

# BOISE PARKS AND RECREATION AdVenture

NEWSLETTER

MARCH & APRIL 2019

 [Facebook.com/BPRAdVentureProgram](https://www.facebook.com/BPRAdVentureProgram)

[Parks.CityOfBoise.org/AdVenture](https://Parks.CityOfBoise.org/AdVenture)



## ADVENTURE SPRING BREAK CAMP

This fun camp is for participants age 14-21 with disabilities. Activities include field trips, art classes and more! The staff to participant ratio is 1:5; all participants must be independent in self-care needs and capable of staying with the group. Participants will work on money management and will need to bring approximately \$10 for field trips for the week. A detailed schedule with daily activity costs will be sent to participants. Camp meets at Whitney Community Center located at 1609 S Owyhee St. in Boise and participants can be dropped off starting at 8:30 a.m.

**Dates:** March 18 - 22

**Time:** 9 a.m. - 3 p.m.

**Location:** Whitney Community Center

**Cost:** \$73

**Activity #:** 300905-01

### CUSTOMIZED ACTIVITIES FOR GROUPS!

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific need and goals. For more information, please contact Emily at 208-608-7687.

#### Activities Can Include:

- Pottery Classes on Fridays (Access to the Arts)
- Dance Classes
- Outdoor Adventures (Hiking, Snowshoeing, Cycling, etc.)
- Adaptive Sports





## ADAPTIVE MUSIC CLASS

Learn about music in this fun hands on class! Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This program is for participants age 12 and older.

**Location:** Dick Eardley Senior Center

**Cost:** \$29.75

Dates (Thursdays):	Times:	Activity #:
March 28-May 9	5-6 p.m.	300764-01
March 28-May 9	6:15-7:15 p.m.	300764-02



## DANCE ABILITY

Individuals with disabilities will develop skills in creative movement and dance through a variety of styles of dancing, rhythm and music. This program is for participants age 12 and older. These classes will have the opportunity to perform at the Boise Parks & Recreation Dance Recital on Saturday, May 4.

**Cost:** \$34

### TUESDAYS

**Location:** Dick Eardley Senior Center

Dates:	Times:	Activity #:
March 26-May 7	4:30-5:30 p.m.	300538-01

### WEDNESDAYS

**Location:** Fort Boise Community Center

Dates:	Times:	Activity #:
March 27-May 8	3-4 p.m.	300538-02
March 27-May 8	4:15-5:15 p.m.	300538-03

## ADAPTIVE ICE SKATING

In this adaptive ice skating class, students with disabilities will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Contact Jackie Woodland at Idaho IceWorld at 208-608-7718 for more information.

## ADAPTIVE ART

This is the perfect class for participants with disabilities who want to explore several different forms of art ranging from pottery, drawing, painting and much more! The fee includes instruction and supplies. This program is for participants of all skill levels age 15 and older.

**Location:** Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Mondays, March 25-May 6	4:15-5:30 p.m.	\$45.08	300539-01
Saturdays, March 30-May 11	10-11:15 a.m.	\$45.08	300639-02

## ADAPTIVE YOGA

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. This class is designed for individuals who have disabilities and our instructor is great at adapting the yoga poses for people of all abilities. This program is for participants age 15 and older.

**Location:** Dick Eardley Senior Center

Dates (Mondays):	Times:	Cost:	Activity #:
March 25-May 6	4:15-5:15 p.m.	\$35	300753-01
March 25-May 6	5:30-6:30 p.m.	\$35	300753-02

## ADAPTIVE FITNESS

Join our fitness class and work on stretching, weight lifting and aerobic activity. This is a great opportunity to get fit in a supportive and fun environment. Classes are structured for different levels of ability. The 4 p.m. class will focus on more advanced techniques; students will need to follow two-step directions. This program is for participants age 15 and older.

**Location:** Fort Boise Community Center

Dates (Tuesdays & Thursdays):	Times:	Cost:	Activity #:
March 26-May 9	3-4 p.m.	\$46.38	300728-01
March 26-May 9	4-5 p.m.	\$46.38	300728-02

## BOWLING CLUB

The AdVenture Bowling Club is a fun, noncompetitive group offering socialization opportunities for individuals with disabilities. The fee covers 2-3 games of bowling, shoe rental and staff supervision. The program is for participants age 14 and older unless accompanied by an adult.

**Location:** BSU Student Union Bowling Alley

Dates (Tuesdays):	Times:	Cost:	Activity #:
March 12, March 26, April 9, April 23	7-8:30 p.m.	\$27.25	300730-01
March 19, April 2, April 16	7-8:30 p.m.	\$20.40	300730-02



## ADVENTURE WALKING CLUB

Explore a different park each week while getting a good workout during our hour-long walk. The club is designed for individuals with disabilities who enjoy being outdoors, getting exercise and who can stay with the group. The activity includes transportation from Fort Boise Community Center to the trails and back and will be held rain or shine.

**Location:** Fort Boise Community Center

**Cost:** \$18

Dates (Mondays):	Times:	Activity #:
May 13- June 3	4-6 p.m.	300800-01

(No class on May 27)

## DONATIONS WELCOME!

Scholarship monies are raised from fundraising events like the ChairHoops Wheelchair Basketball Tournament (please see page 7) and individual donors. If you would like to donate to this wonderful program, we could use your assistance. All donations to this program are tax deductible. Please send your donations to the AdVenture Heritage Fund, Boise Parks & Recreation, 700 Robbins Road, Boise, Idaho 83702. You can also donate with a credit card by calling 208-608-7680. Your support in providing recreation opportunities for others is greatly appreciated!

## FINANCIAL SCHOLARSHIPS

Boise Parks & Recreation offers percentage based financial scholarship to qualified youth and adults with disabilities. To find out if you qualify for a scholarship, apply in advance at Fort Boise Community Center or download the form at [parks.cityofboise.org/AdVenture](http://parks.cityofboise.org/AdVenture). Scholarship applications may take up to two weeks to process so turn your form in before you wish to register for programs. Call 208-608-7680 for more information.

## DINNER & A MOVIE

Catch dinner and movie on these fun Friday night outings! During dinner, we will decide as a group which movie (rated G to PG-13) to see. This program is for participants age 18 and older.

**Location:** Fort Boise Community Center

**Cost:** \$22/night

**Time:** 5-9:30 p.m.

Dates (Fridays):	Restaurant:	Activity #:
March 1	Golden Star	300203-01
March 8	Chapala	300203-02
March 22	Big Jud's	300203-03
March 29	Elmer's	300203-04
April 5	BBQ4Life	300203-05

## BSU WOMEN'S BASKETBALL GAME

Cheer on Boise State University's Women's Basketball team as they take on the competition. Before the game we will go out to eat. The fee includes transportation from Fort Boise Community Center, meal and game ticket. Participants may wish to bring additional spending money for souvenirs or concessions at the game. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$25

Date:	Time:	Activity #:
Saturday, March 2	12-4:45 p.m.	300718-01

## THEATER & LUNCH

Spend your Saturday with us going out to lunch and then watching a play at the Boise Little Theater. Participants must have the ability to sit quietly through a two-hour play. We will see the musical "Pippin" which is rated PG13.

**Location:** Fort Boise Community Center

**Cost:** \$35

Date:	Time:	Activity #:
Saturday, March 16	12-4:45 p.m.	300205-01

## ARCADE & LUNCH

During this fun day we will go to the Wahooz Arcade where each participant will get a \$5 game card. After playing at the arcade we will socialize over lunch. This activity is for participants age 16 and older unless accompanied by an adult.

**Location:** Fort Boise Community Center

**Cost:** \$25

Date:	Time:	Activity #:
Saturday, March 23	10 a.m.-1 p.m.	300536-01

## HOCKEY GAME & DINNER

Watch some fast-paced hockey as the Idaho Steelheads take on the competition. Before the game we will socialize over dinner. Fee includes transportation from Fort Boise Community Center, dinner and game ticket. Participants may wish to bring additional spending money for souvenirs or concessions at the game. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$42

Date:	Time:	Activity #:
Friday, March 30	5-10 p.m.	300509-01

## BOWLING & DINNER

Looking for something fun to do? Join us for dinner and bowling! The fee includes transportation from Fort Boise Community Center, dinner and bowling. The activity is for participants age 16 unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$25

Dates (Fridays):	Time:	Activity #:
March 15	5-9 p.m.	300722-01
April 12	5-9 p.m.	300722-02

## POTTERY, LUNCH & ZOO TRIP

Create a unique pottery piece, go out to lunch and then take a trip to the Zoo. Participants must be able to stay with the group. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$30

Date:	Time:	Activity #:
Friday, March 29	9 a.m.-3 p.m.	300561-01



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## HOT SPRINGS TRIP

Soak in a beautiful Idaho hot spring and then go out for a late lunch. The hot spring is accessible and has a lift; however there is not a life guard on duty so participants should know their swimming limits. This activity is for participants age 18 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$43

Dates (Saturdays):	Time:	Activity #:
March 9	10 a.m.-4:30 p.m.	300713-01
April 6	10 a.m.-4:30 p.m.	300713-02

## GAME NIGHT & DINNER

It's game night at Fort Boise Community Center! We will play board games, BINGO, games in the gym, foosball, table tennis, and much more. Participants are encouraged to bring their favorite game. We will also eat pizza and make ice cream sundaes! This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$11

Date:	Time:	Activity #:
Saturday, April 13	5-8 p.m.	300510-01



## ZOO & DINNER

This will be a day of fun as we explore the wonderful animals at Zoo Boise. After our trip to the Zoo, we will socialize over dinner. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$25

Date:	Time:	Activity #:
Friday, April 26	3-7 p.m.	300757-01

## SOCIAL CLUBS

These clubs are ideal social opportunities for adults with intellectual disabilities. Outings include bowling, dinner and a movie, sporting events and more! The staff to participant ratio is 1:5. Members of the club will have the opportunity to work on money management and will need to bring \$2-\$7 for each outing to cover activity costs. Prior to the start of the club, a detailed schedule and fee break down will be available. Register early, these clubs fill up fast! **Cost:** \$71

### Wednesday Social Club (ages 18+)

**Location:** Morley Nelson Community Center

**Time:** 6-8:30 p.m.

Dates (Wednesdays):	Activity #:
March 27-May 8	300320-01

### Thursday Social Club (ages 18+)

**Location:** Whitney Community Center

**Time:** 6-8:30 p.m.

Dates (Thursdays):	Activity #:
March 28-May 9	300300-01

### Friday Social Club (ages 18-32)

**Location:** Fort Boise Community Center

**Time:** 7-9:30 p.m.

Dates (Fridays):	Activity #:
March 29-May 10	300310-01

# MARCH 2019

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC  <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>2</b> <b>Basketball &amp; Lunch</b> 12-4:45 p.m. FBCC  <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC  <b>Wheelchair Basketball</b> 4:15-6:15 p.m. FBCC
3	<b>4</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC  <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>5</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC  <b>Dance Ability</b> 4:30-5:30 p.m. DESC  <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>6</b> <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCCC  <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC  <b>Cooking Class</b> 4:30-6:30 p.m. FBCC  <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>7</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC  <b>Adaptive Music Class</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC  <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>8</b> <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC  <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>9</b> <b>Snowmobile &amp; Lunch</b> 8:30 a.m.-5 p.m. FBCC  <b>Hot Springs Trip</b> 10 a.m.-4:30 p.m. FBCC  <b>Saturday BEST</b> 10 a.m.-12 p.m. FBCC  <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC  <b>Wheelchair Basketball</b> 4:15-6:15 p.m. FBCC
10	<b>11</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC  <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>12</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC  <b>Dance Ability</b> 4:30-5:30 p.m. DESC  <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>13</b> <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCCC  <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC  <b>Cooking Class</b> 4:30-6:30 p.m. FBCC	<b>14</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC	<b>15</b> <b>Bowling &amp; Dinner</b> 5-9:30 p.m. FBCC	<b>16</b> <b>Theater &amp; Lunch</b> 12-4:45 p.m. FBCC  <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC  <b>Wheelchair Basketball</b> 4:15-6:15 p.m. FBCC
17	<b>18</b> <b>Spring Break Camp</b> 9 a.m.-3 p.m. FBCC	<b>19</b> <b>Spring Break Camp</b> 9 a.m.-3 p.m. FBCC  <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>20</b> <b>Spring Break Camp</b> 9 a.m.-3 p.m. FBCC  <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCCC	<b>21</b> <b>Spring Break Camp</b> 9 a.m.-3 p.m. FBCC  <b>ChairHoops Fundraiser</b> 6-9:30 p.m. FBCC	<b>22</b> <b>Spring Break Camp</b> 9 a.m.-3 p.m. FBCC  <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC  <b>ChairHoops Fundraiser</b> 6-9:30 p.m. Timberline HS	<b>23</b> <b>Arcade &amp; Lunch</b> 10 a.m.-1 p.m. FBCC  <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC  <b>ChairHoops Fundraiser</b> 9 a.m.-2 p.m. Timberline HS
24	<b>25</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC  <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>26</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC  <b>Dance Ability</b> 4:30-5:30 p.m. DESC  <b>Cooking Class</b> 4:30-6:30 p.m. FBCC  <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>27</b> <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCCC  <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC  <b>Cooking Class</b> 4:30-6:30 p.m. FBCC  <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>28</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC  <b>Adaptive Music Class</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC  <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>29</b> <b>Pottery, Lunch &amp; Zoo</b> 9 a.m.-3 p.m. FBCC  <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC  <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>30</b> <b>AdVenture Art</b> 10-11:15 a.m. FBCC  <b>Wheelchair Rugby</b> 1:15-3:45 p.m. FBCC  <b>Hockey Game &amp; Dinner</b> 5-10 p.m. FBCC
31						

## ABBREVIATION KEY & ADDRESSES

BSU – Boise State University Student Union Building, 1910 University Dr.  
 DESC – Dick Eardley Senior Center, 690 Robbins Rd.  
 FBCC – Fort Boise Community Center, 700 Robbins Rd.  
 Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St.  
 MNCC – Morley Nelson Community Center, 7701 W. Northview St.  
 WCC – Whitney Community Center, 1609 S. Owyhee St.

## ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz  
 208-608-7680  
 TDD/TTY 800-377-3529

AdVentureProgram@cityofboise.org  
 Parks.CityOfBoise.org/AdVenture

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at [parks.cityofboise.org/adventure](http://parks.cityofboise.org/adventure)



**PARKS AND RECREATION**

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>2</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Dance Ability</b> 4:30-5:30 p.m. DESC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>3</b> <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>4</b> <b>Adaptive Fitness Class</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Adaptive Music Class</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>5</b> <b>Discovery Ctr. &amp; Lunch</b> 10 a.m.-1:30 p.m. FBCC <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>6</b> <b>AdVenture Art</b> 10-11:15 a.m. FBCC <b>Hot Springs Trip</b> 10 a.m.-4:30 p.m. FBCC
7	<b>8</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>9</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Dance Ability</b> 4:30-5:30 p.m. DESC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>10</b> <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>11</b> <b>Adaptive Fitness Class</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Adaptive Music Class</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>12</b> <b>Bowling &amp; Dinner</b> 5-9 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>13</b> <b>Saturday BEST</b> 10 a.m.-12 p.m. FBCC <b>AdVenture Art</b> 10-11:15 a.m. FBCC <b>Game Night &amp; Dinner</b> 5-8 p.m. FBCC
14	<b>15</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>16</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Dance Ability</b> 4:30-5:30 p.m. DESC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>17</b> <b>Wheelchair Rugby</b> 12-2:30 p.m. FBCCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Bike Ride</b> 6-7:30 p.m. Municipal <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>18</b> <b>Adaptive Fitness Class</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Adaptive Music Class</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>19</b> <b>Old Pen. Tour &amp; Lunch</b> 11 a.m.-3 p.m. FBCC <b>Sprout Film &amp; Dinner</b> 5-10 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>20</b> <b>Ceramica &amp; Lunch</b> 9:30 a.m.-1:30 p.m. FBCC <b>AdVenture Art</b> 10-11:15 a.m. FBCC
21	<b>22</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC <b>Bike Ride</b> 6-7:30 p.m. Municipal	<b>23</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Dance Ability</b> 4:30-5:30 p.m. DESC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU	<b>24</b> <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>25</b> <b>Adaptive Fitness Class</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Adaptive Music Class</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>26</b> <b>Zoo &amp; Dinner</b> 3-7 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>27</b> <b>AdVenture Art</b> 10-11:15 a.m. FBCC <b>Bike Ride &amp; Picnic</b> 10:30 a.m.-1 p.m. Municipal
28	<b>29</b> <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>30</b> <b>Adaptive Fitness</b> 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Dance Ability</b> 4:30-5:30 p.m. DESC <b>Cooking Class</b> 4:30-6:30 p.m. FBCC				

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**PARKS AND RECREATION**

## CERAMICA & LUNCH

During this fun trip we will paint a piece of pottery and then go out to lunch. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$28

Date:	Time:	Activity #:
Saturday, April 20	9:30 a.m.-1:30 p.m.	300744-01



## OLD PENITENTIARY TOUR & LUNCH

Join us for lunch and then go on a tour of the historic Old Idaho Penitentiary. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$27

Date:	Time:	Activity #:
Friday, April 19	11 a.m.-3 p.m.	300575-01

## SPROUT FILM FESTIVAL & DINNER

The Sprout Film Festival focuses on several short films "that celebrate the diverse lives and creativity of people with intellectual and developmental disabilities." The majority of these movies have actors who have disabilities or are directed by people with disabilities. Some films may be rated PG 13. Before going to see the films we will go out to dinner. Join us for a fun evening celebrating the artistic abilities of people with disabilities. This activity is for participants age 18 and older.

**Location:** Fort Boise Community Center

**Cost:** \$27

Date:	Time:	Activity #:
Friday, April 19	5-10 p.m.	300758-01

## FIRST THURSDAY & DINNER

Enjoy First Thursday with AdVenture. We will go out to dinner, explore a museum, walk around town and grab some dessert! Please note that all AdVenture programs are alcohol free. This activity is for participants age 18 and older.

**Location:** Fort Boise Community Center

**Cost:** \$26

Date:	Time:	Activity #:
Thursday, May 2	5-9 p.m.	300725-01

## ADAPTIVE CYCLING

Join us for a group cycle ride along the beautiful Greenbelt. Bring your own bike or use one of our adaptive hand cycles, adult tricycles, recumbent tricycles, or tandem bikes (before registering, call Sonya at 208-608-7681 for bike availability and reservations). These rides are designed as supervised group rides and are not bike riding lessons; however proper trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist. These rides are for participants age 16 and older unless accompanied by an adult.

### ADAPTIVE BIKE RIDES

An hour-long group cycle ride along the beautiful Boise Greenbelt.

**Location:** Kristin Armstrong Municipal Park

Dates:	Times:	Cost:	Activity #:
Wednesday, April 17	6-7:30 p.m.	\$6	300737-01
Monday, April 22	6-7:30 p.m.	\$6	300737-02
Wednesday, May 1	6-7:30 p.m.	\$6	300737-03
Tuesday, May 7	6-7:30 p.m.	\$6	300737-04

### ADAPTIVE BIKE RIDE & PICNIC

After our hour long Greenbelt ride we will have a picnic lunch in the park.

**Location:** Kristin Armstrong Municipal Park

Date:	Times:	Cost:	Activity #:
Saturday, April 27	10:30 a.m.-1 p.m.	\$12.50	300738-01

Additional bike rides will be listed in the Summer Activity Guide.

## BRUNEAU SAND DUNES

Bruneau Sand Dunes is a beautiful park featuring towering dunes of sand for climbing and playing. We will spend the day exploring the dunes, eating lunch and having fun! Participants must be able to stay with the group. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

Date:	Times:	Cost:	Activity #:
Saturday, May 4	9:30 a.m.-4 p.m.	\$25	300712-01

## SATURDAY BEST CLUB FOR YOUTH WITH VISUAL IMPAIRMENTS

Boise Parks & Recreation, in partnership with the National Federation of the Blind, is offering the BEST Saturday Club (Braille Enrichment and Skills Training) the second Saturday of the month. Each month will feature braille reading/writing and a different recreation activity or field trip. This program, led by instructor Alison Steven, is designed for elementary age youth with visual impairments.

**Location:** Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
March 9, April 13, & May 11	10 a.m.-12 p.m.	\$25.15	200760-01

## VOLUNTEER SPOTLIGHT – JANUARY & FEBRUARY

*Thank you for volunteering with AdVenture!*

Ally Mauck	Elisa Larson	Jess Layton	Lauryn Windsor	Riley Greatorex
Autumn Veneziano	Emily Brewer	Jessika Hunt	Lee Rasmussen	Selah Dougherty
Breanna Lyle	Grace Priddy	Kaitlin Palmer	Megan Pfohl	Stacey Sigmond
Bryce Howell	Hannah Struck	Kim Russell	Mike Schweigert	Steve Baxter
Cameron Daron	Isaac Wells	Kortney Moyer	Morgan Smith	Summer Nelson
Charles Hubbard	Jackson Bindner	Kylie Larsen	Owen Mainord	Tony Kern
Devin Foster	Jeff Sparks	Lauren Overocker	Renee Routhier	

## SUMMER REGISTRATION DATES

Save the date, summer registration will start on April 15 for Boise City Residents and April 17 for Non-Residents. The Summer Boise Parks and Recreation Activity Guide will be available at parks.cityofboise.org the Friday before registration starts.

# BOISE PARKS AND RECREATION AdVenture SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends and family.

## CHAIRHOOPS WHEELCHAIR BASKETBALL TOURNAMENT FUNDRAISER MARCH 21-23, 2019



Gather your friends and create your team of 10 players to support the AdVenture Program which offers recreation for individuals with disabilities. You do NOT have to have a disability to play, wheelchairs will be provided. The team registration fee of \$155 is due by March 1, 2019. **We encourage early registration** as the tournament is limited to 20 teams. All registered players will receive a ChairHoops T-shirt. Teams will know their schedule prior to the tournament. Don't want to play in the tournament, but still want to support this fundraiser? You can collect pledges, bid on silent auction prizes at the tournament and cheer on the teams! Games will be held:

- **Thursday, March 21 from 6-9:30 p.m.** at Fort Boise Community Center (700 Robbins Road)
- **Friday, March 22 from 6-9:30 p.m.** at Timberline High School (701 E Boise Ave, Boise)
- **Saturday, March 23 from 9 a.m.-2 p.m.** at Timberline High School (701 E Boise Ave, Boise)

For more information or to register your team please call 208-608-7681.

### WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. A drop-in rate of \$5 per day is available or enroll in the session at a discount. Youth under 18 may enroll if accompanied by an adult.

**Location:** Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Wednesdays, February 27-April 3	12-2:30 p.m.	\$21	300704-01
Saturdays, March 2-30	1:15-3:45 p.m.	\$17.50	300704-02



### WHEELCHAIR BASKETBALL

Get out of the cold and come play the fast-paced game of wheelchair basketball. This is your chance to learn the rules of the game, practice your skills and then play a few pick-up games. You do not have to have a disability to play, wheelchairs will be provided for your use. This activity is for people who want a good workout and competitive practice time. Sign up for the session at the discounted rate or there is a drop-in fee of \$4/day. Youth under 18 may enroll if accompanied by an adult.

**Location:** Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Saturdays, January 26 - March 16	4:15-6:15 p.m.	\$24	200708-01

### IDAHO YOUTH ADAPTIVE SPORTS CAMP

This year marks the 32nd anniversary of the Idaho Youth Adaptive Sports Camp! This camp provides youth with physical disabilities a memorable sports camp experience. Individuals ages 6-19 who use a wheelchair or an assisted device (walker, crutches, AFO braces, etc.) to help with mobility have the opportunity to try adaptive sports, develop skills and improve their fitness level. Participants will get to enjoy a variety of athletic and recreational activities such as wheelchair tennis, track and field, fishing, canoeing, wheelchair basketball, wheelchair rugby and more. If you would like more information on camp or to register, please call Emily Kovarik at 208-608-7680.

**Location:** Fort Boise Community Center

Dates:	Times:	Cost:	Activity #:
Wednesday, June 19-Saturday, June 22	9 a.m.-3 p.m.	\$65	400805-01

### DON'T WAIT, REGISTER NOW!!

In order to provide the best possible service to our participants, we require advance registration on all of our programs. To register for any of the programs you see in this newsletter please come in or call the Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at <http://parks.cityofboise.org/AdVenture>.

Don't forget we also offer scholarships; call 208-608-7680 to learn more.

## MORE PROGRAMS

### ADAPTIVE SWIMMING WITH AQUABILITY

AquAbility offers free swimming clinics for individuals with disabilities. Visit [www.aquability.org](http://www.aquability.org) or call Karen at 208-928-6558 to learn more.

### ADAPTIVE SKIING & SNOWBOARDING WITH RECREATION UNLIMITED

Recreation Unlimited offers adaptive alpine snow skiing and snowboarding opportunities at Bogus Basin for people with disabilities.

Visit [www.recreation-unlimited.org](http://www.recreation-unlimited.org) to learn more.



**CITY of BOISE**  
 PARKS AND RECREATION  
 DEPARTMENT  
 P.O. Box 500 | Boise, Idaho 83701-0500

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**MISSION STATEMENT**

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

**DON'T WAIT,  
 REGISTER NOW!**

**CALL: 208-608-7680**

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**WE OFFER ACCOMMODATIONS FOR YOU!**

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

**FINANCIAL SCHOLARSHIPS AVAILABLE**

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail [AdVentureProgram@cityofboise.org](mailto:AdVentureProgram@cityofboise.org).

**TRANSPORTATION**

Participants are responsible for providing their own transportation to and from their home to the community center where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Please see below for some of the transportation resources in the valley.

**VALLEY REGIONAL TRANSIT** busses stop near each community center. For a current schedule and route information, visit [www.valleyregionaltransit.org](http://www.valleyregionaltransit.org) or call 208-345-7433.

**ACCESS** is a curb-to-curb transit service for the cities of Boise, Garden City, Nampa and Caldwell for people who are unable to use the bus system because of a disability. To learn more and obtain an application call 877-232-7433 or visit [www.valleyregionaltransit.org/paratransit-service](http://www.valleyregionaltransit.org/paratransit-service).

**SCRIP TAXI PROGRAM** is a subsidized taxi program available to those age 15 years and older who have a permanent disability which inhibits their ability to drive a vehicle. Those who wish to utilize this service must live within the Boise City Limits and they will receive a 50% discount on taxi services to help meet their transportation needs. Participants must first acquire a Scrip ID card which can be obtained at the Dick Eardley Senior Center, 690 Robbins Rd. After obtaining the ID card, the participant may purchase the Scrip vouchers. Call 208-608-7580 to learn more or to schedule an appointment.