

BOISE PARKS AND RECREATION Adventure



NEWSLETTER

JULY & AUGUST 2019

 [Facebook.com/BPRAdventureProgram](https://www.facebook.com/BPRAdventureProgram)

cityofboise.org/adaptive-recreation

GARDENING & ART CLASS

Learn about gardening and gain hands on experience at the Fort Boise Garden. After having fun in the garden, we will head inside to create an art piece with a different theme each week. The fee includes instruction and supplies. This activity is for participants age 15 and older.

Location: Fort Boise Community Center

Cost: \$51

Dates (Saturdays):	Times:	Activity #:
July 13-August 10	9:30-11:30 a.m.	400529-01



PADDLE SPORTS & PICNIC

Cool off and try your hand at a few paddle sports at Quinn's Pond. Participants will have the opportunity to try paddling kayaks and stand up paddle boards.

For safety reasons participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket; demonstration of this ability may be requested prior to boating. We will also have a picnic lunch at the park. This activity is for participants age 18 and older unless accompanied by an enrolled adult. *Thank you to Idaho River Sports for making this opportunity possible!*

Location: Fort Boise Community Center

Cost: \$20

Date:	Times:	Activity #:
Tuesday, August 6	9 a.m.-1:30 p.m.	400110-01

FALL REGISTRATION

Save the date, fall registration will start on August 16 for Boise City Residents and August 18 for Non-Residents. The Fall Boise Parks and Recreation Activity Guide will be available at cityofboise.org/adaptive-recreation the Friday before registration starts.

Do you use a scholarship? August is the time to re-apply for a scholarship for Fall 2019-Summer 2020. Download the application online at cityofboise.org/adaptive-recreation or call 208-608-7680 to learn more.

DANCE ABILITY

During this fun class we will explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance. This class is for participants age 12 and older.

Location: Fort Boise Community Center

Cost: \$26.50

Dates (Wednesdays):	Times:	Activity #:
July 10-August 14	3-4 p.m.	400538-03
July 10-August 14	4:15-5:15 p.m.	400538-04



ADAPTIVE YOGA

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. Our instructor is great at adapting yoga poses for people of all abilities. This class is for participants age 15 and older.

Location: Dick Eardley Senior Center

Cost: \$26

Dates (Mondays):	Times:	Activity #:
July 8-August 5	4:15-5:15 p.m.	400753-03
July 8-August 5	5:30-6:30 p.m.	400753-04

ADAPTIVE ICE SKATING

In this adaptive ice skating class, students with disabilities will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Contact Jackie Woodland at Idaho IceWorld at 208-608-7718 for more information.

ADAPTIVE SWIM LESSONS

Develop your swimming skills and water safety awareness; no experience needed. Lessons will be under close supervision by the two instructors but will not be 1:1. An aquatic lift is available at the pool and a lifeguard will be on duty. This activity is for participants age 5 and older.

Location: Borah Pool, 801 Aurora Dr., Boise

Cost: \$35

Dates (Mon/Wed):	Times:	Activity #:
July 22, 24, 29 & 31	5:30-6:15 p.m.	406106-B1

OH NO, THE TRIP IS FULL!

The AdVenture Program offers a large variety of programs throughout the summer and registration for these activities opened in April. Due to this, the following Summer Activities are full. However, if you are interested in these programs please call 208-608-7680 to be added to the waiting list (at no charge). If a spot opens up, we will call you and you can decide if you want to enroll. We do our best to accommodate those who are on the waiting list by opening the trip to more people and sometimes adding a new date. View the activity descriptions and dates for these programs in the Boise Parks and Recreation Activity Guide available at cityofboise.org/adaptive-recreation or pick up a copy at Fort Boise Community Center.

AdVenture Programs in July & August that are full:

Adaptive Art Class	Dinner and a Movie	Social Clubs (Wednesday, Thursday and Friday)
AdVenture Summer Camp	Idaho Fair & Dinner	Tent Camping at Payette Lake
Arcade & Dinner	Petting Zoo & Lunch	
Bowling & Dinner		



WHITewater RAFTING

Our adapted rafting program provides the opportunity for individuals with disabilities and one friend/family member to take part in a whitewater rafting adventure. **For safety reasons, ALL participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket and have the ability to grasp. Demonstration of this ability may be requested prior to the trip.** Participants will get the full rafting experience and may be asked to help with some of the work. Rafting trips are led by our Adaptive Recreation Coordinator and include volunteer support, rafting equipment, lunch and transportation from Fort Boise Community Center to the river and back. The float time is usually 2-3 hours on class II-III rapids. Return times may vary due to river conditions and trip accommodations.

Youth ages 12-17 may enroll but must be accompanied by an enrolled adult. This program is designed for individuals with disabilities who may also sign up one care provider/family member/friend who does not have a disability (each person must pay).

Meeting Location: Fort Boise Community Center

MAIN-PAYETTE RIVER Cost: \$26

Date:	Times:	Activity #:
Tuesday, July 16	9 a.m.-5 p.m.	400130-03

CABARTON-PAYETTE RIVER Cost: \$33

Dates:	Times:	Activity #:
Friday, August 2	9 a.m.-7 p.m.	400140-01
Thursday, August 8	9 a.m.-7 p.m.	400140-02
Thursday, August 22	9 a.m.-7 p.m.	400140-03

BOISE RIVER RAFTING

The Boise River provides an ideal trip for first time rafters and those wanting a mellow rafting experience. If you are looking for a leisurely float with beautiful scenery and a picnic, this is the trip for you! **For safety reasons, ALL participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket and have the ability to grasp. Demonstration of this ability may be requested prior to the trip.** The cost includes a fun river trip, safety equipment, lunch and transportation to and from the river and Fort Boise Community Center.

Youth ages 12-17 may enroll but must be accompanied by an enrolled adult. This program is designed for individuals with disabilities who may also sign up one care provider/family member/friend who does not have a disability (each person must pay).

Location: Fort Boise Community Center

Cost: \$16

Date:	Times:	Activity #:
Tuesday, July 23	10 a.m.-3 p.m.	400150-01



ADAPTIVE TUBING

Enjoy the hot summer weather at Lucky Peak while riding behind a boat on an inflatable tube. **For safety reasons participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket; demonstration of this ability may be requested prior to tubing.** Participants will take turns tubing and may be on the boat for up to an hour. This activity meets at Barclay Bay at Lucky Peak Reservoir. By volunteer request, this program is for individuals with disabilities age 14 and older.

Location: Lucky Peak, Barclay Bay boat launch

Cost: \$11

Dates (Wednesdays):	Time:	Activity #:	Dates (Wednesdays):	Time:	Activity #:
July 17	5-6:30 p.m.	400160-01	August 7	5-6:30 p.m.	400160-05
July 24	5-6:30 p.m.	400160-02	August 7	6:30-8 p.m.	400160-06
July 31	5-6:30 p.m.	400160-03			
July 31	6:30-8 p.m.	400160-04			



ADAPTIVE CYCLING

Join us for a group cycle ride along the beautiful Greenbelt. Bring your own bike or use one of our adaptive handcycles, tricycles, recumbent tricycles, or tandem bikes (call Sonya at 208-608-7681 for bike availability and reservations). These rides are designed as supervised group rides and are not a bike riding lessons; however trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist. These rides are for participants age 16 and older unless accompanied by an adult.

ADAPTIVE BIKE RIDE

An hour-long group cycle ride along the Greenbelt.

Location: Kristin Armstrong Municipal Park

Cost: \$6

Dates:	Times:	Activity #:
Wednesday, August 21	6-7:30 p.m.	400737-07
Tuesday, August 27	6-7:30 p.m.	400737-08
Wednesday, September 4	6-7:30 p.m.	400737-09
Tuesday, September 10	6-7:30 p.m.	400737-10

ADAPTIVE BIKE RIDE & PICNIC

After our hour long Greenbelt ride we will have a picnic in the park.

Location: Marianne Williams Park

Cost: \$13.50

Date:	Times:	Activity #:
Saturday, August 24	9:30 a.m.-12 p.m.	400738-02

HAWKS BASEBALL GAME & DINNER

Go Hawks! The cost of this outing includes dinner before the baseball game, your ticket and transportation from Fort Boise Community Center to the game and back. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$26

Dates:	Time:	Activity #:
Tuesday, July 16	5-10 p.m.	400307-02
Thursday, August 8	5-10 p.m.	400307-03

SNAKE RIVER STAMPEDE RODEO

Watch the action at the indoor Snake River Stampede Rodeo! We will also go out to eat before the rodeo.

This activity is for participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$31

Dates:	Time:	Activity #:
Thursday, July 18	4-9:45 p.m.	400305-01
Saturday, July 20	9:30 a.m.-3:30 p.m.	400305-02

CALDWELL NIGHT RODEO

Watch the action at the outdoor Caldwell Night Rodeo! Before the rodeo we will go out to eat. This activity is for participants ages 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$31

Date:	Time:	Activity #:
Tuesday, August 13	3:30-9:45 p.m.	400306-01

THEATER & MEAL

Watch the youth play "The NeverEnding Story" at the Boise Little Theater. Before the play we will go out to dinner. This activity is for participants age 18 and older, who can sit quietly through a two-hour play.

Location: Fort Boise Community Center

Cost: \$36

Dates:	Time:	Activity #:
Friday, July 19	5-9:45 p.m.	400303-02
Saturday, July 27	12-4:45 p.m.	400303-03

FIRST THURSDAY & DINNER

Enjoy First Thursday with AdVenture. We will go out to dinner, explore a museum, walk around the town and grab some dessert! Please note that all AdVenture programs are alcohol free. This activity is for participants age 18 and older.

Location: Fort Boise Community Center

Cost: \$26

Date:	Time:	Activity #:
Thursday, August 1	5-9 p.m.	400726-02

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Adaptive Art 5:15-6:30 p.m. FBCC	2 Bowling Club 7-8:30 p.m. BSU	3	4 Independence Day	5	6
7	8 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC Adaptive Art 5:15-6:30 p.m. FBCC	9 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Tent Camping Trip 9 a.m. FBCC Wilderness Fly-In 7:30 a.m. Jackson Jet Ctr. Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	10 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Tent Camping Trip cont. Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wilderness Fly-In Cont. Wednesday Social Club 6-8:30 p.m. MNCC	11 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Tent Camping Trip Returns 3:30 p.m. FBCC Wilderness Fly-In Returns mid-day Wheelchair Rugby League 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	12 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	13 Gardening & Art 9:30-11:30 a.m. FBCC
14	15 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC Adaptive Art 5:15-6:30 p.m. FBCC	16 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Rafting-Main 9 a.m.-5 p.m. FBCC Hawks Baseball & Dinner 5-10 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	17 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Waterskiing 4:45-8 p.m. Lucky Peak Adaptive Tubing 5-6:30 p.m. Lucky Peak Wednesday Social Club 6-8:30 p.m. MNCC Pottery Class Class Full	18 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Rodeo & Dinner 4-9:45 p.m. FBCC Wheelchair Rugby League 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	19 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Theater & Dinner 5:30-9:45 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	20 Rodeo & Brunch 9:30 a.m.-3:30 p.m. FBCC Gardening & Art 9:30-11:30 a.m. FBCC Rafting-Cabarton Trip Full
21	22 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC Adaptive Art 5:15-6:30 p.m. FBCC Adaptive Swimming 5:30-6:15 p.m. Borah Pool	23 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Rafting-Boise 10 a.m.-3 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU Arcade & Dinner 4:30-7 p.m. FBCC	24 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Waterskiing 4:45-8 p.m. Lucky Peak Adaptive Tubing 5-6:30 p.m. Lucky Peak Wednesday Social Club 6-8:30 p.m. MNCC Adaptive Swimming 5:30-6:15 p.m. Borah Pool Pottery Class Class Full	25 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Wheelchair Rugby League 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	26 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Rafting-Main Trip Full Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	27 Gardening & Art 9:30-11:30 a.m. FBCC Theater & Lunch 12-4:30 p.m. FBCC
28	29 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC Adaptive Swimming 5:30-6:15 p.m. Borah Pool	30 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Paddle & Picnic Trip Full Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	31 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Waterskiing 4:45-8 p.m. Lucky Peak Adaptive Tubing 5-6:30 p.m. Lucky Peak 6:30-8 p.m. Lucky Peak Wednesday Social Club 6-8:30 p.m. MNCC Adaptive Swimming 5:30-6:15 p.m. Borah Pool	<div style="border: 1px solid green; padding: 10px;"> <p>ABBREVIATION KEY & ADDRESSES BSU – Boise State University Student Union Building, 1910 University Dr. DESC – Dick Eardley Senior Center, 690 Robbins Rd. FBCC – Fort Boise Community Center, 700 Robbins Rd. Lucky Peak - Barclay Bay Boat Launch at Lucky Peak Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St. MNCC – Morley Nelson Community Center, 7701 W. Northview St. MWP - Marianne Williams Park, 3451 E. Barber Valley Dr. WCC – Whitney Community Center, 1609 S. Owyhee St.</p> <p>ADAPTIVE RECREATION/ADVENTURE Emily Kovarik & Sonya Buchholz 208-608-7680 TDD/TTY 800-377-3529</p> <p style="text-align: right;">AdVentureProgram@cityofboise.org Cityofboise.org/adaptive-recreation</p> <p>To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at cityofboise.org/adaptive-recreation</p> </div>		

AUGUST 2019

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 AdVenture Summer Camp 9 a.m.-3 p.m. WCC First Thursday & Dinner 5-9 p.m. FBCC Wheelchair Rugby League 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	2 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Rafting-Cabarton 9 a.m.-7 p.m. FBCC Bowling & Dinner 5-9 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	3 Gardening & Art 9:30-11:30 a.m. FBCC
4	5 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Adaptive Yoga 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	6 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Paddle & Picnic 9 a.m.-1:30 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	7 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Waterskiing 4:45-8 p.m. Lucky Pea Adaptive Tubing 5-6:30 p.m. Lucky Peak 6:30-8 p.m. Lucky Peak Wednesday Social Club 6-8:30 p.m. MNCC	8 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Rafting-Cabarton 9 a.m.-7 p.m. FBCC Hawks Baseball & Dinner 5-10 p.m. FBCC Wheelchair Rugby League 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	9 AdVenture Summer Camp 9 a.m.-3 p.m. WCC Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	10 Gardening & Art 9:30-11:30 a.m. FBCC
11	12	13 Caldwell Rodeo 3:30-9:45 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	14 Rafting-Cabarton Trip Full Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	15 Concert & Dinner 5-9:30 p.m. FBCC No Rugby League Thursday Social Club 6-8:30 p.m. WCC	16 Rafting-AdVenture Seeker 9 a.m.-7 p.m. FBCC Mini Golf & Dinner 5-8:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	17 Speedway & Dinner 5-10:30 p.m. FBCC
18	19	20 Idaho Fair & Dinner 5-9 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	21 Adaptive Bike Ride 6-7:30 p.m. Municipal Wednesday Social Club 6-8:30 p.m. MNCC	22 Rafting-Cabarton 9 a.m.-7 p.m. FBCC Wheelchair Rugby League 6-8:30 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	23 Dinner & Movie 5-9:30 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	24 Bike Ride & Picnic 9:30 a.m.-12 p.m. MWP
25	26	27 Adaptive Bike Ride 6-7:30 p.m. Municipal Wheelchair Rugby 6-8:30 p.m. FBCC Bowling Club 7-8:30 p.m. BSU	28 Rafting-Cabarton Trip Full	29	30	31

ABBREVIATION KEY & ADDRESSES

BSU – Boise State University Student Union Building, 1910 University Dr.
 DESC – Dick Eardley Senior Center, 690 Robbins Rd.
 FBCC – Fort Boise Community Center, 700 Robbins Rd.
 Lucky Peak - Barclay Bay Boat Launch at Lucky Peak
 Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St.
 MNCC – Morley Nelson Community Center, 7701 W. Northview St.
 MWP - Marianne Williams Park, 3451 E. Barber Valley Dr.
 WCC – Whitney Community Center, 1609 S. Owyhee St.

ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz
 208-608-7680
 TDD/TTY 800-377-3529
AdVentureProgram@cityofboise.org
Cityofboise.org/adaptive-recreation

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at cityofboise.org/adaptive-recreation



PARKS AND RECREATION

SPEEDWAY & DINNER

Cheer on the drivers as they race at the outdoor Meridian Speedway! This fun activity will include dinner before the races. Please note, this is a loud activity, ear plugs will be provided, but this activity may not be ideal for those who are sensitive to loud sounds. For participants age 16 and older unless accompanied by an enrolled adult.

Location: Fort Boise Community Center

Cost: \$30

Date:	Time:	Activity #:
Saturday, August 17	5-10:30 p.m.	400572-02

CONCERT IN THE GARDEN & DINNER

Listen to live music and explore the beautiful Idaho Botanical Gardens. While listening to music, we will socialize and eat dinner at the gardens. This activity is for participants age 18 and older who are able to stay with the group.

Location: Fort Boise Community Center

Cost: \$30

Date:	Time:	Activity #:
Thursday, August 15	5-9:30 p.m.	400202-01



MINI GOLF & DINNER

During this fun evening we will play mini golf and socialize over dinner. This activity is for participants age 16 and older unless accompanied by an adult.

Location: Fort Boise Community Center

Cost: \$25

Date:	Time:	Activity #:
Friday, August 16	5-8:30 p.m.	400720-02

CUSTOMIZED GROUP ACTIVITIES

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific need and goals. For more information, please contact Emily at 208-608-7680.

Activities Can Include:

- Pottery Classes
- Dance Classes
- Yoga Classes
- Outdoor Adventures (Hiking, Rafting, Cycling, etc.)

CURT RECLA MOONLIGHT GOLF TOURNAMENT – ADVENTURE FUNDRAISER

This popular tournament will take place Friday, September 13 at Warm Springs Golf Course. The tournament starts at 6 p.m. and is a four-person scramble, limited to 15 teams. Participants will play nine holes of golf and then break for a delicious dinner. After dinner, everyone may golf 4-5 holes with glow-in-the-dark golf equipment! The cost is \$70 per person, which includes green fees, cart for the first nine holes, night equipment, and dinner. This unique tournament is a fun evening that you won't want to miss. A silent auction will be held during the tournament with proceeds going towards Boise Parks & Recreation's AdVenture program. Businesses and individuals may sponsor a hole at this tournament for \$100. For more information or to register, please call 208-608-7687.



IDAHO YOUTH ADAPTIVE SPORTS CAMP

This year marks the 32nd year of the Idaho Youth Adaptive Sports camp hosted by Boise Parks & Recreation and St. Luke's Rehabilitation! The 27 athletes who attend will have the opportunity to showcase their skills in archery, wheelchair basketball, wheelchair rugby, wheelchair tennis and much more. The camp is successful because of the help and dedication of our volunteers, coaches, support staff and sponsors.

Thank you all so much!

VOLUNTEERS

Aidan Rowley	Gabe Miles	Kyra Cronin
Alexandra Oxford	Gerri Scaglione	Mike Schweigert
Alexis Palmer	Haley Martin	Morgan Smith
Allison Douglas	Harrison Kener	Nate Kirby
Allison Phillips	Ike George	Nic Domingo
Ally Mauck	Jeff Sparks	Nick Anewalt
Autumn Whittaker	Jill Cook	Nickole Major
Britany Heslop	Jim & Mary Slater	Sage Parsons
Johnson	Joy Sigurdson	Sofie Hawkins
Caden Heslop	Kaitlin Palmer	Susie Stertz
Carley Duvall	Kayla Oliver-	Tristan Ray
Daniel Robertson	Connelly	
Daron Heslop	Kerry Heslop	

PLATINUM SPONSORS

Elks Lodge 310
Idaho Physical Medicine & Rehabilitation
Idaho River Sports
Idaho Urologic Institute
Old Chicago

GOLD SPONSORS

Idaho Hunter Education
McU Sports
Numotion

SILVER SPONSORS

Blimpie
Blue Sky Bagels
Boise Physical Medicine & Rehabilitation Clinic
Costco
Dairy Queen
Idaho Wheelchair Tennis Association
Jackson's Foods
Jim & Mary Slater



Thank you for volunteering with AdVenture!

VOLUNTEER SPOTLIGHT – MAY & JUNE

Annie Wayment	Dave Barnes	Jeff Sparks	Mackenzie McCoy
Bailey Hill	Dayne Jacobs	Jennifer Backs	Natalie Swesey
Caitlin Windes	Emily Stiles	Jess Ashe	Randy Geile
Connor Lynn	Faith VanBlaricom	Kari Sandstrom	Ryland McDermott
Cub Scout Pack 96	Heather Cooper	Kim Russell	Seely Hartman
Webelos and Bears	Holly Ames	Lauren Cagle	Shane Tolman
Cyrah Ochoa	Jade Nissl	Lauren French	Stromi Reynolds
Dan Baughman	James Liaw	Lauren Nakamura	

BOISE PARKS AND RECREATION

AdVenture

SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends and family.



WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well. During this competitive practice time you will learn the rules, develop your skills and scrimmage. Rugby wheelchairs are provided. Youth under 18 may enroll if accompanied by an adult.

Location: Fort Boise Community Center

Cost: \$28 or drop-in \$5 per day

Dates (Tuesdays):	Times:	Activity #:
July 9-August 27	6-8:30 p.m.	400706-01

WHEELCHAIR RUGBY LEAGUE

AdVenture and the Boise Bombers Wheelchair Rugby Team invite you to play Wheelchair Rugby in a league format. All skill levels are welcome; you do not need to use a wheelchair to play, rugby wheelchairs are provided. Learn how to play this popular wheelchair sport while getting a great upper body workout! This program is for participants ages 15 and older however youth under 18 must be accompanied by an adult.

Location: Fort Boise Community Center

Cost: \$22

Dates (Thursdays):	Times:	Activity #:
July 11-August 22*	6-8:30 p.m.	400707-01

*no league on August 15



ADAPTIVE CYCLING

Many adaptive cycling programs and events are available through the AdVenture Program. Please see page 3 for our Adaptive Bike Rides.



ADAPTIVE WATER SKIING

This program is designed for individuals with physical disabilities who will use a 'sit ski'. Whether you are learning to ski for the first time or relearning the sport after an accident, this is a great adventure.

For safety reasons participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket; demonstration of this ability may be requested prior to waterskiing. Transportation is available from Fort Boise Community Center but must be arranged in advance, call 208-608-7681 for more information. **Please register at least one week prior to the date you wish to ski.**

Location: Lucky Peak, Barclay Bay boat launch

Cost: \$11

Dates (Wednesdays):	Time:	Activity #:
July 17	4:45-8 p.m.	400250-01
July 24	4:45-8 p.m.	400250-02
July 31	4:45-8 p.m.	400250-03
August 7	4:45-8 p.m.	400250-04

ADDITIONAL ADAPTIVE RECREATION PROGRAMS IN THE TREASURE VALLEY

AQUABILITY

Provides therapeutic aquatic programs for people with disabilities. E-mail info@aquability.org or call 208-336-1876 for more information.

WHEELCHAIR TENNIS

The Idaho Wheelchair Tennis Association offers wheelchair tennis instruction to all levels of players.

Visit idahowta.org to learn more.



WILDERNESS WITHIN REACH FLY-IN

This rare and cool opportunity is for adults, age 18 and older, who have a physical disability that affects their mobility (those who use a wheelchair, walker, AFO braces, etc.) and one adult companion. We will fly in small aircrafts into the Frank Church Wilderness and spend two nights at the remote Flying B Ranch. Our lodgings are very accommodating but are not completely ADA accessible and the small planes cannot accommodate power wheelchairs (please call 208-608-7681 for specifics). Many thanks to the Idaho Aviation Foundation and the pilots for making this unique experience possible. At the request of the pilots, priority is given to adults with physical disabilities who have not previously gone on a Wilderness Within Reach Fly-In trip. Each individual needs to enroll and pay the trip fee.

Location: Jackson Jet Center, Boise

Cost: \$41 (per person)

Dates/Times (Tuesday-Thursday):	Activity #:
July 9, 7:30 a.m. - July 11, mid-day	400742-01



RAFTING THE CABARTON

This trip provides the opportunity for individuals with physical disabilities to go whitewater rafting. Participants can also enroll one friend/family member who does not have a disability. We will spend 2-4 hours running class II and III rapids on the Cabarton section of the Payette River. **For safety reasons, ALL participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket and have the ability to grasp. Demonstration of this ability may be requested prior to the trip.** Rafting trips are led by our Adaptive Recreation Coordinator and include volunteer support, rafting equipment, lunch and transportation from Fort Boise Community Center to the river and back. This trip is specifically designed for individuals who have physical disabilities, see the page two for additional Adaptive Rafting Trips. Youth age 12-17 must be accompanied by an adult who also enrolls.

Location: Fort Boise Community Center

Cost: \$33

Date (Friday):	Times:	Activity #:
August 16	9 a.m.-7 p.m.	400230-01



CITY of BOISE
 PARKS AND RECREATION
 DEPARTMENT
 P.O. Box 500 | Boise, Idaho 83701-0500

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MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

**DON'T WAIT,
 REGISTER NOW!**

CALL: 208-608-7680

In order to provide the best possible service to our participants, we require advance registration on all of our programs. To sign up for any of the programs you see in this newsletter please come in or call the Fort Boise Community Center at **208-608-7680**. You can also sign up anytime online at cityofboise.org/adaptive-recreation. Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

FINANCIAL SCHOLARSHIPS AVAILABLE

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail AdVentureProgram@cityofboise.org.

TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Please see below for some of the transportation resources in the valley.

VALLEY REGIONAL TRANSIT busses stop near each community center. For a current schedule and route information, visit valleyregionaltransit.org or call 208-345-7433.

ACCESS is a curb-to-curb transit service for the cities of Boise, Garden City, Nampa and Caldwell for people who are unable to use the bus system because of a disability. To learn more and obtain an application call 877-232-7433 or visit valleyregionaltransit.org/paratransit-service.

SCRIP TAXI PROGRAM is a subsidized taxi program available to those age 15 years and older who have a permanent disability which inhibits their ability to drive a vehicle. Those who wish to utilize this service must live within the Boise City Limits and they will receive a 50% discount on taxi services to help meet their transportation needs. Participants must first acquire a Scrip ID card which can be obtained at the Dick Eardley Senior Center, 690 Robbins Rd. After obtaining the ID card, the participant may purchase the Scrip vouchers. Call 208-608-7580 to learn more or to schedule an appointment.