

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weekly</b>	9-10am Tai Chi 12-12:45pm Nia Moving to Heal 12:30-5pm Bridge	9:30-10:30am Stretch & Tone 10:30-11:30am Longevity Stick 10:30-11:30am Wellness with Movement* 10:30am-12pm Scrabble 12:30-1pm Chair Volleyball 1-2pm Fit and Fall Proof	10am-12:30pm Canasta 10am-12:30pm Knit & Crochet 10:30-11:30am Gentle Yoga* 12:30-5pm Bridge 1-3pm Watercolors* (Ends 6/19) 1:15-2pm Intro to Zumba*	9:30-10:30am Stretch & Tone 10-11:15am BINGO 10-11:30am Chat-n-Chew 10am-12pm Blood Pressure Clinic 10:30-11:30am Wellness with Movement* 11:30am Drumming Divas 2-3pm Tai Chi	10:20am-2pm Pinochle 12:30-5pm Bridge 1-2pm Fit and Fall Proof 2-4pm Intro to Pinochle



# JUNE 2019



**Billiards Room** is open  
8am-5pm, Monday-Friday

<b>3</b> 10:30-11:45 am Elder Financial Abuse Seminar	<b>4</b>	<b>5</b> 9am-1pm Boise Basin Quilters Display 9am-3pm Craft Supply & Fabric Sale	<b>6</b> 10am BINGO with Jason 10am CnC Speaker Marty Morache 10am-3pm Invitational Bridge* 12:30pm Art with Teresa*	<b>7</b> 11:45am Senior Goldmine
<b>10</b> 11am A Century in Boise 12:45-1:45pm Osteoporosis Support Group 1pm Collette Travel Presentation	<b>11</b> 11am-12pm Your Housing Questions Answered	<b>12</b> 10:30-11:30am Woodworking with Ken* 11am Welcome Tour 2pm Legal Counsel*	<b>13</b> 10am BINGO with Amy 11:30am Wells Fargo Financial Ed 3-6:30pm Fun & Friendly Bridge*	<b>14</b> 9am-12pm Foot Clinic* 11am Immune Boosting Foods* 11:30am Birthday Friday 11:45am Father's Day Celebration
<b>17</b>	<b>18</b> 10am Legal Counsel* 11am Medicare Meet-up	<b>19</b> 10:30-11:30am Woodworking with Ken*	<b>20</b> 10am CnC Speaker Judge Trott 10am-3pm Invitational Bridge* 10am BINGO (caller needed)	<b>21</b>
<b>24</b>	<b>25</b>	<b>26</b> 10:30-11:30am Woodworking with Ken* 2pm Legal Counsel*	<b>27</b> 10-11:15am BINGO with Loretta 12:30pm Art with Teresa* 3-6:30pm Fun & Friendly Bridge*	<b>28</b> 1-2pm Senior Intro to Improv*

## Dick Eardley Boise Senior Center

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | [seniorcenter.cityofboise.org](http://seniorcenter.cityofboise.org) | Monday-Friday 8am-5pm

\* These programs require monthly registration or sign-ups. For more information, call 208-608-7580.



PARKS AND RECREATION