

# Adaptive Cycling with Boise Parks and Recreation's Adaptive Recreation Program

Boise Parks and Recreation's Adaptive Recreation program called AdVenture offers group bike rides along the Greenbelt during April-October. Participants can use one of our adaptive cycles at no additional cost. See the current group bike ride schedule in the Boise Parks and Recreation Activity Guide at [www.cityofboise.org/Adaptive-Recreation](http://www.cityofboise.org/Adaptive-Recreation).

**Not sure which bike will work for you? Please call 208-608-7582 to learn more, register for a bike ride or schedule a bike fitting.**



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# AdVenture Adaptive Bike Fleet

## Handcycles

Standard  
hand pedal



Tri-pin hand pedal  
from Invacare

“3-Point contact  
hand pedal similar to  
hand controls used  
for vehicles. Allows  
for the hands to be  
kept in place for peo-  
ple with limited grip  
strength. “



QuadGrip hand pedals from QuadGrips.com

AdVenture has a variety of  
upright and recumbent  
handcycles in small and large  
sizes. Some handcycles also have  
the option of a few styles of hand  
pedals. Not all pedal systems will  
work with all cycles, please call  
208-608-7582 to learn more.



# Upright Handcycle

## Silver Sun HT-3 Handcycle Trike

### Cycle Features:

Hand brake on left handle

3 speeds

Velcro foot straps

Standard hand pedal





# Upright Handcycle

## Black Upright Handcycle Invacare Top End

### Cycle Features:

- Back pedal to brake
- 14 speeds
- Velcro foot straps
- Positioning waist and knee belts
- Standard hand pedal





# Upright Handcycle

## Top End Blue Excelerator Upright Handcycle

### Cycle Features:

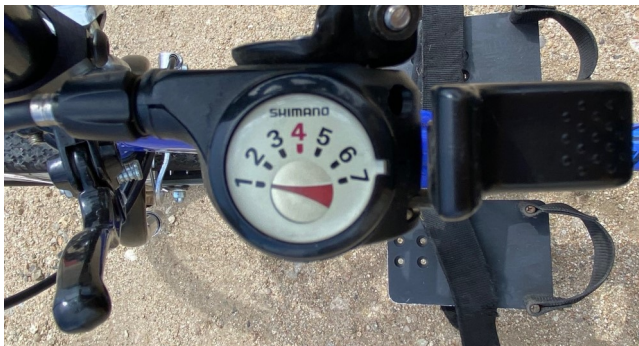
Back pedal to brake

7 speeds

Velcro Foot straps

Positioning waist and knee belts

Hand Pedal Options: standard, tri-pin, or QuadGrips



# Upright Handcycle

## Green Cyclone Handcycle

Cycle Features:

- Hand crank
- Back pedal to brake
- Style that attaches to wheelchair





# Small Upright Handcycle

## Yellow Top End Small Excel Handcycle

### Cycle Features:

- Back pedal brake
- Velcro ankle and foot straps
- 3-speed, located on bar below hand pedals
- Waist and leg support straps





# Small Upright Handcycle

## Purple Top End Small Excel Handcycle

### Cycle Features:

- Back pedal to brake
- Velcro foot straps on top of foot
- Positioning waist and knee belts
- 3-speed, located below hand pedals





# Small Upright Handcycle

## Yellow Small Quickie Handcycle

### Cycle Features:

- Back pedal to brake
- Adjustable foot strap
- Waist belt
- 1-speed





# Recumbent Handcycle

## Recumbent Handcycles XLT

(Red)

Cycle Features:

- Seat level shifting on both sides, 24 speed
- Brake on right
- Must remove hands from hand pedals to brake and shift
- Velcro ankle strap with foot support
- Standard hand pedal





# Recumbent Handcycle

## Blue Recumbent Handcycle

### Top End Exceleator XLT Gold

#### Cycle Features:

Recumbent seating

21 speed

Velcro ankle strap with foot support

Brake and shift is located on the right hand pedal

Standard hand pedal





# Recumbent Handcycle

## Top End Force Yellow

### Cycle Features:

- Recumbent seating
- 21 speed
- Velcro ankle strap with foot support
- Brake and shift is located on the right hand pedal
- Standard hand pedal





# Recumbent Handcycle



## Recumbent Handcycle Red

### Cycle Features:

- Seat level shifting on both sides– 24 speed
- Seat level brake on right side
- Must remove hand from pedal to shift and brake
- Recumbent seating
- Velcro ankle strap with foot support
- Standard hand pedal





# Recumbent Handcycle

## Recumbent Handcycle Top End

### Excelerator XLT Navy Blue

#### Cycle Features:

Recumbent

Seat level shift on the left side

Back pedal to brake

Velcro ankle strap with foot support

Quad grip pedals





# Small Recumbent Handcycle

## Small Recumbent Handcycle

### Top End Excelerator XLT Jr.

#### Cycle Features:

- Recumbent seating
- Seat level shifting on left
- 7 speed
- Back pedal to brake
- Velcro ankle strap with foot support
- Velcro support strap around waist





# AdVenture Adaptive Bike Fleet

## Leg Powered Cycles

AdVenture has a variety of upright and recumbent tricycles, tandem tricycles and tandem cycles in small and large sizes. Some cycles also have the option of adaptive pedals shown below. Not all pedal systems will work with all cycles, please call 208-608-7680 to learn more.



Standard pedal found mostly on our upright trikes



Standard pedal with adjustable foot strap, found on our upright trikes



Standard pedal with adjustable heel strap, found mostly with our recumbent trikes



Adaptive foot pedals with ankle and toe straps, found on our recumbent trikes



# Upright Trike

## Worksman Cycle Blue Trike

### Cycle Features:

- Upright seating
- Left side hand brake on handle bar
- Right side shift on handle bar
- 3 Speed
- Basket
- Cruiser cushion seat
- Standard foot pedals





# Upright Trike

## Small Trike Yellow

### Worksman Brevettato

#### Cycle Features:

- Upright seating
- Cruiser cushion seat
- Hand brake located on right handle bar
- 3-speed, located on right handle bar
- Basket
- Adjustable foot strap on pedal





# Adaptive Mountain Bike

## Schwinn Frontier Mountain Bike

### Cycle Features:

Mountain bike with adaptive wheels

Standard pedals

Adjustable seat

Dual brakes on handle bars

7-speed located on right handle bar





# Recumbent Trike

## Blue Recumbent Sun Trike

### Sun Bicycles E2-Tri Classic

#### Cycle Features:

- Dual brakes
- 3-wheel recumbent
- 7-speed, located on right handle bar
- Wide seat with back support
- Velcro ankle and foot strap on pedal





# Recumbent Trike

## Black Recumbent Sun Trike

### Sun Bicycles

#### Cycle Features:

3-wheel recumbent

Dual brakes

7-speed, located on right side by brake

Cushioned seat

Velcro ankle and foot straps on pedal





# Recumbent Trike

## Silver Recumbent Sunseeker Trike

### Cycle Features:

3-wheel recumbent

Dual brakes

7-speed, located on right side by brake

Cushioned seat

Velcro ankle and foot straps on pedal





# Recumbent Trike

## Hase Recumbent Trike

### Cycle Features:

Dual Brakes

3-wheel recumbent

8-speed, located on right side near brake

Velcro ankle and foot straps on pedal





# Recumbent Trike

**Tadpole Recumbent Trike Yellow**

**Terra Trike WizWheelz**

Cycle Features:

- Dual brakes

- 7-speed, flick switch on both sides alongside the brake

- Standard pedal with heel support





# Recumbent Trike

## Small White Recumbent KMX Kompact

### Cycle Features:

3-wheel recumbent

Dual brakes

7-speed, located on righthand side near brakes

Velcro ankle and foot straps on pedal





# Recumbent Trike

## Gekko Red Recumbent Catrike

### HP Velotechnik

#### Cycle Features:

- Dual brakes
- 8-speed, located on handles by brakes
- Basket
- Velcro foot and ankle strap on pedal





# Recumbent Trike

## Yellow Recumbent Catrike– 559

### Cycle Features:

Dual brakes

3-wheel recumbent

8-speed, located on right handle bar near brake

Standard pedals with heel support





# Recumbent Tandem

## Recumbent Tandem Trike

### Green and Silver

#### The Rover by Terra Trike

##### Cycle Features:

- Independent pedal system
- Adaptive pedals in rear
- Standard foot pedals with ankle strap
- 8-speed shift, located on the front right
- Dual brakes located in front





# Recumbent Tandem

## Purple and Silver Recumbent Tandem

### The Rover by TerraTrike

#### Cycle Features:

- Riders must pedal at the same time
- Adaptive pedals in rear
- Standard pedals in front with heel rest
- 8-speed, located on the front righthand side
- Dual brakes located in front





# Tandem

## Burley Tandem

### Cycle Features:

- Riders must pedal at the same time
- Standard pedals both front and back
- 21 Speed
- Dual brakes located in front





## Contact Information for Boise Parks and Recreation - Adaptive Recreation Program

Phone: 208-608-7582

E-Mail: [AdVentureProgram@CityOfBoise.org](mailto:AdVentureProgram@CityOfBoise.org)

Website: [www.CityOfBoise.org/Adaptive-Recreation](http://www.CityOfBoise.org/Adaptive-Recreation)

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Facebook: [www.facebook.com/bprAdventureProgram](http://www.facebook.com/bprAdventureProgram)

