



PARKS AND RECREATION DEPARTMENT

FORT BOISE COMMUNITY CENTER

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Minimizing the Risk of Spreading Coronavirus (COVID-19) in Boise Parks and Recreation's AdVenture Programs

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According to the Centers for Disease Control and Prevention, COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices (such as handwashing, staying home when sick) and environmental cleaning and disinfection are important principles. This document will highlight other actions Boise Parks and Recreation's AdVenture Programs will follow to help lower the risk of COVID-19 exposure and spread during classes and programs.

PROMOTING BEHAVIORS THAT REDUCE SPREAD

1. Daily Health Check:

- Conduct daily, pre-shift symptom check of staff. This will include a self-check questionnaire and a mandatory pre-shift temperature check.
- Conduct daily temperature checks of all participants upon arrival.
- No staff displaying symptoms of COVID-19 will provide services to participants. Symptomatic or ill staff may not report to work. COVID-19 symptoms currently include any of the following: Cough, shortness of breath or difficulty breathing, fever, chills, headache, unexplained muscle pain, sore throat, congestion or runny nose, headache, fatigue, a new loss of taste or smell, vomiting, or diarrhea.
- Participants with COVID-19 symptoms will not be allowed to participate.
- If participants develop COVID-19 symptoms while at a program, they will be separated from the group and the parents/guardians called to retrieve the person within one hour.
- Employees and participants with COVID-19 symptoms shall not return to programs until they have met CDC guidelines which are:
 - Fever Free for at least 72 hours without the use of a fever reducing medicine;
 - Other symptoms have improved and
 - At least ten (10) days have passed from when symptoms first appeared.
- Employees and participants who have recently had close contact with a person with COVID-19 should stay home and report the close contact to the City immediately.
- Staff members or a participant with a COVID-19 positive test must report test results to the City immediately. Following receipt of such report, the City will:
 - Follow CDC cleaning and disinfecting as soon as the confirmation of a positive test.
 - Notify all participants at that program via email, as soon as possible.

- The City may need to cancel that particular program for several days or even weeks after consultation with public health authorities.

2. Hygiene:

- All programs will maintain an adequate supply of liquid soap, bleach disinfectant, EPA disinfectant, hand sanitizer and paper towels.
- Participants and staff must wash hands frequently, following handwashing protocols established by the Centers for Disease Control/Central District Health Department. If soap and water are not readily available, participants and staff must use hand sanitizer with at least 60 percent alcohol.
- Participants and staff will wash their hands upon entering the program, after using the bathroom, before eating, after using common equipment and tools, etc.
- Encourage staff and participants to avoid touching their eyes, nose, and mouth.
- Encourage staff and participants to cover coughs and sneezes with a tissue. Used tissues will be thrown in the trash and hands must be washed immediately with soap and water for at least 20 seconds. If a tissue is not available, the use of the inside crook of your elbow will be encouraged and wash up (elbow, face, surfaces) as needed afterward.

3. Cloth Face Coverings:

- Central District Health (CDH) has issued an order requiring everyone over the age of two-years-old to wear a face covering indoors and outdoors. As this applies to AdVenture programs, please remember to bring a face covering with you. If you do not have one, we will provide a disposable face covering for you.
- Employees and participants are responsible for maintaining their assigned facemasks in a clean, sanitary and reliable condition. Employees and families are also responsible for reporting or disposing of damaged PPE or PPE that has reached the end of its useful life.

4. Physical Distancing:

- Physical distancing of 6 feet must be maintained between different families and staff at check-in and pick-up.
- To avoid sharing pens, staff will check participants in and out each day when they arrive. Participants will need to fill out the AdVenture Liability Waiver for the first 2020 Summer program that they attend. This form will be e-mailed to all participants prior to the program and can be submitted via e-mail or brought to the first program. This form will be used instead of the normal AdVenture Sign-In Waiver.
- Social distancing will be encouraged whenever feasible, given space, activities, and participants' ages/abilities.
- All involved in AdVenture Programs will refrain from greeting others with physical contact (e.g., handshakes, fist bumps). Instead say hi, wave, etc.

MAINTAINING HEALTHY ENVIRONMENTS

1. Cleaning and Disinfecting



- Cleaning and disinfecting will be conducted frequently using an EPA registered disinfectant that kills COVID-19. This will include art supplies, fitness class materials, games, door handles, tables and other washable items. Staff will avoid using a single disposable wipe on multiple surfaces.
- Avoiding touching surfaces touched by others as much as possible.
- Participants will leave personal items at home.
- Belongings will be as separated as possible.
- Participants will not be allowed to share food or water. Each participant must bring their own water bottle every day, clearly labeled with participant's name.

2. Signs and Messages

- All programs will post entryway signage stating clearly that any person with symptoms consistent with COVID-19 may not enter the premises. Other signs will be placed in visible locations that promote everyday protective measures and describe how to stop the spread of germs such as by properly washing hands and properly wearing a cloth face covering.
- Staff and families can find free CDC print and digital resources on CDC's communications resources main page.

MAINTAINING HEALTHY OPERATIONS

1. Group Size Limits:

- This summer, AdVenture programs will have lower participation numbers.
- Please let us know at registration if you will be attending with an aide, as all precautionary guidelines will apply to them as well.

2. Participant Personal Needs:

- The Adaptive Recreation staff and volunteers provide leadership for the program but are unable to provide assistance with self-care needs (feeding, toileting assistance, etc.). Care providers should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with an aide in attendance. Participants should enjoy meeting new people, be able to function in a group setting and need to be able to adjust to new routines and environments. Please call 208-608-7680 to learn more.

