.m. WCC	4 Winter Break Camp 9 a.m.-3 p.m. WCC	5 Wheelchair Rugby 1:15-3:45 p.m. FBCC
6	7	8	9 Wheelchair Rugby 12-2:30 p.m. FBCC	10	11 Dinner & Movie 5-9:30 p.m. FBCC	12 Saturday BEST 10 a.m.-12 p.m. FBCC Wheelchair Rugby 1:15-3:45 p.m. FBCC
13	14	15 Bowling Club 7-8:30 p.m. BSU	16 Wheelchair Rugby 12-2:30 p.m. FBCCC	17	18 Aquarium & Dinner 3-7 p.m. FBCC	19 Wheelchair Rugby 1:15-3:45 p.m. FBCC Basketball Game & Dinner 3-7:45 p.m. FBCC
20	21 HOLIDAY	22 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Dance Ability 4:30-5:30 p.m. DESC Cooking Class 4:30-6:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	23 Wheelchair Rugby 12-2:30 p.m. FBCCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Cooking Class 4:30-6:30 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	24 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Music Class 5-6 p.m. DESC 6:15-7:15 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	25 Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	26 tubing & Pizza 9 a.m.-2 p.m. FBCC Youth Adaptive Sports Clinic 10:30 a.m.-3:30 p.m. FBCC Wheelchair Basketball 4:15-6:15 p.m. FBCC Wheelchair Rugby 6:30-9 p.m. FBCC
27	28 Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	29 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Dance Ability 4:30-5:30 p.m. DESC Cooking Class 4:30-6:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	30 Wheelchair Rugby 12-2:30 p.m. FBCCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Cooking Class 4:30-6:30 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	31 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Music Class 5-6 p.m. DESC 6:15-7:15 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC		

ABBREVIATION KEY & ADDRESSES

BSU – Boise State University Student Union Building, 1910 University Dr.
DESC – Dick Eardley Senior Center, 690 Robbins Rd.
FBCC – Fort Boise Community Center, 700 Robbins Rd.
Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St.
MNCC – Morley Nelson Community Center, 7701 W. Northview St.
WCC – Whitney Community Center, 1609 S. Owyhee St.

ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz
208-608-7680
TDD/TTY 800-377-3529
AdVentureProgram@cityofboise.org
Parks.CityOfBoise.org/AdVenture

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at parks.cityofboise.org/adventure



PARKS AND RECREATION

FEBRUARY 2019

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Warhawk Air Museum 10 a.m.-2 p.m. FBCC Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	2 Theater & Lunch 12-4:45 p.m. FBCC Wheelchair Rugby 1:15-3:45 p.m. FBCC Wheelchair Basketball 4:15-6:15 p.m. FBCC
3 4 Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	5 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Dance Ability 4:30-5:30 p.m. DESC Cooking Class 4:30-6:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	6 Wheelchair Rugby 12-2:30 p.m. FBCCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Cooking Class 4:30-6:30 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	7 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Music Class 5-6 p.m. DESC 6:15-7:15 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	8 Elk Herd Sleigh Ride 9 a.m.-5:30 p.m. FBCC Dancing & Dessert 5:30-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	9 Snowshoeing & Hot Springs 9 a.m.-5:30 p.m. FBCC Saturday BEST 10 a.m.-12 p.m. FBCC Wheelchair Rugby 1:15-3:45 p.m. FBCC Wheelchair Basketball 4:15-6:15 p.m. FBCC	
10 11 Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	12 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Dance Ability 4:30-5:30 p.m. DESC Cooking Class 4:30-6:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	13 Wheelchair Rugby 12-2:30 p.m. FBCCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Cooking Class 4:30-6:30 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	14 Adaptive Fitness 3-4 p.m. FBCC 4-5 p.m. FBCC Adaptive Music Class 5-6 p.m. DESC 6:15-7:15 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	15 Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	16 Basketball Game & Lunch 12-4:45 p.m. FBCC Wheelchair Rugby 1:15-3:45 p.m. FBCC Wheelchair Basketball 4:15-6:15 p.m. FBCC	
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PARKS AND RECREATION



ELK HERD SLEIGH RIDE

Ride on a horse-drawn sleigh into the middle of an elk herd! This trip will also include a delicious lunch in Cascade. Cost includes transportation from Fort Boise Community Center, the sleigh ride and lunch. Return time depends upon winter road conditions. This activity is for all ages, however youth under 18 must be accompanied by an enrolled adult.

Location: Fort Boise Community Center

Time: 9 a.m.-5:30 p.m.

Date: Friday, February 8

Times:	Cost:	Activity #:
2-12	\$30	200733-01
13-17	\$35	200734-01
18+	\$46	200735-01

Date: Saturday, February 23

2-12	\$30	200736-01
13-17	\$35	200737-01
18+	\$46	200738-01

SNOWMOBILING

The West Mountain Snowmobile Club is teaming up with AdVenture to provide a day of snowmobiling and lunch near the town of Cascade for participants with disabilities. Participants will ride behind one of the club members who is driving the snowmobile. We will return around 5 p.m. depending on winter road conditions. By volunteer request, this program is for participants with disabilities. This activity is for participants age 18 and older who have not previously gone on the trip (after February 1 if there is still room in the program those who have gone in the past may enroll).

Location: Fort Boise Community Center

Cost: \$25

Date:	Times:	Activity #:
Saturday, March 9	8:30 a.m.-5 p.m.	200715-01

ADAPTIVE FLAG FOOTBALL

Friday Night Flag is offering free Adaptive Flag Football for youth (K-12th Grade).



Registration closes January 31. Contact Gabe Moreno at gabemoreno@gamechangersidaho.com or visit www.gamechangersidaho.com to learn more.

ADVENTURE SPRING BREAK CAMP

This fun day-camp is for participants age 14-21 with disabilities. Activities include field trips, art classes and more! The staff to participant ratio is 1:5. Participants will work on money management and will need to bring approximately \$10 for field trips for the week. A detailed schedule with daily activity costs will be sent to participants. Camp meets at Whitney Community Center located at 1609 S Owyhee St. in Boise and participants can be dropped off starting at 8:30 a.m..

Location: Whitney Community Center

Dates (Monday-Friday):	Time:	Cost:	Activity #:
March 18-March 22	9 a.m.-3 p.m.	\$73	300905-01

SATURDAY BEST CLUB FOR YOUTH WITH VISUAL IMPAIRMENTS

Boise Parks & Recreation, in partnership with the National Federation of the Blind, is offering the BEST Saturday Club (Braille Enrichment and Skills Training) the second Saturday of the month. Each month will feature braille reading/writing and a different recreation activity or field trip. This program, led by instructor Alison Steven, is designed for elementary age youth with visual impairments.

Location: Fort Boise Community Center

Cost: \$41.25

Date:	Time:	Activity #:
Jan. 12, Feb. 9, March 9, April 13, & May 11	10 a.m.-12 p.m.	200715-01

ADAPTIVE ICE SKATING

In this adaptive ice skating class, students with disabilities will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Contact Jackie Woodland at Idaho IceWorld at (208) 608-7718 for more information.

HOLIDAY PARTY A GREAT SUCCESS!

The annual AdVenture Holiday Party held on December 7 was a great success! Over 175 people came to participate in fun activities, spend time with friends and celebrate the season. The wonderful evening would not be possible without the many volunteers and business who donated to the event. Thank you all for supporting AdVenture!

HOLIDAY PARTY VOLUNTEERS

Thank you to all of the volunteers who helped to make this a fun and memorable evening!

Anje Dodson	Carol & Thomas Cardin	Jeff Sparks	Patrick Flavin
Ava & Stacey Gaasch	Ciera Garechana	Jonah Blackham	Paula Scheulke
Ben & Jake Stevenson	Cindy Church	Kim Russell	Randy Geile
Bill & Kristen Jacobs	Cindy Lijewski	Kip Ladd	Savannah Slater
Brian & Heather Jennings	Colleen Bellenfant	Kyle, Connor & Ed Kovarik	Teresa Damerell
Caleb & Justin Borg	Daniela Hansell	Larry Buttell	Victor Valencia
Caleb, McKenna, Paula, Sam & Jeremy Bryant	Declan Dunn	Liz Levitan	
	Jeanine Schlauch	Lucas Shepard	

HOLIDAY PARTY SPONSORS

Thank you to the following sponsors who donated to the party.

Blimpie	Idaho IceWorld
Cactus Petes Resort Casino	Jeff Sparks
Ceramica	Lee's Candies
Domino's Pizza	Wahooz
Idaho Candy Company	Zurchers



VOLUNTEER SPOTLIGHT – NOVEMBER & DECEMBER

Thank you for volunteering with AdVenture!

Bob Gillis	Deion Villa	Julia Branahl	Marvin Orellana	Sandi Frelly
Colleen Bellenfant	Emmy Curtis	Justin Spiwak	Nick Clark	Savannah Slater
Danielle Sandusky	Gaije Mansker	Kelsey Taylor	Rebecca Deem	Tyler Parsons
Declan Dunn	John Rigg	Kim Russell	Samantha Grindstaff	

BOISE PARKS AND RECREATION

Adventure

SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends and family.



WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. A drop-in rate of \$5 per day is available or enroll in the session at a discount. Youth under 18 may enroll if accompanied by an adult. *On January 26 rugby will be held from 6:30-9 p.m.

Location: Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Wednesdays, January 2- February 20	12-2:30 p.m.	\$28	200704-01
Saturdays, January 5- February 23*	1:15-3:45 p.m.*	\$28	200704-02
Wednesdays, February 27-March 27	12-2:30 p.m.	\$17.50	300704-01
Saturdays, March 2-23	1:15-3:45 p.m.	\$17.50	300704-02

IDAHO YOUTH ADAPTIVE SPORTS CAMP

This year marks the 32nd anniversary of the Idaho Youth Adaptive Sports Camp! This camp provides youth with physical disabilities a memorable sports camp experience. Individuals ages 6-19 who use a wheelchair or an assisted device (walker, crutches, AFO braces, etc.) to help with mobility have the opportunity to try adaptive sports, develop skills and improve their fitness level. Participants will get to enjoy a variety of athletic and recreational activities such as wheelchair tennis, track and field, fishing, canoeing, wheelchair basketball, wheelchair rugby and more. If you would like more information on camp or to register, please call Emily Kovarik at 208-608-7680.

Location: Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Wednesday, June 19-Saturday, June 22	9 a.m.-3 p.m.	\$65	400805-01

YOUTH ADAPTIVE SPORTS CLINIC

Junior athletes don't miss out on this fun, one-day clinic which will include trying adaptive sports such as swimming, wheelchair tennis, and wheelchair basketball. Youth (ages 6-19) with physical disabilities who use a wheelchair, AFO braces, walkers or crutches are welcome to attend. Space is limited, please sign up early.

Location: Fort Boise Community Center

Cost: \$20

Date:	Times:	Activity #:
Saturday, Jan. 26	10:30 a.m.-3:30 p.m.	200709-01

WHEELCHAIR RUGBY FOOD DRIVE & TOY DRIVE A HUGE SUCCESS!

Thank you to everyone who participated in the seventh annual Wheelchair Rugby Food Drive on November 17 and in the seventh annual Toys for Tots Wheelchair Rugby Bash on December 15. The Food Drive which supported the City Light Home for Women and Children and the Boise Rescue Mission brought in over 265 pounds of food and 6 turkeys. The Toy Drive brought in over 300 toys for Toys for Tots. Thank you to everyone who played, volunteered and donated to these great events!

WHEELCHAIR BASKETBALL

Get out of the cold and come play the fast-paced game of wheelchair basketball. This is your chance to learn the rules of the game, practice your skills and then play a few pick-up games. You do not have to have a disability to play, wheelchairs will be provided for your use. This activity is for people who want a good workout and competitive practice time. Sign up for the session at the discounted rate or there is a drop-in fee of \$4/day. Youth under 18 may enroll if accompanied by an adult.

Location: Fort Boise Community Center

Cost: \$24

Dates (Saturdays):	Times:	Activity #:
January 26 - March 16	4:15-6:15 p.m.	200708-01



CHAIRHOOPS WHEELCHAIR BASKETBALL TOURNAMENT

FUNDRAISER - MARCH 21-23, 2019

Wheelchair Basketball Tournament for people with and without disabilities. Gather your friends and create your team of 10 players to support the AdVeture program which offers recreation for individual with disabilities. Wheelchairs will be provided. Register early, the tournament is limited to 20 teams. All registered players will receive a ChairHoops T-shirt. Games will be played on Thursday evening at Fort Boise Community Center, on Friday evening at Timberline High School and during the day on Saturday at Timberline High School. The team registration fee of \$155 is due by March 1, 2019 but register early as the tournament fills up. For more information or to register call 208-608-7681.

ADAPTIVE SWIMMING WITH AQUABILITY

AquAbility offers free swimming clinics for individuals with disabilities. Visit www.aquability.org or call Karen at 208-928-6558 to learn more.

ADAPTIVE SKIING & SNOWBOARDING WITH RECREATION UNLIMITED

Recreation Unlimited offers adaptive alpine snow skiing and snowboarding opportunities at Bogus Basin for people with disabilities.

Visit www.recreation-unlimited.org to learn more.



CITY of BOISE
 PARKS AND RECREATION
 DEPARTMENT
 P.O. Box 500 | Boise, Idaho 83701-0500

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MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

**DON'T WAIT,
 REGISTER NOW!**

CALL: 208-608-7680

In order to provide the best possible service to our participants, we require advance registration on all of our programs. To sign up for any of the programs you see in this newsletter please come in or call the Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at parks.cityofboise.org/AdVenture. Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

FINANCIAL SCHOLARSHIPS AVAILABLE

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail AdVentureProgram@cityofboise.org.

TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Please see below for some of the transportation resources in the valley.

VALLEY REGIONAL TRANSIT busses stop near each community center. For a current schedule and route information, visit www.valleyregionaltransit.org or call 208-345-7433.

ACCESS is a curb-to-curb transit service for the cities of Boise, Garden City, Nampa and Caldwell for people who are unable to use the bus system because of a disability. To learn more and obtain an application call 877-232-7433 or visit www.valleyregionaltransit.org/paratransit-service.

SCRIP TAXI PROGRAM is a subsidized taxi program available to those age 15 years and older who have a permanent disability which inhibits their ability to drive a vehicle. Those who wish to utilize this service must live within the Boise City Limits and they will receive a 50% discount on taxi services to help meet their transportation needs. Participants must first acquire a Scrip ID card which can be obtained at the Dick Eardley Senior Center, 690 Robbins Rd. After obtaining the ID card, the participant may purchase the Scrip vouchers. Call 208-608-7580 to learn more or to schedule an appointment.